

# easy ways to go green at home

Simple solutions that save money and the environment

going green costs little or nothing but saves so much. Adopt these practices in your home and you will save money on your electric, gas, and water bills. Take it a step further to your car and vacations and save even more. The environment thanks you too.

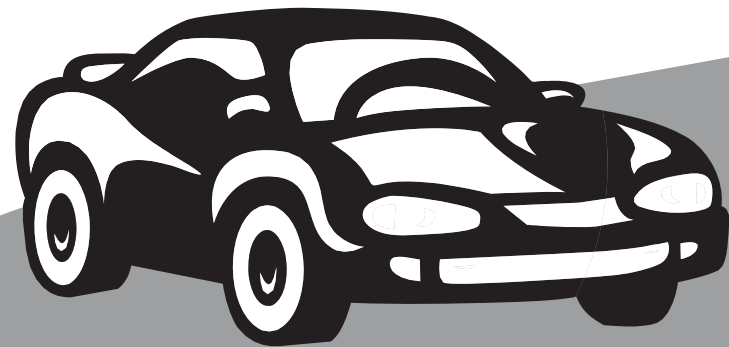
## transportation

Use your bike or mass transit when you can, but if you have to take your car remember to keep it in good working order.

- fix oil leaks
- change air filter
- don't idle
- combine trips
- take off slowly

Other ways to get around:

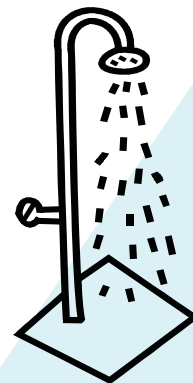
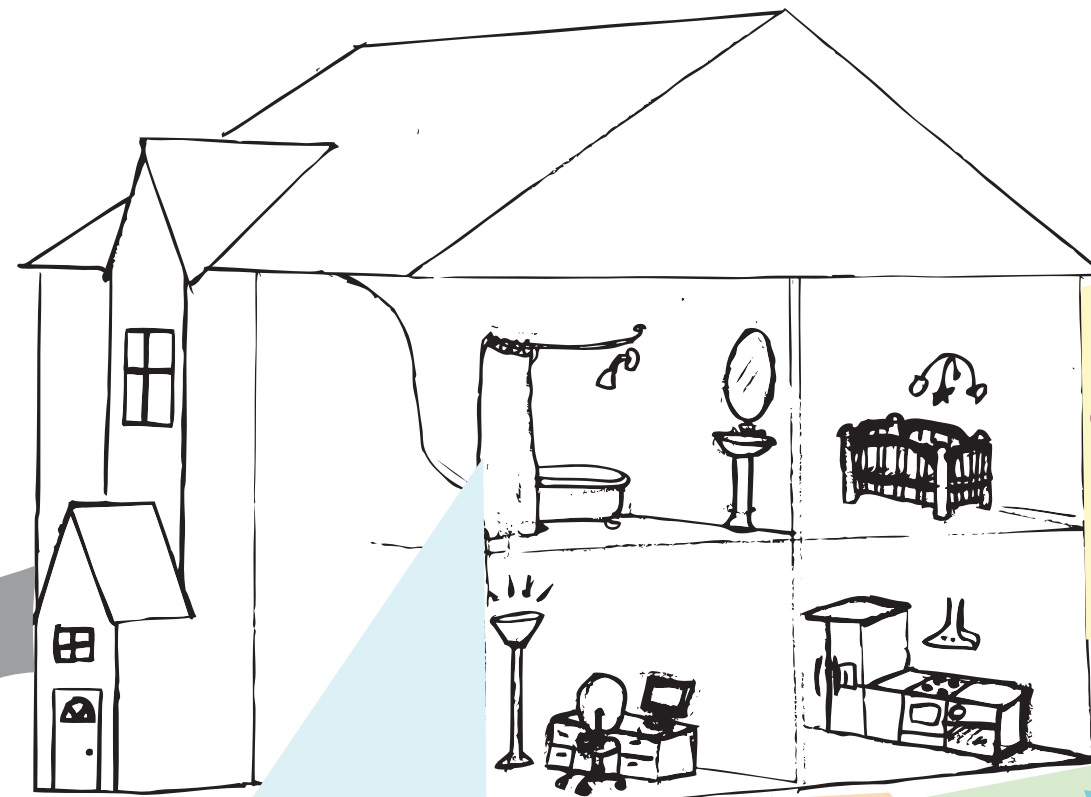
- walk
- bike
- mass transit
- carpool



## travel

Consider the environment on your next vacation.

- bring toiletries
- use a digital camera
- combine trips
- don't rent a car



## bathroom

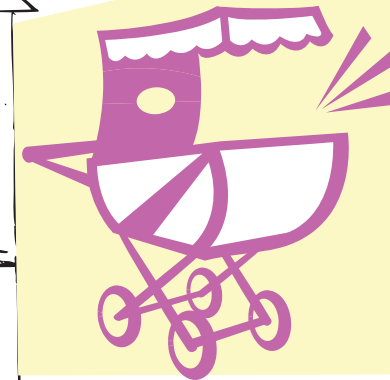
Go low-flow with your shower and faucet. It will save 50% more water. Less water also means less fuel spent heating the water.



## office

Green office solutions:

- turn off the computer
- resist the urge to print
- use voice mail, not a machine
- use faster internet to decrease time online



## baby

The average baby over 2.5 years has over 6,000 diaper changes.

Reduce the impact:

- use biodegradable disposable brands
- better yet, use cloth diapers
- better still, potty train earlier



## kitchen

Each person in your household creates on average 1460 pounds of garbage per year! Did you know 30% of your kitchen waste is compostable?

Compost:

- fruit & veggie scraps
- egg shells
- coffee grounds
- tea bags
- paper towels & napkins