

NJ Resource Guide for Women

Section X:

HEALTH

**NJ Department of Community Affairs
Division on Women
Spring 2009**

HEALTH

Department of Health and Senior Services- Office on Women's Health

P.O. Box 364

Trenton, NJ 08625-0364

Phone: (609) 292-4043

Web: <http://www.state.nj.us/health/fhs/owh/index.shtml>

Department of Health and Senior Services- Office of Minority & Multicultural Health

John Fitch Plaza

P.O. Box 360

Trenton, NJ 08625-0360

Phone: (609) 292-6962

Web: <http://www.state.nj.us/health/commiss/omh/>

Health Care/Health Insurance:

New Jersey's Centers for Primary Health Care (CPHC)

Web: <http://www.state.nj.us/health/fhs/cphc/>

Locate a Center for Primary Health Care:

Web: <http://web.doh.state.nj.us/apps2/CancerFacilities/cphc.aspx>

- ◆ New Jersey's Centers for Primary Health Care (CPHC) offer a wide range of health care services for the entire family.
- ◆ You don't need health insurance to get care at a center. Centers serve the uninsured and underinsured, as well as patients with Medicaid, Medicare and private insurance. If you're uninsured, your bill will be based on your ability to pay. No one is ever turned away for lack of funds.

NJ FamilyCare Program

Toll Free: 1 (800) 701-0710

Web: <http://www.njfamilycare.org/>

- ◆ NJ FamilyCare offers free or low cost health insurance for uninsured children 18 years old or younger who live in New Jersey. Children who are lawful permanent residents or in a qualified immigrant status may be eligible, regardless of their date of entry into the United States. NJ FamilyCare provides full health coverage through your choice of participating Health Maintenance Organizations (HMOs) and covers almost every healthcare need including doctor visits, hospitalizations, lab test, x-rays, eyeglasses, mental health services, prescription drugs and even dental care for most children. Eligibility is based on monthly income and household size (which includes parents, stepparents, and children under 21). Assets are not a determining factor and no one is turned down due to a pre-existing medical condition. Pick up a single-page application at an application assistance site near your home, which includes your local County Board of Social Services, download one from the website, or apply by phone.

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Medicaid

Toll Free: 1 (800) 356-1561

Web: <http://www.state.nj.us/humanservices/dmahs/dhsmed.html>

- ◆ Medicaid provides medical assistance programs to individuals who are both categorically and financially eligible. Medicaid categories are limited to very low-income families with dependent children, pregnant women, children up to 21 years of age, individuals age 65 and older, or individuals determined blind or permanently disabled. Individuals must be residents of New Jersey and must be citizens of the United States or be lawfully admitted for permanent residence for at least five years. Pregnant women and children and other qualified aliens may be exempt from the 5-year requirement. The financial requirements vary for each program.

HIV/AIDS Services:

NJ HIV Counseling and Testing Sites By County

Web: <http://www.state.nj.us/health/aids/ctsites.htm>

Family Centered HIV Care Network

Special Child, Adult and Early Intervention Services

P.O. Box 364

Trenton, NJ 08625-0364

Phone: (609) 777-7778

Fax: (609) 292-3580

Web: <http://www.state.nj.us/health/fhs/scaids.htm>

- ◆ New Jersey's Family Centered HIV Care Network provides a full range of high quality, culturally sensitive and coordinated HIV/AIDS medical and social support services to women, children, and adolescents at many convenient locations throughout the state. For more information about the Network, contact the NJ Department of Health and Senior Services.

Services at Available Network Centers
<ul style="list-style-type: none">• HIV/AIDS specialty care• General medical care and physical examinations• Developmental assessments• Laboratory tests including screening for HIV• Mental healthcare, and counseling and psychological support• Participation in adult and pediatric clinical trials• Coordination of hospital and home care for HIV-positive clients• Family referrals to appropriate medical and community-based care• Prenatal, obstetric and gynecology care• Dental care, eye care and nutrition counseling• Adolescent age-appropriate programs• Case management and social support services

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Statewide Family HIV Care Centers		
HIV Care Center	City	Phone
Francois Xavier Bagnoud Center	Newark	(973) 972-0380
Newark Beth Israel Medical Center	Newark	(973) 926-8004
Jersey City Family Health Center	Jersey City	(201) 946-6148
St. Joseph's Hospital & Medical Center	Paterson	(973) 754-4701
Jersey Shore University Medical Center	Neptune	(732) 776-4271
Cooper Hospital University Medical Center	Camden	1 (877) 496-7023

AIDS Drug Distribution Program

P.O. Box 722

Trenton, New Jersey 08625-0722

Toll Free: 1 (877) 613-4533

Phone: (609) 588-7038

Web: <http://www.nj.gov/health/aids/freemed.htm>

- ◆ The AIDS Drug Distribution Program provides life-sustaining and life-prolonging medications to low income individuals with no other source of payment for these drugs.

To Qualify	
Residency	You must be a New Jersey resident 30 days prior to the date of your application.
Income	Your annual income cannot exceed 500 percent of the Federal Poverty Level.
Medical Certification	You must present a letter from a physician that certifies the medical necessity of receiving the covered medication(s).
Consent	You must sign a consent form, which attests to the accuracy of the information and allows for verification.
Other Insurance	If you have other forms of reimbursement through private insurance you may not be eligible for the program unless you have received the maximum benefits allowable under the plan.

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HIV Home Care Program

Web: <http://www.state.nj.us/health/aids/homecare.htm>

- ◆ An individual must have a medical diagnosis of HIV/AIDS and physician certified medical (intravenous therapy) and/or chronic dependencies (compromised activities of daily living), which require registered nurse services in the home. Registered nurse services are defined as the direct provision of nursing services by a registered nurse and/or registered nurse supervision of licensed practical nurses, home health aides/housekeepers or personal care attendants in the home. An individual must also meet income eligibility criteria, have limited or no insurance, and be a resident of New Jersey for at least 30 days. There is no waiting period for clients who meet the eligibility criteria. Services are provided in the home through a case management system and include nursing, home health aide/homemaker and personal care attendant services, respiratory therapy, physical therapy, occupational therapy, speech therapy, social work and mental health services, nutritional counseling, durable medical equipment, diagnostic testing, intravenous therapy, nutritional supplements and medical day care. Contact one of the appropriate agencies below for more information.

HIV Home Care Program		
Atlantic, Cape May, Camden, Cumberland Gloucester, and Salem VNA of Southern NJ 150 Ninth Avenue P.O. Box 250 Runnemede, NJ 08078 Toll Free: 1 (800) 255-8986 Fax: (856) 939-9030	Bergen Home Health Agency Hackensack University Medical Center 30 Prospect Avenue Hackensack, NJ 07601 Phone: (201) 342-6311 Fax: (201) 342-8104 (until 4 p.m.)	Burlington Virtua Community Nursing Services 523 Fellowship Road, Suite 250 Mt. Laurel, NJ 08054 Phone: (856) 581-7200 Fax: (856) 581-7201
Essex and Morris HIV Home Care Program VNA of Essex Valley 33 Evergreen Place, 5th Fl. East Orange, NJ 07018 Phone: (973) 414-3468 Fax: (973) 414-3478	Hudson Christ Hospital Home Health 176 Palisade Avenue Jersey City, NJ 07306 Phone: (201) 418-6800 Fax: (201) 798-2957	Hunterdon Hunterdon Medical Center Home Health Service 2100 Wescott Drive Flemington, NJ 08822 Phone: (908) 788-6138 Fax: (908) 788-6549

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<p>Mercer VNA Home Care of Mercer County 171 Jersey Street, Ste. 201 P.O. Box 441 Trenton, NJ 08603 Phone: (609) 815-3762 Fax: (609) 393-9713</p>	<p>Middlesex, Monmouth, and Somerset Community Care Alternatives VNA of Central Jersey 746 Livingston Avenue North Brunswick, NJ 08902 Phone: (732) 565-4540 Fax: (732) 828-4807</p>	<p>Ocean Ocean County Health Dept. 175 Sunset Avenue P.O. Box 2191 Toms River, NJ 08754 Phone: (732) 341-9700 Fax: (732) 341-5461</p>
<p>Passaic St. Joseph's Hospital and Medical Center Comprehensive Care Center 703 Main Street Paterson, NJ 07503 Phone: (973) 754-2884 Fax: (973) 742-2316</p>	<p>Sussex Sussex County Division of Health Office of Public Health Nursing 129 Morris Turnpike Newton, NJ 07860 Phone: (973) 948-5400 Fax: (973) 948-4207</p>	<p>Union Visiting Nurse and Health Services 354 Union Avenue Elizabeth, NJ 07208 Phone: (908) 352-5694 Fax: (908) 352-2475</p>
<p>Warren Public Health Nursing Agency Warren County Health Dept. 162 E. Washington Avenue Washington, NJ 07882 Phone: (908) 689-6000 Fax: (908) 689-8330</p>		

Early Intervention Programs (HIV/AIDS Services)

Web: <http://www.state.nj.us/health/aids/interv.htm>

- ◆ Funded by grants from the NJ Department of Health and Senior Services' Division of HIV/AIDS Services (DHAS), these centers provide medical management of persons with HIV and include antiviral therapies, prophylaxis for opportunistic illnesses, monitoring of immune system using CD4 and viral load testing, and regularly scheduled medical assessments. Case management, health education, referrals, and access to clinical trials are also offered. Patients are billed for services through the center's existing billing system.

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Maternal, Child, & Community Health Services

Toll Free: 1 (800) 328-3838

Web: <http://www.state.nj.us/health/fhs/chshome.htm>

- ◆ This service unit includes Perinatal Health, Reproductive Health, and the Child and Adolescent Health Programs. Key components include Family Planning, Abstinence Education, Cancer Education and Early Detection, Black Infant Mortality Reduction, and Childhood Lead Poisoning control.

Pregnancy Discrimination

Civil Rights, Law Against Discrimination (LAD)

Web: <http://www.state.nj.us/lps/dcr/law.html>

- ◆ The New Jersey Law Against Discrimination (LAD) makes it unlawful to subject people to differential treatment based on race, creed, color, national origin, nationality, ancestry, age, sex (including pregnancy), familial status, pregnancy, marital status, domestic partnership status, affectional or sexual orientation, atypical hereditary cellular or blood trait, genetic information, liability for military service, and mental or physical disability, perceived disability, and AIDS and HIV status. The LAD prohibits unlawful discrimination in employment, housing, places of public accommodation, credit and business contracts. Not all of the foregoing prohibited bases for discrimination are protected in all of these areas of activity.

Healthy Mothers, Healthy Babies Coalitions

New Jersey Department of Health and Senior Services

P.O. Box 364

Trenton, NJ 08625-0364

- ◆ Eight Healthy Mothers, Healthy Babies (HM/HB) Coalitions were established by the New Jersey Department of Health and Senior Services (NJDHSS) in 1985 as part of a \$1.83 million infant mortality reduction initiative. This initiative targets the 11 cities at highest risk for poor pregnancy outcomes: Atlantic City, Camden, East Orange, Irvington, Jersey City, New Brunswick, Newark, Orange, Paterson, Plainfield and Trenton. These community-based coalitions include consumers, community agencies, providers and other organizations or individuals with an interest in improving the health status of families in the target cities.
- ◆ The HM/HB Coalitions' primary function is to provide community-based outreach and education services aimed at reducing infant mortality in the target cities. The NJDHSS provides annual funding to the Maternal and Child Health Consortia with HM/HB target cities within their regions. This funding may be distributed to local agencies through a request for proposal process. Guidelines for funding distribution are established by the NJDHSS.

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To locate your local Healthy Mothers, Healthy Babies Coalition, please reference the following contact list:

NORTHERN NEW JERSEY

<p>Essex HM/HB Coalition (East Orange, Irvington, Newark, Orange) 303-309 Washington Street, 4th Floor Suite 401 Newark, NJ 07102 Phone: (973) 621-7758 Fax: (973) 621-9227 E-mail: Bcannon@nnjm-chc.org Contact: Beverly Braxton-Cannon, Coordinator</p>	<p>Hudson Perinatal Consortium, Inc. 242 10th Street Jersey City, NJ 07302 Phone: (201) 876-8900 Fax: (201) 876-2670 Jersey City HM/HB Coalition E-mail : jmcmahon@hudsonperinatal.org Contact : Jeanne McMahon, Coordinator</p>
<p>Northern NJ MCH Consortium 17 Arcadian Avenue, Suite 204 Paramus, NJ 07652 Phone: (201) 843-7400 Fax: (201) 843-4988</p>	<p>Paterson HM/HB Coalition Coordinator 660 Broadway, 2nd Floor Paterson, NJ 07514 Phone: (973) 881-6927 Fax: (973) 881-1618</p>

CENTRAL NEW JERSEY

<p>Central NJ MCH Consortium, Inc. 2 King Arthur Court, Suite B North Brunswick, NJ 08902 Phone: (732) 937-5437 Fax: (732) 937-5540 New Brunswick HM/HB Coalition Contact: Shamia M. Mickens, Coordinator</p> <p>Plainfield HM/HB Coalition E-mail: smickens@cnjmchc.org Contact: Shamia M. Mickens, Coordinator</p> <p>Trenton HM/HB Coalition E-mail: btift@cnjmchc.org Contact: Brenda Tift, Coordinator</p>
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SOUTHERN NEW JERSEY

Southern NJ Perinatal Cooperative

Kevon Office Center, Suite 250
2500 McClellan Avenue
Pennsauken, NJ 08109-4513

Phone: (856) 665-6000

Fax: (856) 665-7711

Atlantic City HM/HB Coalition

1714 Atlantic Avenue, 2nd Floor
Atlantic City, NJ 08401

Phone: (609) 345-6420

Fax: (609) 345-6423

Contact: Judy Stark, Coordinator

Camden HM/HB Coalition

2600 Mount Ephraim Avenue
Camden, NJ 08104

Phone: (856) 963-1013

Fax: (856) 963-0989

E-mail: Jnieves@snjpc.org

Contact: Janet Nieves, Coordinator

Perinatal Health Services Program (Prenatal Care)

Phone: (609) 292-5616

Web: <http://www.state.nj.us/health/fhs/prenatal/prenatalcare.shtml>

- ◆ In New Jersey, women may seek prenatal care in a private physician's office, hospitals, clinics, Planned Parenthood centers and Federally Qualified Health Centers.

Family Planning

Phone: (609) 292-8104

Web: <http://www.state.nj.us/health/fhs/famplan.htm>

- ◆ Family Planning is a preventive health service that provides quality, low cost, and easily accessible reproductive health care to women and men during their reproductive years. Family Planning services are confidential.

For more information call	
Family Planning Association of NJ	(609) 393-8423
NJ Family Health Line	1 (800) 328-3838
NJ Family Planning League	(973) 622-2425
Planned Parenthood of New Jersey	1 (800) 230- PLAN (7526) To Contact Your Local Planned Parenthood

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Mental Health

NJ Division of Mental Health Services (DMHS)

Phone: (609) 777-0702

Web: <http://www.state.nj.us/humanservices/dmhs/receivingmhservices.html>

- ◆ The division serves adults with serious and persistent mental illnesses. Services are available to anyone in the state who feels they need help with a mental health problem.

Alzheimer's Services Disease Help Line

Toll Free: 1 (800) 424-2494

For Children and Caregivers of Children:

Children's Behavioral Health Services (DCBHS)

Web: <http://www.state.nj.us/dcf/behavioral/>

- ◆ Division of Children's Behavioral Health Services (DCBHS) serves children and adolescents with emotional and behavioral health care challenges and their families. DCBHS is committed to providing these services based on the needs of the child and family in a family-centered, community-based environment. The following is a list of services available through DCBHS:
 - **Mobile Response and Stabilization Services**
Children's Mobile Response and Stabilization Services is a single, comprehensive system of mobile response available to children and youth whose escalating emotional or behavioral issues require timely Interventions to prevent disruption of their current living arrangement, including out-of-home placement. **Visit the following website to view a list of organizations that provides these services in your community:**
<http://www.state.nj.us/dcf/behavioral/help/mobile.html>
 - **Care Management Organizations**
Care management organizations (CMO's) are relatively, newly-established non-profits that provide a full range of treatment and support (wrap-around) services to children with the most complex needs. They work with child-family teams to develop individualized service plans. The CMO's goals are to keep children in their homes, their schools and their communities. **Visit the following website to view a list of organizations that provides these services in your community:**
<http://www.state.nj.us/dcf/behavioral/help/care.html>
 - **Family Support Organizations**
Family Support Organizations (FSO's) are family-run, county-based organizations that provide direct family-to-family peer support, education, advocacy and other services to family members of children with emotional and behavioral problems. **Visit the following website to view a list of organizations that provides these services in your community:**
<http://www.state.nj.us/dcf/behavioral/help/family.html>

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- **Youth Case Management Services**

Youth Case Management (YCM) is the supportive relationship that case managers develop with the children and families they serve. Based upon the family's strengths, this relationship is characterized by dignity, respect, and self-determination. YCM advocates for the needs and views of the child and their family. YCM has a leadership role in the coordination and integration of services designed to optimize care for children and families. **Visit the following website to view a list of organizations that provides these services in your community:**

<http://www.state.nj.us/dcf/behavioral/help/youth.html>

For questions about or to access any of the above services for children and youth, call the 24-hour, toll-free Access Line at:

**Value Options
(877) 652-7624**

Fibromyalgia

Web: <http://www.fmaware.org/site/PageServer?pagename=fibromyalgia>

According to the National Fibromyalgia Association, *Fibromyalgia (FM) is a chronic pain disorder characterized by widespread musculoskeletal aches, pain and stiffness, soft tissue tenderness, general fatigue, and sleep disturbances. The most common sites of pain include the neck, back, shoulders, pelvic girdle, and hands, but any body part can be affected. Fibromyalgia patients experience a range of symptoms of varying intensities that wax and wane over time.*

Resources:

American College of Rheumatology

Web: <http://www.rheumatology.org/>

American Pain Foundation

Web: <http://www.painfoundation.org/>

National Fibromyalgia Association

Web: <http://www.fmaware.org/site/PageServer>

National Institutes of Health

Web: http://www.niams.nih.gov/Health_Info/Fibromyalgia/default.asp

Pfizer's New Online Resource Website

Web: <http://www.fibrocenter.com/>

WebMD

Web: <http://www.webmd.com/fibromyalgia/default.htm>

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New Jersey Interagency Council on Osteoporosis

Phone: (609) 943-3498

Web: <http://www.state.nj.us/health/senior/osteo/whatis.shtml>

- ◆ Osteoporosis is a serious condition in which bones become thin, brittle and easily broken. This condition is both preventable and treatable. For more information about how to build and protect bones, contact the New Jersey Interagency Council on Osteoporosis.

Women's Referral Central

Toll Free: 1 (800) 322-8092

24 hours a day/7 days a week

- ◆ Provides information and referrals to women in New Jersey through a statewide toll-free telephone line. The Hotline provides referrals and basic information in areas such as discrimination, affordable housing, displaced homemakers, addiction services, education, domestic violence, employment, legal assistance, divorce, violence, health care, sexual assault, stalking, child care, child support/custody, single parenting, job training, etc.