

New Jersey
RESOURCE GUIDE
for Women

Section I:

ADDICTION SERVICES



State of New Jersey
Department of Community Affairs
Summer 2011

ALPHABETICAL DIRECTORY OF INFORMATION AND SERVICES

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New Jersey Division of Mental Health and Addiction Services

NJ Department of Human Services
Division of Mental Health and Addiction Services (DMHAS)
P O Box 362
120 South Stockton Street
Trenton, NJ 08625-0362

Phone: 609-292-5760

Web: <http://www.state.nj.us/humanservices/divisions/dmhas/>

- ◆ The mission of the Division of Addiction Services (DAS) is to decrease misuse or abuse of alcohol, tobacco and other drugs by New Jerseyans by supporting the development of a comprehensive network of prevention, intervention and treatment services in New Jersey.

Treatment Directory

NJ Department of Human Services
Division of Mental Health and Addiction Services (DMHAS)

Phone: 1-800-238-2333 or dial 211

Web: <http://samsdev.rutgers.edu/dastxdirectory/txdirmain.htm>

- ◆ A directory that allows you to search services by county or type of treatment needed.

Types of Care and Treatment Services:

- Screening;
- Assessment;
- Outpatient;
- OPIOID Maintenance-Outpatient;
- Intensive Outpatient;
- Methadone Intensive Outpatient;
- Partial Care/MICA Treatment;
- Partial Hospitalization;
- Transitional/Extended Care;
- Halfway House;
- Short Term Residential;
- Long Term Residential;
- Long-Term (Variable Length);
- Hospital-Based (acute) Residential;
- Therapeutic Community;
- Sub-Acute Residential Detoxification;
- Methadone Outpatient-Detoxification;
- Hospital Inpatient-Detoxification;
- Outpatient-Detoxification (Non-Methadone);
- Recovery Mentor;

Recovery Support Services

NJ Department of Human Services
Division of Mental Health and Addiction Services (DAS)

Web: <http://www.state.nj.us/humanservices/das/recovery/>

Types of Support and Recovery Services:

- Transportation to and from treatment, recovery support activities, employment, etc.;
- Employment services and job training;
- Case management and individual services coordination, providing linkages with other services (e.g., legal services, Temporary Assistance for Needy Families, social services, food stamps);
- Outreach;
- Relapse prevention;
- Housing assistance and services;
- Child care;
- Family/marriage education;
- Peer-to-peer services, mentoring, and coaching;
- Self-help and support groups (e.g., 12-step groups, SMART Recovery®, Women for Sobriety);
- Life skills;
- Spiritual and faith-based support;
- Education;
- Parent education and child development; and
- Substance abuse education

Programs for Persons with Disabilities

NJ Department of Human Services
Division of Disability Services (DDS)
222 South Warren Street
PO Box 700

Trenton, NJ 08625-0700

Phone: 1-888-285-3036 or 1-609-292-1210 TTY

Web: <http://www.state.nj.us/humanservices/dds/home/>

Fetal Alcohol Spectrum Disorders (FASD) and Perinatal Addictions Links

NJ Department of Human Services
Office for Prevention of Developmental Disabilities
P.O.Box 726

Trenton, NJ 08625-0726

Phone: 609-689-1939

Web: <http://www.state.nj.us/humanservices/opmrdd/fasd/>

Nicotine & Smoking Addiction Services:**NJ Quitnet**

Web: <http://www.nj.quitnet.com/>

- ◆ Online resource developed by Boston University that provides a comprehensive, personalized smoking treatment service. Once registered, you have access to peer support groups and trained counselors; tools to help you quit smoking, including a Quitting Guide; referrals to local programs; and information about nicotine replacement therapies.

NJ Quitline**Toll Free:** 1-866-NJ-STOPS (65-78677)

- ◆ Telephone-based service established by the Mayo Foundation that provides free access to trained counselors in 26 languages. Counselors work with you at every stage of the process to help develop a treatment plan that meets your individual needs. The initial call takes about 30 minutes. During this time, counselors assess your tobacco use history and define an appropriate quitting strategy.

NJ Quitcenters**Toll Free:** 1-866-NJ-STOPS (65-78677)**Web:** <http://www.nj.quitnet.com/>

- ◆ Clinic-based program that offers face-to-face counseling in individual and group settings with counselors trained by the University of Medicine and Dentistry of New Jersey. These services are available on a sliding fee scale based on income.

Women's Referral Central

NJ Division on Women

Phone: 1-800-322-8092**24 hours a day/ 7 days a week****Web:** <http://www.nj.gov/dca/divisions/dow/>

- ◆ Provides information and referrals to women in New Jersey through a statewide toll-free telephone line. The Hotline provides referrals and basic information in areas such as discrimination, affordable housing, addiction services, continuing education, domestic violence, employment, legal assistance, divorce and separation, violence, health care, sexual assault, sexual harassment, stalking, child care, child support/custody, single parenting, health care, etc.