

# Community Program Directory

## DCF's Division of Prevention and Community Partnerships

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**Family Support Services**

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**Domestic Violence Services**

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**County Welfare Agencies**



This directory is frequently updated and available online at [www.nj.gov/dcf](http://www.nj.gov/dcf)  
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# DPCP Community Program Directory

The Division of Prevention and Community Partnerships' Community Program Directory provides public access to statewide resources that are designed to support family success and keep children safe. The programs and services listed are funded by the New Jersey Department of Children and Families' Division of Prevention and Community Partnerships (DPCP). The Division is built on and comprised of best-practices and technical-assistance teams committed to building partnerships with the goal of developing a robust network of prevention support and services that are culturally responsive, strength-based and family-centered. This directory is updated regularly and available online at [www.nj.gov/dcf](http://www.nj.gov/dcf)

## Family Support Services

### Family Success Centers

Family Success Centers (FSC) are neighborhood-based gathering places where any community resident can find various information and services. New Jersey has one of the only statewide systems in the United States with publicly supported Family Success Centers. There is no cost to access supports offered by FSCs. Some of the services include: employment, information and referral, parent education, health care, parent-child activities, home visiting, life skills training, advocacy and housing. FSCs encourage community involvement. Residents influence development and implementation and participate in governance of the center.

### Kinship Navigator Program

The Kinship Navigator Program aids caregivers, such as grandparents and other blood relatives, maneuver through various government networks to find formal and informal supports and services, including help with paying for such as help with paying child care, getting referrals to support groups, and help with getting medical coverage, legal services and housing assistance. Kinship caregivers can call 2-1-1 to locate the agency providing assistance in their area.

## Domestic Violence Services

**A network of domestic violence programs**, at least one in every county, is funded through DPCP to provide core services for domestic violence victims and their families including: emergency shelter; 24-hour hotline; counseling; general, financial, housing and legal advocacy; children's services; and community education and networking.

### PALS Programs (PEACE: A Learned Solution)

PALS is a research-based intensive therapeutic program that provides comprehensive services for children exposed to domestic violence using creative arts therapies. PALS also provides counseling, advocacy and case management for their non-offending parents.

# Early Childhood Services

## Home Visitation Programs

DPCP oversees the implementation of an array of evidence-based home visiting services to provide early support to families with infants and young children across the state. Eligibility criteria for HV services vary by model, but typically programs begin working with families during pregnancy and continue until the child is age two or three.

Home visitors provide pregnant women and new parents with health information, parenting education, and linkages to other resources that support child and family well-being. The directory provides information on all DCF-funded HV models that include:

- ▶ Healthy Families (HF-TIP) – pregnancy/birth to age three
- ▶ Nurse-Family Partnership (NFP) – first-time pregnancy to age two
- ▶ Parents As Teachers (PAT) – pregnancy/infancy to preschool
- ▶ Home Instruction for Parents of Preschool Youngsters (HIPPO) – age three to five

In addition, we have included federally funded Early Head Start programs that provide home-based services to families from pregnancy to age three. For a directory of NJ's Head Start programs go to the Head Start Locator at <http://eclkc.ohs.acf.hhs.gov/hslc/HeadStartOffices>

## Strengthening Families through Early Care and Education

Strengthening Families (SF) is an evidence-based approach that provides training and guidance to childcare providers, and in turn, engages and supports parents/families in infant/child care centers and family child care settings. Child Care Resource and Referral agencies in each county integrate SF principles in their work with local early care and education partners. SF training encompasses key strategies and practices that embrace five research-informed Protective Factors shown to prevent child abuse and neglect by building family strengths and nurturing parent-child relationships.

## Community-Based Child Abuse Prevention Programs

DPCP supports other community-based child abuse prevention programs throughout New Jersey. Examples include parenting education groups, fatherhood support, and programs that promote early childhood mental health and emotional well-being.

These programs are funded through:

- ▶ **Community-Based Child Abuse Prevention (CBCAP)** – federal formula grant funds issued to New Jersey by the Administration for Children and Families.
- ▶ **Children's Trust Fund (CTF)** comes from a variety of sources, including voluntary state income tax check-off contributions; surcharges on birth, divorce, or death certificates; line item state appropriations; interest from the Trust Fund; corporations and private foundations; and individual contributions.

# School–Linked Services

## School Based Youth Services Program (SBYSP)

School-Based Youth Services Programs (SBYSP) are located in all counties in or near schools in the community. The programs provide services before, during and after school and throughout the summer and are open to all youth ages 10 -19 enrolled in any school that hosts a SBYSP. Major services include: mental health and family services; health services; substance abuse counseling; employment services; pregnancy prevention programs; learning support services; referrals to community based services; and recreation.

Other school-linked programs include the Adolescent Pregnancy Prevention Initiative, Parent Linking Program, Family Empowerment Program, Newark School-Based Health Centers and Family Friendly Centers.

## Prevention of Juvenile Delinquency Programs

Prevention of Juvenile Delinquency is a school-based program that has incorporated elements of the U.S. Department of Justice's delinquency prevention program and collaborates with: students ; parents/ caregivers; local law enforcement such as in the police Station House Adjustment program; probation; municipal and county crisis intervention units; community based juvenile conference panels; and juvenile justice programs in schools or communities.

The goal of these collaborations is to support students who have displayed behaviors that can or have caused them to become involved in the juvenile justice system. As a result, students are provided with the counseling, training, and community support necessary to deter risky behaviors in order to succeed in school, gain employment and strengthen their community as a whole.

## NJ Child Assault Prevention Project

The New Jersey Child Assault Prevention Project (CAP) is a statewide program that trains children, parents and teachers to prevent assaults by peers or adults and stranger abduction. CAP staff work closely with local school districts, parent/teacher associations, home school groups and other community groups to deliver the training.

## Statewide Youth Helpline 1-888-222-2228

The NJ Statewide youth helpline, 2NDFLOOR, is available 24-hours, seven-days-a-week, in English and seven-days-a-week from 4:00 -10:00 p.m. in Spanish to children and young adults ages 10-24. Youth can either call the helpline, 1-888-222-2228, or access the interactive Web site [www.2NDFLOOR.org](http://www.2NDFLOOR.org). Calls to the 2NDFLOOR youth helpline are anonymous and confidential except in life threatening situations.

# Cape May

## Family Support Services

### **Kinship Navigator Program**

Family Service Association  
English Creek Avenue, Suite 3  
Egg Harbor Township, NJ 08234  
(877) 569-0350

## Domestic Violence Services

Coalition Against Rape and Abuse, Inc (CARA)  
PO Box 774  
Cape May Court House, NJ 08210  
(609) 522-6489 (office)  
(877) 294-2272 (toll free)  
(609) 522-6489 (24 hour hotline)

## Early Childhood Services

### **Home Visitation**

Holy Redeemer Health System  
*Healthy Families - TIP*  
1801 North Route 9  
Swainton, NJ 08210  
(609) 465-2082

Caring for Kids  
*Parents as Teachers (PAT)*  
PO Box 695  
Cape May Court House, NJ 08210  
(609) 889-8100

### **Strengthening Families**

EIRC - Southern Regional Child Care Resource Center  
Social Services Building  
4005 Route 9 South  
Rio Grande, NJ 08242  
(609) 886-5164

## School Linked Services

### **School Based Youth Services Programs**

Cape May County Technical School  
188 Crest Haven Road  
Cape May Court House, NJ 08210  
(609) 465-2161 ext. 683

Lower Cape May Regional High School  
687 Route 9  
Cape May, NJ 08204  
(609) 884-3475 ext. 357

### **Child Assault Prevention**

NJ Child Assault Prevention Network  
AtlantiCare Behavioral Health  
2511 Fire Road, Suite B-10  
Egg Harbor Twp., NJ 08234  
(609) 748-9773

## County Welfare Agency

Cape May County Board of Social Services  
Social Security Administrator  
4005 Route 9 South  
Rio Grande, NJ 08242  
(609) 886-6200