

RECOVER REBUILD RESTORE



In the aftermath of Superstorm Sandy, the Department of Children and Families (DCF) is here to help through the long recovery ahead; filling service gaps as other early response and recovery funding is beginning to be exhausted. With a goal of keeping families strong, preventing the potential negative impacts of the disaster on children and families, and providing swift support and intervention, DCF is expanding or creating additional services for the individuals we serve.

Lighthouse Detox Services

In the aftermath of Superstorm Sandy, the New Jersey Department of Children and Families (DCF) has expanded detoxification services provided by Lighthouse in Mays Landing. "Detoxification" is the provision of care, short-term and/or long-term, prescribed by a physician and conducted under medical supervision, for the purpose of withdrawing a person from a specific psychoactive substance in a safe and effective manner according to established written medical protocols. Detox can take place in a wide variety of settings and at a number of levels of intensity within these settings. DCF strongly supports the research that suggests that the location of service should be appropriate to the youth's presenting needs.

Accordingly, Lighthouse provides detoxification services for adolescents who suffer from substance use and are from any of the 10 counties most greatly affected by Super Storm Sandy (i.e. Atlantic, Cumberland, Middlesex, Bergen, Cape May, Hudson, Middlesex, Monmouth, Essex and Ocean).

Once an adolescent is admitted, Lighthouse will work with PerformCare, who partners with the state of New Jersey's Division of Children's System of Care (CSOC) as the single point of entry for all children, adolescents and young adults who are in need of behavioral health, or developmental and intellectual disability, or certain substance abuse treatment services. Together, Lighthouse and PerformCare will process appropriate authorization for inpatient detoxification treatment.

Lighthouse will provide detox services for opiates, benzodiazepines and alcohol use. Adolescents who meet criteria for admission will be treated in a caring and supportive environment, which is protective of safety and confidentiality. Staff selects appropriate medications to treat withdrawal symptoms using best practice guidelines which have been developed by leading organizations in the field of addiction medicine. The adolescent detoxification program provides a medically-supervised environment with daily medical attendance, including 24-hour nursing care using the latest clinically proven methods.

Lighthouse will provide a discharge plan for continued care which can also be authorized through PerformCare to access substance abuse treatment to one of the Children's System of Care, Department of Children and Families, state-funded providers. For more information or to access these services, please contact:

Lighthouse at Mays Landing
609-625-4900 or 1 (855) 463-6323

PerformCare
(877) 652-7624



As we know from previous natural disasters, a family's ability to cope is often stretched to its limit as they try to recover. The Department of Children and Families is making every effort to ensure that Sandy-impacted families have access to adequate social services. For more information or to gain expedient access:

1-855-INFO-DCF (1-855-463-6323)
(general information about DCF's programs and services)

DCF's Children's System of Care at 1-877-652-7624
(services for children and teens with emotional and behavioral health care challenges)

New Jersey Domestic Violence Hotline 1-800-572-SAFE (7233)
(individuals needing immediate assistance and access to domestic violence services)

New Jersey Coalition Against Sexual Assault (NJCASA) Hotline 1-800-601-7200