

*New Jersey*  
**RESOURCE GUIDE**  
*for Women*

**Section X:**

**HEALTH**



State of New Jersey  
Department of Community Affairs  
Summer 2011

**ALPHABETICAL DIRECTORY OF INFORMATION AND SERVICES**

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**NJ Department of Health and Senior Services**

P. O. Box 360

Trenton, NJ 08625-0360

**Phone:** 609-292-7837

**Toll-free in NJ:** 1-800-367-6543

**Web:** <http://www.state.nj.us/health/>

**Office of Minority & Multicultural Health****NJ Department of Health and Senior Services**

John Fitch Plaza

P.O. Box 360

Trenton, NJ 08625-0360

**Phone:** 609-292-6962

**Fax:** 609-292-8713

**Web:** <http://www.state.nj.us/health/commiss/omh/>

**Office on Women's Health****NJ Department of Health and Senior Services**

P.O. Box 364

Trenton, NJ 08625-0364

**Phone:** 609-292-4043

**Fax:** 609-292-9599

**Web:** <http://www.state.nj.us/health/fhs/owh/index.shtml>

**Mental Health****Division of Mental Health and Addiction Services (DMHAS)****NJ Department of Human Services**

Capital Center

P.O. Box 727

Trenton, NJ 08625-0727

**Phone:** 1-800-382-6717

**Web:** <http://www.state.nj.us/humanservices/divisions/dmhas/>

- ◆ The division serves adults with serious and persistent mental illnesses. Services are available to anyone in the state who feels they need help with a mental health problem.

**Osteoporosis****Division of Aging and Community Services****NJ Department of Health and Senior Services**

PO Box 360

Trenton, NJ 08625

**Phone:** 609-943-3498

**Web:** <http://www.state.nj.us/health/senior/osteo/whatis.shtml>

- ◆ Osteoporosis is a serious condition in which bones become thin, brittle and easily broken. This condition is both preventable and treatable. For more information about how to build and protect bones, contact the New Jersey Interagency Council on Osteoporosis.

**Parent Link****State of New Jersey****The Early Childhood , Parenting & Professional Resource Center****Web:** <http://www.state.nj.us/njparentlink/>

- ◆ NJ Parent Link is a statewide website initiative made possible by the work of the New Jersey Early Childhood Comprehensive System (NJ ECCS) Team. The focus of the website is to highlight NJ state services and resources. Federal, nationally-respected and community partner resources are also included.

**Health Care/Health Insurance:****New Jersey's Centers for Primary Health Care (CPHC)****Web:** <http://www.state.nj.us/health/fhs/cphc/>**Locate a Center for Primary Health Care:****Web:** <http://web.doh.state.nj.us/apps2/fhs/cphc/cphcSearch.aspx>

- ◆ New Jersey's Centers for Primary Health Care (CPHC) offer a wide range of health care services for the entire family.
- ◆ You don't need health insurance to get care at a center. Centers serve the uninsured and underinsured, as well as patients with Medicaid, Medicare and private insurance. If you're uninsured, your bill will be based on your ability to pay. No one is ever turned away for lack of funds.

**NJ FamilyCare Program****Toll Free:** 1-800-701-0710**Web:** <http://www.njfamilycare.org/>

- ◆ NJ FamilyCare offers free or low cost health insurance for uninsured children 18 years old or younger who live in New Jersey. Children who are lawful permanent residents or in a qualified immigrant status may be eligible, regardless of their date of entry into the United States. NJ FamilyCare provides full health coverage through your choice of participating Health Maintenance Organizations (HMOs) and covers almost every healthcare need including doctor visits, hospitalizations, lab test, x-rays, eyeglasses, mental health services, prescription drugs and even dental care for most children. Eligibility is based on monthly income and household size (which includes parents, stepparents, and children under 21). Assets are not a determining factor and no one is turned down due to a pre-existing medical condition. Pick up a single-page application at an application assistance site near your home, which includes your local County Board of Social Services, download one from the website, or apply by phone.

**Medicaid**

**Toll Free:** 1-800-356-1561

**Web:** <http://www.state.nj.us/humanservices/dmahs/info/resources/care/>

- ◆ Medicaid provides medical assistance programs to individuals who are both categorically and financially eligible. Medicaid categories are limited to very low-income families with dependent children, pregnant women, children up to 21 years of age, individuals age 65 and older, or individuals determined blind or permanently disabled. Individuals must be residents of New Jersey and must be citizens of the United States or be lawfully admitted for permanent residence for at least five years. Pregnant women and children and other qualified aliens may be exempt from the 5-year requirement. The financial requirements vary for each program.

**Family Health:****Division of Family Health Services**

NJ Department of Health & Senior Services

**Phone:** 1-800-328-3838

**Web:** <http://www.state.nj.us/health/fhs/index.shtml>

- ◆ The Division of Family Health Services administers programs that enhance the health, safety and well-being of families and communities in New Jersey.

**Maternal & Child Health Consortia****Reproductive and Perinatal Health Services**

**NJ Department of Health & Senior Services**

PO Box 364

Trenton, NJ 08625

**Phone:** 609-292-5616

**Web:** <http://www.state.nj.us/health/fhs/professional/mchfact.shtml>

- ◆ The consortia are private non-profit organizations, incorporated under Title 26 of the Internal Revenue Code of the United States Code Section 501(c)(3) and are licensed and regulated by the NJ Department of Health and Senior Services as central service facilities. They include, as members, perinatal and pediatric providers, hospitals, consumers, and community-based agencies, including any group or individual with an interest in health services for families.

**Healthy Mothers, Healthy Babies Coalitions**

NJ Department of Health and Senior Services

**Web:** <http://www.state.nj.us/health/fhs/prenatal/healthy.shtml>

- ◆ Eight Healthy Mothers, Healthy Babies (HM/HB) Coalitions were established by the New Jersey Department of Health and Senior Services (NJDHSS) in 1985 as part of a \$1.83 million infant mortality reduction initiative. This initiative targets the 11 cities: Atlantic City, Camden, East Orange, Irvington, Jersey City, New Brunswick, Newark, Orange, Paterson, Plainfield and Trenton. These community-based coalitions include consumers, community agencies, providers and other organizations or individuals with an interest in improving families' health in the target cities.
- ◆ The HM/HB Coalitions' primary function is to provide community-based outreach and education services aimed at reducing infant mortality in the target cities. The NJDHSS provides annual funding to the Maternal and Child Health Consortia with HM/HB target cities within their regions.

**Perinatal Health Services Program (Prenatal Care)**

NJ Department of Health and Senior Services

Phone: 609-292-5616

Web: <http://www.state.nj.us/health/fhs/prenatal/prenatalcare.shtml>

- ◆ In New Jersey, women may seek prenatal care in a private physician's office, hospitals, clinics, Planned Parenthood centers and Federally Qualified Health Centers.

**Family Planning**

NJ Department of Health and Senior Services

Phone: 609-984-1384

Web: <http://www.state.nj.us/health/fhs/famplan.htm>

- ◆ Family Planning is a preventive health service that provides quality, low cost, and easily accessible reproductive health care to women and men during their reproductive years. Family Planning services are confidential.

**Pregnancy Discrimination****Civil Rights, Law Against Discrimination (LAD)**Web: <http://www.state.nj.us/lps/dcr/law.html>

- ◆ The New Jersey Law Against Discrimination (LAD) makes it unlawful to subject people to differential treatment based on race, creed, color, national origin, nationality, ancestry, age, sex (including pregnancy), familial status, pregnancy, marital status, domestic partnership status, affectional or sexual orientation, atypical hereditary cellular or blood trait, genetic information, liability for military service, and mental or physical disability, perceived disability, and AIDS and HIV status. The LAD prohibits unlawful discrimination in employment, housing, places of public accommodation, credit and business contracts. Not all of the foregoing prohibited bases for discrimination are protected in all of these areas of activity.

**For Children and Caregivers of Children:****Children's Behavioral Health Services (DCBHS)**

Phone: 1-877-652-7624

Web: <http://www.state.nj.us/dcf/behavioral/>

- ◆ Division of Children's Behavioral Health Services (DCBHS) serves children and adolescents with emotional and behavioral health care challenges and their families. DCBHS is committed to providing these services based on the needs of the child and family in a family-centered, community-based environment. The following is a list of services available through DCBHS:
  - **Mobile Response and Stabilization Services**  
Children's Mobile Response and Stabilization Services is a single, comprehensive system of mobile response available to children and youth whose escalating emotional or behavioral issues require timely Interventions to prevent disruption of their current living arrangement, including out-of-home placement. **Visit the following website to view a list of organizations that provides these services in your community:**  
<http://www.state.nj.us/dcf/behavioral/help/mobile.html>
  - **Care Management Organizations**  
Care management organizations (CMO's) are relatively, newly-established non-profits that provide a full range of treatment and support (wrap-around) services to children

with the most complex needs. They work with child-family teams to develop individualized service plans. The CMO's goals are to keep children in their homes, their schools and their communities. **Visit the following website to view a list of organizations that provides these services in your community:**

<http://www.state.nj.us/dcf/behavioral/help/care.html>

- **Family Support Organizations**

Family Support Organizations (FSO's) are family-run, county-based organizations that provide direct family-to-family peer support, education, advocacy and other services to family members of children with emotional and behavioral problems. **Visit the following website to view a list of organizations that provides these services in your community:**

<http://www.state.nj.us/dcf/behavioral/help/family.html>

- **Youth Case Management Services**

Youth Case Management (YCM) is the supportive relationship that case managers develop with the children and families they serve. Based upon the family's strengths, this relationship is characterized by dignity, respect, and self-determination. YCM advocates for the needs and views of the child and their family. YCM has a leadership role in the coordination and integration of services designed to optimize care for children and families. **Visit the following website to view a list of organizations that provides these services in your community:**

<http://www.state.nj.us/dcf/behavioral/help/youth.html>

**For questions about or to access any of the above services for children and youth, call the 24-hour, toll-free Access Line at:**

**Value Options  
1-877-652-7624**

**HIV/AIDS Services:****Family Centered HIV Care Network****Special Child, Adult and Early Intervention Services**

NJ Department of Health & Senior Services

P.O. Box 364

Trenton, NJ 08625-0364

**Phone:** 609-777-7748

**Fax:** 609-292-3580

**Email:** [jane.caruso@doh.state.nj.us](mailto:jane.caruso@doh.state.nj.us)

**Web:** <http://www.state.nj.us/health/fhs/scaids.htm>

- ◆ New Jersey's Family Centered HIV Care Network provides a full range of high quality, culturally sensitive and coordinated HIV/AIDS medical and social support services to women, children, and adolescents at many convenient locations throughout the state. For more information about the Network, contact the NJ Department of Health and Senior Services.

**AIDS Drug Distribution Program (ADDP)**

NJ Department of Health & Senior Services

P.O. Box 722

Trenton, New Jersey 08625-0722

**Toll Free:** 1-877-613-4533

**Phone:** 609-588-7038

**Web:** <http://www.state.nj.us/health/aids/application.shtml>

- ◆ The AIDS Drug Distribution Program provides life-sustaining and life-prolonging medications to low income individuals with no other source of payment for these drugs.

**HIV Home Care Program**

NJ Department of Health & Senior Services

**Web:** <http://www.state.nj.us/health/aids/homecare.htm>

- ◆ An individual must have a medical diagnosis of HIV/AIDS and physician certified medical (intravenous therapy) and/or chronic dependencies (compromised activities of daily living), which require registered nurse services in the home. Registered nurse services are defined as the direct provision of nursing services by a registered nurse and/or registered nurse supervision of licensed practical nurses, home health aides/housekeepers or personal care attendants in the home. An individual must also meet income eligibility criteria, have limited or no insurance, and be a resident of New Jersey for at least 30 days. There is no waiting period for clients who meet the eligibility criteria. Services are provided in the home through a case management system and include nursing, home health aide/homemaker and personal care attendant services, respiratory therapy, physical therapy, occupational therapy, speech therapy, social work and mental health services, nutritional counseling, durable medical equipment, diagnostic testing, intravenous therapy, nutritional supplements and medical day care. Contact one of the appropriate agencies below for more information.

**Early Intervention Programs (HIV/AIDS Services)**

NJ Department of Health & Senior Services

**Web:** <http://www.state.nj.us/health/aids/interv.htm>

- ◆ Funded by grants from the NJ Department of Health and Senior Services' Division of HIV/AIDS Services (DHAS), these centers provide medical management of persons with HIV and include antiviral therapies, prophylaxis for opportunistic illnesses, monitoring of immune system using CD4 and viral load testing, and regularly scheduled medical assessments. Case management, health education, referrals, and access to clinical trials are also offered. Patients are billed for services through the center's existing billing system.

**Women's Referral Central**

NJ Division on Women

**Toll Free:** 1-800-322-8092

24 hours a day/7 days a week

- ◆ Provides information and referrals to women in New Jersey through a statewide toll-free telephone line. The Hotline provides referrals and basic information in areas such as discrimination, affordable housing, displaced homemakers, addiction services, education, domestic violence, employment, legal assistance, divorce, violence, health care, sexual assault, stalking, child care, child support/custody, single parenting, job training, etc.