

New Jersey
RESOURCE GUIDE
for Women

Section XIV:

SENIOR SERVICES



State of New Jersey
Department of Community Affairs
Summer 2011

ALPHABETICAL DIRECTORY OF INFORMATION AND SERVICES

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NJ Division of Aging and Community Services**Department of Health and Senior Services**

PO Box 360

Trenton, NJ 08625

Toll Free Hot Line: 1-800-792-8820**Web:** <http://www.state.nj.us/health/senior/index.shtml>**Area Agency on Aging (AAA)****Department of Health and Senior Services**

PO Box 360

Trenton, NJ 08625

Toll Free: 1-877-222-3737**Web:** http://www.state.nj.us/health/senior/sa_aaa.shtml

- ◆ An Area Agency on Aging (AAA) is designated in each of New Jersey's 21 counties to serve as the primary entity responsible for developing comprehensive, coordinated systems of community-based services for older adults.

Public Guardian and Elder Rights:**Office of the Public Guardian****Division of Aging and Community Services****Department of Health and Senior Services**

PO Box 812

Trenton, NJ 08625

Phone: 609-341-5555**Web:** http://www.state.nj.us/health/senior/sa_opg.shtml

- ◆ The Office of the Public Guardian is a State agency that makes legal, financial and healthcare decisions for individuals age sixty (60) and older who have been determined by a Superior Court judge to be incapacitated. The office was created by State law in 1986 and administratively in the New Jersey Department of Health and Senior Services' Division of Aging and Community Services. It employs attorneys, investigators, care managers, accountants and support staff to assist its elderly clients.

Adult Protective Services (APS)**Division of Aging and Community Services****Department of Health and Senior Services**

PO Box 812

Trenton, NJ 08625

Phone: 609-341-5555**Web:** <http://www.state.nj.us/health/senior/aps.shtml>

- ◆ If you or someone you know is an 18 years of age or older vulnerable adult, is living in the community and is subject to abuse, neglect and/or exploitation, a county APS program may be the place to turn. Vulnerable adults are people who are at risk for harm because they cannot adequately protect themselves. They may be frail, mentally or physically disabled, or alone and isolated, with no family or other social support. There is an APS program in each of the 21 counties that is monitored and evaluated by state staff. Complainants may be clients, caregivers, family members, agencies or any interested or involved individuals. Calls may be made to the particular county APS office, or to the Public Awareness, Information, Assistance and Outreach Unit **toll-free number 1 (800) 792-8820**.

Employment:

Senior Community Service Employment Program (SCSEP)

Division of One Stop Programs and Services

Department of Labor and Workforce Development

PO Box 055

Trenton, NJ 08625

Phone: 1-877-222-3737

Web: <http://www.state.nj.us/health/senior/federalbenefits/employment.shtml#scsep>

- ◆ The SCSEP is a national federal employment and training program for low-income seniors 55 years and older authorized by Title V of the Older Americans Act (OAA) administered by the US Department of Labor’s Employment and Training Administration. SCSEP has helped older workers find productive jobs for 40 years; is operated at the local level by 13 national grantees and 56 state and territorial agencies.
- ◆ The New Jersey Department of Labor and Workforce Development (LWD) administers the state’s SCSEP, known as WorkForce 55+ (WF55+) helps low-income New Jerseyans aged 55 and older achieve economic self-sufficiency through employment. Job ready seniors are provided employment opportunities. Other seniors are referred to classroom or work-based training at nonprofit organizations and public agencies in their communities to prepare for employment. WF55+ participants also receive counseling, support services, and a mutually developed individual employability plan, which serves as a roadmap to employment. Participants receive minimal stipend while they train to obtain gainful, non-subsidized employment.

WorkForce 55+ - Senior Community Service Employment Program Directory	
Atlantic	609-813-3919
Mercer	609-943-5110
Burlington	609-518-3900
Camden	856-614-3150
Cape May	609-729-0997
Cumberland	856-794-5896
Essex	973-395-8378
Gloucester	856-384-3700
Bergen	609-943-5110
Hudson	201-217-7322/7324/7325
Hunterdon	609-943-5110
Middlesex	732-937-5237
Monmouth	732-775-1402
Morris	973-361-9050 x 30
Ocean	732-286-5616 x 34
Passaic	609-943-5110
Salem	856-935-7007
Somerset	609-943-5110
Sussex	973-209-8501
Union	609-943-5110
Warren	908-857-2103

Health Care:**New Jersey's Centers for Primary Health Care (CPHC)****Department of Health and Senior Services****Phone:** 1-800-367-6543**Web:** <http://www.state.nj.us/health/fhs/cphc/>**Locate a Center for Primary Health Care:****Web:** <http://web.doh.state.nj.us/apps2/fhs/cphc/cphcSearch.aspx>

- ◆ New Jersey's Centers for Primary Health Care (CPHC) offer a wide range of health care services for the entire family.
- ◆ You don't need health insurance to get care at a center. Centers serve the uninsured and underinsured, as well as patients with Medicaid, Medicare and private insurance. If you're uninsured, your bill will be based on your ability to pay. No one is ever turned away for lack of funds.

Benefits & Utilization Management :**Division of Senior Benefits & Utilization Management****Department of Health and Senior Services****Toll Free:** 1-800-792-9745**Web:** <http://www.state.nj.us/health/seniorbenefits/index.shtml>

- ◆ The mission of the Division of Senior Benefits & Utilization Management is to foster accessible and high quality health and senior services to help all people in New Jersey achieve optimal health, dignity and independence.

Pharmaceutical Assistance to the Aged & Disabled (PAAD)**Division of Senior Benefits and Utilization Management****Department of Health and Senior Services****Toll Free:** 1-800-792-9745**Web:** <http://www.state.nj.us/health/seniorbenefits/paad.shtml>

- ◆ The Pharmaceutical Assistance to the Aged & Disabled program helps eligible New Jersey residents pay for prescription drugs, insulin, insulin needles, certain diabetic testing materials and syringes and needles for injectable medicines used for the treatment of multiple sclerosis. Only drugs approved by the Food and Drug Administration are covered. Drugs purchased outside the State of New Jersey are not covered, nor is any pharmaceutical product whose manufacturer has not agreed to provide rebates to the State of New Jersey. To view the eligibility requirements of the PAAD program, visit the Department of Health and Senior Services' website at <http://www.state.nj.us/health/seniorbenefits/paad.shtml>.

Lifeline**Division of Senior Benefits and Utilization Management****Department of Health and Senior Services****Toll Free:** 1-800-792-9745**Web:** <http://www.state.nj.us/health/seniorbenefits/lifeline.shtml>

- ◆ Lifeline is a utility assistance program that offers \$225 to persons who meet the PAAD eligibility requirements or who receive Supplemental Security Income (SSI). This includes utility customers as well as tenants whose utility bills are included in their rent. Only one tenant in a household is entitled to this assistance. To view the eligibility requirements of the Lifeline program, visit the Department of Health and Senior Services' website at <http://www.state.nj.us/health/seniorbenefits/lifeline.shtml>.

Hearing Aid Assistance to the Aged & Disabled (HAAAD)
Division of Senior Benefits and Utilization Management
Department of Health and Senior Services

Toll Free: 1-800-792-9745

Web: <http://www.state.nj.us/health/seniorbenefits/haaad.shtml>

- ◆ Hearing Aid Assistance to the Aged & Disabled (HAAAD) provides a \$100 reimbursement to eligible persons who purchase a hearing aid. To view the eligibility requirements of the HAAAD program, visit the Department of Health and Senior Services' website at <http://www.state.nj.us/health/seniorbenefits/haaad.shtml>.

Senior Gold Prescription Plan
Division of Senior Benefits and Utilization Management
Department of Health and Senior Services

Toll Free: 1-800-792-9745

Web: <http://www.state.nj.us/health/seniorbenefits/pbp/senior-gold.shtml>

- ◆ The Senior Gold Prescription Plan provides prescription drugs, insulin, insulin supplies and diabetic testing material to eligible New Jersey residents for \$15 per prescription plus one half of the cost of the prescription. To be eligible, a NJ resident must be at least 65 years of age or older, or receiving Social Security Title II disability benefits. The income limits for the Senior Gold Prescription Plan changes annually. To view the income eligibility guidelines of the Senior Gold Prescription Plan program, please visit the Department of Health and Senior Services' website at <http://www.state.nj.us/health/seniorbenefits/pbp/senior-gold.shtml> .

Specified Low-Income Medicare Beneficiary (SLMB)
Division of Senior Benefits and Utilization Management
Department of Health and Senior Services

Toll Free: 1-800-792-9745

- ◆ The Specified Low-Income Medicare Beneficiary Program pays Medicare Part B premiums for eligible New Jersey residents who are not financially eligible for the Qualified Medicare Beneficiary (QMB) program under New Jersey Medicaid. In order to qualify, single applicants must have an income of less than \$11,172 and married applicants must have a combined income of less than \$14,988.

Fibromyalgia

Web: <http://www.fmaware.org/site/PageServer?pagename=fibromyalgia>

- ◆ According to the National Fibromyalgia Association, *Fibromyalgia (FM) is a chronic pain disorder characterized by widespread musculoskeletal aches, pain and stiffness, soft tissue tenderness, general fatigue, and sleep disturbances. The most common sites of pain include the neck, back, shoulders, pelvic girdle, and hands, but any body part can be affected. Fibromyalgia patients experience a range of symptoms of varying intensities that wax and wane over time.*

Resources:	
American College of Rheumatology Web: http://www.rheumatology.org/	National Institutes of Arthritis and Musculoskeletal and Skin Diseases Web: http://www.niams.nih.gov/Health_Info/Fibromyalgia/default.asp
American Pain Foundation Web: http://www.painfoundation.org/	Pfizer’s Online Resource Website Web: http://www.fibrocenter.com/
National Fibromyalgia Association Web: http://www.fmaware.org/	WebMD Web: http://www.webmd.com/fibromyalgia/default.htm

Osteoporosis

New Jersey Department of Health and Senior Services

Division of Aging and Community Services

Phone: 609-633-8746

Web: <http://www.state.nj.us/health/senior/osteo/whatis.shtml>

- ◆ Osteoporosis is a serious condition in which bones become thin, brittle and easily broken. This condition is both preventable and treatable. For more information about how to build and protect bones, contact the New Jersey Interagency Council on Osteoporosis.

Housing:

New Jersey Department of Community Affairs

Division of Housing and Community Resources

PO Box 806

101 South Broad Street

Trenton, NJ 08625-0806

Email: dhcr@dca.state.nj.us

Web: <http://www.state.nj.us/dca/divisions/dhcr/index.shtml>

- ◆ The New Jersey Department of Community Affairs' Division of Housing and Community Resources' mission is to strengthen and revitalize communities through the delivery of affordable housing, supportive services and the provision of financial and technical assistance to communities, local government and community based organizations.

Homelessness Prevention Program (HPP)

Housing Assistance

NJ Division of Housing and Community Resources

Phone: 1-866-889-6270

Web: <http://www.state.nj.us/dca/divisions/dhcr/offices/hp.html>

- ◆ Provides limited financial assistance to low- and moderate-income tenants and homeowners imminent danger of eviction or foreclosure due to temporary financial problems beyond their control. Funds are used to disburse payments in the forms of loans and grants to landlords and mortgage companies on behalf of eligible households in danger of homelessness.

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NJ Resource Guide for Women

New Jersey Housing Resource Center

Phone: 1-877-428-8844

Web: <http://www.njhousing.gov/>

- ◆ The NJ HRC is an internet searchable registry of affordable housing and housing that is accessible for handicapped or disabled persons. This internet available information is kept up to date and is intended to help individuals find affordable housing, obtain housing information and links, and helps people with disabilities find housing options. For those interested in listing housing, it is also an excellent and FREE resource to list housing that is affordable.

Landlord-Tenant Information

Bureau of Homeowner Protection

Email: LTinfo@dca.state.nj.us

Web: http://www.state.nj.us/dca/codes/lt/table_of_contents.shtml

- ◆ Information about tenant's rights is available at the website noted above.

Shelter Housing Exit (SHE) Program

NJ Division of Housing and Community Resources

Phone: 609-633-6266

Web: <http://www.state.nj.us/dca/divisions/dhcr/offices/she.html>

- ◆ Provides housing assistance to victims of domestic violence with children, who are receiving shelter or transitional housing services from domestic violence programs across the state. Security deposits and up to two months rent are available to help victims of domestic violence leave shelters. The program also provides long-term assistance, in the form of security deposits and up to six months of housing assistance payments, to help those families who need assistance into the future. Referrals for the SHE program must come through the victim's local domestic violence shelter. Each county of New Jersey offers programs that have a variety of services for victims of domestic violence.

New Jersey Home Ownership Preservation Effort (NJ HOPE)

Phone: 1-888-995-HOPE (4673)

Web: <http://www.state.nj.us/dobi/njhope/>

- ◆ The New Jersey Homeownership Preservation Effort (NJ HOPE) is a voluntary public/private alliance of government agencies, not-for-profit organizations, and financial institutions committed to enhancing home ownership preservation by raising consumer awareness of available mortgage products and funding, providing increased access to credit and loan counseling for those who need it, and providing temporary assistance to consumers who are in immediate danger of foreclosure.

Universal Service Fund (USF)**NJ Board of Public Utilities****Toll Free:** 1-866-240-1347**Web:** <http://www.state.nj.us/bpu/assistance/programs/#3>

- ◆ Created by the State of New Jersey, USF helps make utility service more affordable to low-income utility customers by ensuring that those who meet the program requirements pay no more than 6% of their yearly income on gas and electric bills.

To be eligible for USF you must meet two qualifications:

- Your total household income must be less than or equal to 175% of the Federal Poverty Level (FPL).
- You must spend more than 3% of your income for electric service or more than 3% of your income for natural gas service. If you have electric heat in your home, you must spend more than 6% of your income on electricity.
- USF recipients must reside at the address provided on their utility account, and USF benefits will only be offered to the person/head of household listed on the utility account.

Services for Independent Living (SIL) Program**Housing and Mortgage Finance Agency****Phone:** 609-278-7521**Contact:** Maria DiMaggio**Web:** <http://www.state.nj.us/dca/hmfa/biz/manag/silp.html>

- ◆ The Services for Independent Living (SIL) Program promotes independent living and prevents premature or unnecessary placement in nursing homes for residents of HMFA-financed senior housing developments. HMFA provides the training, resources and guidance necessary for on-site service coordinators to develop appropriate programs and services for residents. SIL staff trains the service coordinators to develop and implement services for residents encompassing such areas as transportation, health screening, meals, housekeeping and personal care as well as recreational, educational and cultural activities.

Quick Resource Links/Toll Free Phone Numbers
<p>Alzheimer’s Services Disease Help Line Toll free: 1-800-424-2494</p>
<p>Elder Care Locator Line Toll free: 1-800-677-1116 (National) Web: http://www.eldercare.gov/Eldercare.NET/Public/Index.aspx</p>
<p>New Jersey EASE (New Jersey Easy Access, Single Entry) Senior Help Line Toll free: 1-877-222-3737 (operating hours are from 8:30 am-4:30 pm) Web: http://www.state.nj.us/health/senior/sanjease.shtml</p>
<p>New Jersey Medical Assistance Hotline Medicaid Toll Free Hotline: 1-800-356-1561 Web: http://www.state.nj.us/humanservices/dmahs/clients/medicaid/</p>
<p>Office of the Ombudsman for the Institutionalized Elderly Toll free: 1-877-582-6995 Phone: 609-943-4023 Web: http://www.state.nj.us/publicadvocate/seniors/elder/</p>
<p>United States Department of Veterans Affairs Toll free: 1-800-827-1000 Web: http://www.va.gov/</p>
<p>Women Veteran's Health Care - Links to U.S. Department of Veterans Affairs' Office of Public Health and Environmental Hazards Phone: 1-877-222-8387 Web: http://www.publichealth.va.gov/womenshealth/index.asp</p>

Women’s Referral Central

Toll Free: 1 (800) 322-8092

24 hours a day/7 days a week

- ◆ Provides information and referrals to women in New Jersey through a statewide toll-free telephone line. The Hotline provides referrals and basic information in areas such as discrimination, affordable housing, displaced homemakers, addiction services, education, domestic violence, employment, legal assistance, divorce, violence, health care, sexual assault, stalking, child care, child support/custody, single parenting, job training, etc.