

# YOUTH THRIVE™

PROTECTIVE & PROMOTIVE FACTORS FOR HEALTHY DEVELOPMENT AND WELL-BEING

## INCREASE PROTECTIVE & PROMOTIVE FACTORS

- Personal resilience
- Social connections
- Knowledge of youth development
- Concrete supports in time of need
- Social, emotional, behavioral, intellectual and moral competence in youth

## REDUCE RISK FACTORS

- Psychological stressors
- Inadequate or negative relationships with family members, adults outside youth's family and peers
- Insufficient or inadequate opportunities for positive growth and development
- Unsafe, unstable, inequitable environments

## DYNAMIC OUTCOMES HEALTHY DEVELOPMENT & WELL-BEING FOR YOUTH

- Hopeful, optimistic, compassionate, curious, resilient identity
- Supportive family and social networks
- Ability to form and sustain caring, committed relationships
- Success in school and workplace
- Service to community or society