

*Mercer County
Office on Aging*



*Directory of Services
for
Older Adults
and
Caregivers*

1-877-222-3737
609-989-6661

*Brian M. Hughes
Mercer County Executive*

IMPORTANT PERSONAL INFORMATION

Review Every Six (6) Months

Last Date Reviewed _____

NAME _____ **SEX:** *M* *F*

ADDRESS _____

DOCTOR _____ **PHONE #** _____

DOCTOR _____ **PHONE #** _____

EMERGENCY CONTACTS

NAME _____ **PHONE #** _____

ADDRESS _____

NAME _____ **PHONE #** _____

ADDRESS _____

PHARMACY _____ **PHONE #** _____

DATE OF BIRTH _____ **SOC. SEC #** _____

BLOOD TYPE _____ **RELIGION** _____

ADVANCED DIRECTIVE (LIVING WILL) YES _____ **NO** _____

HEALTH CARE PROXY: NAME _____ **PHONE #** _____

DO YOU HAVE AN EMS – NO CPR DIRECTIVE OR A DNR FORM?

YES _____ **NO** _____ **LOCATION?** _____

MEDICAL INSURANCE COMPANY _____

POLICY # _____ **PHONE #** _____

ADDITIONAL MEDICAL INSURANCE COMPANY _____

POLICY # _____ **PHONE #** _____

MEDICAID # _____ **MEDICARE #** _____

(continued on the back cover page)

MERCER COUNTY ADMINISTRATION

THE HONORABLE BRIAN M. HUGHES, COUNTY EXECUTIVE

KELVIN S. GANGES, CHIEF OF STAFF

ANDREW MAIR, COUNTY ADMINISTRATOR

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OFFICE ON AGING

MARTHA G. NIELSEN, SUPERVISOR
INFORMATION, ASSISTANCE, OUTREACH and CARE MANAGEMENT
OFFICE ON AGING

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New Jersey State Information and Assistance: 1-800-792-8820

COUNTY OFFICES ON AGING IN NEW JERSEY

<i>County</i>	<i>Telephone</i>
Atlantic	888-426-9243
Bergen	201-336-7400
Burlington	609-265-5069
Camden	800-955-2446
Cape May	609-886-8138
Cumberland	609-453-8066
Essex	973-395-8365
Gloucester	856-232-4646
Hudson	201-271-4322
Hunterdon	908-788-1361
Mercer	609-989-6661
Middlesex	732-745-3293
Monmouth	732-431-7450
Morris	973-285-6848
Ocean	800-668-4899
Passaic	973-686-7752
Salem	856-339-8622
Somerset	888-747-1122
Sussex	973-579-0555
Union	888-280-8226
Warren	908-475-6591
NJ EASE STATEWIDE NUMBER	877-222-3737

INTERNET ACCESS SITES (THE WORLD WIDE WEB)

www.Google.com - This is how to get to your WEB site if you do not know the address.

Consumer Information

AARP www.aarp.org

Alzheimer's Association www.alz.org

American Bar Association www.abanet.org

Better Business Bureau www.bbb.org

Consumer Consortium on Assisted Living www.ccal.org

Consumer's Union www.consumersunion.org

Federal Trade Commission www.ftc.gov

Legal Services www.LSNJLAW.org

National Academy of Elder Law Attorneys www.naela.org

National Association of Consumer Advocates www.naca.net

National Center on Elder Abuse www.elderabusecenter.org

National Consumer Law Center www.consumerlaw.org.

National Senior Citizens Law Center www.nsccl.org

State Health Insurance Program www.state.nj.us/health/senior/ship.htm

Telemarketing No Call List www.donotcall.org

Credit Bureaus (and to order credit reports)

Equifax www.equifax.com

Experian (was TRW) www.experian.com

Transunion www.transunion.com

Health Related Information

Cancer Information www.cancerNet.nci.nih.gov

Drug Information (with price listing of prescription drugs) www.Drugs.MD

Quit Smoking www.nj.quitnet.com

HMO Managed Care Information www.managedcarehelpline.org

Food Safety www.fightbac.org

National Committee for Quality Assurance (health insurance plans) www.ncqa.org

NJ Department of Health www.state.nj.us/health

Self Help Groups www.selfhelpgroups.org

Medicare and Social Security Information

Medicare www.medicare.gov

Social Security www.ssa.gov

Website Accessibility Information Services

International Center For Disability Resources/Internet www.icdri.org

Adaptive Technology Resource Center www.utoronto.ca/atrc/

Microsoft's Enable Site www.microsoft.com/enable

TABLE OF CONTENTS

ADULT RETIREMENT COMMUNITIES (OVER 55).....	1
ADULT DAY CARE CENTERS.....	3
ASSISTED LIVING RESIDENCES.....	4
CARE MANAGEMENT SERVICES.....	8
CONTINUING CARE RETIREMENT COMMUNITIES (CCRC).....	10
CONSUMER INFORMATION.....	11
COUNSELING.....	16
CULTURE, ARTS AND MUSIC.....	23
EDUCATION.....	25
EMPLOYMENT.....	27
FINANCIAL ASSISTANCE.....	28
HEALTH AND REHABILITATION.....	36
HOME HEALTH CARE AGENCIES AND NURSING SERVICES.....	42
HOSPICE CARE.....	48
SUBSIDIZED HOUSING INFORMATION.....	48
I.D. CARDS.....	55
INFORMATION AND ASSISTANCE.....	56
INTERNET INFORMATION.....	iv
INSURANCE.....	15
LEGAL SERVICES.....	62
LIBRARIES.....	64
MEALS ON WHEELS.....	65
MENTAL HEALTH SERVICES.....	67
NURSING HOMES AND EXTENDED CARE.....	69
NUTRITION.....	72
OUTREACH SERVICES.....	74

REASSURANCE.....	75
RECREATION AND FITNESS.....	77
RELIGIOUS AFFILIATED SOCIAL SERVICES.....	80
RESIDENTIAL HEALTH CARE FACILITIES.....	81
RESPIRE PROGRAMS.....	82
SENIOR CENTERS.....	83
SENIOR COORDINATORS.....	86
SUPPORT AND SELF HELP GROUPS.....	87
TRANSPORTATION.....	93
VOLUNTEER OPPORTUNITIES.....	96

PLEASE NOTE: All listings are subject to change. Every effort is made to keep this directory up-to-date. For the latest listings, please go to the website:

www.mercercounty.org

This directory has been made available by the Mercer County Department of Human Services, Office on Aging in cooperation with the New Jersey Department of Health and Senior Services, Division of Aging and Community Services under a Title III grant of the Older Americans Act of 1965, as amended.

NOTES

ADULT COMMUNITIES

Adult communities are designed for those 55 years of age or older who wish to live independently within a community of older adults. Typically, the housing is condominiums but separate houses, town houses and even apartments might be included. The following are some of the adult communities within 30 to 40 minutes of Trenton. Call for more information about a particular community or consult a real estate agent.

East Windsor:

The Riviera at East Windsor 609-371-2600
166 Aristotle Way, East Windsor 08520

Hamilton:

The Enchantment at Hamilton 800 355-0899
210 Edgebrook Road, Hamilton Township 08691

Evergreen at Hamilton 609-584-8804
1 Clubhouse Drive, Hamilton 08690

Locust Hill 609-584-5440
1 Allison Drive, Hamilton 08691

The Montage at Hamilton 609-586-9001
945 Yardville-Hamilton Square Road, Hamilton 08690

The Villages at Hamilton 609-631-8898
2 Heaton Drive, Hamilton 08690

The Woodlands at Hamilton 609-584-0071
1 Mowat Circle, Hamilton 08690

Hopewell:

Hopewell Gardens 609 466-5764
725 Denow Road, Pennington 08534

The Four Seasons 609-730-9050
500 Denow Road, Hopewell 08525

The Villages at Twin Pines Pool
Watkins Road, Hopewell 08525

Wellington Manor 609 737-5980
1 Lexington Drive, Hopewell 08525

Lawrence Township:

Brookshire Senior Apartments 609-882-3530
100 Forrest Ridge Road, Lawrenceville 08648

Carriage Park at Lawrence (609) 844-7076
59 Allen Lane, Lawrenceville 08648

The Gatherings at Lawrenceville 609-895-0695
4 Dickens Way, Lawrenceville 08648

Traditions at Federal Point 609-844-7076
Federal City Road, Lawrenceville 08648

Yorkshire Village 609-520-1100
100 Cole Lane, Lawrenceville 08648

Pennington:

Pennington Point 609-737-7480
1 Woolsey Court, Pennington 08534

**Washington
Township**

The Lofts at Washington Town Center (609) 918-2400
Route # 33, Robbinsville 08691

West Windsor:

The Mews at Princeton Junction 609-520-1999
900 Wessex Place, Princeton 08540

The Renaissance at West Windsor 609-448-8555
Old Trenton Road, West Windsor 08550

The Village Grand at Bear Creek 609-371-0300
270 Village Road East, West Windsor 08660

ADULT DAY CARE CENTERS

Brighter Day Behavioral Health – Princeton Pike, Suite 302, Lawrenceville 08648. (609) 771-3777. Partial day program for the mentally ill, chemically addicted. Transportation provided. Must have preliminary psychiatric diagnosis. Sliding scale fee, Medicaid, private pay and private insurance.

Chandler Hall Health Services - 99 Barclay Street, Newtown, Pa. 18940. (215) 860-4000. Adult day health, skilled nursing care, home health care, Hospice, assisted living, geriatric assessments and care management.

Forever Young Adult Day Care – 18 Worlds Fair Drive, Somerset 08873. (732) 271-8010. Medicaid. Transportation provided.

The Gallery Adult Day Care – 155 Raymond Road, Princeton 08540. (732) 329-8954. Medical Adult Day Health Services. Therapeutic and social recreation programs. Continental breakfast and hot lunch are provided every day. 2-day minimum. Transportation available. Medicaid.

The Gathering Place –10 Southard Street, Trenton 08609. (609) 396-4557. Administrative Office: (609) 394-5181. A structured mental health day program providing counseling, case management and psychiatric services for those with difficulty performing daily living skills due to emotional problems, including depression. The focus is on group work and psychosocial activities.

Golden Age Adult Day Care – 14000 Sagamore Drive, Marlton 08053. (856) 988-9001. Serves Hamilton and Trenton only.

Elite Care - 80 West Upper Ferry Road, West Trenton 08638. (609) 883-0020. Breakfast and lunch, medical care, counseling services, activities and barber/beauty salon. Transportation to center and medical appointments and other community services. English/Spanish spoken. Social services, podiatry care. Medicaid.

Medalion Care – 16 Reeves Avenue, Trenton 08610. (609) 439-0240. Behavioral, partial adult day treatment program. Services include: Psychiatric evaluations, medication reviews and monitoring, therapeutic groups, individual and group counseling, crisis prevention, transportation and nourishing lunches. Serves NJ residents, age 18 and over with history of mental illness. Medicaid and private pay.

Mercer Medical Adult Day Care Center - 433 Bellevue Avenue, Trenton 08618. (609) 394-4387. Hours: Monday – Friday, 7:30am to 5pm. Limited transportation. A social day care program for people with memory loss.

St. Peter's Medical Adult Day Care - 200 Overlook Drive, Pondview Plaza, Monroe Township 08831. (609) 655-6853. Hours: Monday - Friday, 7am to 5pm. Breakfast and lunch served. Activities provided all day. Medication supervision. Transportation available within designated area.

Senior Care of Trenton- 1450 Parkside Avenue, Suite 7, Ewing 08638. (609) 883-0200. Hours: 7:30am to 6pm, Monday - Friday, 9:00 – 2pm on Saturday. Two programs per day, 6 days a week. Morning program, 9am to 2pm, afternoon program, 1pm to 6pm. Social and medical day care with nursing care and supervision. Social services and transportation from home and to medical appointments. Breakfast, lunch and dinner, activities, recreation and coordinated ancillary medical services. Medicaid.

Senior Star Adult Day Care Center – 1980 North Olden Avenue, Trenton. (609) 434-0041. Transportation available. Medicaid.

Veteran’s Administration Adult Day Care Benefit for Veterans. To enroll, call (973)-676-1000, Ext. 1407.

ASSISTED LIVING RESIDENCES

Assisted living residences provide residential units (typically private rooms, suites or apartments), meals in a dining room, 24 hour supervision and emergency services.

Assisted living residences also provide appropriate assistance with activities of daily living (ADLs). ADLs include bathing, dressing, feeding, walking and toileting. Most assisted living facilities accept the State Assisted Living Medicaid waiver.

Assisted Living Licensing and Inspections – Department of Health and Senior Services, PO Box 367, Trenton 08625-0367. (609) 633-8993. www.state.nj.us/health/

Abrams Residence - (Affiliated with Greenwood House). 50 Walter Street, Ewing 08638. 609-883-5391, ext.112. Medicaid. www.greenwoodhouse.com

Acorn Glen - 775 Mt. Lucas Road, Princeton 08540. (609) 430-4000. Studio and two bedroom private suites. Monthly rates vary with level of care. Medication supervision, meals, social and cultural activities, weekly housekeeping and linen services. Secure environment for memory impaired residents. Medicaid.

Adult Family Care – Seniors United Community Services, 146 Black Horse Pike, Mt. Ephraim 08659-2035. www.scucs.org Foster care for adults, 18 years of age and older. Serves Mercer County. (856) 456-1121.

Alterra Clare Bridge of Hamilton - 1645 Whitehorse-Mercerville Road, Hamilton Township 08619. (609) 586-4000. Assisted living facility for people with memory impairments. Short term respite available. Medicaid.

Arden Courts Alzheimer’s Assisted Living- 493 Stony Hill Road, Yardley, Pa.19067. (215) 321-6166. Assisted living facility for people with dementia and memory loss. Safe, secure environment. 10 hours of programmed activities, 7 days a week. Respite care available. Private pay and long term care insurance. No Medicaid.

AVE Care Assisted Living (and Residential Care) – 839 Perrineville Road, Perrineville 08535. (Located in Monmouth County). (732) 446-5225. www.avecare.com. 65 plus years of age or disabled. Medicaid, SSI and SSA. Will admit residents with history of mental instability.

Bear Creek Assisted Living – 291 Village Road East, West Windsor 08550. (609) 918-1075. Nursing services 24 hours, 7 days a week. “Rose Lane” specialized unit for people with memory loss. Medicaid. www.bearcreekassistedliving.com

Buckingham Place Assisted Living – 155 Raymond Road, Princeton 08540. (732) 329-8888. Studio, one bedroom and two bedroom apartments. 24-hour emergency response system, meals, social and cultural activities, health monitoring, weekly linens and housekeeping, private dining room and more. “Try it Out First” program allows a one week to one month stay to “try it out” before making a final decision. Respite available. Medicaid certified.

Care One at Hamilton – 1660 Whitehorse-Hamilton Square and Cypress Lane, Hamilton 08619. (609) 586-4600. Senior care community with 55 assisted living units with a memory loss component and a skilled nursing and rehabilitation center. No Medicaid.

Castle Senior Living At Forsgate - 380 Forsgate Drive, Monroe Township 08831. (609) 409-7525. 24 hour emergency response system. Assistance with personal care needs (bathing dressing etc.), 3 gourmet meals daily, housekeeping, linen and laundry services. Active social program. Scheduled transportation, beauty/barber salon available. The Country Cottage unit for memory impaired, The Cornerstone unit for extended care. Medication management, respite, on-site medical services and religious services. Private pay.

Chandler Hall Assisted Living – 99 Barclay Street, Newtown, Pa. 18940. (215) 860-4000. Services include assisted living, nursing home, home health care, hospice, geriatric assessments and care management.

Clare Estate – 201 Crosswicks Street Bordentown 08505. (609) 298-9960. Independent and assisted living. Clare Manor assisted living residence provides meals, weekly laundry, health care services, daily activities, all utilities (including cable) and weekly housekeeping. (See listing in Continuing Care Retirement Communities).

Comprehensive Personal Care Center at the Millhouse – 325 Jersey Street, Trenton 08611. (609) 781-5419. Medicaid and private pay. Semi private rooms. No dementia unit.

The Meadows at Somerset – 1135 Hamilton Street, Somerset 08873. (732) 247-1460. www.springhills.com Medicaid.

Morris Hall - St. Mary's Residence -1 Bishop Lane, Lawrenceville 08648. (609) 896-0006 Ext. 2278. Sheltered care with assistance in administering medications and assistance with activities of daily living. Community events, transportation, clinic on premises, dietitian, daily Mass. Rooms can be equipped with microwave and refrigerator. No Medicaid.

Orchards at Bartley Assisted Living – 100 North County Line Road, Jackson 08527. (732) 730-1738. English and Spanish spoken. www.bartleyhealthcare.com/orchards Includes a dementia “neighborhood.”

Pavillions at Forrestal - Princeton Forrestal Village, 110 Stanhope Street, Princeton 08540. 800-514-9111. Located in Plainsboro, Middlesex County. Independent apartments, personal care, meals, 24 hour monitoring, housekeeping and linen services. Connected to the Pavilions Forrestal Skilled Nursing and Rehabilitation Center. Respite and short term stays. No Medicaid.

Potomac Homes – 181 Washington Road, Princeton 08540. 800-935-9898. 16 room assisted living facility for people with memory impairments. No Medicaid.

The Residence – 320 Spring Street, Trenton 08618. (609) 695-6033 or (609) 695-6400. Basic residential services for ambulatory and oriented residents. Studio units include heat, three meals per day, and weekly housekeeping. For additional rent, able to provide personal laundry, bathing assistance, medication assistance, air conditioning and furnishings.

The Residence at Forsgate- 319 Forsgate Drive, Monroe Township 08831. (732) 656-1000. A home-like environment, includes three meals a day, laundry, linens, emergency call system, basic cable and utilities, except telephone. Furnished private and semi-private accommodations with 3 levels of care. One floor dedicated to those with memory impairments. No Medicaid.

Rose Hill – 1150 Washington Boulevard, Robbinsville 08691. (609) 371-7007. Independent apartments and private suites with baths, 24 hour nursing staff, meals, transportation, personal care, 24 hour monitoring, transportation and activities.

Stonebridge at Montgomery – 100 Hollinshead Spring Road, Skillman 08558. 800-218-3456. www.phsnet.org (See Continuing Care Communities)

Stony Brook Assisted Living - 143 West Franklin Avenue, Pennington 08534. (609) 730-9922. 96 unit, assisted living community with studio, one-bedroom and two-bedroom suites. Includes Taylor Commons, a secure space for 19 residents with memory impairments. Health care services, meals, housekeeping, personal care, transportation and emergency response system. Medicaid.

Somerbrook Assisted Living Residence – (The Martin and Edith Stein Residence). 350 DeMott Lane, Somerset 08873. (732) 568-1155. Kosher facility for the Jewish aged. Nursing facility on campus.

Summerville Senior Living at Hillsborough – 600 Auten Road, Hillsborough 08844.
(609) 431-1300. The SummerBrook program is for residents with memory loss. Respite care available. Private suites, weekly housekeeping and linen services, meals and guest rooms for overnight stays. Medicaid.

CARE MANAGEMENT SERVICES

American Care Managers – 92 Bayard Street, 2nd Floor, New Brunswick 08901.
(732) 246-0536.

Chandler Hall Health Services – 99 Barclay Street, Newtown, PA 18940.
(215) 860-4000. Geriatric assessments and care management.

City Of Trenton, Office on Aging – 15 Ringold Street, Trenton 08618.
(609) 989-3414. Care management and outreach to services to residents of Trenton.

Elder Care Solutions - 35 Welcome Farms Road, Monmouth Junction 08852.
(732) 438-0731. Provides care management and geriatric assessments. Open seven days a week. Services Mercer, Middlesex and Somerset counties.

Care Management Services/Older Adult Program - Easter Seal Society, 43 Emery Avenue, Flemington 08822. (908) 788-7570. Serves Mercer County.

Elder Options/Geriatric Care Management - 56 Probasco Road, East Windsor 08520.
(609) 490-1194. Long-term care planning, care management, advocacy, monitoring, home care services coordination and oversight, Medicaid applications, and alternative living arrangements.

Family and Children's Services of Central NJ – 150 John Street, Princeton 08540.
(609) 924-2098. Full home visit with assessment of needs and a care plan developed with client and family. Care management and coordination of services provided.

Generations Counseling and Care Management, LLC. – 336 Passaic Street, 4th Floor, Rochelle Park 07662. (201) 845-7030. Has a Pennington office as well.

Jewish Family and Children's Services of Delaware Valley, Inc. – 707 Alexander Road, Princeton 08540. (609) 987-8100. Offers confidential, professional counseling services to families. Services to the aged, including assessment and care management. Secure @ Home program includes assessments, care plan, 24/7 emergency services, monitoring, low cost transportation and chore services. Hours: Monday - Thursday, 9am to 5pm, Friday 9am to 4pm. Evenings by appointment only. “Partners in Caring” Services and Support.

Mercer County Office on Aging - EASE Program. Care Management services for the Global Options Program (GO), and the State Assisted Living waiver. Call toll-free: 877-222-3737 or (609) 989-6661.

National Association of Professional Geriatric Care Managers – 1604 N. Country Club Road, Tucson AZ. 85716. (520) 881-8008. Fax: (520) 325-7925. For a fee, they will send a national list of professionals who care for the elderly.

New Jersey Chapter of Geriatric Care Managers - (856) 795-8001.

Partners in Caring – A collaborative to provide support and services to the elderly and disabled. Participating agencies: American Red Cross of Central New Jersey, Enable, Inc., Greater Mercer TMA Ride Provide, Jewish Family and Children's Services of Mercer County, Princeton Senior Resource Center and Contact of Mercer County, Inc. This collaborative provides: caregiver support, care coordination, counseling, home delivered meals, information and referral, in home safety and nursing assessments, transportation and volunteer support. For more information, call Jewish Family and Children's Services at (609) 987-8100. For information on services for people with disabilities, call (609) 987-5003, ext. 122.

Senior Care Management - Bristow and McCurdy, Professional Care Managers. 261 Upper Ferry Road, Ewing 08638. (609) 882-0322. www.seniorcaremgt.com Geriatric care management and licensed home health agency. Assistance for long distance family members. Care management from Master's prepared social workers and certified home health aides. Hourly and live-in. Private pay and long term care insurance. No Medicaid.

Seniorlink – www.seniorlink.com 800-430-7364. Safety, health, nutrition, personal valet services, financial, legal services, personal care and family support.

CONTINUING CARE RETIREMENT COMMUNITIES

CCRCS offer a full range of housing, residential services and health care as the needs of residents change over time. The continuum of facilities and services typically include:

1. Independent Living Units (apartments or cottages), one or more meals per day, housekeeping, social and recreational activities and some transportation.
2. A separate assisted living unit or residence on the grounds where additional support services are provided.
3. A separate health care and nursing facility on the grounds, providing skilled nursing care, rehabilitation and either short or long term placement.

Applewood Estates – 1 Applewood Drive, Freehold 07728. (732) 303-7416 or 800-438-0888. Lifecare community providing private apartments or cottages, activities, wellness clinic, assisted living apartments and nursing care at no additional cost. Entrance fee and monthly service fee. 3 levels of care. Individual must be totally independent to medically qualify for entrance.

Bella Terra – 2 Kathleen Drive, Jackson 08527. (732) 730-9500. A rental retirement community with continuing care, independent living, assisted living and special programming for persons with Alzheimer's disease or memory loss.

The Clare Estate – Clare Manor, Clare House and Clare Court. 201 Crosswicks Street, Bordentown 08505. (609) 298-9960. Independent and assisted living residences: Clare House is an independent living residence, providing enhanced services: 2 meals per day, weekly linen and laundry service, and community activities. Clare Court was designed for lower and middle income residents and has independent one-bedroom town home style apartments.

Meadow Lakes Retirement Community – 300 Meadow Lakes, Hightstown 08520. (609) 448-4100 or 800-564-5705. Independent, assisted living and skilled nursing. Entrance and monthly fees. Apartments and cottage homes. Housekeeping, transportation, recreational and social activities. Emergency services, nursing services, personal care and main meal daily.

Monroe Village – David Brainerd Road, Jamesburg 08831. (800) 833-4447. Entrance and monthly fees. Health services, nursing services, personal care, housekeeping, recreational and social services and transportation.

Stonebridge at Montgomery – 100 Hollingshead Spring Road, Skillman 08558. 800-218-3456. Independent living has cottages and one and two bedroom suites. Restaurant style dining room, scheduled transportation, groundskeeping and maintenance, eat-in kitchens. Assisted living includes a memory impaired unit. The skilled nursing and rehabilitation center is Medicare and Medicaid approved and provides short term care, respite services, and long term care. All rooms are private.

The Pavillions at Forrestal – Princeton Forrestal Village, 110 Stanhope Street, Princeton 08540. (800) 708-7007 or (609) 514-0001. Residential community with continuing care options. Villas, townhouses and apartments. Purchase price (ownership not buy-in) and monthly fees. Monthly fees include some meals, housekeeping, linen services, transportation, outside maintenance, property taxes and the Clubhouse privileges. Located in Middlesex County. No Medicaid waiver for assisted living.

CONSUMER INFORMATION

A.A.R.P. - General Information: (866) 542-8165. AARP Health Care Options – PO Box 1017, Montgomery PA 18936-1017. 800-523-5800. Monday through Friday, 7am to 11pm. Saturday, 9am to 5pm. New Jersey State Office, Forrestal Village, 101 Rockingham Row, Princeton 08540. www.aarp.org/nj and www.aarphealthcare.com

Adult Protective Services – Social Services Unit of the Mercer County Board of Social Services, 200 Woolverton Street, Trenton 08650. For general information, call (609) 989-4346. To report abuse cases call Intake: (609) 989-4451. Hours: Monday - Friday, 8:30am - 4:30pm. The investigation of abuse, neglect and exploitation of the elderly and disabled. Wide range of services are provided to eliminate client's risk. Anonymous reports and referrals accepted.

Assisted Living Licensing and Regulations - Department of Health and Senior Services, Long Term Care Licensing Program, PO Box 367, Trenton 08625-0367. (609) 633-9060. www.state.nj.us/health/

Assistive Devices: (Also see Durable Medical Equipment)

- Abby Lifts and Ramps - 1575 Route 37 West, Suite 1, Toms River 08755. 888-845-5438.
- Argola Mobility – 51 Kero Road, Carlstadt 07072. 800-272-6521. Stairlifts, ramps and wheelchair lifts.

Better Business Bureau of Central New Jersey - 1700 Whitehorse-Hamilton Square Road, Suite D-5, Hamilton 08690. (609) 588-0808. Provides services in complaint handling and reporting on local companies.

Bureau of Vital Statistics – Records retrieval, Department of Health and Human Services, Trenton. (609) 292-4087. City of Trenton office: (609) 989-3236. Birth and death certificates, marriage licenses and dog licenses.

Hamilton Township Handyman Program – (for Hamilton residents only). (609) 890-3686. Grab bars installed free of charge.

Healthcare Consumer Assistance Program (HCCAP). 800-922-7233.

Internal Revenue Service – 44 South Clinton Avenue, 3rd Floor, Trenton 08609. 800-829-1040. For questions regarding income tax returns. **Taxpayer Advocate Services** :973-921-4043. Resolves problems with the IRS.

Landlord – Tenant Information Services – Department of Community Affairs. PO Box 805, Trenton 08608. LTInfo@dca.state.nj.us (609) 292-4174. Monday – Friday, 8:30am to 4:30pm. Landlord-tenant information services and direction to available services.

Medical/Surgical Supplies and Equipment/Durable Medical Equipment

(This is a partial list only. The Office on Aging does not endorse any specific distributor)

- Ambest Surgical Supply (609) 882-3702
- Back in Action 800-554-2626 or (908) 234-1227
- Delcrest Medical Supply (609) 586-1679
- MP Medical Supplies (609) 275-8844
- Princeton Medical Equipment (609) 844-0221
- Scott Taylor Medical Supply (609) 599-9371
- Your Resource** (609) 530-1513

**low-cost or no-cost used equipment. CARE program allows donations of equipment for tax deductions. www.dme@yourresourcenj.org

Mercer County Division of Consumer Affairs - 640 South Broad Street, Room 404, Trenton 08650. (609) 989-6671. Hours: Monday - Friday 8:30am to 4:30pm. Enforces the N.J. Consumer Fraud Act. Investigates and mediates complaints against Mercer County businesses. Distributes consumer information and provides speakers on consumer issues. Also provides consumer counseling.

Mercer County Chamber of Commerce – 1-A Quakerbridge Plaza Drive, Mercerville 08619. (609) 689-9960.

Mercer County Department of Veterans Affairs – 2280 Hamilton Avenue, Hamilton 08619. (609) 989-6120. Monday - Friday, 8:30am to 4:30pm.

www.mercercounty.org/veterans Writes VA claims for compensation and pensions. Writes disability claims, provides education. Provides burial plots at no cost and mausoleums at a reduced cost at Greenwood Cemetery. Transitional housing and referral services for transportation, employment and social services. County-wide ceremonies for Veteran's Day, Memorial Day, Pearl Harbor Day.

Mercer County Voter Registration – 640 S. Broad Street, Trenton. 1st Floor. (609) 989-6522.

Mercer County Surrogate's Office – 175 S. Broad Street, PO Box 8068, Trenton 08650-0068. (609) 989-6331. www.nj.gov/counties/mercercounty/officials/surrogate/index.html

Landlord – Tenant Information Services - (609) 292-4174.

NJ Department of Banking and Insurance – 20 West State Street, PO Box 325, Trenton 08625. (609) 292-5360. www.NJDOBI.org

NJ Division of Motor Vehicles – Trenton. 888-656-6867.

NJ Department of Medical Assistance – NJ Medicaid Program. 7 Quakerbridge Road, Trenton 08625. (609) 588-2724.

New Jersey Department of Health and Human Services: Office of Managed Care. 1-888-393-1062. Can help resolve disputes with managed health care insurance companies.

New Jersey Poison Information System – Hotline: 800-222-1222. 24 hour hotline for poison information and assistance.

New Jersey Protection and Advocacy, Inc. – 210 South Broad Street, 3rd Floor, Trenton 08608. 800-922-7233 (New Jersey only) or (609) 292-9742. The New Jersey Technology Center’s purpose to overcome barriers in the system and to make assistive technology more accessible to individuals with disabilities through the state.

N.J. State Office of the Public Guardian for Elderly Adults - PO Box 807, Trenton. 08625. (609) 943-3319. Serves as guardian of last resort for individuals age 60 and over who have no willing and responsible family member or friend to act as guardian.

NJ Department of Health and Senior Services - Facilities Complaint Hotline. (800) 792-9770. For issues concerning facility operations or quality of care. (Nursing homes, assisted living facilities and Adult Family Care arrangements).

Office of Community Affairs – P.O. Box 805, Trenton 08625. (609) 292-4174. Hours: Monday - Friday, 8:30am to 4:30pm. Landlord-tenant information service office, which directs tenant and landlords to available resources. “Truth in Renting” guide and information on laws and bulletins available.

Office on Legislative Services – State House Annex, Trenton. Administrative offices: (609) 292-1338. Information office: (609) 292 4661.

Office of the Ombudsman for the Institutionalized Elderly - CN 807, Trenton 08625. (609) 943-4026. Investigates complaints of abuse, neglect and/or exploitation of the elderly (60 plus years of age) living in licensed long-term care facilities in New Jersey. (Nursing homes, assisted living facilities and Adult Family Care arrangements). For people under 60 years of age, call 800-792-9770.

Trenton Vets Center – Health Care Clinic. 934 Parkway Avenue, Ewing 08618. (609) 989-2260. Hours: Monday – Friday, 8am to 4:30pm. Individual, group and family counseling. VA benefits counseling. Health exam for Adult Day Care Program.

Tri-State Patient Lifts – 460 Faraday Avenue, Suite A2, Jackson 08027. (732) 901-9026. Ceiling and stair lifts, modular ramps.

Consumer FRAUD INFORMATION

The National Fraud Information Center - Washington, D.C. 800 876-7060. Helps consumers report fraud and learn how to avoid it.

The Federal Trade Commission, Division of Marketing Practices. (202) 326-3128. To report a telemarketer: 888-382-1222.

The NJ DO NOT CALL List – To remove your name from telemarketing lists. Call 1-888-382-1222 or online at www.donotcall.gov

Medicare Fraud and Abuse - Department of Health and Senior Services, Office of the Inspector General. 800-447-8477. www.state.nj.us/health/senior

Medicaid Fraud and Abuse Hotline – Toll free. 888-937-2835. Weekdays, 9am to 5pm.

St. Lawrence Rehabilitation Center – Driver Competency Program.

2381 Lawrenceville Road, Lawrenceville 08648. (609) 896-9500. Ext. 2494.

The National Charities Information Bureau - 19 Union Square West, New York, NY. 10003. (212) 929-6300.

U.S. Postal Inspection Service - Fraud Complaint Division. 433 W. Van Buren Street, 7th Floor, Chicago, Ill. 60607-5401.

Voter Information – 800-792-8683.

Voter Registration, Mercer County – 640 South Broad Street, PO Box 8068, Trenton 08650-0068. (609) 989-6522.

Consumer INSURANCE INFORMATION

A.A.R.P. Healthcare Options - 800-245-1212. (Medicare Supplemental.)

www.aarphealthcare.com

“Dollar a Day” Automobile Insurance – For drivers with limited income. 800-652-2471.

HEALTH MAINTENANCE ORGANIZATIONS - (HMOs) Replacement polices to Medicare.

- **AmeriChoice** – 800-941-4647
- **Amerigroup** – 800-600-4441
- **Horizon Mercy** – 800-656-3729
- **Health Net** – 800-555-2604
- **University Health Plan** – 800-564-6847

Healthcare Consumer Assistance Program – 800-922-7233.

Medicare Program: Social Security Administration. (800) 772-1213.

Medicare Part B and D Education Center – 1333 Princeton Pike, Lawrenceville.
(609) 826-5600.

Medicaid Program

- Mercer County Board of Social Services. (609) 989-4664. Medicaid Fraud hotline: 800-356-1561.
- NJ Medicaid Program. New Jersey Division of Medical Assistance.
7 Quakerbridge Road, PO Box 712, Trenton 08625-0712. (609) 588-2724.

Health Care Quality Strategy, Inc. – 557 Cranbury Road, Suite 21, East Brunswick 08816. (732) 238-5570. Monday - Friday, 8:30am to 5pm. www.hqsi.org

This is a Medicare designated quality improvement organization for New Jersey. HQSI's role is to ensure that Medicare patients receive quality care in the appropriate setting.

S.H.I.P. Program: State Health Insurance Program. 800-792-8820. Volunteers located throughout Mercer County will help with insurance problems, questions, bills and policies and Medicare Parts A, B, and D. In Mercer County, SHIP is administered at the Family Guidance Center in Princeton. (609) 924-2098.

Wachovia Securities – 136-150 Main Street, Princeton Forrestal Village, Princeton 08540. (609) 951-0900, Ext. 201. Whole and term life insurance. Long term care insurance and annuities. Request a financial advisor.

COUNSELING

Allies, Inc. – 1262 Whitehorse-Hamilton Square Road, Bldg A, Suite 201, Hamilton 08690. (609) 689-0136. www.alliesnj.org Assistance for disabled individuals.

Alzheimer's Association – Local address: 196 Princeton-Hightstown Road, Bldg 2, Princeton Junction 08550. (609) 275-1180. The Alzheimer's Association serves 14 counties with the Headquarters office in Denville, the Northern Regional Office in

Oradell, the Central Regional Office in Princeton and the Southern Regional Office in Red Bank. The association provides local programs and services to people with Alzheimer's disease and their families and professional caregivers who live and work in New Jersey. Services include education and training, support groups, respite care assistance, the Safe Return program, a caregiver's resource library and a 24-hour, toll-free telephone Helpline. For more information about Alzheimer's disease, or the services of the association, please call or visit the website at www.alznj.org

American Cancer Society - Mercer County Unit, 3076 Princeton Pike, Lawrenceville 08648. (609) 895-0101. "Look Good Feel Better" program for women undergoing treatment for cancer. Registration required. Patient Family Services: Transportation for cancer patients to and from cancer treatments. Information through the WEB site: www.cancer.org and through the toll-free number: 800-227-2345.

American Diabetes Association - Mercer County Chapter, 15 Roszel Road, Princeton 08540 (609) 987-1444. Hours: Monday - Friday, 9am to 5pm. Reference and referral services, lending library, newsletter. Also provides educational and public awareness programs.

American Heart Association – 2550 US Highway One, North Brunswick 08902. (732) 821-2610. Serving Mercer County: 156 Hempstead Road, Hamilton. (609) 581-5855.

American Red Cross of Central NJ- 707 Alexander Road, Princeton 08540. (609) 951-8550. Hours: Monday - Friday, 8:30am to 4:30pm. Service to military families, veterans and their dependents. Financial assistance available to victims of disasters and certain emergencies. Home delivered meal programs for homebound, handicapped and elderly. Instruction in first aid, CPR and water safety. "Partners in Caring" Services and Support.

Arthritis Foundation of New Jersey - 200 Middlesex Turnpike, Iselin 08830. (732) 283-4300. English and Spanish. Area Office: 469 N. Kings Highway, Cherry Hill 08034. (609) 482-0600. Toll Free Number: (888) 467-3112.

Cancer Care - 241 Millburn Avenue, Suite 241-C, Millburn 07041. Princeton area, call (609) 924-8752. Trenton area, call (609) 392-0944.

Catholic Charities: Administrative Offices: 383 West State Street, Trenton 08607.
(609) 394-5181.

Catholic Charities Guidance Center - 47 N. Clinton Avenue, Trenton 08509. (609) 394-

9398. Individuals, couples, family and group psychotherapy. Workshop and consultation services available.

Alcoholism/Addictions Program - Offices in Trenton, Hamilton and Ewing. (609) 394-9398. Individual, couple, family and group counseling services, outpatient and intensive outpatient treatment.

Family Growth - 39 N. Clinton Avenue, Trenton. (609) 394-5157.

Emergency Services - 16 E. Hanover Street Trenton. (609) 394-8847.

Cerebral Palsy of New Jersey – 354 South Broad Street, Trenton 08608.

888-322-1918 or (609) 392-4004. Information for people with disabilities.

Family and Children’s Services – (609) 856-0668. Serving Central New Jersey - Administrative offices:

1931 Nottingham Way, Hamilton 08619. English and Spanish spoken. **Access Center for all services: 800-813-0555.** Information line: (609) 586-0668. www.fgccorp.org

Hours: Monday, Thursday and Friday 9am to 5pm, Tuesday and Wednesday, 9am to 8pm. Sliding fee scale. Provides outpatient mental health and substance abuse treatment.

Medication monitoring services are available as well as HIV testing, case management and referrals. Services are provided by master’s-level social workers, nurses, psychologists and a board certified psychiatrist. Licensed by the State of New Jersey Division of Addiction Services.

Behavioral Health Care Services; (609) 587-6641. Consumer Credit Counseling

Service: 586-2574. Mental Health and Substance Abuse Services: 1-800-813-0555.

Family Preservation Services: (609) 393-1626. HIV Services: (609) 278-9555.

CENTERS:

Hamilton 2300 Hamilton Ave, Trenton 08619. (609) 587-7044

Trenton 946 Edgewood Avenue, Trenton 08618.

Princeton

Eligibility: Residents of area served by the United Way of Greater Mercer County.

Funeral Consumers Alliance of Princeton, Inc. – Princeton Memorial Association. 50 Cherry Hill Road, Princeton 08540. (609) 430-7250. Education and planning for funerals. fcap@uuprinceton.org

Greater Trenton Behavioral HealthCare –1001 Spruce Street, Suite 105, Ewing 08638. (609) 396-4258, Ext. 142 or 148. Provides education and consultation about mental health to groups and agencies serving seniors (60+). Also provides education, support and resource information about mental health issues to caregivers to seniors, seniors who are caregivers and organizations working with caregivers. No fee, donations welcome.

Internal Revenue Service – 44 South Clinton Avenue, 3rd Floor, Trenton 08609. 800-829-1040. For questions regarding income tax returns.

Jewish Family and Children’s Services of Delaware Valley, Inc. - 707 Alexander Road, Suite 102, Princeton 08540. (609) 987-8100. Monday - Thursday, 9am to 5pm, Friday 9am to 4pm. Offers confidential, professional counseling services to families. Services to the aged, including assessment, care management and information and referral services for seniors. EASE site. “Partners in Caring” Services and Support.

Kinship Care Services – 877-816-3211. Financial Assistance for grandparents taking care of grandchildren.

Landlord-Tenant Information Service – Department of Community Affairs. PO Box 805, Trenton 08608. LTInfo@dca.state.nj.us (609) 292-4174. Monday - Friday, 8:30am to 4:30pm. Landlord-Tenant information services and direction to available services.

Mercer Council on Alcoholism and Drug Addiction - 408 Bellevue Ave, Trenton, 08618. (609) 396-5874.

Mercer County Hispanic Association – 18 East 6th Avenue, Trenton 08619. (609) 587-8800. Representation and services provided for the Latino population in Mercer County. Facilitates access to social services, housing, education on tenants’ rights, parenting skills, counseling, translation services and specific programs for youth. Bilingual staff.

Mercer County Office on Addiction Services - 640 South Broad Street, Trenton 08611. (609) 989-6897.

Mercer County Office for the Disabled – 640 S. Broad Street, Trenton 08611.
(609) 989-6468. TDD (609) 989-6865. Monday - Friday, 8:30am to 4:30pm. Information and referral for Mercer County residents with physical, developmental and emotional disabilities. Administers the Personal Assistance Services Program (PASP) for people 18 to 65 years of age.

Mercer County HIV Consortium Resource Center - 447 Bellevue Avenue, Trenton 08618. (609) 278-9555.

Mercer County Surrogate's Office - 175 South Broad Street, Trenton 08608. Room 420. (609) 989-6331. Probate Services: (609) 989-6039/6322, Guardianship (609) 989-6326/6330, Marriage Ceremonies and Civil Unions (609) 989-6331. Satellite Offices: Hamilton, Robbinsville, Lawrence, East Windsor Senior Centers and Hopewell, Pennington, Princeton, Ewing Municipal Buildings. Call for specific hours.

Mercer County Division of Veteran Services, Veterans Memorial Home.
2280 Hamilton Avenue, Hamilton 08619. (609) 989-6120. Provides information and referral to all veterans and their families regarding programs and services.

New Eyes for the Needy – PO Box 332, 549 Millburn Avenue, Short Hills 07078.
(973) 376-4903. Provides new prescription glasses to the needy through a voucher program. Call for more information or visit the web site at www.neweyesfortheneedy.com

NJ Office of the Public Guardian – 1-800-821-0027 or (609) 943-3519.

NJ Poison Information and Education System –c/o UMDNJ, 65 Bergen Street, Newark 07107. 800-222-1222. 24 hours a day, 7 days a week, free confidential poison emergency advice. Poison prevention information, drug information or treatment advice following an animal or insect bite.

NJ Self Help Clearinghouse - 800-367-6274.

New Jersey Department of Military and Veteran Affairs/Division of Veteran Programs – 28 West State Street, PO Box 671, Trenton 08625-0671.
(609) 292-5880/5881. Assists veterans and dependents in obtaining state and federal benefits.

New Jersey Office of the Ombudsman for the Institutionalized Elderly.

PO Box 807, Trenton 08625. (609) 943-3519. www.state.nj.us/health/senior/sa_ombd

Monday - Friday, 8:30am to 4:30pm. Investigates complaints of abuse, neglect and/or exploitation of the elderly (60 plus years of age) living in licensed long-term care facilities in New Jersey.

Princeton Biomedical Research, P.A. – 256 Bunn Drive, Suite 6, Princeton 08540.

(609) 921-6050. Patients who qualify for research medication studies for depression, anxiety, stress, panic attacks, Alzheimer's disease will receive free physical exams, lab testing and medication. Call for more information.

Princeton House – A division of the University Medical Center at Princeton.

905 Herrontown Road, Princeton 08540. (609) 497-3000. Outpatient counseling for individuals needing assistance with emotional difficulties and addictions. Princeton House Outpatient: 253 Witherspoon Street, Princeton 08540. (609) 497-4212.

Progressive Center for Independent Living – 1262 Whitehorse-Hamilton Square Road, Suite 102, Hamilton 08690. (609) 530-0006. TDD: (609) 530-1234.

The Rescue Mission - 98 Carroll Street, Trenton 08609. (609) 695-1436.

www.rescuemissionoftrenton.org Emergency programs include a licensed emergency shelter, weekend soup kitchen and free clothing and furniture to homeless clients and those referred by other social service agencies. Residential programs include life skills training and work therapy. The Mission also has two residential room and boarding houses for single men: Robinson Place for assistance in maintaining independent living and Vince's Place for addiction treatment. The Long-Term Program is 180 day, residential addiction treatment program for inmates soon to be paroled and who have opted to receive treatment. The Mission has many other programs. Call them for a brochure and information.

Samaritan Hospice - H.O.P.E. Program for Widows and Widowers. 5 Eves Drive, Suite 300, Marlton 08053. (609) 596-1600 or 800-229-8183. Call for information regarding support groups and bereavement classes in Mercer County.

S.H.I.P. (State Health Insurance Program) (609) 924-2098. Trained volunteers throughout Mercer County will counsel older adults and people with disabilities on all types of health insurance. Located at the Family Guidance Center in Princeton.

Signs of Sobriety – 100 Scotch Road, 2nd Floor, Ewing 08638. (609) 882-7177.
(TTY) (609) 882-7677, Voice (609) 882-6808. Substance abuse prevention program for
the deaf and hard of hearing. info@signsforsobriety.org

Trenton Vets Center – Health Care Clinic. 934 Parkway Avenue, Ewing 08618.
(609) 989-2235. Hours: Monday - Friday 8am to 4:30pm. Individual, group and family
counseling. Health exam for Adult Day Care program.

Trinity Counseling Service - 22 Stockton Street, Princeton 08540. (609) 924-0060.
Hours: Daily, 8:30am to 9pm. English and Spanish. Individual, marital, family and child
therapies. Issues addressed: alcoholism, drug abuse, anxiety and stress, bereavement,
child abuse/neglect, depression, divorce, domestic violence, marital problems, middle-
age crisis, problems in parenting and step-parenting, Post Traumatic Stress Disorders,
such as rape, or incest and wellness issues.

Trinity Counseling Service: The Child Intervention Project is offered free of charge to
at-risk children from low income families referred through the Child Study Teams in the
Princeton Regional School System. Issues: academic, behavioral and developmental
problems.

United Progress, Inc. – 162 West State Street, Trenton 08608. (609) 392-2161.
Nutritional and employment counseling.

VA Healthcare Practice – 317 Georges Street, New Brunswick 08901. (732) 729-0646.
Adult Day Care exam center.

Veterans: James Howard Clinic – 970 Route 70, West Brick 08724. (732) 836-6008.
Adult Day Care exam center.

Womanspace, Inc. – Administrative Offices. (609) 394-0136. Hotline, 24 hours/day, 7
days/week (609) 394-9000. Counseling (Lawrenceville area), (609) 394-2532. Does not
deny services for inability to pay. Womanspace, Inc. Shelter Program provides safe,
temporary emergency shelter for female victims of domestic violence. Available in and
outside of shelter is counseling, advocacy and referral for abuse related issues. Sliding
scale fee. Womanspace provides services to sexual assault victims in Mercer County.

CULTURE, MUSIC AND THE ARTS

Arts Council of Princeton - Paul Robeson Building, 102 Witherspoon Street, Princeton 08542. (609) 924-8777. Community events, art gallery, alternative art classes for adults, teens and children. Year round, including Spring break and Summer camp.

www.artscouncilofPrinceton.org

Artworks of Trenton - 19 Everett Alley, Trenton. (609) 394-9436. Hours: Tuesday - Friday, 9:30am to 5pm. A visual arts school, gallery and artist studios. Programs for all age groups and level of experience. 10% discount for seniors on art classes and special events.

Contemporary Victorian Museum – Trenton. (609) 392-9727.

Friends of Music at Princeton - Woolworth Center of Music Studies, Princeton 08540. (609) 454-5705 or 452-4239. Concerts, many free.

Greater Trenton Symphony Orchestra - War Memorial Auditorium, Trenton 08609. (609) 394-1338.

Grounds for Sculpture – 18 Fairgrounds Road, Hamilton 08619. (609) 586-0616.

Hopewell Museum - 28 E. Broad St., Hopewell 08525. (609) 466-0103. Hours: Monday, Wednesday, Saturday 2pm to 5pm. Other times by special arrangements. NOTE: Handicapped accessibility very limited. Only first floor accessible. No disabled restrooms.

Mercer County Cultural and Heritage Commission - 640 South Broad Street, Trenton 08611. (609) 278-2712.

Mill Hill Playhouse – Front and Montgomery Street, Trenton 08608. (609) 989-3038.

New Jersey State Museum - 205 W. State Street, P.O. Box 530, Trenton 08625.

(609) 292-6464. Hours: Tuesday through Saturday 9am to 4:45pm, Sunday, 12pm to 5pm. Exhibits emphasize New Jersey Art, Natural Science, History and Archeology. Group tours, movies, concerts and planetarium programs. Admission free, donations accepted.

Old Barracks Museum - Barracks St. Trenton 08608. (609) 396-1776. Group or individual tours, Monday - Sunday, 10am to 5pm. Group tours include “Meet the Past: Battle of Trenton” or NJ Divided and the History Lab special events. Call for information.

Patriots Theatre at the War Memorial – Memorial Drive, Trenton 08608. (609) 984-8484.

Princeton University - Graduate College, Princeton. (609) 258-6686. Carillon bell concerts on Sundays at 1pm. Some exceptions. Call for more information.

Sovereign Bank Arena – 550 South Broad Street, Trenton 08611. (609) 656-3200.

The Art Museum Princeton University - Princeton University Campus, Princeton 08540. (609) 258-3788. Hours: Tuesday - Saturday 10am to 4pm, Sunday 1pm to 5pm during the academic year. Sundays during the summer, 1pm to 4pm. Call for further information.

The Trenton Convention and Visitors Bureau – Lafayette and Barracks Street, Trenton 08608. (609) 777-1770.

Trenton Thunder Baseball – Waterfront Park. Route 129, Trenton. (609) 394-8236.

Rider University - Westminster College, Hamilton Avenue, Princeton 08540. (609) 921-3202. The Playhouse theater holds concerts. Call for information.

Trenton Museum - Ellarslie at Cadwalader Park, Trenton 08618. (609) 989-3632.

William Trent House - 15 Market Street, Trenton. (609) 989-3027.

EDUCATION

Most high schools have adult education programs. This is not a complete list. Check with your local Board of Education for more information.

The College of New Jersey – Trenton State College, 2000 Pennington Road, PO Box 7718, Ewing 08628-7718. (609) 771-2131. Call Admissions Office for more information.

Dorot University Without Walls - 877-819-4147. www.dorotusa.org

Hamilton Township Adult School - 90 Park Ave, Hamilton. (609) 631-4100.

Sponsored by Hamilton Township Board of Education. Most courses at a reduced rate to Hamilton Township residents 62 years and older. Also offers Adult High School, Adult Basic Education, High School GED preparation and testing center. English for the Foreign Born program.

Lawrence Township Evening School - 2565 Princeton Pike, Lawrenceville 08648. (609) 771-9753. Recreational courses.

Literacy Volunteers of America – (609) 393-8855. One-on-one tutoring at the Lawrence Library.

Mercer County Extension Services - 930 Spruce Street, Trenton. (609) 989-6834. Call for programs and courses. Classes and individual information on home and family living for county homemakers of all ages. Master Gardener classes.

Mercer County Technical Adult Evening Schools - Assunpink Center, 1085 Old Trenton Road, Trenton 08690. (609) 586-5146. Call for further information.

Mercer County Community College - 1200 Trenton Road, West Windsor 08690. (609) 586-4800. Mercer County residents, 65 or older may enroll in credit and non-credit courses on a space available basis, tuition free.

- **James Kerney Campus:** N. Broad & Academy Streets, Trenton 08608. (609) 586-4800.

New Jersey Division of Vocational Rehabilitation Services – Station Plaza, 28 Yard Avenue, PO Box 4959, Trenton 08625. (609) 292-2940.

Princeton University - PO Box 340, Nassau Street, Princeton 08540. (609) 258-3060. (Admissions Office) For general information: (609) 258-3000.

Princeton Theological Seminary PO Box 821, 64 Mercer Street, Princeton 08540. (609) 921-8300.

Rider University – 2083 Lawrenceville Road, Lawrenceville 08648. (609) 896-5000.

Thomas A. Edison State College - 101 W. State St. Trenton 08608. 888-442-8372.

A leader in advanced higher education and non-instructional work. Must be at least 21 years of age and have a high school diploma or a GED. Provides flexible, high-quality, collegiate learning opportunities for self-directed adults. The college offers 15 associate, baccalaureate and master's degrees in more than 100 areas of study. Students earn

degrees through a wide variety of rigorous and high quality academic methods that can be customized to meet their individual needs. Visit the website at www.tesc.edu or call for further information.

Trenton Adult High School - Trenton High School, Chambers Street and Greenwood Ave, Trenton 08629. (609) 989-2496. Hours: Monday - Friday 6am to 1pm, September to June. Varied courses leading to high school diploma. Educational brokers available to award credits for life experiences.

Senior Service America – www.seniorserviceamerica.org/home.html Non-profit organization that helps provide training and employment opportunities to older adults throughout the US.

Westminster Choir College - College of Rider University. 101 Walnut Lane, Princeton 08540. (609) 921-7100.

West Windsor-Plainsboro Community Education – 505 Village Road West, Princeton Junction 08550. (609) 716-5030. Call for further information.

EMPLOYMENT

Easter Seals of New Jersey - Title V Senior Employment Services. (732) 257-6662.

J & J Temporaries Services - (609) 452-2030.

Mercer County Office of Training and Employment Services (OTES) - Mercer County Administration Building, 640 South Broad Street, Trenton 08611. (609) 989-6523.

N.J. Foster Grandparent Program – Department of Human Services. Mercer/Burlington office: (732) 268-5531. Program offers caring people 60 years of age or older an opportunity to provide friendship and guidance to children and young adults. \$2.55/hour tax-free stipend. Travel reimbursement. 20 hours per week commitment. Call for details.

Princeton Financial Care Services LLC – Staube Center, PO Box 795, Pennington 08534. (609) 730-0067. Manages financial services for seniors.

Senior Service America – www.senorserviceamerica.org/home.html Non-profit organization that helps provide training and employment opportunities to older adults throughout the US.

Trenton One-Stop Career Center- 26 Yard Avenue, PO Box 954, Trenton, 1st floor. (609) 292-0620. Hours: Monday – Friday, 8:30am to 4:30pm. English and Spanish. Job search assistance with scheduled workshops that include job interviewing, resume preparation, labor market information, free public access to the internet, fax and copy machines. Business services include employee recruitment and human resource support.

Workforce 55+ - N.J. Department of Labor, Division of Employment and Training, P.O. Box 055, Second Floor, Trenton. (609) 943-5107. State administered, federally funded program for older job seekers over age 55 who meet the income eligibility. Provides part-time paid work experience. Job training.

Employment Web Sites – www.SeniorJobBank.org, www.WorkForce.com, and www.RetiredBrains.com

FINANCIAL ASSISTANCE

Audent – 201 Boren Avenue, Suite 810, Seattle WA. 98104-3534. (206) 838-7194 or toll free 877-AUDENT. Discount hearing aids for low income seniors. Income requirement.

Bureau of Housing Services/Rental Assistance Program - 116 W. State Street, Trenton 08608-1102. (609) 292-8473. Makes decent, safe and sanitary housing available to low income households in the private rental market.

Catholic Charities - Emergency Services. (609) 394-8847. 132 N. Warren Street, Trenton 08608. Provides food, clothing, back rent/mortgage, utilities, security deposits and prescriptions. Also can provide bus passes to eligible families and individuals if available.

Comfort Partners – (856) 797-0011, Ext. 117 or toll-free 888-773-8326. Energy audits and refrigerator replacement program for older models. White only. Eligibility same as PAAD, SSI, TANF and HEAP.

Community Action Service Center – 116 North Main Street, Hightstown 08520.
(609) 448-4464.

City of Trenton, Department of Housing and Economic Development, Division of Construction Services – 319 East State Street, 3rd Floor, City Hall Annex, Trenton 08608. (609) 989-3509. Provides funds to owner occupied residential properties located in the city of Trenton for housing rehabilitation. The funds may be a grant, a loan or a deferred loan or loan subsidy, depending on eligibility.

Crisis Ministry of Princeton and Trenton – 123 East Hanover Street, Trenton 08608.
(609) 396-9355, Ext. 14 or 61 Nassau Street, Princeton 08540.

www.thecrisisministry.org A non-profit organization which provides assistance for energy needs of low-income people in Mercer County. Provides services to people who are hungry, facing eviction or utility shut-offs, who are homeless, in need of security deposits for permanent housing or who have medical needs they cannot meet.

Debt Counsel for Seniors and the Disabled: (312) 962-8578 or 800-382-6542.

Assistance with debt, attorney supervised.

Enable, Inc. – 13 B Roszel Road, Princeton 08540. Office: Monday - Friday, 9am to 5pm. (609) 987-5003, Ext. 15. www.enablenj.org Enables individuals with disabilities to live full and independent lives. Accessibility services include minor renovations to homes to make them disabled friendly. “Partners in Caring” Services and Support.

Energy Assistance

- Energy Crisis Intervention Program - United Progress, Inc., 162 West State Street, Trenton 08608. (609) 392-2161.
- LIHEAP – Low Income Home Energy Assistance Program – 640 South Broad Street, Trenton 08611. 800-510-3102. www.energyassistance.nj.gov
- NJ Shares – (609) 392-2161. Provides a one-time grant for persons in a temporary financial crisis who exceed the income guidelines for other energy assistance programs.

- Lifeline Credit Program – 800- 792-9745. Provides a \$225 credit once a year for utility service, seniors age 65 and up or Social Security disabled younger adults. PAAD guidelines need to be met.
- Universal Services Fund (USF) – Provides monthly credits of up to \$1800 each year on utility bills if it has been determined that energy bills exceed a certain percentage of the household’s annual income. 800-510-3102. Income eligibility.
- New Jersey Citizen Action Oil Group – 433 Market Street, Suite 201, Camden 08081. 800-464-8465. Monday - Friday, 9am to 5pm. \$15 annual fee for seniors over 60 years of age. No eligibility requirements. Helps consumers pool their buying power and save money on home heating oil. Prices are generally 15 to 30 percent less than average retail prices. Call for more information. www.njcitizenaction.org

Family Guidance Center –Serving Central New Jersey. 1913 Nottingham Way, Hamilton 08619. Credit Counseling Services. (609) 586-2574. Access Center: 800-813-0555.

Henry J Austin Health Center – Main Office – 321 North Warren Street, Trenton 08611. (609) 278-5900. For medications under the Charity Care Program.

Home Energy Assistance Program - See Mercer County Home Energy Assistance Program. (609) 989-6739. Program runs from November through March.

Home Equity Conversion – See Reverse Mortgages

Homefront – 1880 Princeton Avenue, Lawrenceville 08648 (609) 989-9417 or (609) 883-7500. Provides housing assistance, food bags, security deposits, clothing vouchers, first month’s rent, back rent owed, and low-income housing.

Internal Revenue Service - 44 South Clinton Avenue, Trenton 08609. 800-829-1040. For questions regarding income tax returns. Senior tax deduction: Income for couple \$15,000/yr.

Isles Inc. Housing Program - 10 Wood Street, Trenton 08618. (609) 341-4700. Trained counselors for people facing foreclosures. (609) 341-4733 or 1-888-995-4673.

Lawrence Township Office of Planning and Redevelopment - 2207 Lawrenceville Road, Lawrenceville 08648. (609) 844-7076. Hours: 8:30am to 4:30pm, Monday - Friday
Affordable housing program.

Lifeline, PAAD Program, Senior Gold, and H.A.A.A.D. Program - PO Box 715, Trenton 08625. 800-792-9745. Hours: Monday - Friday 8:30am to 4:00pm. LIFELINE utility assistance program offers a yearly benefit of \$225 credit on electricity bill. Open to people who are New Jersey residents, 65 years of age or older, or Social Security disabled. Available to utility customers and tenants whose utilities are included in their rent. PAAD helps pay for prescription medicines and certain pharmacy items. Recipients (Lifeline, PAAD and Senior Gold) must co-pay \$5.00 for each prescription and the State of NJ pays the remaining costs. SENIOR GOLD requires \$15 co-pay per prescription and 50% of the cost balance. H.A.A.A.D. pays \$100 reimbursement to persons who purchase a hearing aid. Financial eligibility applies for all programs.

Mercer County Board of Social Services - 200 Woolverton Street, CN 01450, Trenton 08650. (609) 989-4320 and (609) 989-4451. Toll-Free: 800-564-1595. Mailing Address: PO Box 1450 Trenton 08650-2099. Hours: 8:30am to 4:30pm, Monday – Friday. For application information, call (609) 989-4664 or 989-4491. Programs include:

- * Medicaid Federal/State Health Assistance Program that pays medical bills for eligible needy persons. (609) 394-6631, (609) 989-4667 or (609) 989-4405.
- * Medicaid Hotline: 800-356-1561.
- * Food Stamps Federal Assistance Program that helps eligible persons purchase food. (609) 989-4491.
- * Social Service Intake (609) 989-4451.
- * Adult Protective Services: Evaluation of situations involving individuals 18 or older who are at risk of abuse, neglect and/or exploitation. (609) 989-4451.
- * Homemaker Services: Provision of in-home services to assist the aged or disabled. (609) 989-4451.
- * Medical Transportation Services: Provision of transportation to Medicaid eligible recipients for medical appointments. (609) 989-4451.
- * Funeral and Burial Expenses: Medicaid recipients only. (609) 989-4343.

* Safe Housing Program: Ramps and home repairs/adaptations. (609) 989-4451

Mercer County Home Energy Assistance Program - Housing and Community Development, 640 S. Broad Street, Trenton. Room 420. (609) 989-6065. Office hours: Monday – Friday, 9 to 4pm. Closed for lunch from 12 to 1pm. Financial assistance to defray cost of home heating.

Mercer County Affordable Housing Program – 640 South Broad Street, PO Box 8068, Trenton 08650-0068.

- Home Energy Assistance Program (HEAP): 989-6739. (Grants)
- Weatherization Program: 989-6858. (Grants)
- Residential Home Rehabilitation: 278-8076. (Deferred Loans)
- Helping Hands For Seniors: 989-6736. (Grants)
- Mercer County/Enable, Inc. Accessibility Program: 989-6858. (Grants)

Mercer County Prescription Savings Program – 800-633-0037. Program can provide Mercer County residents with up to 50 percent savings on prescription medications. No age restrictions, income restrictions or exclusions.

Mercer County Residential Energy Program - 640 S. Broad Street, Trenton 08611. (609) 989-6858. Provides weatherization assistance for homeowners and tenants. Includes home energy audit, installation of energy conservation measures and final inspection. Maximum grant \$1200. Also administers the Home Energy Assistance Program. Also “Helping Hands” program for seniors 65 + years of age and Enable’s “Project Access” at (609) 989-7908. Home improvement grants for repair and modifications. PAAD financial guidelines.

Mercer County Sheriff’s Office – “Mr. Fix-it” program. (609) 989-6223.

Municipal Tax Assessors – East Windsor (609) 443-4000, Ext. 232. Ewing (609) 883-2900, Ext. 7666, Hamilton (609) 890-3654, Hightstown (609) 490-5108, Hopewell Borough (609) 466-0965, Hopewell Township (609) 737-0607, Ext. 622 or 624, Lawrence (609) 844-7005, Pennington (609) 737- 0276, Princeton Borough (609) 497-7608, Princeton Township (609) 924-1084 or 924-1058, Trenton (609) 989-3071 and Washington Township (609) 259-7082, Ext. 124.

Municipal Welfare Boards - Emergency financial assistance to eligible needy people not otherwise provided for under the laws of New Jersey. Municipal Welfare Boards: East Windsor/Hightstown - 490-5112. Ewing Township – 883-2900. Lawrence Township 844-7154. Princeton -924-5176. West Windsor - 799-9068. For other municipalities, call the Mercer County Board of Social Services at (609) 989-4664.

New Eyes for the Needy - PO Box 332, 549 Millburn Avenue, Short Hills 07078. (973) 376-4903. Provides new prescription eyeglasses to the needy through a voucher program. Call for more information. Fax number: (973) 376-3807.

National Eye Care Project - PO Box 429098, San Francisco, CA 94142-9098. Helpline: 800-222-3937. The EyeCare American-National Eye Care Project (NECP) is a major public service outreach program ensuring every elderly American has access to medical eye care. The program is designed for, but not limited to, those without access to an ophthalmologist or without the means to pay. Must be 65 years of age or older, a US citizen or legal resident and not have been seen by an ophthalmologist in the last three years. Eyeglasses and prescriptions are not covered. Call for more information.

N.J. State Charity Care – (609) 984-7511.

N.J. Department of Military & Veterans' Affairs - Division of Veterans' Loans, Grants and Services, 142 W. State Street, CN 671, Trenton 08625-0671. (609) 292-5880/5881.

N.J. Dental Association – (908) 821-9400.

N.J. Judiciary Foreclosure Medication Program – 1-888-989-5277. Hotline available Monday through Friday, 8am to 6pm. Provides housing counselors, lawyers and mediators.

New Jersey Shares – Statewide information: 866-651-4273. In Mercer County, call United Progress at (609) 392-2161. Temporary assistance with utility bills as last resort. Shut off must be imminent. One time grant up to \$1000 for people not eligible for LIHEAP. (Low-income heating assistance program). www.njshares.org

NJ Kinship Navigator Services – For grandparents taking care of grandchildren. Information and referral and assistance with TANF and Medicaid. 877-816-3211.

Patient Assistance Program – 800-756-9370. For assistance with drug costs.

Pharmaceutical Assistance to the Aged and Disabled (PAAD) and Senior Gold – Quakerbridge Plaza, Building 12-D, CN715, Trenton 08625. (609) 588-7049 or toll free 800-792-9745. Hours: Monday – Friday, 8:30am to 4:00pm. PAAD helps eligible New Jersey residents pay for prescription medicines and certain pharmacy items. Recipients must co-pay for each prescription and the State of N.J. pays the remaining costs or part of the remaining costs, depending on which program. Income, age and disability requirement.

PSE&G – Equal Payment Plan - 800-436-7734 **Credit Department:** 800-357-2262.

Princeton Borough/Community Development Department - Monument Drive, P.O. Box 390, Princeton 08542. (609) 497-7629. Hours: Monday – Friday, 9am to 5pm. Affordable housing, neighborhood preservation and grants for rehabilitation of existing housing.

Princeton Financial Care Services LLC – Straube Center, 114 West Franklin Avenue, Suite K-4, PO Box 795, Pennington 08534. (609) 730-0067. Financial affairs management for seniors.

Property Improvement Bureau - 319 E. State Street, 2nd Floor Annex, Trenton 08608. (609) 989-3522. Hours: Monday- Friday, 8:30am to 4:30pm. Provides funds to owner occupants of residential properties for housing rehabilitation. The funds may be a grant, loan, deferred loan or loan subsidy, depending on eligibility.

Property Tax Deductions - For information, contact your Municipal Tax Assessor in your area. For Homestead Rebate information: (609) 588-2200, or senior property tax deduction: (609) 292-6400. Information on the Property Tax Reimbursement Program, call 800-882-6597. For the NJ SAVER Tax Rebate, call 877-658-9272.

Railroad Retirement Benefits - Call 800-808-0772.

Rescue Mission – 98 Carroll Street, Trenton 08609. 800-528-8825 or (609) 695-1436. Provides shelter for homeless, first come basis. Provides clothes and furniture at reasonable prices. Accepts donations of household goods, furniture clothing and appliances.

Reverse Mortgages – (Home Equity Conversion) Consumer Credit Counseling Services, (609) 585-8220, Isles, Inc., (609) 393-5656, NJ Citizen Action, 800-656-9637, NJ Housing Finance and Mortgage Finance Co., (609) 278-7400, Wells Fargo 800-418-0010 Ext. 5407, Select Mortgage Corporation 800-542-0265, Ext. 224 and AARP (800) 209-8085.

Senior-Dent Program, N.J. Dental Association - 1 Dental Plaza, North Brunswick 08902. 800-792-8820 or (609) 943-3437. To secure a listing of dentists serving low-income eligible seniors, call N.J. Division of Senior Services at the above number. **Social Security Administration** – Roebing Complex, East Clinton Avenue, Trenton 08611. 800-772-1213. Trenton Office: (609) 989-2110. Hours: Monday – Friday, 7am to 7pm. Processes claims for Social Security number, answers questions regarding your Social Security benefits, Medicare, SSI, and Survivors/death benefits. Applications for Social Security online at www.socialsecurity.org

Supplemental Security Income (SSI) - 800-772-1213. A federal program that pays monthly checks to people over 65, disabled or blind who have limited income and assets. People can be eligible for SSI even if they have never worked. Those receiving SSI benefits may be eligible for Medicaid. Contact the Social Security Administration for more information.

Safe Housing and Transportation - Mercer County Board of Social Services, 200 Woolverton Street, CN 01450, Trenton, 08650. (609) 989-4579. Provides home modifications, doors, windows, indoor and outdoor lighting, etc. to make homes safer.

Township of Hamilton - Office of Housing - 2090 Greenwood Avenue, CN 00150, Hamilton 08650. (609) 890-3675. Hours: Monday - Friday, 8:30am to 4:30pm. Rental Assistance Program and Housing Rehabilitation Grant Program. Assistance for low and moderate-income families to help with home repairs or rehabilitation.

United Progress, Inc. – 162 West State Street, Trenton, 08608. (609) 392-2161. Emergency food, nutritional counseling, housing, and utility assistance, employment counseling and HIV/AIDS case management.

Verizon's Telephone Lifeline Program – Administered through the PAAD program. Assistance with telephone costs for seniors and disabled people on PAAD, Lifeline TANF, General Assistance, Food Stamps or Supplemental Security Income (SSI). For questions, call NJ SHARES at 888-337-3339.

Verizon's Telephone Link-UP American Program – (888) 337-3339. Up to 50 percent discount for people eligible for other financial assistance programs. New service customers only.

Volunteer Pilots Association: Flying People in Need. Will fly people who are in need of medical care and are in financial need. FAX information to (412) 221-1474. Light baggage only and must be able to sit up.

Wachovia Securities – 136-150 Main Street, Princeton Forrestal Village, Princeton 08540 (609) 951-0900, Ext. 201. Retirement planning, gifting, beneficiary checkups and estate planning. Ask for a financial advisor.

HEALTH AND REHABILITATION

Aid to Low Income Alcohol Abusers (A.L.I.A.A.) - 541 E. State Street, Trenton 08608. (609) 392-2822. Outpatient Alcoholism Program and Inpatient Detoxification Alcoholism Treatment Halfway House.

American Academy of Ophthalmology - National Eye Care Project. 800-222-3937. Hours: Monday – Friday, 8am to 4pm. Program for the disadvantaged elderly, 65 years of age or older. Free medical eye examinations. (DOES NOT INCLUDE EYEGLASSES).

Capital Health Care System

Helene Fuld Campus - 750 Brunswick Avenue, Trenton 08638. (609) 394-6000. Comprehensive health and clinic services available to those with limited or no financial resources.

Emergency Crisis/Mental Health Center - 800 Brunswick Avenue, Trenton. (609) 396-4357.

Outreach Program - (609) 396-6834. Ewing Health Center - (609) 396-9600. Mall Walkers Program - Oxford Valley Mall - 800-255-3440.

The BraVa Program – Free mammograms for people without insurance or ability to pay. (609) 394-4045.

Mercer Campus - 446 Bellevue Avenue, Trenton 08618. (609) 394- 4000.

Adult Day Care - (609) 394-4387.

Homebound Communication Program - (609) 392-4222.

Mall Walker Club - Oxford Valley and Quakerbridge Malls. 800-322-8040.

Physician Referral Service - 800-255-3440.

Wound Care Center - (609) 695-0022.

Carrier Clinic – 252 Route 601, PO Box 147, Belle Mead 08502.

Access Center: 800-933-3579 and main hospital (908) 281-1000. Both lines are 24 hours. Translation services available. 32 bed psychiatric facility for older adults, ages 65 and older. Separate dementia unit. Dining facilities and activities rooms. Provides comprehensive treatment for depression and other mood disorders, stabilization for dementia through medication and therapy. Multi-sensory room on unit, and ECT services available on grounds. Treatment for patients with a dual diagnosis. Medicare, Medicaid

Chandler Hall Health Services – 99 Barclay Street, Newtown, PA. 18940.

(215) 860-4000. Services include adult day care, skilled nursing, Hospice, home health care, assisted living, geriatric assessments and care management.

EyeCare America – PO Box 429098, 655 Beach Street, San Francisco CA. 94142-9098.

Helpline: 800-222-3937. The EyeCare America Seniors EyeCare Program is a major public service outreach program ensuring every elderly American has access to medical eye care. The program is designed for , but not limited to, those without access to an ophthalmologist or without the means to pay. Must be 65 year of age or older, a US citizen or legal resident and not have been seen by an ophthalmologist in the last three years. Eyeglasses and prescriptions are not covered. Call for more information.

Glaucoma EyeCare Program – Promotes early detection and treatment of glaucoma.

Raises awareness of glaucoma risk factors, provides free glaucoma educational materials and facilitates access to medical eye care. Seniors can call toll free at 800-391-EYES anytime, for themselves, family members and friends to request the free materials and/or to determine if they qualify for a referral to one of the EYE America’s volunteer ophthalmologists nationwide.

Fox Rehabilitation Services PC – 877-407-3422. In home rehabilitation services, physical and occupational. Medicare, private pay and other insurance.

Geriatric Assessment Services: Carrier Clinic Older Adult Diagnostic Center

800-933-3579. COPSA Institute on Alzheimer’s Disease 800-424-2494 or (732) 235-5730, Chandler Hall (215) 860-4000. Medical Center at Princeton, Princeton House Senior LINK (609) 497-3300. Memorial Hospital of Burlington County (609) 267-0700, Ext. 4589. Hampton Hospital, Rancocas, 800-345-7345. St Peter’s Medical Center, GEMS Program (732) 745-8600 ext. 6655 or 409-1363. UMDNJ – New Brunswick. (856) 566- 6843. Temple PA. (215) 707-2000.

Global Medical Institutes – 256 Bunn Drive, Suite 6, Princeton 08540. (609) 921-3555, Ext. 21. For patients who qualify for medical research studies for depression, anxiety, stress, panic attacks, phobias, Alzheimer’s and Parkinson’s diseases, high blood pressure, diabetes and dermatology disorders. No cost.

Henry J. Austin Health Center - Main Office - 321 N. Warren Street, Trenton 08618.

(609) 278-5900. Hours: 8am – 5pm. Sliding fee scale. Other locations: Chambers Manor Health Services, 317 Chambers Street, Trenton 08609. (609) 392-2635. Hours: 8:30am – 4:30pm. Ewing Health Center, 72 Ewing Street, Trenton 08638. (609) 396-9600.

Hours: 8am – 4pm. Provides medical care, podiatry services and dental services including dentures at a reduced rate. Services based on income. Medicaid.

High Rise Health Center - 9 Lamont Avenue, Hamilton Township 08619.

(609) 584-7492. Medical services and nursing services for residents of Pond Run Housing and the Alvin E. Gershen Apartments only. Services are provided by Robert Wood Johnson University Hospital in Hamilton.

Hospice

HOSPICELINK - 800-331-1620

Chandler Hall Health Services - (215) 860-4000.

Compassionate Care Hospice - 800-844-4774.

New Jersey Hospice and Palliative Care Organization – (908) 233-0060

National Hospice Organization - 800-658-8898.

Samaritan Hospice - (609) 596-1600.

University Medical Center at Princeton - (609) 497-4900.

VNA/Community Services - (609) 695-3461.

Mercer County Office on the Disabled - 640 South Broad Street, Trenton 08650. (609) 989-6468. T.D.D. (609) 989-6865. Hours: Monday – Friday, 8:30am – 4:30pm.

Information and referral for Mercer County residents with physical, developmental and emotional disabilities. Administers the Personal Assistance Services Program (PASP) for people 18 to 65 years of age.

Mercer Dental Society - Lawrenceville, 08648. (609) 844-0575.

New Eyes for the Needy – PO Box 332, 549 Millburn Avenue, Short Hills 07078.

(973) 376-4903. Provides new prescription eyeglasses to the needy through a voucher program. Visit the web site at www.neweyesfortheneedy.com .

New Jersey Dental Association – One Dental Plaza, PO Box 6020, North Brunswick 08902. (732) 821-9400. **Senior-Dent program.** If eligible, seniors 65 years of age or older receive a list of dentists in their area who offer a 15% discount courtesy. PAAD income eligibility required and must have no dental insurance. Seniors on Medicaid are not eligible.

NJ Division of Disability Services – For information, call (609) 292-7800.

New Jersey Division of Vocational Rehabilitation Services - Station Plaza, 28 Yard Avenue, Trenton 08609. (609) 292-2940. Hours: Monday – Friday, 8:30am to 4:30pm. Provides services to people with disabilities which interfere with ability to work. Services to enable disabled people to secure employment or retain current position.

Respite Program: State of New Jersey. St. Francis Medical Center, Room B323, 601 Hamilton Avenue, Trenton 08629. (609) 599-5246. Monday - Friday. The Respite program is designed to provide assistance to families by giving caregivers a break from the daily responsibility of caring for an elderly or disabled relative or friend. Respite services may be used so that caregivers can shop, get medical care, attend to personal matters, rest, vacation or cope with an emergency. Respite may be used occasionally or at regularly scheduled times.

Robert Wood Johnson University Hospital at Hamilton - 1881 Whitehorse-Hamilton Square Road, Hamilton 08690. (609) 586-7900. An acute care hospital offering emergency and outpatient services to Greater Mercer County. Offers emergency angioplasty and cardiac rehabilitation. RWJ Hamilton’s Community Education program serves the 50 plus population with classes, special events, health screenings and vaccinations. The Community Education program sponsors the 50+ club. Registration is required. Call the Community Education program at (609) 584-5900. Wellness office in Ewing, (609) 890-4450, Rehab (609) 890-4445

St. Lawrence Rehabilitation Center - 2381 Lawrenceville Road, Lawrenceville 08648. (609) 896-9500. Provides physical, occupational and speech therapy, neuro-psychological and social work services, vocational training, therapeutic recreation, neuro-optometric rehabilitation, driver evaluation and training. In-patient and outpatient services available. Specialized programs in Chronic Pain Management, Brain Injury Rehabilitation, and cardiac rehabilitation and short term medical admissions. Medicare, Medicaid and most insurances.

St. Francis Medical Center - 601 Hamilton Avenue, Trenton 08629. (609) 599-5000.

* BraVa Program – (609) 599-5702. Free or low cost mammograms for low income women.

* Caregivers Support/Education Group - (609) 599-5243. Call for more information.

* Cancer Information Series - (609) 599-5748/5176. Informal informational series designed to address issues related to treatment options, nutrition, stress reduction, exercise, communication and community services.

- * Fox Chase Cancer Center – (609) 599-5521.
- * Partners in Healing - Understanding the grieving process. (609) 599-5243. An informational program for people who have lost loved ones.
- * Physician's Referral Service - (609) 599-6333.
- * Caregiver Support Program – Title III. (609) 599-5241. Assistance for caregivers.
- * Senior Choice - Geriatric Services. (609) 599-5611.
- * Statewide Respite Program – (609) 599-5246.
- * Wellness Program - (609) 599-5752. Call for information.
- * Sister Hyacintha Program – (609) 599-5073. Medical Team care for the homebound. Call for information.
- * Hospice program/unit provided by Compassionate Care Hospice. 800-844-4774.

Trenton Detoxification Center – 56 Escher Street, Trenton 08607. (609) 392-2822. Alcohol and drug treatment. Partial care and intensive outpatient program. Transitional housing for 24 hours and women in recovery. Intake fee/private pay.

University Medical Center at Princeton - 253 Witherspoon Street, Princeton 08540. (609) 497- 4000. Inpatient acute care community teaching hospital providing medical, surgical, emergency, pediatric and single room maternity care. Inpatient and outpatient laboratory, radiology, cardiac and pulmonary testing and rehabilitation, speech and language services, physical and occupational therapy. Specialized programs include: Pain Management, Diabetes Management, Princeton Sleep Center, Princeton Cancer Program, Community Education, Epilepsy Center and Clinic, Women’s Health Program and Dialysis Services.

Merwick Nursing and Rehabilitation Center – University Medical Center at Princeton. 79 Bayard Lane, Princeton 08540. (609) 497-3000. Long-term unit and inpatient rehabilitation. 24 hour skilled nursing care provided with physical, speech, occupational and recreational therapy. The unit provides care in a home-like environment. Also offers respite care for a maximum of two weeks for family who are caring for an older relative at home.

Princeton House-University Medical Center at Princeton. 741 Mt. Lucas Rd, Princeton (609) 497-3300. Offers a continuum of behavioral health care. Outpatient satellites: Princeton, North Brunswick and Cherry Hill.

Princeton Home Health Care and Nursing Services – (609) 497-4900. Full range of home health care using a team approach including: skilled nursing, all therapies, home infusion, medical social services, pharmacy, home health aides and homemaker services and hospice.

Mercer County Office of Environmental Health – County Administration Building, 640 South Broad Street, PO Box 8068, Trenton 08650. (609) 278-7165.

www.mercercounty.org Enforces the county Environmental Health Act, administers the county's public health alert system and bio-terrorism planning, and oversees the Right to Know program.

Municipal Health Departments

- City of Trenton, Division of Health – 218 North Broad Street, Trenton 08608. (609) 989-3242 Ext. 113.
- Ewing Township Health Department – 2 Jake Garzio Drive, Ewing 08628. (609) 883-2900. www.ewingtwp.com
- Hamilton Township Division of Health – 2100 Greenwood Avenue, PO Box 00150. Hamilton 08650-1050. (609) 890-3820. www.hamiltonnj.com Also serves East Windsor.
- Hopewell Township Health Department - 201 Washington Crossing-Pennington Road, Titusville 08560-1410. (609) 737-0120. Also serves Hopewell Borough and Pennington Borough.
- Lawrence Township Health Department – 2207 Lawrenceville Road, PO Box 6006, Lawrenceville 08648. (609) 844-7089.
- Princeton Regional Health Commission – Borough Hall, 1 Monument Drive, PO Box 390, Princeton 08540. (609) 497-7610. www.princetonol.com/gov/prhc Serves Princeton Borough and Princeton Township.
- West Windsor Township Health Department – 271 Clarksville Road, Princeton Junction 08550. (609) 799-2400. www.westwindsornj.org/geninfo.html Also serves Hightstown Borough and Washington Township.

HOME HEALTH CARE AGENCIES / NURSING SERVICES

A+ Senior Care – (609) 450-1719. 1873 70 East, Route 203, Cherry Hill, 08003. Non medical provider of home health care. Companions, live-ins, chores and transportation.

Active Home Care – 312 Chestnut Avenue, Trenton 08609. 800-610-6630. Home care agency with live-ins, chore services.

Angel's Helpers Homecare, Inc. – 888-932-6435. Alzheimer's/dementia in-home care program.

Angel Care Solutions and Staffing – 2733 Nottingham Way, Suite 5, Hamilton, 08619. (609) 588-8800. Companions and non-medical assistance at home. Live-in home care aides, temporary or permanent.

American Staffing Group II – 1203 Prospect Street, Suite B, Ewing 08638. Home health agency providing home health aides, homemakers, RNs, PNs, live-in companions, respite care and care for special needs.

ANSA Healthcare Services – PO Box 266, Mount Holly, 08060. (609) 261-6868. Home health aides, personal care, homemaking, respite and companion care.

Bayada Nurses - 168 Franklin Corner Road, Lawrenceville 08648. (609) 219-9600. Monday - Friday, 8:30am to 5pm.

Care For U Plus – 177 Franklin Corner Road, Lawrenceville 08648. (609) 895-0188. Medicaid. On call 24 hours.

Caregivers – Mailing Address: P.O. Box 2044, Princeton 08543. Alexander Road, West Windsor 08550. (609) 514-0701. Non-medical, live-in care, housekeepers/elder assistance. Discounted rates.

Chandler Hall Health Services - 99 Barclay Street, Newtown, Pa. 18940. (215) 860-4000. Services include adult day care, skilled nursing, hospice, home care services, assisted living, respite, geriatric assessments and care management.

Claddagh Home Care – 145 Washington Street, Morristown 07960. (973) 598-9730. www.CladdaghHomeCare.com Home care agency with “live-ins.”

ComForCare Senior Services – 1901 N. Olden Avenue, Suite 14, Ewing 08618. (609) 771-0083. Hours: 9am- 5pm. On call 24/7. www.ComForcare.com .Certified home health aides, 24-hour live-in assistance, companions, and certified nursing assistants. No Medicaid.

Companions for Care – 505 S. Lenola Road, Suite 108, Moorestown 08057.
800-605-9111, Ext. 310. Home health aides, companions, homemakers, light housekeeping, meal preparation, shopping and errands.

Comfort Keepers – 1337 State Highway 33, Hamilton Square 08690. (609) 890-2888.
www.comfortkeepers.com Provides non-medical services; companionship, housekeeping, laundry, grocery shopping, errands and meal preparation.
Additionally, can provide organization of mail, transportation services, 24/7 live-in assistance and periodic reviews with the family.

Cookie's Angels – 1617 7th Street, Ewing 08638. (609) 406-9797. Home helper services, meals, transportation, errands, light housekeeping and companionship.

ElderPairs, Inc. – 479 West State Street, Trenton 08618. (609) 393-8210.
www.ElderPairs.com. Program that matches a specific client with a resident caregiver who has a background in or is in training in health care field with a specific client. Live-in assistance with medication supervision, meal preparation, shopping, laundry, personal care, light housekeeping and transportation.

Enable, Inc. - 13 Roszel Road, Princeton 08540. (609) 987-5003.
Office: Monday –Friday, 9am to 5pm. In-home personal care assistance; feeding, shopping, laundry etc. Medicaid. www.enablenj.org

Expert Home Care - 75 Paterson Street, 1st Floor, New Brunswick 08901.
Monday –Friday, 8:30am to 4:30pm. 800-848-2336 or (609) 329-1500 in the Trenton area, (609) 921-8680 in the Princeton area. Specializes in live-in care. Certified home health aides and companions. Long term, short term and respite care available. All caregivers screened and bonded. RN supervision. On call 24 hours a day, 7 days a week.

Firstat Home Health Services – 20 Texas Avenue, Lawrenceville 08648
(609) 219-1400. Ventilator care and the care of the terminally ill. Rehabilitation, therapists, nurses and aides provide home care services.

Greenwood House – Healthcare and Homemaker Program, Inc. 53 Walter Street, Ewing 08628-3085. (609) 883-5391, Ext. 112. Homemaker services, personal care, transportation, medication management, home safety assessments and the Fall Prevention Program. Also see Hospice. www.greenwoodhouse.org

Griswold Special Care – 14 Washington Street, Princeton Junction 08550.
(609) 799-8856. www.home-care.net

Heart to Heart Home Care, Inc. – 140 Cedar Swamp Road, Jackson 08527.

(732) 833-8227. Can provide hourly assistance or 24 hour live-in assistance.

Health Force – 396 Whitehorse Avenue, Trenton 08610. (609) 581-8750.

Home Care Partners, Inc. – 849 Applegarth Road, Monroe Township 08831.

(609) 655-4800. Provides skilled nursing services along with home health aide services.

Personal care, meal planning and preparation, medication reminders, errands and light housekeeping. Companion services available. www.homecarepartners.com

Home Care With Love – 320 Raritan Avenue, 2nd Floor, Suite 210, Highland Park 08904. (732) 339-1933.

HomeInstead Senior Care – 104 Hickory Corner Road, # 203, East Windsor 08520.

(609) 448-7555. Monday - Friday, 8am to 5pm. Hourly or live-in. Non-medical assistance, including light housekeeping, laundry, meal preparation, errands, incidental transportation (shopping and Doctor visits) and companion services. Minimum three hours for in home care. Permanent or temporary basis. Services provided in home or in a facility. Private pay and long term care insurance. www.homeinstead357@yahoo.com

IDAM Home Care Services –2572 South Broad Street, Hamilton 08610

(609) 888-4844. Monday - Friday, 8:30am to 4:30pm. English and Creole spoken.

Personal health care needs; companionship, bathing and grooming, meal preparation, light household chores, walking, shopping and errands.

Interim Health Care- Box 5043, 1873 Brunswick Avenue, Lawrenceville, 08648.

In Trenton 08638-0043. (609) 393-2818. Services available 24 hours a day/7 days a week. Full range of home care professionals. Screened, bonded, insured staff. No live-ins. CHAP accredited.

Liberty HealthCare Services – 2333 Whitehorse-Mercerville Rd, Hamilton 08619.

(609) 890-0311. 24 hour on-call availability and live-ins. Serves Mercer and Burlington counties and parts of Middlesex, Hunterdon and Somerset counties. Respite available. Veteran's benefits, private pay and Medicaid.

KNH Home Health Care – PO Box 484, Lumberton 08048. (609) 265-1000.

Maxim Healthcare Services- 1675 Whitehorse-Mercerville Road Hamilton 08619.

(609) 890-6373 or 866-786-2946. Nursing assistants, certified home health aides, and companions. Medicaid.

Mercer County Board of Social Services/Social Services Department –

200 Woolverton Street, CN-01450, Trenton. (609) 989-4320. Homemaker services and in-home services to assist the aged and disabled.

Mercer Street Friends Home Health Care - 222 N. Hermitage Avenue, Trenton 08618. (609) 396-1507. Home health care services: Nurses, health aides and therapy under a doctor's orders.

Mount Carmel Guild - 73 N. Clinton Avenue, Trenton 08609. (609) 392-5159. Hours: Monday – Friday, 8am to 4pm. Home health care for homebound patients requiring long-term care with no family support. Services from weekly to bi-monthly. Referrals from community agencies after other services are terminated.

Nursefinders –295 Route 70 West, Cherry Hill 08002. 866-222-7811. English, Spanish and Russian spoken. Provides simple, safe, affordable home care for any illness or injury for any age group. Services are provided 24 hours a day, seven days a week by the visit or hourly. RNs, LPNs, Certified home health aides and live-ins. Medicaid, private pay, major insurance carriers.

Paragon Nursing Care, Inc. - P.O. Box 803, East Windsor 08520. (609) 443-6615. Long and short term care. 24 hours/day 7 days per week. Companions, homemakers, home health aides and RNs. Fully insured.

Preferred Nursing Services – www.peferredhealthmate.com 192 Jack Morton Boulevard, Brick. 08724 1-800-603-2273. Companions, aides, RNs, live-ins, transportation and Respite.

Princeton Home Care - 208 Bunn Drive, Princeton 08540. (609) 497-4900. Full range of home health care using a team approach, including: skilled nursing, physical, occupational, speech and language therapies, home infusion, medical social services, pharmacy services, home health aides and homemaker services. Also provides specialized services for pediatrics, HIV, psychiatric and maternal child health. Services available 7 days a week. Medicare, Medicaid.

Princeton Caregivers – Bunn Drive, Princeton 08540. (609) 497-4957. Assessments, care plans, 24/7 emergency services, monitoring, chores and transportation. Medicaid.

Right At Home – 43 West Prospect Street, Suite 204, East Brunswick 08816.

(732) 967-0900. In home care and assistance.

Scan'n Shop – (609) 448-2010 or (609) 249-3838. \$30 monthly fee. Unlimited number of grocery deliveries. 8:30 am to 11:00pm. Grocery shopping service.

Secure @ Home – Jewish Family and Childrens Service. 707 Alexander Road, Suite 107, Princeton 08540. (609) 987-8121. Membership based program providing monthly contact, chores, transportation, maintenance, information, referral and education.
secure@jfcsonline.org

Senior Care Management – 261 Upper Ferry Road, Ewing 08628. (609) 882-0322.

Monday – Friday, 8:30am to 5:30pm. Certified home health care agency, hourly or live-in, companions and respite care. Temporary or permanent. Private pay and long term care insurance.

Senior Helpers – (732) 993-6991. 764 Easton Avenue, Suite 6, Somerset 08873. Hourly or live-in services. 24/7 telephone operator. Private pay and long term care insurance.

Senior Services Unlimited: Statewide live-in home care. 64 Taylor Avenue, Route 71, Manasquan, 08736. 800-251-0977 or 732-528-1300. Hours: Monday – Friday, 8:30am to 5:30pm.

Simply The Best Home Care Agency – 50 Hoover Avenue, Princeton 08540. (609) 921-2000. www.simplythebestcare.org Non medical services, HHAs 24/7 and live-ins.

S.J. Nurses, Inc. - 850 Hamilton Avenue, Trenton 08629. (609) 396-7100. Monday – Friday, 8:30am to 5pm. Full range of home health staff. Health Watch Personal Emergency Response System. Respite services. www.sjnurses.com

Special Care of New Jersey – 14 Washington Road, Suite 615, Princeton Junction 08550. (609) 799-8856. Caregivers provide personal, homemaking and companion services. Support activities of daily living. Hourly and live-in.

St Francis LIFE – “Program of all inclusive care for the elderly.” 1435 Liberty Street, Hamilton 086 . (609) 599-5433. 55+ years of age and nursing home level of care. Wide range of health care services provided at home or at the LIFE center. Coordination of all care and services by a team of professionals. Medicare and Medicaid.

Synergy HomeCare – The Shoppes at Pennington, 21 Route # 31 North, Suite B8, Pennington 08534. (609) 730-9004. www.synergyhomecare.com Non-medical home care: companions, homemakers, and personal care. Live-ins. Provides services in-home and in facilities. Private pay and long-term care insurance. Serves Princeton, Hopewell, Pennington, Lawrence, Ewing and Trenton.

Unique Medical Staffing, LLC – 1230 Springfield Avenue, Suite A-2, Irvington 07111. (973) 339-7463. Medicaid.

Visiting Angels of Mercer and Burlington Counties – 993 Lenox Drive, Suite 200, Lawrenceville 080648. (609) 883-8188. www.VisitingAngels.com/Burling-Mercer Provides non-medical, in home care. Live-ins. Safety supervision, medication reminders, meal prep. and light housekeeping, transportation, companionship, shopping and respite.

Visiting Caregivers of New Jersey, LLC. – 9 Rosetree Lane, Lawrenceville 08648. (609) 882-5300. Monday - Friday, 8am to 6pm. English and Spanish spoken. Companions, homemakers, home health aides, medication reminders, meal preparation and respite. Providing non-medical living assistance to seniors and people with disabilities in the home.

Visiting Nurse Association of Mercer County - Community Services. 171 Jersey Street, P.O. Box 441, Trenton 08603. (609) 695-3461 or (609) 924-2221. Home care services provided under the direction of a physician, including skilled nursing, wound care, cardiac care, diabetic care with assistance of certified diabetic educator, telehealth, physical, occupational and speech therapy, medical social work services, home health aides, case management and Hospice services. Medicare and Medicaid.

www.vna.homecare.org

We Care Health Services - 941 Whitehorse Avenue, Suite 20, Trenton 08610. (609) 581-8400. Hours: 8:30am to 5pm, on call services 24 hours/day, 7 days per week. Medicaid approved. Services available: nursing, home health aides, 24-hour live-ins, and companions. Bonded and insured.

Related Home Services

Byron Homes, Inc. – 57 Linden Avenue, Haddonfield 08033. (856) 212-1780.

Organization that helps seniors with down-sizing their housing arrangement.

Interfaith Caregivers of Greater Trenton, Inc. - 207 Hillcrest Avenue, Trenton.

(609) 393-9922. Monday - Friday, 8:30am to 4:30pm. A coalition of religious congregations of all faiths providing non-medical, home-based volunteer services to frail elderly, disabled or chronically ill. No fee. Volunteers of any faith welcome. No income eligibility. Clients served in Ewing, Trenton, Hamilton, Washington, and Lawrence Townships, Pennington, Hopewell, and Bordentown.

info@interfaithcaregiverstrenton.org

HOSPICE CARE

Hospice is non-medical, palliative care designed to provide comfort and dignity at the end of life. Hospice is generally initiated to care for a person with a terminal illness, with a diagnosis of 6 months or less. However, there are exceptions to this time frame.

Chandler Hall Health Services - 99 Barclay Street, Newtown, Pa. 18940.

(215) 860-4000. Services include adult day care, skilled nursing, Hospice, home health care, assisted living, geriatric assessments and case management.

Compassionate Care Hospice - 800-844-4774. Hours: Monday – Friday, 8:30am to 5:30pm. 24 hours/7 days a week. RN on call. Complete Hospice services including skilled nursing assistants, social work services, spiritual and bereavement counseling for patients and their families, short-term respite care, volunteers and more. Services provided in homes, hospitals and long term care facilities. Medicare and Medicaid. Will provide services regardless of ability to pay.

Hospicelink - 800-331-1620. Toll free hotline for people seeking information about hospice care for the terminally ill. Referral to local hospice organizations.

Cranbury Hospice - 127 US Highway 206, Hamilton. (609) 585-9300.

Embracing Hospice Care – 2101 Route 34 South, Suite B, Wall. 07719.
(732) 974-2545.

Greenwood House – Provides hospice and palliative care, wherever person is living. Bereavement support provided up to 13 months following death of loved one.

H.O.P.E. – Support services for widows and widowers. 888-920-2201.

New Jersey Hospice and Palliative Care Organization - (NJHPCO) 175 Glenside Avenue, Scotch Plains 07076. (908) 233-0060. www.njhospice.org Referrals to NJ hospice agencies, professional and public education.

Princeton Home Care Services - 208 Bunn Drive, Princeton 08540. (609) 497-4900. Team approach used for patients who have a terminal illness and desire hospice. Focus is on quality of life, including pain management, support services for family and patient, education about the illness, medical supplies and medications, spiritual counseling and bereavement support. Team includes RNs, certified home health aides, social workers, chaplains and volunteers. Medicare and Medicaid.

Samaritan Hospice - 5 Eves Drive, Suite 300, Marlton, 08053. 800-229-8183. www.samaritanhospice.org. Monday - Friday, 8:30am to 4:30pm. On-call nurses available 24 hours a day, seven days a week. English and Spanish spoken. A not-for-profit organization providing hospice and palliative care with complementary therapies, grief support, education, research and advocacy. No charge for services. Programs: Hospice services, family grief, Tears in Silence, Early Endings, Pet Loss, Transitions Program, ALIGHT, Daughters Without Mothers, Sibling Loss Group, C.A.N.S., Big Hurts, Little Tears, Grieving the Long Goodbye. Call for specific information on these programs.

Symphony Hospice of N.J. - 127 Route 206, Suite 26, Hamilton 08610. (609) 585-9300.

VNA of Mercer County Hospice - 171 Jersey Street, Trenton 08603. (609) 695-3461. Supportive care for the terminally ill person and the family for the remaining time together. Provides in the comfort of their own home, as pain free as possible and with the dignity they deserve. Can be provided 24/7 and includes visits by an RN, MSW and certified home health aides. Support and caring assistance for patient and family, medical equipment, supplies and medication related to the illness. Spiritual counseling, individual and family counseling and bereavement counseling. Medicare and Medicaid.

SUBSIDIZED HOUSING INFORMATION

Income limitations for eligibility for subsidized housing. Rents are subsidized and the amount of rent is based on household income. Some facilities provide recreational and support services. For Section 8 vouchers, call the NJ Dept of Community Affairs at (609) 292-4080. Homeless Prevention Program: (609) 633-2238.

Alvin E. Gershen Apartments – 1655 Klockner Road, Hamilton 08619.

(609) 890-9401. Monday - Friday, 8:30am to 5pm. Section 8 housing for seniors 62 years of age or older. One bedroom and efficiency units. Social services, YMCA exercise classes, holiday parties, on-site outreach program from Robert Wood Johnson University Hospital and Bible study.

Architects Housing, Inc. - 215 E. Front Street, Trenton 08611. (609) 695-1099.

Hours: Monday – Friday, 9am to 3:30pm. Social service director, bingo, breakfast program, doctor and nurse once a week.

Borough of Princeton Affordable Housing Program – PO Box 390, Princeton 08540.

(609) 497-7634. Hours: Monday - Friday, 9am to 5pm. Resale and rentals of existing and new affordable housing in the Borough of Princeton.

Cathedral Square Senior Citizens Housing - 26 W. Hanover Place, Trenton 08608.

(609) 392-1111. Must be 55 years of age or older, and/or disabled. Income requirement.

Carriage Park at Lawrence – 59 Allen Lane, Lawrenceville 08648. (609) 844-7076.

42 low and moderate income, age restricted condominiums. (55 years of age or older). Efficiency, one and two bedroom condominiums. Income must meet the criteria for affordable housing.

Circle F Senior Apartments - 720 Monmouth Street, Trenton 08609. (609) 394-5115.

Income eligibility requirements. For office information, please see Lutheran Social Ministries under "Housing".

Eggert's Crossing Village - Lawrence Non-profit Housing, Inc., 175 Johnson Avenue, Lawrenceville 08648. (609) 883-7111. Hours: Monday - Friday, 9am to 4:30pm.

Elm Court Housing - 300 Elm Road, Princeton 08540. (609) 921-0929.

Hours: Mon/Wed/Thurs/Fri, 9am to 1pm., Tues. 1pm to 5pm. Subsidized apartments for low-income elderly (62 plus) and disabled who can live independently. Congregate services (hot noon meal 7 days a week and 1 hour per week light housekeeping) available for those who desire and need them. NEW: Elm Court II, Harriet Bryan House.

Ewing Independent Living – 1015 Whitehead Drive Ext., Ewing 08638. (609) 883-8500. 72 unit apartment building for seniors over 55 years of age and disabled over 18 years of age. One and two bedroom units. Supportive Services are available for additional fees. Rent includes electronic security access, common rooms, hot/cold water, courtyard with shuffleboard and bocce, laundry facilities on each floor and off street parking. Income limits apply. Call for an appointment.

The Gables at West Windsor – 996 Alexander Road, Princeton Junction 08550. (609) 799-8885. For resident services (609) 275-5473. An apartment community consisting of 84 one bedroom units for adults age 62 and over. Income and assets must meet federally established guidelines. Subsidized by HUD.

The Hamlet at Bear Creek – Village and Old Trenton Roads, West Windsor 08550. (609) 799-2400.

Hamilton Senior Citizen Housing. - 9 Lamont Avenue, Trenton 08619. (609) 890-9400. Hours: Monday - Friday, 8:30 am to 4pm. Includes some federal and state subsidized housing. Efficiency and one bedroom apartments. All utilities included except telephone and cable. Age 55 and older. Social programs, and on-site hospital outreach program from Robert Wood Johnson University Hospital at Hamilton.

Heritage Village- 1970 Brunswick Avenue, Lawrenceville 08648. (609) 393-6500. 64 units, 55 plus years of age housing for low and moderate seniors. Wellness center, shuttle services, on-site management, fitness room and pets are welcome.

Hightstown Housing Authority - 131 Rogers Avenue, Hightstown 08520. (609) 448-2268. Maintains and administers 100 units of low income regular public housing, subsidized by the US Department of Housing and Urban Development. Hours: Monday - Friday, 9am to 4pm.

Housing Authority of the Borough of Princeton – 50 Clay Street, Princeton 08540. (609) 924-3448. Monday - Friday, 9am to 4pm. Private low income apartments for families, elderly and disabled people. Preference on the wait list is given to people who work in Princeton, live in Princeton. living in Princeton. (Senior housing located at Elm Court, Spruce Circle and Redding Circle).

Independence Gardens – 1 Independence Way, Trenton 08618. (609) 394-1300.

Affordable living facility for age 55 and over. One bedroom, air conditioned apartments, accessible to tenants with special needs: blind, visually impaired and disabled.

Landlord-Tenant Information Service – Department of Community Affairs, PO Box 805, Trenton. (609) 292-4174 or (609) 633-6606. Monday - Friday, 8:30am to 4:30pm. LTInfo@dca.state.nj.us

Lawrence Plaza Apartments - 2350 Princeton Pike, Lawrenceville 08648.

(609) 883-5407. Hours: Weekdays 8:30am to 3:30pm. Lawrence Plaza Apartments is a federally subsidized housing complex for the elderly. Open to individuals who are certified and qualify for the federal preference codes.

Lawrence Township Office of Planning & Redevelopment - 2207 Lawrenceville Road, Lawrenceville 08648. (609) 844-7076. Assists income eligible families purchase or rent affordable housing units in selected developments.

The Lofts at Washington Town Center – Route 33, Robbinsville 08691. (609) 918-2400. Condo sales. Low and moderate income.

Lutheran Social Ministries of New Jersey – Suite 300, 6 Terri Lane, Burlington 08016. (609) 386-7171. Affordable senior housing throughout the state, offering meals and housekeeping where requested. Their nursing homes offer long and short term convalescent care. Assisted living and independent communities.

Luther Arms Apartments - 323 S. Broad Street, Trenton 08608. (609) 392-5628. Hours: 8:30am – 4:30pm. Federally subsidized housing for the elderly over age 62 and the physically challenged. Independent living community with optional meals program. On-site assisted living Medicaid waiver program. Social services coordinator.

Luther Towers - 489 W. State Street, Trenton 08618. (609) 695-7755. Hours: Weekdays, 9:00am to 4:30pm. Federal and State subsidized apartments people 50 years of age or older. Reduced rates may be available. Utilities included. Congregate services for meals, housekeeping, and personal care.. On-site nurse and physician, social worker and activities program. Transportation provided for doctors' appointments and shopping.

McCorriston Square Apartments - 99 Leonard Avenue, Hamilton 08610.

(609) 584-2226. Monday - Friday, 9am to 4pm. Community and laundry rooms, trips, exercise, SHARE program and tax preparation program. Must be 62 years of age or older.

The Mews at Princeton Junction – 900 Wessex Place, Princeton 08540.

(609) 520-1999. Luxury apartment community offering a limited number of affordable housing units. One, two and three bedroom apartments.

New Jersey Affordable Housing – Website: www.njhousing.gov

New Jersey Department of Community Affairs, Division of Housing – Section 8 Housing Program- (609) 292-4080.

NJ Association of Non-Profit Homes for the Aged - 13 Roszel Road, Suite A104, Princeton 08540. (609) 452-1161. Residential health care facilities, apartments for independent living, assisted living residences, continuing care facilities and nursing homes. Call for Mercer County options.

North 25 Housing Development - (Bernice Munce Towers). 260 N. Willow Street, Trenton 08618. (609) 394-8687. 24-hour security, laundry facilities on site, elevated building, Section 8 rentals.

Park Place Apartments - 1460 Parkside Avenue, Trenton 08638. (609) 771-4392. Low income, subsidized housing for senior citizens and disabled persons.

Pellitieri Homes - 615 Clinton Avenue, Roebling Complex, Trenton 08611. (609) 394-8143. Income eligibility. Central heating and air conditioning, elevators, community room, laundry rooms. Convenient to grocery store and pharmacy. Rent includes water and trash removal. Social service coordinator on site, transportation available. Bingo, luncheon and other activities.

Pond Run Housing –9 Lamont Avenue, Hamilton 08619. (609) 890-9400.

Hours: Monday - Friday, 8:30 am to 5pm. Efficiency and one bedroom apartments. Section 8 senior citizen housing, for ages 62 and older. Social programming includes on-site YMCA classes, bingo, meals on wheels. On-site hospital outreach program from Robert Wood Johnson University Hospital at Hamilton. The **High Rise Health Center** is open 5 days a week. (609) 584-7492. Provides medical services and nursing services for residents of Pond Run and Alvin Gershen apartments.

Princeton Community Village - Bunn Drive, Princeton 08540. (609) 921-1686.

Hours: Weekdays, 9am to 1pm, Tuesday evenings by appointment only. Moderate-income housing. Subsidized housing for seniors, families a priority. Middle income, 1 to 4 bedroom apartments.

Project Freedom – 223 Hutchinson Road, Robbinsville 08691. (609) 448-2998.

Subsidized housing for the disabled. **In Hamilton**, 715 Kuser Road, Hamilton 08619.

(609) 588-9919. **In Lawrence**, 1 Freedom Road, Lawrenceville 08648. (609) 656-9302.

Rent Abatement/Homeless Assistance - (609) 989-3363.

Rescue Mission of Trenton – 98 Carroll Street, Trenton 08609. (609) 695-1436.

www.rescuemissionoftrenton.org Residential Programs: Robinson Place, Vince's Place, the Long-Term Program, Addiction Services for the homeless, the Halfway Program, the Mutual Agreement Program and the Extended Care Program. Call for more information.

South Village 1 & 2 - 312 Lalor Street, Trenton 08611. (609) 394-8655.

Hours: Weekdays, 9am to 5pm, closed from 12 noon until 1pm for lunch. Spanish, English and Italian spoken. Must be 55 years of age or older. Assistance with housekeeping for a nominal fee. On-site bingo and movie afternoons, trips and holiday events. Low income housing project for seniors and permanently disabled persons.

St. James Village Apartments - 719 St. James Place, East Windsor 08520.

(609) 448-1460. One-bedroom apartments for eligible elderly and disabled persons of limited income. Subsidized.

Trent Center East - 511 Greenwood Avenue, Trenton 08609. (609) 394-3587.

Hours: Weekdays, 8:30am to 4:30pm. Federal and State subsidized apartments for the elderly, utilities included. Congregate Housing Program. 2 meals per day, housekeeping and personal assistance. Doctor's office on premises. Convenience store, laundry, social workers, activities and 24 hour security.

Trent Center West - 465 Greenwood Avenue, Trenton 08609. (609) 392-5222.

Hours: Monday – Friday, 9am to 5pm. Federal and State subsidized housing, efficiency, one and two bedroom apartments for the elderly. Utilities included. Congregate Housing Services Program includes two Kosher meals per day, housekeeping, personal assistance and case management. Beauty salon, convenience store, laundry, social workers, activities and 24 hour security.

Trenton Housing Authority - 875 N. Willow Street, Trenton 08638. (609) 989-8047. Hours: Weekdays, 8:30pm to 4:30pm. Admission to government-aided housing projects for low-income families and the elderly. Rental includes light, gas heat, hot water, range and refrigerator. Trenton Housing Authority manages the following: Louis Josephson Apartments for the Elderly, 237 Oakland Street, James J. Abbott Apartments for the Elderly, 490 Hoffman Avenue, and J. Conner French Towers for the Elderly, 630 W. State Street, Trenton.

Twin Towers Senior Citizen Apartments – 1 Kingsbury Square, Trenton 08611. (609) 599-1111. Office Hours: Monday – Friday, 8am to 5pm. Thursday evenings, 6pm to 8pm. Facilities include 24-hour security, underground parking, laundry facilities, senior programs, spacious floor plans, computer learning center with Internet access and summertime meal program.

Wheaton Pointe At East Windsor - 20 Lanning Boulevard, East Windsor 08520. (609) 448-7738. Monday - Friday, 8am to 4pm. Affordable housing community of 84 one bedroom apartments for seniors age 62 and older. Rent is subsidized by HUD and heat and water are included in the rent. This is a no service facility.

Windsor Woods – 465 Meadow Road, West Windsor 08550. (609) 452-2104. Low and moderate income housing.

Ujima Village – 1001 Pennington Road, Ewing. 08618. 52 units for seniors and disabled adults. (609) 406-0737.

I.D. CARDS

Community Action Service Center - 141 Main Street, Hightstown 08520. (609) 443-4464.

Ewing Township - Hollowbrook Senior Center, 320 Hollowbrook Drive, Trenton (609) 883-1009. Hours: Weekdays, 9am to 4:30pm. Ewing residents, 60 plus years of age.

Hamilton Township – Bernice Muha Senior Center. (609) 890-3686. Hours: Monday – Friday, 8am to 4pm. Hamilton residents 60 plus years of age.

Lawrence Township - Lawrence Senior Center, 30 Darrah Lane East, Lawrenceville 08648. (609) 844-7048. Lawrence residents only.

Mercer County Court House - 209 S. Broad Street, Room 100, Trenton. Bring birth certificate, driver's license and/or voter registration card. (609) 989-6998.

New Jersey Division of Motor Vehicles - Route # 1 & Bakers Basin, Lawrence Township. "Non-Drivers" I.D. Needed: Identification adding up to 6 "points". Birth certificate, passport, Social Security card. Call for exact information. 888-486-3339 or (609) 292-6500.

Princeton Township/Borough - Princeton Senior Resource Center, 45 Stockton Street, Princeton 08540. (609) 924-7108. Discount card available to all residents of Princeton 60 years of age or older. Entitles the bearer to free admission to most Princeton Regional School activities (except fundraisers) and discounts from participating merchants.

Senior Citizen Pass - New Jersey State Park Service - Pass for free parking, admission and reduced rate for use of certain facilities in state parks, forests, historic sites and recreation areas where there are charges for use. (609) 984-0370 or 800-843-6420. Write to N.J. Dept. of Environmental Protection, Administrative Services, Division of Parks and Forestry, CN 404, Trenton 08625-0404.

Trenton Office on Aging, 224 E. State Street, Trenton 08608. (609) 989-3336. Trenton residents only.

* Some Senior Centers provide this service at different times of the year. Call your local center for details.

INFORMATION AND ASSISTANCE

** **Call 211** for information about other services and programs which may not be included in this directory

AARP State Office – 101 Rockingham Row, Forrestal Village, Princeton 08540. 866-542-8165. www.aarp.org/nj

COPSA - Alzheimer's Resource Center - Helpline Number (800) 424-2494.

Cerebral Palsy of NJ – 1005 Whitehead Road, Ext., Suite 1, Ewing 08638. (609) 882-4182. www.cpofnj.org Senior Sense Project. Education on lifestyles, use and misuse of medications and drug and alcohol issues.

Contact of Mercer County - 24-hour hotline, information and referral service. (609) 883-2024. Call for further information.

Community Action Service Center, Inc. - 116 N. Main Street, P.O. Box 88, Hightstown 08520. (609) 443-4464. Provides information and referral, senior services, Mercer County Outreach services, developmental vocational rehabilitation for adults, Board of Social Services Outreach (Food Stamps, Medicaid and welfare applications), Hispanic services, and emergency services including a food pantry. Bilingual volunteer income tax assistance (VITA), employment services, youth services and other services to assist low income, disabled or senior residents of Hightstown and East Windsor.

Dial, Inc. - Information and referral for people with disabilities on services and relevant issues. (973) 470-8090.

East Windsor Senior Center – 40 Lanning Boulevard, East Windsor 08520. (609) 443-7901. Information and referral services, Mercer County Outreach services, Mercer County Nutrition program. EASE Site.

Ewing Township - Hollowbrook Senior Center, 320 Hollowbrook Drive Trenton 08638. (609) 883-1009. Hours: Monday – Friday, 9am to 4:30pm. Mercer County Nutrition program. EASE site.

Jewish Family and Children’s Services of Delaware Valley, Inc. – 707 Alexander Road, Princeton 08540. (609) 987-8100. Offers information and assistance and care management to older clients. EASE site.

Lawrence Township - Office on Aging, 30 Darrah Lane East, Lawrenceville 08648. (609) 844-7048. Hours: Monday – Friday, 8:30am to 4:30pm. Comprehensive services and programs including recreational, social and health programs. Mercer County Nutrition program. Daily activities include line dancing, yoga, Tai Chi, exercise, Hula dancing, walking program, sculpture and painting, cards, crafts, sewing, movies and bingo. Some programs have a small fee. EASE Site. www.lawrencetwp.com

Latinas Unidas – YWCA. 140 East Hanover Street, Trenton. (609) 396-8291. Information and assistance for Spanish speaking residents.

Mercer County Information and Assistance, Outreach and Care Management Program – Mercer County Office on Aging. EASE

Program. Central Office Access Site. www.mercercounty.org Mailing Address:

Mercer County Administration Building, 640 South Broad Street, PO Box 8068, Trenton 08650-0068. Physical Location: 200 Woolverton Street, Trenton. 877-222-3737 or (609) 989-6661. Hours: Monday- Friday, 8:30am to 4:30pm. **Appointments recommended.**

The information and assistance program meets the varied needs of Mercer County senior citizens and their families by providing: comprehensive information on programs, services, entitlements over the telephone, in person through the Mercer County Directory of Services for Older Adults and Caregivers, the newsletter the "LINK" and various brochures and pamphlets. Additionally, the outreach program provides in-home information and assistance services for older adults who are unable to leave home in the East Windsor/Hightstown area. Care Management services available to eligible seniors under the **NJ EASE programs:** to Jersey Assistance to Community Caregivers (JACC), Program for the Global Options (GO) initiative and the Assisted Living (AL) Medicaid waiver program.

MERCER COUNTY COMMUNITY ACCESS SITES, EASE PROGRAM:

Mercer County Office on Aging, Central Office Access Site

200 Woolverton Street, Trenton 08611 (609) 989-6661 or 877-222-3737.

East Windsor Senior Center

40 Lanning Boulevard, East Windsor 08520 (609) 371-7192.

Ewing Senior Center

Ewing Community Center, 999 Lower Ferry Road, Ewing 08618. (609) 883-1009.

Bernice Muha Senior Center

409 Cypress Lane, Hamilton 08619. (609) 890-3686.

Jewish Family and Children's Services of Greater Mercer Co.

707 Alexander Road, Princeton 08540. (609) 987-8100.

Lawrence Township Senior Center

30 Darrah Lane, East, Lawrenceville 08648. (609) 844-7046

Mercer County Board of Social Services

200 Woolverton Street, Trenton 08611 (609) 989-4346.

Princeton Senior Resource Center

45 Stockton Street, Princeton 08540. (609) 924-7108.

Trenton Office on Aging

224 East State Street, Trenton 08608. (609) 989-3336.

Robbinsville Township Senior Center

1117 Route # 130, Robbinsville 08691. (609) 259-1125.

West Windsor Senior Center

West Windsor Municipal Complex, Clarksville Road, Princeton Junction 08550.
(609) 799-9068.

Mercer County Hispanic Association – MECHA. 18 East 6th Avenue, Trenton 08619..
(609) 587-8800. Monday - Friday, 9am to 4:30pm. English and Spanish spoken. Services are provided to meet the needs of the Latino population in Mercer County. Programs include: Housing Resource Center, Job Readiness, Multi-Services Family Center, and an array of youth related services.

Mercer County Office for the Disabled - 640 South Broad Street, Trenton 08650.
(609) 989-6468. Voice/TDD (609) 989-6865. Hours: Monday – Friday, 8:30am to 4:30pm. Information and referral for Mercer County residents with physical, developmental and emotional disabilities. Administers the Personal Assistance Services Program (PASP) for people 18 to 65 years of age.

Mercer County Prosecutor’s Office - Crime/Witness Advocacy Program.
(609) 989 6274 or 989-6474. Assists victims of violent crime. For domestic violence cases, call (609) 278-7960.

Mercer Regional Chamber of Commerce – 1 A Quakerbridge Plaza Drive, Mercerville 08619. (609) 689-9960.

Mercer County Surrogate’s Office – 175 South Broad Street, Trenton 08609. (609) 989-6331. www.njgov/counties/mercercounty/officials/surrogate/index.html

Mercer County Veterans Services – 2280 Hamilton Avenue, Hamilton 08619.
(609) 989-6120. www.mercercounty.org/veterans Monday - Friday, 8:30am to 4:30pm.
Information and services for veterans.

National Association of Area Agencies on Aging: Eldercare Locator. 1730 Rhode Island Avenue, NW, Suite 1200, Washington, DC 20036. 800-677-1116. Toll-free assistance to identify community resources for seniors nation-wide. This is a service of the National Association of Area Agencies on Aging and the Administration on Aging.

New Jersey Department of Military and Veteran's Affairs – Division of Veterans Programs. 28 West Street, PO Box 671, Trenton 08625-0671. (609) 292-5880.

Monday - Friday, 8am to 4:30pm. Writes veteran claims, and provides referral and information on veterans' benefits.

New Jersey Division of Aging and Community Services - Department of Health and Senior Services. 800-792-8820 or (609) 943-3436. Provides information on state and federal benefits for seniors.

New Jersey Division of Disability Services - Capital One Plaza, 1st Floor, 222 S. Warren Street, PO Box 700, Trenton 08625. (609) 292-7800 or 888-285-3036. Information and referral, Personal Preference Program, Personal Assistance Services Program, work incentives. Medicaid buy-in program, Personal Care Assistant (PCA) Services, and the administration of some Medicaid waiver programs, which serve people with disabilities.

NJ Foundation for Aging – 176 West State Street, Trenton 08608. (609) 421-0206.

New Jersey Kinship Navigator Service - 877-816-3211. Provides information, referral and follow-up services for grandparents caring for grandchildren.

New Jersey Office of Vital Statistics – Trenton. (609) 292-4087.

New Jersey Office on the Ombudsman for the Institutionalized Elderly – PO Box 807, Trenton. 877-582-6995. Monday - Friday, 8:30am to 4:30pm. English and Spanish spoken. Investigates complaints of abuse, neglect and/or exploitation of the elderly (60 plus year of age) living in licensed long-term care facilities in New Jersey.

New Jersey Parkinson's Disease Information and Referral Center - Robert Wood Johnson University Hospital, One Robert Wood Johnson Place, New Brunswick 08901. (908) 745-7520. Fax # (980) 745-3114.

New Jersey Poison Information and Education System – c/o UMDNJ, 65 Bergen Street, Newark 07107. 800-222-1222. TDD: 973-926-8008. 24 hours, 7 days a week, free confidential poison emergency advice. Poison prevention information, drug information or treatment advice following an animal or insect bite.

New Jersey Protection and Advocacy, Inc. – 210 South Broad Street, 3rd Floor, Trenton 08608. 800-922-7233 (New Jersey only) or (609) 292-9742. New Jersey Assistive Technology Center. Provides information and assistance, makes assistive technology more accessible to individuals with disabilities throughout the state.

Princeton Senior Resource Center - (609) 924-7108. Recreation and education services, information and assistance to residents of Princeton. Friendly Visitor Program. EASE Site. “Partners in Caring” Services and Support.

The Progressive Center for Independent Living – 831 Parkway Avenue, Ewing 08618. (609) 530-0006 or 1-877-271-8435. Hours: Monday - Friday, 8:30am to 4:45pm. Information, referral, advocacy, peer support and independent living skills for people with disabilities.

The Robert Wood Johnson University Hospital Health Resource Center – 1 Hamilton Place, Hamilton 08690. (609) 584-5100. Free of charge to patients, families, physicians and community members who need information about diseases, prevention, health care careers and the latest advances in technology and research. Open Monday, Tuesday, Thursday and Friday, 9am to 2:30pm.

Trenton Office on Aging - Social Services – 15 Ringold St, Trenton. (609) 989-3414. Provides information, referral, outreach and counseling services to homebound elderly living in the City of Trenton. Assistance with filling out forms for assistance to local, state and federal programs. EASE Site. Transportation: (609) 278-1609.

Washington Township Community Services - Senior Center, 1117 Route # 130, 08691. (609) 259-1125. Hours: Weekdays, 9am to 4pm. Provides information and referral services for Washington Township seniors. Mercer County Nutrition program. EASE Site.

West Windsor Senior Center - Municipal Complex, Clarksville Road, West Windsor 08550. (609) 799-9068. Mailing Address: PO Box 38, Princeton Junction 08550. Hours: Monday- Friday, 8am to 4pm. No fees unless noted. A community focal point for the

older person. Services include: educational, social, cultural, health, nutritional programs and exercise classes. Social services, information and assistance are also provided.

EASE site

LEGAL SERVICES

Central Jersey Legal Services, Mercer County Division, Legal Services Project for the Elderly - 198 West State Street, Trenton 08608. (609) 695-6249. Hours: Monday – Friday, 9am to 5pm. The Project provides legal advice and /or representation in non-fee generating civil matters to residents of Mercer County 60 years of age or older: Powers of attorney, wills for small estates, Social Security and Medicare problems, consumer matters, tenants' rights, and bankruptcy. No fee, donations welcome.

Community Health Law Project - 225 East State Street – Trenton 08608. (609) 392-5553. Fax: 392-5369. Legal assistance for disabled and older individuals.

Lawyers C.A.R.E. - Quakerbridge Mall, Lawrence. 2nd Wednesday of each month. 5:30pm to 7pm. Attorneys provide free legal advice to Mercer County residents. (609) 585-6200. www.LSNJLAW.org

Latin American Legal Defense and Education Fund, Inc. – PO Box 80, Princeton 08542. (609) 683-8395 or toll-free 877-452-5333.

Legal Services of New Jersey – 100 Metroplex Drive, Suite 402, Edison, NJ 08817. 888-576-5529. Free legal help on the telephone for low-income people. www.LSNJLAW.org

Mercer County Bar Association - Mercerville Executive Center, 1245 Whitehorse-Mercerville Road, Suite 420, Hamilton 08619. (609) 585-6200. Reduced rate for qualified seniors for wills and Powers of attorney. Call for information.

Mercer County Lawyer Referral Service - (609) 585-6200. Hours: Monday – Friday, 9am to 4pm. Sponsored by the Mercer County Bar Association. On request, the referral service will provide the name of one attorney qualified in the area of concern to the caller. Ask about LAWYERS C.A.R.E. Program.

Mercer County Surrogate's Office – 175 South Broad St, Room 420, Trenton 08608. (609) 989-6331. Probate of wills, administration of estates, appointment of guardians for incapacitated persons; adoption filings and contested will/executor filings. The surrogate offers free literature regarding the office and offers free speaking engagements to senior clubs, church groups, employees and schools. Some services have fees.

Office of the Ombudsman for the Institutionalized Elderly - PO Box 807, Trenton 08625. (609) 943-4027. Investigates complaints of abuse, neglect and/or exploitation of the elderly, 60 years of age or older living in licensed long-term care facilities in New Jersey.

Health Care Quality Strategy, Inc. – 557 Cranbury Road, Suite 21, East Brunswick 08816. (732) 238-5570. An independent group of physicians overseeing hospital care to Medicare patients. Its role is to ensure that Medicare patients receive quality care in the appropriate setting.

Mercer County Prosecutor's Office - Crime Victims/Witness Advocacy Program. (609) 989-6274 or 989-6428. Assists victims of violent crime. Victims of domestic violence should call (609) 278-7960.

Elderlaw Attorneys (This is a partial listing only. The Office on Aging does **NOT** endorse any specific attorney or agency).

Edward Butrym, Pennington (609) 737-9300

Laura Cassavell, Pennington (609) 737-9300

Steele Chadwell, Princeton (609) 921-8262

Steven Friedman, Lawrenceville (609) 896-9060

James E. DeMartino, Belvidere (908) 784-5636 Makes “house calls”

NOTE: For free legal assistance over the telephone (low-income seniors only) – 888-576-5529. Monday through Friday, 9am to 4:30pm. www.LSNJLAW.org

LIBRARIES

Hamilton Township Free Public Library - 1 Municipal Dr. Hamilton 08619.

(609) 581-4060. Library services, meeting facilities for non-profit groups, Internet access.

Hopewell Public Library - 13 East Broad St., Hopewell 08525. (609) 466-1625.

www.redlibrary.org Free to Hopewell Borough, Pennington Borough and Hopewell Township residents. Non-residents pay a one time, small fee.

Mercer County Library System - Mercer Residents except Hamilton, Princeton and Trenton. Out of area fee: \$75.00 per year per household. Book circulation, videos, CDs and audio cassettes of music. Books on tape, reference services for adults and children. Access to the Internet. Community rooms for use by non-profit organizations for meetings. Programs for children and adults. Entertainment and educational programs available.

Ewing Branch - 61 Scotch Road, Trenton 08628. (609) 882-3130 or 882-3148.

East Windsor Hickory Corner Branch - 138 Hickory Corner Road, East Windsor 08520. (609) 448-1330.

Hightstown Branch - Main & Franklin Sts., Hightstown 08520. (609) 448-1474.

Hollowbrook Branch (Ewing) - 320 Hollowbrook Drive, Trenton 08638. (609) 883-5914.

Hopewell Branch - 245 Pennington/Titusville Road, Pennington 08534. (609) 737-2610.

Lawrence Headquarters Branch - 2751 Brunswick Pike, Lawrenceville 08648.
(609) 882- 9246 or 989-6920.

Twin Rivers Branch (East Windsor) - 276A Abbington Drive, East Windsor 08520.
(609) 443-1880.

Washington Township Branch - 42 Allentown- Robbinsville Road, Washington Township, 08691. (609) 259-2150.

West Windsor Branch - 333 N. Post Road, West Windsor 08550. (609) 799-0462.

New Jersey Library for the Blind and Disabled - 2300 Stuyvesant Avenue, Trenton 08618. Mailing Address: P.O. Box 501, Trenton 08625-0501. 800-792-8322. Provides free Braille and large print books, magazines on cassettes, Braille and large print to certified impaired individuals.

Audiovision - a radio reading service that reads the daily newspapers and current magazines for the visually impaired, the learning disabled and the illiterate.

Deaf and Hard of Hearing Awareness Program - maintains a collection of books, videotapes, magazines and other resources related to deafness and hearing loss. Provides information and referral and may provide loaner assistive devices for deaf and hard of hearing people.

Pennington Library - 30 N. Main St. Pennington 08534. (609) 737-0404. Open to Pennington, Hopewell Borough and Township residents only. Large print books, popular reading in fiction and non-fiction, recorded books, newspapers, magazines and Internet access.

Princeton Public Library -65 Witherspoon Street. Princeton 08542. (609) 924-9529. English, Spanish and Chinese spoken. General public library services and programming for adults and children. Free for Princeton borough and township residents. Yearly fee for non residents, discounted for senior citizens.

Trenton Public Library - Main Branch: 120 Academy St. Trenton 08608. (609) 392-7188.

Briggs Branch - 1115 Greenwood Ave. (609) 392-7856.

Cadwalader Branch - 200 N. Hermitage Ave. (609) 392-7886.

East Trenton Branch - 701 N. Clinton Ave. (609) 392-7866.

Skelton Branch - 943 S. Broad St. (609) 394-7876.

MEALS ON WHEELS

American Red Cross of Central NJ- 707 Alexander Road, Suite 101, Princeton 08540. (609) 951-2121. Hours: Monday – Friday 8:30am to 2:30pm. Service area: Princeton, Kingston, Rocky Hill, West Windsor, Plainsboro, Hightstown, Cranbury, and East Windsor. Meals on Wheels provides hot, nutritious meals between 11am and 1pm Monday - Friday to those whose physical, mental or social conditions preclude them from

preparing adequate meals for themselves. Meals are delivered by volunteers. No one will be excluded due to inability to pay. www.njredcross.org

F.I.S.H. of Hopewell – (609) 737-9123.

Greenwood House Meals on Wheels – 53 Walter Street, Ewing 08628. (609)883-5391, ext 112. LABBOK Kosher meals on wheels. www.greenwoodhouse.org

Kosher Meals on Wheels – Jewish Family and Children’s Service, (609) 987-8100.

Monday - Friday, 9am to 5pm. Meals delivered at noontime. Serves the chronically ill and homebound in Ewing, Trenton, Lawrenceville, Princeton, East and West Windsor, Hightstown and Plainsboro. Fee is based on the cost of the meal, scholarships available.

Lawrence Township Meals on Wheels, Inc. - P.O. Box 6662, Lawrenceville 08648.

(609) 406-9387. Qualified individuals receive a home delivered hot meal

Monday - Friday. In addition, an evening supper can be provided. Sliding scale fee.

Jewish Family and Children’s Services of Greater Mercer County – 707 Alexander Road, Princeton 08540. (609) 987-8100. Kosher meals on wheels, serving East Windsor, West Windsor, and Princeton. 5 days a week. Must be 60 years of age or older.

Meals by Mail – “Home Cooking for You.” 800-741-4827. Gourmet meals delivered frozen to your home. Can see meal menu information and prices on the Web site:

www.homecookingforyou.com. Individual and family size meals. Shipping fee applied.

Mercer County Meals at Home/Weekend Mobile Meals Programs - American Red Cross of Central NJ. 707 Alexander Road, Suite 101, Princeton 08540. (609) 951-8550.

www.njredcross.org Trenton/Hamilton area. Hours: Monday – Friday, 8:30am to 4:30pm. The Meals Program provides hot, nutritious meals Monday - Saturday. Meals are delivered by volunteers to seniors at least 60 years of age and who can no longer shop or prepare meals for themselves.

Mobile Meals of Hamilton Township, Inc. - PO Box 3352, Mercerville 08619.

(609) 448-4088. Hours: Monday – Friday, 9am to 1pm. Home delivered hot, nutritious meals to residents of Hamilton Township whose physical, mental or social conditions require a home delivered meal. For the homebound, chronically ill, disabled and/or convalescent

Mobile Meals of Trenton/Ewing - 546 Bellevue Avenue, Trenton 08618. (609) 695-3483. Hours Monday – Friday 8:30 am to 4pm. English and Spanish speaking volunteers. Provides delivery of hot, nutritious meals to homebound, ill and elderly people living in the city of Trenton and Ewing Township and the bordering areas of Hamilton Township and Lawrence Township. Clients must be homebound because of illness or mental or physical challenges and unable to shop for or prepare meals.

Mom’s Meals – Mail order meals. 866-204-6111. Breakfast, lunch and dinner, heat and eat. Spanish spoken. Minimum 7 meal order. Diabetic diet and culturally diverse meals available. Credit cards accepted. Mon. – Fri. 8:00am to 5:00pm

Washington Township Meals on Wheels, Inc. – PO Box 8264, Trenton 08650-9616. 609-259-2681. Monday - Friday 9am to 4pm. Nutritious meals delivered 5 days a week to those residents who are physically or mentally disabled and unable to shop and/or prepare their own meals. Service is provided by volunteers.

MENTAL HEALTH SERVICES

For Free, Confidential Mental Health Information and Referral:

Call 1-866-202-4357. www.njmentalhealthcares.org

Carrier Clinic - P.O. Box 147, 252 Route 601, Belle Mead 08502. (800) 933-3579. A 32-bed psychiatric facility for older adults, 65 years of age or older. Separate dementia unit. Dining facilities and activities rooms. Provides comprehensive treatment for depression, bipolar disorder, anxiety, schizophrenia, and acute behavioral changes and stabilization for dementia through medication and therapy. ECT available on grounds. Medicare, Medicaid and private insurance.

Easter Seals of New Jersey – 43 Emery Avenue, Flemington 08822. (908) 788-7580. www.njeasterseals.com Monday - Friday, 8:30 to 4:30. Residential and Outreach divisions. Residential division provides group home, and transitional living for adults with mental illness. Assessment necessary to join program. Clients leaving state

hospitals have first priority. Outreach includes case management services in the community, focusing on homeless individuals.

Family Guidance Center - 253 Nassau Street, Princeton. (609) 924-1320 or call the Access line at 800-813-0555. Outpatient mental health services and substance abuse services. For more information on hours and locations, please see "Counseling."

Greater Trenton Behavioral HealthCare – Senior Well Being Program – 1001 Spruce Street, Suite 210, Ewing, 08638. (609) 396-6788. Provides education and consultation about mental health to groups and agencies serving seniors (60+). Also provides education, support and resource information about mental health issues to caregivers of seniors, seniors who are caregivers and organizations working with caregivers. No fee, donations welcome.

Hampton Hospital - P.O. Box 7000, Rancocas Road, West Hampton, N.J. 08073. 800-603-6767 or (609) 267-7000. Dedicated inpatient psychiatric services for adolescents, adults and older adults. Partial hospitalization and intensive outpatient programs for adults and adolescents. Most insurance and Medicare.

Holliswood Hospital – 87-37 Palermo Street, Holliswood, Queens, NY. 800-486-3005. Geri-psych program for 55 plus adults. Medicare. Transportation available from NJ. NJ Representative: (201) 934-8642.

Mercer County Division of Mental Health Services – 640 South Broad Street, PO Box 8068, Trenton 08650. (609) 989- 6574. Provides information and assistance for people with mental health issues and their families.

- NAMI-Mercer – Alliance for the Mentally Ill, Family Support Group (609) 777-9766.
- Support Groups and Statewide Family Advocacy (609) 940-0991.
- Mental Health Association of New Jersey – Statewide Advocacy (609) 744-2500.
- Capital Health System, Fuld Campus – Psychiatric Screening, **crisis center** and emergency services. (609) 396-4357.
- Catholic Charities – Treatment, partial care, supportive employment, supportive housing (transitional residential). 800-360-7711.
- Community Health Law Project – Legal Services and advocacy. (609) 392-5553.
- Contact of Mercer County – 24 hour hotline. (609) 896-2120.

- Family and Children's Services of Central New Jersey – Outpatient and partial care for children. (609) 924-2098.
- Jewish Family and Children's Services – Outpatient services. (609) 987-8100.
- Service Centers of New Jersey – Mercer County Office – (609) 394-0212.

University Medical Center at Princeton - Princeton Healthcare System – Princeton House Behavioral Health – 741 Mt. Lucas Road, Princeton 08540. (609) 497-3300. A full continuum of behavioral health and addiction services including inpatient programs, partial hospital programs and traditional outpatient programs. The "Senior Link" partial hospital day treatment program offers immediate psychiatric care for people 65 and over who do not require inpatient hospitalizations but who still need intensive treatment. Board certified gero-psychiatrists and licensed, Masters level clinicians. Medicare, Medicaid and most major insurance. Available in four locations: Princeton, North Brunswick, Hamilton and Cherry Hill. Web address: www.princetonhouse.org.

NURSING HOMES AND EXTENDED CARE FACILITIES

Alternate Family Care – Senior Citizens United Community Services. 146 Black Horse Pike, Mt. Ephraim 08059. (856) 456-1121. Foster care for seniors who need long term care but wish to remain in the community. Serves Mercer County.

Arcadia Nursing and Rehabilitation Center – 1501 State Highway 33, Hamilton Square 08690. (609) 586-1114. Skilled nursing facility providing short-term, sub-acute rehabilitation and extended long-term care. Services provided include speech, physical and occupational therapies, social services and recreation therapy. Dedicated Alzheimer's unit. Short-term respite available. Medicare, Medicaid, private pay and private insurance.

Care One Nursing and Rehabilitation Center – 1201 Parkway Avenue, Ewing. 08618. (609) 882-3024. Medicare and Medicaid.

Chandler Hall Health Services - 99 Barclay Street, Yardley, Pa. 18940.

(215) 860-4000. Skilled nursing center with respite, adult day care, hospice and home care available.

Cranbury Nursing and Rehabilitation Center – 292 Applegarth Road, Jamesburg 08831. (609) 860-2500.

The Elms of Cranbury – 61 Maplewood Avenue, Cranbury 08512. (609) 395-0641. Family owned and operated, specializing in both inpatient and outpatient physical therapy, speech therapy and occupational therapy. Also IV therapy and complex nursing care. Short and long term care, hospice and respite care. Medicare, Medicaid, insurance and private pay.

Franklin Care Center - 3371 Route 27, Franklin Park 08823. (609) 821-8000. Skilled nursing facility. Country setting with spacious grounds. Alzheimer's unit and rehabilitation therapy available. Medicare and Medicaid.

The Gardens at Monroe– 189 Applegarth Road, Jamesburg 08831. Mailing address: P.O. Box 1328, Hightstown 08520. (609) 448-7036. Long-term care facility. Medicare and Medicaid. Respite care available.

Greenwood House - Home for the Jewish Aged - 53 Walter Street, Ewing 08628. (609) 883-5391, ext 112. 132-bed skilled nursing facility for the Jewish aged. Physical, occupational, speech and recreational therapy. In addition, has an assisted living license. Medicaid. www.greenwoodhouse.org

Hamilton Continuing Care Center - 1059 Edinburg Road, Hamilton Square 08690. (609) 588-0091. Long term care, skilled nursing care, sub-acute care. Certified dementia/Alzheimer's unit. Rehabilitation, nutrition, IV therapy, whirlpool. Wound and pain management. Respite services and Hospice care. Medicare and Medicaid, in addition to most HMO insurances.

Lawrenceville Nursing and Rehabilitation Center - 112 Franklin Corner Road, Lawrenceville 08648. (609) 896-1494. Hours 9am to 4:30pm. 100-bed skilled nursing and long term care facility. Alzheimer's unit. Physical, speech and occupational therapy. Short and long term residents.

Meadow Lakes Nursing Facility - PO Box 70, Etra Road, Hightstown, NJ 08520.
Presbyterian Homes. (609) 448-4100. Short and long term nursing care. Medicare and Medicaid.

Mercer County Geriatric Center - 2300 Hamilton Avenue, Trenton 08619.
(609) 588-5800. Hours: 7 days/week, 24 hours/day. Short term, skilled and long term nursing facility with respite care and hospice available. Medicare, Medicaid, private pay and long term care insurance.

Mercerville Center, Genesis Eldercare. - 2240 Whitehorse-Mercerville Road, Mercerville 08619. (609) 586-7500. Specializes in physical therapy, speech and occupational therapy, I.V. therapy, and hospice. Varied and individualized activity programs and recreation. Short-term respite care. Medicare and Medicaid.

Merwick Rehabilitation and Nursing Care, Princeton Healthcare Systems - 79 Bayard Lane, Princeton 08540. (609) 497-3000. Extended nursing facility for geriatric patients. Comprehensive rehabilitation unit, outpatient services, residential care, and short term respite. Medicare and Medicaid.

Morris Hall - St. Joseph's Skilled Nursing Center, 1 Bishop's Drive, Lawrenceville 08648. (609) 895-1937. Skilled and intermediate nursing care. Activities and support services, chaplain and daily services. Medical and financial eligibility required. Medicare and Medicaid, private pay and long term care insurance.

Park Place Center Genesis Eldercare - 2 Deer Park, Monmouth Junction 08852.
(732) 274-1122. English, Polish and Russian spoken. Monday - Friday, 8am to 5pm. Long-term care facility and sub-acute rehabilitation. Offers respite and 24 hour nursing care. Medicare, Medicaid, private pay and insurances.

The Pavilions at Forrestal Nursing and Rehabilitation - 5000 Windrow Drive, Princeton, 08540. (609) 987-1221 or toll-free 888-521-1221. Care provided: Transitional, rehabilitative, long term and respite. Located in Plainsboro, Middlesex County. Medicare and Medicaid.

Princeton Care Center – 708 Bunn Drive, Princeton 08540. (609) 924-9000.
Hours: Monday – Friday, 9am to 5pm. Long-term care facility, skilled and rehabilitative nursing care for long and short-term care. Medicare and Medicaid.

Providence Nursing and Rehabilitation Center – 439 Bellevue Avenue, Trenton 08610. (609) 396-2646.

Royal Health Gate Nursing and Rehabilitation Center - 1314 Brunswick Avenue, Trenton 08638. (609) 656-9291. Long-term care, rehabilitation, respite programs and hospice. Medicare and Medicaid.

Stonebridge at Montgomery – 100 Hollinshead Spring Road, Skillman 08558. 800-218-3456. Medicare and Medicaid. (See Continuing Care Communities)

The Comprehensive Care Center at The Millhouse, 325 Jersey Street, Trenton 08611. (609) 394-3400. Millhouse is a 220-bed skilled rehabilitation facility. It provides both long and short-term care. Facility specializes in areas of care, including residents diagnosed with Alzheimer’s disease, dementia and complex rehabilitative needs, restorative care and various forms of complex medical conditions. 40 bed Assisted Living Center will be available in the Fall 2008. Semi –private rooms, Medicaid and Private Pay.

Water's Edge Nursing Home - 512 Union Street, Trenton 08611. (609) 393-8622. Long term care and sub-acute care services. Occupational, physical, speech and respiratory therapies. Medicare, Medicaid, managed care insurance and private pay.

NUTRITION

Aundant Life Food Pantry – Emergency Food Assistance. (609) 883-9780.

Jewish Community Center - Golden Age Club, 999 Lower Ferry Road, Trenton. 08638 (609) 883-9550. Hours: Monday 9:30am to 3:30pm with lunch provided. Tuesday – Friday, 10am to 3pm. Offers adult programs: physical fitness, lectures, music, trips, parties, dances and more. Kosher meal site.

Kosher Café – Woodbrook House, 865 Lower Ferry Road, Trenton 08618. Congregate nutrition site. English and Spanish spoken. For reservations, call (609) 882-0717 and (609) 771-9444 when the site is open. Open Tuesday, Wednesday and Friday from 11:30am to 1pm. Offers hot, nutritious kosher meals to anyone over 60. Reservations are required 24 hours in advance. No fee, donation desired.

Mercer County Nutrition Project for the Elderly –Mercer County Administration Building, 640 South Broad Street, PO Box 8068, Trenton 08650-0068. (609) 989-6650. Hours: Monday – Friday, 8:30am to 4:30pm. Provides daily nutritionally balanced meals for senior citizens 60 years of age and older and spouses. Health and educational programs are presented at 13 nutrition sites located throughout Mercer County. Transportation available.

NUTRITION SITE LOCATIONS:

EAST WINDSOR: East Windsor Senior Center, 40 Lanning Boulevard, East Windsor 08520. (609) 443-3949.

EWING: Hollowbrook Community Center, Hollowbrook Drive, Ewing Township 08638.(609) 883-4150.

HAMILTON: John O. Wilson Neighborhood Service Center, 169 Wilfred Ave, Hamilton 08610. (609) 394-1617.

Bernice Muha Senior Center, 409 Cypress Avenue, Hamilton 08619. (609) 586-7272.

LAWRENCE: Lawrence Senior Center, 30 Darrah Lane East, Lawrenceville 08648. (609) 883-8085.

PENNINGTON/HOPEWELL: Hopewell Valley Senior Center, Reading Avenue, Pennington 08534. (609) 737-3855.

PRINCETON: Mt. Pisgah AME Church, 170 Witherspoon St, Princeton 08640. (609) 921-1104.

TRENTON: South Ward Community Center, 870 South Broad St, Trenton 08611. (609)392-8208.

Monsignor Lipinski Center, Heil & Indiana Aves, Trenton 08638 (609) 393-8766,

Reading Senior Center, 15 Ringold St, Trenton 08618. (609) 394-9201

Sam Naples Senior Center, 611 Chestnut Avenue, Trenton 08611. (609) 394-7880.

WASHINGTON TOWNSHIP: Washington Township Senior Citizen Center, Allentown-Robbinsville Road, Robbinsville 08691. (609) 259-1125.

Trenton Soup Kitchen – 72 1/2 Escher Street, PO Box 871, Trenton 08605.

(609) 695-5456. www.trentonsoupkitchen.org Monday – Thursday, 9am to 5:30pm, Friday, 9am to 2pm. English and some Spanish spoken. Open door policy, lunch and Dinner. Hot, sit-down meals. Adult education with one-on-one tutors to adult in

literacy, basic math, GED preparation and structured courses in computers. Social work includes two full-time, on-site case managers and information and referral services. **SHARE N.J.** - Self-Help and Resource Exchange. (973) 344-2400, main office.

(973) 736-7289, warehouse. For volunteer exchange, receive \$30 to \$38 worth of quality food for @ \$15.00. Call for more information on this program and where to access it in your area.

Scan 'n Shop: (609) 448-2010 or (609) 249-3838. \$30 monthly fee. Unlimited grocery deliveries. 8:30am to 11:00pm.

OUTREACH SERVICES

Mercer County Office on Aging - Outreach Services for the Elderly. Mailing address: 640 S. Broad Street, PO Box 8068, Trenton 08650. Main Office:

200 Woolverton Street, Trenton 08611. (609) 989-6661. Hours: Monday – Friday, 8:30am to 4:30pm. East Windsor, Hightstown areas only. Provides information and counseling services to isolated, frail, homebound elderly through casework services on the telephone, in the office or in the client's home. Assistance is given to clients in filling out forms to apply for local, state and federal programs. Not a formal case management program. For in-office assistance, appointments recommended. Mercer County Outreach Offices: Monday - Friday, 9am to 1pm. **East Windsor-** (609) 443-5687 and **Hightstown** (609) 443-4464.

State Health Insurance Program (SHIP). 1-800-792-8820. Counseling for all people with Medicare. Information on supplemental insurance and long term care insurance for nursing home placement. Assistance with understanding bills and forms. County-wide program administered by volunteers located in all municipalities for convenience.

Trenton Senior Citizen Outreach Program - Sponsored by the Trenton Office on Aging. Reading Senior Citizen Center, 15 Ringold Street, Trenton 08618. (609) 989-3414. Provides information, referral and counseling services to homebound elderly living in the city of Trenton. Assistance with filling out forms to apply for assistance to local, state and federal programs.

REASSURANCE

Adult Protective Services – Social Services Unit of the Mercer County Board of Social Services, 200 Woolverton Street, Trenton 08611. (609) 989-4346 for information. **For reporting abuse of an elderly person, call (609) 989-4451.**

Hours: Monday - Friday, 8:30am to 4:30pm. The investigation of abuse, neglect and exploitation of the elderly and disabled. Wide range of services provided to eliminate client's risk.

ADT – 410 University Avenue, Westwood, MA 02090. (781) 355-5627. Companion Services and Personal Emergency Response Systems.

Cell Phone Programs for Seniors:

KISS Program – (609) 587-4644 and Hamilton Township – (609) 890-3500.

ComForCare – 1901 North Olden Avenue, Suite 14, Ewing 08618. (609) 771-0083. www.ComForCare.com Hours: Monday – Friday, 9am to 5pm. ADT Companion Services Personal Emergency Response System.

Contact of Mercer County, N.J., Inc. - Reassurance Contact. 1985 Pennington Road, Trenton 08618-1106. (609) 883-2880. Daily telephone calls to seniors or disabled persons in Mercer County who live alone to check on their well being. Callers are volunteers.

Health Watch, Inc. – 535 Route 38, Suite 500, Cherry Hill 08002. 800-685-5252. www.health-watch.com

Home Free – Wireless Telehomecare. 1-800-606-0661. “HomeFree at Home” program for wanderers. www.homefreesys.com

Interim In -Touch - Interim Health Care, Interim Services Inc. Personal Emergency Response System. 1873 Brunswick Avenue, Trenton 08638. (609) 393-2818 or 800-900-8208.

LifeAssure – 363 North Rolling Road, Springfield, Pa 19064. 800-685-5252 or (610) 328-3050. Installation, use of equipment and additional emergency button in the bathroom are free. Fee for 24 hour monthly professional monitoring.

LifeFone – 16 Yellowstone Avenue, White Plains, NY 10607. 800-882-2280. Personal Emergency Response System.

LifeLine - Personal Emergency Response System. The Medical Center at Princeton, Department of Home Care, 208 Bunn Drive, Princeton 08540. (609) 497-4941. 24-hour emergency response service (PERS). Emergency assistance for police, ambulance or fire department.

Link to Life – 297 North Street, Pittsfield, MA. 01201. 800-848-9399. Personal Emergency Response System. Can self install and not pay installation fee.

Med-Scope America Corporation – PO Box 194, Wynnewood, PA 19096. (800) 645-2060. www.medscope.org Medical data service free with Personal Emergency Response System. Med-ready monitored medication dispensing system.

National Domestic Violence Hotline - 24 hours per day. 800-799- SAFE (7233).

Operation Reassurance – Hamilton Township. (609) 581-4033. Reassurance telephone calls to residents by the police department.

Phone-4-Help, Inc. – 900 Cedar Street, PO Box 365, Millville 08332. 800-842-0074. www.phone4help.net Monday- Friday, 8am to 4pm. Monitor alarm for all languages.

Project Lifesaver – Mercer County Sheriff’s Office. (609) 989-6111. Mon. – Fri. 8:30am to 4:30pm. Outfits eligible residents suffering from Alzheimer’s disease or other dementia that cause wandering with a watch-like tracking bracelet. Free of charge.

Response Ability Systems, Inc. - Personal Emergency Response System. 800-564-1508.

ResponseLINK – 34 Mill Street, Mt. Holly 08060. (609) 914-0309. 24 hour medical emergency response system. Medication reminders, home environmental and safety inspections, daily wellness checks.

Robert Wood Johnson University Hospital – Personal Emergency Response System. “Lifeline.” (609) 631-6981.

St. Paul’s Health Ministry – Dorothea’s House, 120 John Street, Princeton, 08540. Friendly Visitors Program. (609) 921-8888.

SafetyCare – 2503 Kutztown Road, Reading, PA. 19605. 800-843-0888. Personal Emergency Response System. Operators are all certified emergency medical technicians. www.safetycare.us

Safe Return Program - Alzheimer's Association, Greater New Jersey Chapter, 12 Roszel Road, Suite C201, Princeton 08540. (609) 514-1180. One time registration fee. Nationwide, community-based safety program for people with Alzheimer's disease.

Senior Care 911, LLC. 75 West Merrick Road, Freeport NY 11582 1-888-931-4266. Personal Emergency Response Systems. Activation, installation and service is free. Monthly monitoring fee. AARP discount. www.SeniorCare911.com

SJ Nurses: Home Health Care Products and Services. RESPONSE ABILITY Personal Response System. (609) 396-7100.

Vital Link - Personal Emergency Response System. 1255 Mill Road, Jenkintown, Pa. 19046. (215) 887-8600 or 800-338-4825. Also has the Vial of Life program.

RECREATION AND FITNESS

Ewing Recreation Department - 130 Scotch Road, Ewing 08638. (609) 883-2933. Sponsors Senior Citizen Olympics, picnics, day trips, exercise classes and the Hollowbrook Senior Center.

Fish and Game - Fishing license - 501 E. State Street, Trenton. (609) 292-2965. Ages 65 - 69, \$7.00, 70 and over \$2.00 processing fees. Must be N.J. resident at least 6 months.

Golf Courses (Public) - Miry Run, 106B Sharon Road, Robbinsville 08691. (609) 259-1010. Stony Brook, Stony Brook Road, Hopewell 08625. (609) 466-2215.

Hamilton Area Y.M.C.A. - 1315 Whitehorse-Mercerville Road, Hamilton 08619. (609) 581-9622 Ext. 1117. Monday - Friday, 5:30am to 10pm, Saturday, 7am to 6pm, Sunday, 11am to 5pm. Membership required. English and some Spanish spoken. Facilities include indoor track, indoor heated swimming pool, whirlpool, gym, wellness center, cardio center, free weight room, locker rooms, sauna and steam rooms and towel service. For active older adults there is strength training, shape up, yoga, tap dancing, senior Pilates, line dancing, aquafit, swimming lessons, and arthritic aquatics.

www.hamiltonymca.org

Hightstown –East Windsor Y.M.C.A. - 230 Mercer Street, Hightstown 08520.
(609) 448-1357. A variety of aquatic and land fitness classes for older adults. Cost varies.

Hopewell Valley Parks and Recreation Department – 201 Washington Crossing-Pennington Road, Hopewell 08525. (609) 737-3753. Monday - Friday, 8:30am to 4:30pm. Offers “Senior Passport” cards to seniors over 60 years of age who live in Hopewell Township, Hopewell Borough or Pennington Borough. The card permits free or reduced admission to school district arts programs and athletic events.

Howell Living History Farm – Titusville. (609) 397-0449 or (609) 737-3299. A living history project. Tours, hayrides, workshops, harvests etc. Hours: Wednesday – Friday, 9am to 12pm. Saturday, 1pm to 4pm. Free.

Mercer County Park Commission – 640 South Broad Street, Trenton 08611.
(609) 989-6530. Reduced rates for Mercer County seniors at Mercer County golf courses and tennis facilities. Nature lectures and slide presentations available upon request.

Ice Skating Center - Mercer County Park, West Windsor. (609) 586- 8090.

Outdoor Tennis Center - Mercer County Park, West Windsor. (609) 448-8007.

Indoor Tennis Center - Mercer County Airport, Ewing. (609) 883-5768. Senior rate, age 60 and over. Monday - Friday 7:30am to 9:00pm. Call for further information.

Golf Courses – Mercer County I.D. card for people over 65. Discount for senior citizens with card. **NO CARTS.**

Princeton Country Club - Wheeler Way and Route # 1, Princeton. (609) 452-9382.

Mountain View Golf Course - Bear Tavern & Nursery Roads, Ewing. (609) 882-4093.

Mercer Oaks Golf Course - Village Road, West Windsor. (609) 936-9603.

Mercer County Wildlife Center – Route 29, Lambertville 08560. (609) 883-6606.

Princeton Recreation Department - Valley Road School, Princeton 08540.

(609) 921-9480. Programs available to all Princeton Borough and Township residents 60 years of age or older: pool pass discount, swim programs, exercise classes, Senior Olympics and special events.

Princeton Y.M.C.A. - Paul Robeson Place, Princeton 08540. (609) 497-9622, Ext.202.

www.princetonymca.org Senior Fitness/Pool membership at the Princeton YMCA.

Princeton Y.W.C.A. - Paul Robeson Place, Princeton 08540. (609) 924-5571. V.I.M. program for elderly. Free coed fitness class for retired adults.

Swimming for Seniors

Hamilton: Hamilton and Nottingham High Schools, free swimming lessons and water exercises for seniors. (609) 890-3600.

Hamilton Y.M.C.A.: 1315 Whitehorse-Mercerville Road, Hamilton 08619. (609) 581-9622. Swimming classes include aqua dancing and "Aqua Fit".

Mercer County Community College: Swimming Program for seniors. (609) 586-4800.

Princeton: Residents 62 years of age or older eligible for season swim tickets to Community Park Pool Complex. Apply at Township Hall Annex. (609) 921-9480.

Princeton Y.W.C.A.: Disabled and elderly swim program. (609) 924-5571.

West Windsor/Plainsboro High School Swim Program for Seniors. 346 Clarksville Road, Princeton Junction. (609) 799-3200.

Tennis Classes for Senior Citizens - Beginner, Intermediate and Advanced groups. Call Princeton Community Tennis Program. (609) 924-4343.

Parks and Recreational Facilities

- * Banchoff Park - Mountainview Road, Ewing. (609) 883-2933.
- * Cadwalader Park - City of Trenton, Parkside Avenue, Trenton. (609) 989-3169.
- * Colonial Lake - Lawrence Township. (609) 896-9400.
- * Etra Park - East Windsor. (609) 443-4000.
- * Kuser and Veterans Parks - Hamilton. (609) 890-3832.
- * Herrontown Woods Arboretum - Princeton. (609) 989-6530.
- * Marquand Park - Princeton. (609) 924-9840.
- * Mercer County Park - West Windsor. (609) 989-6530.
- * Moody Park - Parkside & Buttonwood Avenues, Ewing. (609) 883-2933.
- * John A. Roebling Memorial Park - Hamilton Township. (609) 989-6530. A natural preserve. Tours of historic Watson House by reservation.
- * Rosedale Park - Hopewell Township. (609) 989-6530. Family picnic areas available. Group picnics by permit only.
- * Tantum Park - Meadowbrook Road, Washington Township. Nature trail available. For information, call 259-7082, ext. 113.
- * Van Ness Park - East Windsor Township. (609) 799-2400. Reservations necessary.
- * Veteran's Park - East Windsor Township. (609) 443-4000. Reservations necessary.
- * Veterans Park - Municipal Drive, Ewing. (609) 883-2933.
- * Washington Crossing State Park - Washington Crossing, Hopewell Township. Visitor's

center, American Revolution artifacts and the Ferry House restored as an 18th century tavern.

National Park Service - (609) 984-0370 or 800-843-6420. Senior Citizens Pass applications for national parks. For senior citizen fishing license call: (609) 984-0208.

Trenton YMCA – 431 Pennington Road, Trenton 08618. (609) 599-9622.

Trenton YWCA – 140 East Hanover Street, Trenton 08608. (609) 396-8291.

Walking Tours - Princeton University Campus, Princeton. (609) 452-3606. Sponsored by Orange Key Volunteer Guide Service, free of charge. Advanced reservations at least two weeks ahead required.

RELIGIOUS AFFILIATED SOCIAL SERVICES

Catholic Charities – Diocese of Trenton, Administrative Office, PO Box 1423, 47 North Clinton Avenue, Trenton 08607-1423. (609) 394-5181. Administers a wide variety of mental health, counseling and social services at several sites in Mercer County. Emergency assistance available.

Crisis Ministries of Trenton and Princeton –Princeton Office: 61 Nassau Street, Princeton 08540. (609) 921-2135. Trenton Office: 123 East Hanover Street, Trenton 08608. (609) 396-9355. A non-profit organization which provides assistance for emergency needs for low-income people in Mercer County. Provides services to people who are hungry, facing eviction or utility shut-offs, who are homeless, in need of security deposits for permanent housing or who have medical needs they cannot meet.

Interfaith Caregivers of Greater Trenton, Inc.- 207 Hillcrest Avenue, Trenton 08618. (609) 393-9922. Monday – Friday, 8:30am to 4:30pm. Volunteers provide non-medical home services for frail senior citizens and disabled residents. Clients served in Trenton, Ewing, Hamilton, Washington, Lawrence, Pennington, Hopewell, and Bordentown Townships. No income eligibility. Call for more information.

www.InterfaithCaregiversTrenton.org

Jewish Family and Children’s Services of Delaware Valley, Inc. – 707 Alexander Road, Princeton 08540. (609) 987-8100. Counseling (home and office), geriatric

assessments and care management. Information and assistance, transition planning, kosher congregate meal site, community life enrichment programs. Branch offices in Hightstown and Ewing. EASE site.

Jewish Federation of Mercer and Bucks County – 999 Lower Ferry Road, Trenton 08628. (609) 883-5000. Central agency of the Jewish community. Information and referral about community services and resources.

The Ecumenical Mission of the Capital Region – (Ecclesia) – 1001 Pennington Road, Ewing 08618. (609) 882-5942. Hours: Monday – Friday, 9am – 4:30pm. Coordination agency of churches in Greater Trenton area to identify and evaluate issues to meet human needs. Wide range of programs including outreach and housing. Sponsors, in part, Interfaith Caregivers, Inc. (See Volunteer Opportunities.)

Windsor-Hightstown Area Ministerium – (609) 448-0103. Food and other assistance to area residents.

RESIDENTIAL HEALTH CARE FACILITIES

Sheltered care, nurses on staff, 24-hour supervision of medications. Provides room, meals, housekeeping, personal assistance, financial management and limited health services.

Featherbed Lane Rest Home - 23 Featherbed Lane, Hopewell 08525 (609) 466-1450. Twenty-three bed residential care home. Four dormitories, some private rooms, smoke-free environment.

Holly House Boarding Home - 117 Dey Street, Hightstown 08520. (609) 448-9893. Business hours: 9am to 5pm. Independent living for ambulatory residents. Rooms are semi-private, with a full bath. Provides room and board, medication supervision, laundry services of “wash and wear” clothes. Some help with financial needs. Case management with transportation via TRADE or Medicaid transportation services only. Private pay or sliding scale fees.

The Residence - 320 Spring Street, Trenton 08618. (609) 695-6033. Class C boarding home for men and women. Lease arrangement. 30 rooms, 3 meals per day. Housekeeping and linen service. Non-profit.

RESPIRE CARE

Care at home or short term in a facility to give caregivers a respite/break from caregiving to see to their own needs and other obligations. Most assisted living residences and nursing homes have respite services available.

Alterra Claire Bridge of Hamilton - 1645 Whitehorse-Mercerville Road, Hamilton 08650. (609) 586-4000. Assisted living facility for people with memory impairments. Short-term respite available.

Arden Courts Alzheimer's Assisted Living- 493 Stony Hill Road, Yardley, Pa. 10967. (215) 321-6166. Assisted living for people with dementia. Short term respite care available. Safe, secure environment.

Buckingham Place Assisted Living Residence – 155 Raymond Road, Princeton 08540. (732) 329-8888. www.buckinghamplace.net “Try it Out First” program offers furnished guest suites for those who wish to stay on a short-term basis or trial basis to “try it out” before making a final decision. Stays of one week to one month. Furnished studios for families in need of a caring place for loved ones to stay while they are on vacation or need respite care.

Hamilton Continuing Care Center - 1059 Edinburg Road, Mercerville, N.J. 08690. (609) 588-0091.

Park Place Center – Genesis Healthcare – 2 Deer Park Drive, Monmouth Junction 08852. Monday - Friday, 8am to 5pm. (732) 274-1122. 24 hour supervision and nursing services. Respite available.

University Medical Center at Princeton - Merwick Unit. 79 Bayard Lane, Princeton 08540. (609) 497-3000. The Respite Care Program is designed to meet the needs of family members who are caring for an older relative at home. It provides 24-hour nursing supervision for a maximum of 2 weeks for individuals with physical or mild cognitive impairments.

Mercer County Geriatric Center - 2300 Hamilton Avenue, Hamilton Township. (609) 588-5859. Skilled and long term nursing facility with respite beds available short-term.

Mercer County Respite Program - (609) 599-5241. Respite for family members taking care of an elderly relative at home. Companion, homemaker/home health aide, medical adult day care, private duty nursing.

St. Francis Medical Center - 601 Hamilton Avenue, Trenton 08629. (609) 599-5246. Respite Care Program, funded by the State of New Jersey. The program is designed for caregivers who need "time out" from day-to-day responsibilities of caring for a loved one. Eligibility based on functional level of recipient and financial criteria. (For year 2006: \$1,809 a month for a single person, \$4000/couple and less than \$40,000 in liquid assets.)

SENIOR CENTERS

Bernice Muha Senior Center - Hamilton Township Office of Senior Citizens Programs. 409 Cypress Lane, Hamilton 08619. (609) 890-3686. Hours: Monday, Wednesday and Friday, 8am to 4pm, Tuesday and Thursday, 8am to 8pm. Provides a wide range of services to Hamilton residents 60 years of age or older. Drop-in center offers recreation and socialization. Programs include: dancing and exercise classes, computer instruction, swimming and water exercises and indoor bocce court. Free transportation provided to residents for food shopping, doctor appointments and clinic visits. Legal and medical claim assistance available, senior photo IDs issued. Also provides a "Mr. Fix It" program and AARP's 55 Alive driving course. Mercer County Nutrition program and EASE site.

East Windsor Senior Center – 40 Lanning Boulevard, East Windsor 08520. (609) 371-7192. Hours: Monday – Friday, 9am to 4pm. Participants must be 60 years of age or older and be residents of East Windsor or Hightstown. Activities, trips, exercise, cards, transportation and Mercer County Nutrition program, Mercer County Outreach also available on Wednesday and Friday. EASE site.

E.C.H.O, Inc. - 471 Parkway Avenue, Trenton 08618. (609) 695-4151.

Hours: Monday – Friday, 9am to 1pm. A senior organization for the very young at heart. The mission is to nurture and provide motivation for living by keeping seniors actively engaged in life through various activities. A diverse organization that acknowledges and values human life by providing meaningful activities for the older adult.

Ewing Township Senior Citizens Department – 999 Lower Ferry Road, Ewing 08618. (609) 883-1009. Hours: Monday – Friday, 9am to 4:30pm. Provides a range of services to Ewing residents 60 years of age or older. The center offers exercise classes, crafts, sewing, informational and recreational programs, special holiday and seasonal events. The center is the site for senior citizens clubs, RSVP program, Volunteer Income Tax Assistance Program, caregivers and widow(er) support groups and Mercer County Nutrition program. Ewing Township offers free transportation to residents for medical appointments, grocery shopping and club meetings. Photo IDs are also issued at the center. EASE Site.

Hopewell Valley Senior Center - Reading Avenue, Pennington 08534. (609) 737-3855. Social activities and Mercer County Nutrition program.

Jewish Center of Princeton - 435 Nassau Street, Princeton 08540. (609) 921-0100. Drop-in lounge for seniors. Call for more information.

John O. Wilson Neighborhood Service Center - 169 Wilfred Avenue, Trenton 08610. (609) 393-6480. Hours: Monday – Friday, 9am to 4:30pm. Mercer County Nutrition program, recreational activities, Bible studies, social programs, food pantry, health screenings, senior club, documentation assistance and notary.

Lawrence Township Senior Center - Lawrence Township Office on Aging, 30 Darrah Lane East, Lawrenceville 08648. (609) 844-7048. Hours: Monday – Friday, 8:30am to 4:30pm. Recreational, educational, social programs. Senior clubs, crafts, language classes. Mercer County Nutrition program, except on Tuesdays. EASE Site.

Princeton Senior Resource Center – Suzanne Patterson Building, 45 Stockton Street, Princeton 08540. (609) 924-7108. Also at Spruce Circle, off Harrison Street. Hours: Monday – Friday, 9am- 4:30pm. A private, non-profit agency providing programs and services for older adults, their families and caregivers. Programs include a wide array of exercise, enrichment, educational and social opportunities to support healthy aging in place with dignity. Services include information and referral, support groups, counseling and consultation, resource library, assistance with entitlement programs and more. EASE Site. “Partners in Caring” Services and Support.

St. Anthony of Padua, Anthonians - 251 Franklin Street, Hightstown 08520. (609) 448-0141. Call for information.

St. Paul's Roman Catholic Golden Agers – Dorothea House, 120 John Street, Princeton 08540. (609) 924-1723 or 924-6320. Call for information.

Trenton Office on Aging – 16 East Hanover Street, Trenton 08608. (609) 989-3336. Serves older adults, 60 years of age and older who are Trenton residents. No fee for services. The Trenton Office on Aging oversees 5 senior centers, located in the city. Each senior center provides a variety of programming attractive to older adults. Activities include nutrition, painting, singing, and dancing, bingo, sewing, on site social services, health focus speakers, and exercise classes, card playing, cultural and recreational trips. Transportation Office: (609) 278-1609.

***Columbus Park Senior Citizens Center** - Columbus Park, 450 Chestnut Avenue, Trenton 08609. (609) 989-3463. Hours: Monday, Tuesday, Wednesday, Friday, 1pm to 3:30pm. Thursday, 12 pm to 3pm.

***Jenny Stubblefield Senior Center** – 301 Prospect Street, Trenton 08618. (609) 989-3463. Hours: Monday – Friday, 8:30am – 4:30pm. Mercer County Nutrition program.

***Msgr. Lipinski Senior Center** - 19 Heil Avenue, Trenton 08638. (609) 989-3465. Hours: Monday – Friday, 8:30am to 4:30pm. Mercer County Nutrition program. Recreation and social programs and Mercer County Nutrition program.

***Reading Senior Citizens Center** - 15 Ringold Street, Trenton 08618. (609) 989-3490. Hours: Monday – Friday, 8:30am to 4:30pm. Participants must be 60 years of age or older. A multi-purpose center providing information and referral services, outreach,

recreational programs, medical/clinical services, social service assistance and Mercer County Nutrition program. EASE Site.

***Sam Naples Senior Center** – 611 Chestnut Street, Trenton 08611. (609) 989-3462. Hours: Monday – Friday, 8:30am – 4:30pm. Mercer County Nutrition program. Recreational and social activities.

***South Ward Community Center** - 870 S. Broad Street, Trenton 08611. (609) 989-3466. Hours: Monday. – Friday, 8:30am to 4:30pm.

Robbinsville Senior Center - 1117 Route 130, Robbinsville 08691. (609) 259-1125 or (609) 259-1567. Hours: Monday – Friday, 9am to 4pm. Includes Washington Township Senior Club and Robbinsville Fellowship Club. Social and recreational activities including exercise, games, crafts, trips and Mercer County Nutrition program. Information and referral provided by Community Services Director. EASE Site.

West Windsor Township Senior Center - Municipal Complex, Clarksville Road, West Windsor 08550. Mailing Address: P.O. Box 38 Princeton Junction 08550. (609) 799-9068. Hours: Monday – Friday, 8am to 4pm. No fees unless noted. A community focal point for the older person. Services include educational, social, cultural, health, nutritional programs and exercise classes. Social services and information and referral are available. EASE site.

MUNICIPAL SENIOR COORDINATORS

For information regarding senior citizens clubs and other available activities contact your local municipal office or senior citizen coordinator.

City of Trenton.....	(609) 989-3414
Ewing Township.....	(609) 883-1009
Hamilton Township.....	(609) 890-3686
Hightstown/East Windsor.....	(609) 371-7192
Hopewell Township Area.....	(609) 737-0605 Ext. 692
Lawrence Township.....	(609) 844-7049
Princeton Senior Resource Center....	(609) 924-7108
Suzanne Patterson Senior Center.....	(609) 924-7108
Robbinsville Township.....	(609) 259-1125

West Windsor..... (609) 799-9068

SUPPORT AND SELF HELP GROUPS

New Jersey Clearinghouse for Self-Help Groups – 800- 367-6274. (Outside NJ call (973) 989-1122. www.njgroups.org Monday – Friday, 8:30 – 5pm

Addiction Services

AlaCall - 800-322-5525. 24 hr Alcohol and Drug Helpline.

Alcoholics Anonymous (AA) - (609) 883-3333 (24 hr hotline). A fellowship of men and women who share their experiences, strength and hope with each other to solve common problems and help others recover from alcoholism.

Alanon - (856)-547-0855. A fellowship of family members and friends of alcoholics, offering comfort, hope and friendship.

AIDS Hotline – 800-624-2377

Double Trouble Support Groups – For individuals who have mental health issues and substance abuse issues. Adeth Israel, Route 206, Lawrenceville. Wednesdays 6:30pm and Greater Trenton Behavioral Health Center, 314-316 East State Street, Trenton. Thursdays at 2:30 at the STEP program.

Families Anonymous - (609) 882-8249. A support group for parents of children who abuse drugs or alcohol or have behavioral problems.

Family Guidance Center - 800-813-0555. Substance Abuse Services.

Gambler's Anonymous - (609) 429-6516. A fellowship of men and women who share experiences, strength and hope with each other to recover from compulsive gambling.

1-800-GAMBLER - A toll-free hotline number for those seeking information about compulsive gambling.

GamAnon – (718) 352-1671. 12 step fellowship of family members and friends of compulsive gamblers.

Narcotics Anonymous (NA) - 800-992-0401. 24 hr hotline. A fellowship of recovering drug abusers meeting to help each other "stay clean" through mutual sharing and support.

NarAnon - 800-238-2333. Provides help for family members and friends of drug abusers by offering comfort, hope and friendship through shared experiences.

Nicotine Anonymous - Robert Wood Johnson University Hospital at Hamilton, Nottingham Conference Room, Fridays 7pm. "First Step" is a support group for those persons recovering from nicotine addiction.

Signs of Sobriety – (609) 882-7177, TTY (609) 882-7677, Voice (609) 882-6808. Substance abuse prevention program for the deaf and heard of hearing.

Smokers Anonymous - Mercer Medical Center, Capital Health System, Trenton. Mondays, 7pm. A support group for those persons recovering from nicotine addiction.

HEALTH RELATED SUPPORT

Alzheimer's Disease

Alzheimer's Association, Greater New Jersey Chapter – 196 Princeton-Hightstown Road, Bldg 2, Suite 11, Princeton Junction 08550. (609) 275-1180. Call for specific support groups in your area. Spanish speaking support group available. 24 hour hotline: 800-883-1180. Web site: www.alznj.org

Alzheimer's Disease Education & Referral Center – (ADEAR) P.O. Box 8250, Silver Spring MD. 20907-8250. 800-438-4380. www.nia.nih.gov/alzheimers

Monday - Friday, 8:30am to 5pm. English and Spanish spoken. The ADEAR Center provides information on Alzheimer's disease and related disorders to patients, their families, health professionals and the general public. Most publications are free.

COPSA - Institute for Alzheimer's and Related Disorders, 667 Hoes Lane, P.O. Box 1392, Piscataway 08855-1392. 800-424-2494 (New Jersey residents only) or (908) 463-4430. Information, referral and geriatric assessments for people with memory impairments.

Arthritis

Arthritis Foundation - 200 Middlesex Turnpike, Iselin 08830. (732) 283-4300.

Toll free (in NJ only), 888-467-3112. Haddonfield Office: (856) 616-8000. English and Spanish spoken. Monday - Friday, 8:30 to 5pm

Cancer

American Cancer Association -3076 Princeton Pike, Lawrenceville 08648.

(609) 895-0101.

Breast Cancer Resource Center - YMCA. 59 Paul Robeson Place, Princeton 08540.

Helpline: (609) 497-2126. Office: (609) 497-2100, Ext. 346.

Cancer Institute of New Jersey at Hamilton – American Cancer Society's "I CAN COPE" program. (609) 584-6588. Educational program for people facing cancer.

Cancer Adjustment Program - Lawrence Presbyterian Church, 1039 Lawrenceville Road, Lawrenceville 08648. (609) 394-5000.

Cancer Response System/The Answer Line - Hours: Monday- Friday, 9am to 5pm. 800-227-2345. Provides information to families, patients and the public.

Cancer Support Group - St. Francis Medical Center, 601 Hamilton Avenue, Trenton 08629. (609) 599-5748/5176. Meets two times per month. Call for dates and times.

Caregiver Support

Adult Children with Responsibility for Aging Parents - Jewish Family and Children's Service of the Delaware Valley, 707 Alexander Road, Princeton 08540. (609) 882-9317. Princeton/Windsor area, (609) 443-6260 or 924-0054.

Alzheimer's Association - Caregiver Respite Care Assistance. Reimbursement for day care, home care, etc. (609) 275-1180.

Caring for You, Caring for Me – St Francis Medical Center, respite office. 601 Hamilton Avenue, Trenton 08629. (609) 599-5246.

Caregiver Connection – Dorot University Without Walls. (212) 769-2850

Caregiver Resource Center – Princeton Senior Resource Center. 45 Stockton Street, Princeton 08540. (609) 924-7108. Free information. Fee for consultation with gerontologist and for private counseling.

Capital Health System, Mercer Campus - Day Care Center, 433 Bellevue Avenue, Trenton. (609) 394-4387. Second Saturday of the month at 9:30am.

Caregiver Support Program – Respite care for caregivers, including grandparents taking care of grandchildren. Title III. Call (609) 599-5241.

Carrier Clinic - (908) 281-1000, Ext. 1115. Alzheimer's and related dementias.

Mercer County Office on Aging EASE Program – 877-222-3737.

Epilepsy

Epilepsy Foundation of New Jersey - 429 River View Plaza, Trenton 08611. (609) 392-4900. A statewide, voluntary organization dedicated to the education, prevention and individuals overcome the problems associated with this condition.

Hearing Impaired

Better Hearing Society of Central, NJ - Merwick Nursing and Rehabilitation Center, 79 Bayard Lane, Princeton 08540. (609) 497-4000. Provides information and education for the hard of hearing.

Audent – 901 Boren Avenue, Suite 810, Seattle, WA 98104. 877-283-4368 or (206) 838-7194. Low interest financing for assessment, evaluation and purchase of hearing aids.

Heart

American Heart Association - Serving Mercer County. 156 Hempstead Avenue, Hamilton 08610. (609) 581-5855.

Parkinson's Disease

NJ/APDA Parkinson's Disease Information and Referral Center - Robert Wood Johnson University Hospital, 120 Albany Street, Suite 360, New Brunswick 08901. (732) 745-7520. The NJ/APDA reaches out to persons with Parkinson's disease, their families and the public with information about Parkinson's. The center provides free literature about the disease and sponsors support groups.

Mental Health Services

Over 55 Support Group - Catholic Charities, 39 N. Clinton Avenue, Trenton 08609. (609) 394-9398. Group meets weekly and is facilitated by a trained mental health professional.

Greater Trenton Behavioral Healthcare - 314-316 East State Street, Trenton 08608. (609) 396-4258, Ext. 142. Serves adults 60 years of age or older who need coordination and/or assistance with linkage to mental health and other community resources. Referrals and follow-up. Education and counseling for family caregivers. No fee.

Multiple Sclerosis

Support Groups in Mercer County : Hopewell: (609) 915-7208, Lawrenceville: (609) 588-0902, Robbinsville/Hamilton: (609) 647-7357.

Stroke

St. Lawrence Rehabilitation Center – 2381 Lawrenceville Road, Lawrenceville 08648. (609) 895-9500. Support group for victims of stroke.

Newly Widowed

Ewing Township Senior Center – 999 Lower Ferry Road, Ewing, 08618. (609) 883-1009.

Princeton Senior Resource Center – 45 Stockton Street, Princeton 08540. (609) 924-7108.

St. Francis Medical Center – 601 Hamilton Avenue, Trenton 08608. Partners in Healing. (609) 599-5243.

Samaritan Hospice – 418 Lindsay Avenue, Laurel Springs 08021. (856) 234-2200 or 800-966-4488, Ext. 788. **H.O.P.E. Program** for the newly widowed. Serves Mercer County residents. 888-920-2201. No fee, donations welcome.

Vision Impaired

Adjustment to Vision Loss – Peer Support Groups. 131 Main Street, Suite 120, Hackensack 07601. (201) 996-9100.

Mercer County Office for the Disabled - 640 South Broad Street, Trenton 08650. (609) 989-6468 or voice/TDD (609) 989-6865.

New Jersey Commission for the Blind & Visually Impaired - Toms River. (732) 255- 0720.

N.J. Association of the Deaf/Blind, Inc. - 24K Worlds Fair Drive, Somerset 08873.
(908) 805-1912, Fax # (908) 805-3088. Family support services, residential program,
community support services, employment services and training, information on
support groups, and resources for caregivers including educational programs, a Speakers'
Bureau and a lending library. Produces a quarterly newsletter.

TRANSPORTATION

Crosstown '62 – 369 Witherspoon Street, Princeton, 08540. (609) 924-7108. (For new riders). For previously registered riders, call (609) 497-5144 between 3pm and 7pm, two or more days in advance to arrange for your ride. Hours: 8am to 5pm Monday - Friday. Door-to-door transportation for elderly and disabled elderly 62 years of age or older. Hours: 8am to 5pm. Medical visits other types of rides are scheduled 9:30am to 5pm. Cost is \$3.00 per ride. (Also see RideProvide)

City of Trenton - Office on Aging, City Hall, East State Street, Trenton 08608.
(609) 989-3336. Provides handicapped accessible transportation for elderly persons to grocery shopping, medical appointments, senior centers, etc. Area served is limited to City of Trenton and to Trenton residents only.

East Windsor/Hightstown – East Windsor Senior Center, 40 Lanning Boulevard, East Windsor. 08520. (609) 371-7192. Participants must be 60 years of age or older. Fixed route, weekday transportation for local shopping and doctors. East Windsor and Hightstown residents only.

Ewing Township - Hollowbrook Senior Center, 320 Hollowbrook Drive, Ewing 08638. (609) 883-1009. Provides free transportation to medical appointments, grocery shopping and club meetings. Appointments must be made in advance. Ewing residents only.

F.I.S.H. of Hopewell Valley – (609) 737-9123. Volunteer transportation for Hopewell and Pennington residents.

Hamilton Township – Bernice Muha Senior Center, 409 Cypress Lane, Hamilton 08619. (609) 890-3686. Provides transportation for Hamilton seniors for food shopping, doctor appointments and clinic visits.

Lawrence Township - Lawrence Senior Center, 30 Darrah Lane East, Lawrenceville 08648. (609) 844-7048. Provides transportation for senior citizens to health and welfare facilities and other social services, shopping and senior activities. Lawrence Township residents only.

Interfaith Caregivers of Trenton, Inc. – 207 Hillcrest Avenue, Trenton 08618. (609) 393-9922. Volunteer organization that may be able to provide transportation to shopping and doctors.

Mercer Street Friends – 1321 Brunswick Avenue, Trenton 08648. (609) 396-1510. Transportation to doctor’s appointments, hospital appointments, drug stores, shopping. Area served: Trenton, Princeton, Lawrence and Hightstown. Rates vary.

Medicaid Transportation – Social Services Unit, Mercer County Board of Social Services, 200 Woolverton Street, Trenton. (609) 989-4451. Medicaid clients only. Allow 3 weeks for start-up. 2 day advance notice.

New Jersey Transit Reduced Fare Transportation Program - (973) 275-5555. Program permits persons over 62 and the disabled to travel at reduced fares on weekdays during off-peak hours, 9:30am to 4pm and 7pm to 6am as well as all day on Saturday and Sunday and state holidays. The program includes inter-state travel on all participating bus and rail lines. For the Reduced Fare Program, persons over 65 must show Medicare card to receive benefit. Under 65 and disabled, application must be made for an ID card. Call the Mercer County Office on Aging for an application. TTX 1-800-772-2287 (609) 989-6661 or 877-222-3737.

NJ Transit for Senior and Disabled Persons and Hearing Impaired - Access Link - One Penn Plaza East, Newark 07105. (973) 275-5555. Access Link is curb-to-curb transportation for people with disabilities and can be scheduled one to fourteen days in advance. All service is comparable to local bus transportation and is provided by an experienced transportation service company contracted to NJ Transit. Eligible individuals will be issued an identification card with a unique passenger ID number.

Public Medical Transportation (This is a partial listing only. The Office on Aging does not endorse any particular agency providing transportation.)

ABLE Transportation: 800-323-2253.

Alert Ambulance: (732) 364-2856 Ext. 181. WW Transportation: (609) 518-5400

Medical Response: (609) 782-1112. (Mercer only) Available Transp. 800-848-1612

Medi-Health: (Stretcher only) (888) 363-4900. Van-Go: 800-714-3404

Medi Transport: (609) 631-0020. Stout's Transportation: (609) 883-8891

PEACE Transportation: (866) 557-3223.

Ride Provide – Volunteer and paid driver transportation for seniors and the visually impaired. Annual membership fee of \$35. Fees for rides based on zones and cost per ride. Area covered is within a 10 mile radius of Quakerbridge Mall. Rides are available 24/7. 2 days notice required. Call (609) 452-5144 between 10am and 2 pm.

St. Paul's Health Care Ministry – Dorothea House, 120 John Street, Princeton 08540. (609) 921-8888. Friendly visitors, shopping, visiting and transportation.

St. Lawrence Rehab Center – Lawrenceville 08648. (609) 896-9500, Ext. 2494. Driving program. Safe driving evaluation, and behind the wheel evaluation.

The River Line – 1-800-626-7433. NJ Transit sponsored train transportation from Trenton to Camden. Reduced fares for seniors. Hours: 6am to 10pm.

Transportation Resources to Aid the Disadvantaged and Elderly - T.R.A.D.E. - Mercer County DOT Facility, 300 Scotch Road, Building 1, Trenton 08628. (609) 530-1971. Office Hours: Monday- Friday, 8:30am to 4:30pm. TRADE is a division of the Mercer County Department of Transportation and Infrastructure. TRADE transportation provides services to seniors age 60 and over, and to people with disabilities. Transportation is provided to locations within Mercer County and up to 5 miles outside of Mercer County. Service transports to Mercer County Nutrition programs, senior centers, doctor's offices, employment, dialysis, shopping and other essential services. Residents of Mercer County can register and make reservations by calling (609) 530-1971 between 9am and 12pm, Monday - Friday. Residents from the Princeton/Hightstown area can call toll-free (609) 275-2929. TRADE can also be reached by accessing the New Jersey Relay services by dialing 711.

There is no fee to use TRADE services. Reservations can be made up to 14 days in advance. All TRADE vehicles are equipped with wheelchair lifts and TRADE drivers will provide door to door assistance for your customers.

VOLUNTEER OPPORTUNITIES

NOTE: All the Meals on Wheels programs have need of volunteers to deliver meals to shut-ins. See the meals on wheels section for programs and telephone number.

AARP - N. J. State Office, Forrestal Village, 101 Rockingham Way, Princeton 08540. 866-542-8165.

America Red Cross of Central New Jersey – 707 Alexander Road Suite 101, Princeton 08540. (609) 951-2121. Volunteers welcome for: Blood Services to handle registration and refreshment stations at local blood drives, Meals on Wheels to deliver to homebound seniors and the disabled, disaster preparedness to educate communities on how to prepare and Health and Safety to be a CPR/First Aid instructor. Office volunteers needed too.

Contact of Mercer County NJ, Inc. – Telephone Reassurance – 1985 Pennington Road, Trenton 08618-1106. (609) 883-2880. Daily telephone calls to seniors and younger disabled people to check up on them. Volunteer callers needed and welcome.

Hands on Helpers – Volunteer Web-site/Clearinghouse (609) 921-8893. On-line clearinghouse of volunteer opportunities in Mercer County. Access online at www.handsonhelpers.org

Interfaith Caregivers of Greater Trenton, Inc. (ICTC) 229 Lawrence Road, Lawrenceville 08648. (609) 393-9922. Monday - Friday, 8:30am to 4:30pm. www.InterfaithCaregiversTrenton.org A coalition of religious congregations of all faiths providing non-medical home-based volunteer services to the frail elderly, disabled or chronically ill. Volunteers of any faith welcome. Clients served in Ewing, Trenton, Hamilton, Washington, Lawrence, Pennington, Hopewell and Bordentown Townships. Call for more information.

Mercer County Geriatric Center - 2300 Hamilton Avenue, Trenton 08619.

(609) 588-5859. Volunteers needed for all aspects of care.

New Jersey Foster Grandparent Program – NJ Department of Human Services.

Mercer/Burlington office: (732) 968-5531. Offers caring people, 60 plus years of age the opportunity to provide friendship and guidance to children and young adults.

Princeton Senior Resource Center - Spruce Circle, Princeton 08540 (609) 924-7108.

Homefriends program for Princeton area. Provides support to elderly, homebound persons. Volunteers provide shopping services, transportation to medical appointments, help with paperwork, reading aloud and friendly visiting. Additional program called “GrandPals” allows seniors to assist one or more children in the school setting.

Progressive Center for Independence – 831 Parkway Avenue, Unit B-2, Ewing 08618.

(609) 530-0006 or 1-877-271-8435.

Retired Senior Volunteer Program - R.S.V.P. is sponsored by CONTACT of Mercer County, 1985 Pennington Road, Ewing 08618. (609) 883-2883. RSVP is designed to give retired seniors, 55 years of age and older, the opportunity to find a place to volunteer their time, skills and experience to an non-profit or public agency. RSVP is partially funded by the Corporation for National Service.

St. Paul’s Health Ministry – Dorothea House, 120 John Street, Princeton 08540.

(609) 921-8888. Volunteers needed for visiting, shopping and transportation.

The Susan G. Komen Breast Cancer Foundation – Central/South Jersey Affiliate.

2 Princess Road, Suite D, Lawrenceville 08648. (609) 896-1201. Monday - Friday, 9am to 5pm. English and Spanish spoken. No fee for service. www.komencsnj.org

Mission is to eradicate breast cancer through education, research, screening and treatment. Volunteers are needed to assist in daily office duties, special events, NJ Race for the Cure, health fairs, grants. All ages and all types of skills welcome.

Trenton Board of Education - K-Plus Intergenerational Program for Seniors,

108 North Clinton Avenue Trenton 08609. Opportunities for seniors to volunteer their time in the Trenton city schools.

Trenton Area Soup Kitchen - 72 1/2 Escher Street, PO Box 872, Trenton 08609.

(609) 695-5456. www.trentonsoupkitchen.org Monday - Thursday, 9am to 5:30pm.

Friday, 9am to 2pm. English and some Spanish spoken

Notes

IMPORTANT PERSONAL INFORMATION

MEDICAL DATA

SPECIAL MEDICAL CONDITIONS _____

MEDICAL PROBLEMS	MEDICATION	DOSAGE	FREQUENCY

ALLERGIES

____ No Known Allergies

__ Aspirin __ Barbituate __ Codeine __ Demerol __ Environmental __ Horse Serum

__ Insect Bites __ Latex __ Lidocaine __ Morphine __ Novocaine __ Penicillin __ Sulfa

__ Tetracycline __ X-Rays __ Dyes __ Other _____

POISON CONTROL CENTER: 1-800-764-7661

(Please use pencil when filling in this information as it may change over time.)