

Blackberries



Blackberry Facts

- Blackberries can grow wild like weeds.
- Blackberries are red during their unripe phase.
- Blackberries contain many drupelets or mini seeds.
- Blackberries are not hollow like raspberries.
- Berries are picked with a solid center while raspberries have a hollow center.
- Blackberry leaves are food for some caterpillars & deer.
- Many blackberry plants contain sharp thorns, also known as prickles.
- Blackberry plants do not produce fruit until the 2nd or 3rd year of growth.
- Blackberries are used in desserts, jams, seedless jellies, pies, crumbles, candy and wine.
- Bees that feed on blackberry flowers produce a medium to dark, fruit honey.
- Blackberries are high in fiber, vitamins C and K. Fiber is important for healthy digestion. Vitamin C protects the body from disease & keeps cells healthy. Vitamin K helps blood clot.
- Blackberries should not be washed until you are ready to eat them.
- Blackberries grow during July and August in New Jersey.

