

National Suicide Prevention Week 2015

Reaching Out and Saving Lives

September 7th-13th

Every life lost to suicide is a tragedy and the New Jersey Department of Children and Families (DCF) is committed to decreasing youth suicide. It is with that in mind that we share the following events that we are aware of taking place across the state.

Department of Children and Families

| Name of School and/or Organization | Address | Event/Activity |
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| Cumberland Regional High School SBYSP-Colt Connection | 90 Silver Lake Road, Seabrook, NJ Director: Susan Hikey Hickey@CRHSD.org | " 100 Reasons Why to Stay " suicide prevention project completed for Mental Health Awareness Month to be viewed via YouTube. www.youtube.com/watch?v=Kufn4jeQ56M&sns=em |
| Gloucester County Institute of Technology SBYSP | 1360 Tanyard Road Sewell, NJ Director: Kim Glazer kglazer@gcecnj.org | 8/19/15 and 10/18/15 SBYS partners with GCIT & The American Foundation for Suicide Prevention to host the 'Out of the Darkness' Community Walk to raise awareness and inspire hope in the community and for the participants. |
| Asbury Park High School SBYSP-The SPOT | 1003 Sunset Avenue Asbury Park, NJ Director: Jaclyn Headlam HeadlamJ@asburypark.k12.nj.us | 9/10/15; 10:45am-12pm We will be tabling regarding facts about suicide while doing a "promote love" activity by writing love on the wrists of those in support of suicide prevention and taking pictures accordingly. |
| Clifton High School SBYSP Teen Center | 333 Colfax Avenue Clifton NJ Director: Trish Kramer pkramer@njcdc.org trishkramer@netscape.net | 9/10/15 Partnering with another school/agency to coordinate an event - Keansburg High School Partnering with Metropolitan Family Institute to highlight anti-bullying campaign and have candid discussions regarding how to seek out help. |

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| Highland Park Public Schools | 435 Mansfield St. Highland Park, NJ Director: Elizabeth Asamoah easamoah@hpschools.net | 9/10/15 Staff and trained students will visit classrooms will be visiting homerooms throughout the week to share a brief statement about support and intervention for depressed students. We will also be in the cafeteria during lunch with a table to share suicide prevention info and community resources with the students. |
| Egg Harbor Township High School SBYSP-Teen Center | 24 High School Drive Egg Harbor Township, NJ Director: Brittany Sheridan Brittany.Sheridan@fsasj.org | 9/10/15; 10:30am -12:15pm The EHT Teen Center was granted permission to set up an informational table during the high school lunches. The table will contain information regarding resources and services, such as 2nd Floor Hotline, that students may access whether for themselves or friends and family. Counselors will be at the informational table during this time to speak with students about the importance of World Suicide Awareness Day. |
| Oakcrest High School SBYSP-Oakcrest Teen Center | 1824 Dr. Dennis Foreman Dr. Mays Landing, NJ Director: Rebecca Miller Murphy, Rebecca.Miller-Murphy@atlanticare.org | 9/10/15 We will be providing information to the students and staff on identifying symptoms of suicide, how to cope with a loss, as well as, handing out suicide prevention hotline magnets and other resources. Throughout the day students and staff will be able to fill out a quilt patch to create a memory/hope quilt. Lastly the students from School Based will be creating an awareness ribbon on one of our athletic fields utilizing pin wheels; students and staff will then have an opportunity to view the ribbon once it is completed. |
| Lakewood High School SBYSP | 855 Somerset Avenue Lakewood, NJ 0870 p. 732.905.3500 ext. 7407 Director: Marianne Bradley-Arkush mbradleyarkush@piners.org | 9/10/15 Awareness and prevention information from the US Department of Health and Human Services will be handed out to students during lunch periods in the cafeteria. |

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| <p>Red Bank Regional High School SBYSP-The Source</p> | <p>101 Ridge Road Little Silver, NJ</p> <p>Director: Suzanne Keller skeller@rbrhs.org</p> | <p>Month of September</p> <p>We have several events planned in honor of World Suicide Awareness Day/ Month.</p> <ul style="list-style-type: none"> • First, working closely with the American Foundation for Suicide prevention (AFSP), students from our Teen Outreach Program will be sponsoring an Out of Darkness Walk while other students will be promoting the Life Saver event during the lunch/study module of the day. • These two events will help create awareness and educate students on the signs of suicide. Resources for support will be attached to the life saver candy. • In addition, we will once again promote our PSA created last year, by our Principal and Clinical Supervisor on suicide awareness and prevention. • In addition to the above, our staff goes into the health classes each marking period educating students on the signs of suicide and depression, identifying students who may need support. • We also provide training for all new teachers and refresher training for all staff in the high school. Our Clinical Supervisor is also a member of the Monmouth County Traumatic Loss Coalition. |
| <p>Keansburg High School SBYSP and APPI</p> | <p>100 Palmer Place Keansburg, NJ</p> <p>Director: J. Bryan Smith jsmith@keansburg.k12.nj.us</p> | <p>9/10/15</p> <p>During lunch hours providing outreach from 2nd Floor Youth Helpline & educational materials from Society for the Prevention of Teen Suicide. Collaboration with APPI (MHAMC), 2nd Floor, & Society for the Prevention of Teen Suicide.</p> |

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| Hunterdon Central Regional High School SBYSP | 84 Route 31 Flemington, NJ Contact: Meghan Deuel, MA Coordinator randolph.meghan@hunterdonhealthcare.org | 9/10/15 Hosting an awareness/resource table for students at the high school |
| Camden High School SBYSP | 1700 Park Blvd. Camden, NJ Contact: Yalonda Gaither, Health & Social Services Coordinator ygaither@camden.k12.nj.us | 9/14/15-9/18/15 11am-1:30pm SBYS staff will set up a table in the cafeteria and distribute ribbons and educational information to raise students' awareness about the warning signs and risk factors of suicide as well as resources regarding places they can go for help. While in the cafeteria, students will create signs with messages of hope that will be hung throughout the school. |
| Woodrow Wilson High School SBYSP | 3100 Federal St. Camden, NJ Director: Nefessa Wiggins nwiggins@camden.k12.nj.us | 9/14/15-9/18/15; 11:28am-1:34pm – During Lunch SBYS staff will set up a table in the cafeteria and distribute ribbons and educational information to raise students' awareness about the warning signs and risk factors of suicide as well as resources regarding places they can go for help. Throughout the week, the following activities will take place: <ul style="list-style-type: none"> • Monday: Green Ribbons will be hung throughout the school and messages of hope. • Tuesday: Wear green ribbons day. • Wednesday: Wear green socks day. • Thursday: Wear a green scarf day. • Friday: Wear a green belt day. |

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| Eastside High School SBYSP | 150 Park Ave Paterson, NJ Director: Kathy Barreto kbarreto@ycs.org | 9/17/15 We will be collaborating with a local community faith based organization that will provide all day 30 minute workshops during our lunch time programming, on Suicide Awareness and Prevention. During our After School Programming our clinicians will be holding a round table discussion on the Suicide Prevention and Awareness. Literature provided to us through the 2nd Floor Youth Help Line will also be distributed throughout the day. |
| Carteret School District SBYSP-- Pathways | 199 Washington ave., Carteret, NJ Director: Lauren Balkan Lauren@ncadd-middlesex.org | 10/03/15 and 11/1/15 We will participate in a suicide awareness walk- Out of the Darkness walk. |
| Henry Snyder High School SBYSP | 239 Bergen Avenue Room 120 Jersey City NJ 07305 Director: Erik Jensen Program Director SBYSP of Snyder High ejensen@barnabashealth.org | Early October SBYSP of Snyder has had over 15 students trained in the evidence based Sources of Strength suicide prevention program. The SOS program is planning a back to school kickoff event. |
| Somerset Vo-TECH SBYSP--Linkages | 14 Vogt Drive, P.O. Box 6350 Bridgewater, N.J. Director: Elaine Howe ehowe@SCVTS.NET | Date to be determined We will have a table in the cafeteria and provide resource information on suicide prevention, stress reduction and other resources to students. |
| New Brunswick High School SBYSP | 1000 Somerset Street New Brunswick NJ Director: Meredith Masin Blount meredith_blount@nbps.k12.nj.us | Date to be determined Tabling in cafeteria for suicide awareness |

Department of Health

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| AFSP Out of Darkness Walk | Veterans Park (Kuser Rd) | 10/18/2015; 10:00 am-1pm For more information: Contact Name: Linda Patterson Contact Phone: 609-610-2164 Contact Email: lp0510@hotmail.com |
| Trainings <ul style="list-style-type: none"> • October 21, Dr. Cheryl Sharp - Trauma Response and Resiliency Enhancement, National Council for Behavioral Health • October 29, Community Member Panel discussion on School Refusal and Adolescent Anxiety • November 6, Nicci Spinazzola - Interventions in the Aftermath of Suicide • December 8, Dr. Mark Woodford - Violence, Trauma, & Adolescents: Brain-Mind Effects and Paths to Reconnection | | |

Department of Human Services

The New Jersey Hopeline

At Rutgers University Behavioral Health Care

Invites you to join us for

World Suicide Prevention Day

Thursday, September 10, 2015

2:00pm to 3:30pm

151 Centennial Avenue, Piscataway

“Serving Together Through Hope”

*Rutgers University Behavioral Health Care
will present special guests who will discuss substance abuse
& suicide prevention.*

*We will hold a candle lighting ceremony in support of
World Suicide Prevention Day to be followed by
Light snacks and refreshments.*

*Please reply by e-mail to ariasuva@ubhc.rutgers.edu,
krugpa@ubhc.rutgers.edu*

Or by phone 732-235-3228 by September 4th