# Delaware Bay By Tom Pagliaroli

he late, great blue-collar comedic artist's signature statement instantly came to mind that early May afternoon while engaged in a conversation with a pair of obviously ecstatic anglers at Fin-Atics Marine Supply in Ocean City.

"I tell ya, I get no respect.

No respect at all!"

Rodney Dangerfield

never caught one or never caught one over 35 pounds. This game fish is magnificent in its brutal simplicity and strength. Yeah, hook and hold on to a horse or two, get it to the boat, and preconceived notions do a 180 real quick."

Seems that the duo just weighed in a couple of stripers that tipped the scale at a combined 50 pounds. Both were caught in the Great Egg Harbor Inlet. Nice bass, these, and the fishermen were justifiably proud. I mentioned that the day before I'd decked a 76-pound black drum aboard Captain Bob Cope's Full-Ahead Sportfishing over on Delaware Bay.

The bass were fooled by clam baits, as was the drum. "But," as one of the guys emphasized, "it was only a drum."

Never mind that the one fish that nearly tore my arms from the shoulder sockets and was so expeditiously lip-gaffed by Captain Cope 20 minutes later counted for one more, plus a pound, of their nearly-identical linesiders. What was startlingly apparent was the disdain for the inner tube thick-lipped bottom feeder that, with weights in excess of the century mark, is a true inshore big game quarry. Thankfully, this attitude is fading rapidly, being replaced by a refreshing appreciation for the size, sheer pulling power and fine eating afforded by what is called among Delaware Bay principals, disciples

and growing legions of converts as "drumfish."

Quips the skipper, "In my experience, and talking to other captains, those who 'diss' drumfish have either caught from the Sandi Pearl charter boat.

"But there are bigger drum out there," says Captain Cope, whose client best in '06 was a biceps-withering 95<sup>1</sup>/<sub>2</sub> pounds. One that pulled the hook at the stern was visually estimated to be 20 pounds heavier. "A monster," claimed the captain, shaking his head.

How big are the drum pounding through Delaware Bay? The decent fish are 35 to 50 pounds, the good fish 50 to 80 pounds and

the great fish over 80 pounds. Last year, a new Garden State record

was established by William Kinzy with a 107 pound behemoth

With a countenance even a mother would have trouble tolerating, the yellow-eyed, subsurface noisemaker is nonetheless a study in physical functional perfection. It cannot be mistaken for any other fish prowling the bay. Broad of shoulder with a highly arched back to plow through the rip-snorting tidal currents, the brass and gold-colored ivory-bellied drum sports long pectoral and ventral fins and a broad tail fin that aid in maneuverability. The bottom of the lower jaw is festooned with barbels that act as taste sensors (much in the same way as those on a catfish) to assist in locating and pre-tasting clam, oyster, mussel and crab sustenance. The namesake thrumbhroom-boom sound resonates as a muscle is smacked against the air bladder. Oftentimes it's heard while in the boat and can trigger your rod-grabbing reflexes. However, actively drumming fish are not on the feed, merely moving through the water column looking for love. Hooked and in the boat, though, the booming can certainly be disconcerting.

Drum begin appearing in Delaware Bay as the water temperature approaches the 57-degree mark. This usually occurs between the second and third week in April. The fish will be in small schools of mixed-size fish ranging from 25 to 50 pounds. By the last week in April, the main migration is in full swing, with boomers of all sizes – including the hundred-pounders – pushing up the bay on their mating runs. By the last week in June when water temperatures exceed 68° F, drum are rolling out to the open Atlantic.

The feeding activity of this light-sensitive over-eater is most influenced by moon phases and the subsequent tidal pulls. The new and full moon, with their strong impact on tidal energy, are the single most powerful influence on drum feeding activity. A week prior to the full moon, the incoming tide running into the sunset/evening period is prime time for fishing. On the new moon, either the incoming or outgoing tide running in to the dark will put the bait in front of foraging fish. On the average, it's a 5 to 10 p.m. deal, with the wildest bay bottom vacuuming activity occurring

#### **Drum Dining:**

Drum scales are too tough to cut through, so slice just under the skin and peel each side. Now fillet and discard the dark meat. If the drum is over 40 pounds, carefully remove the rack of ribs. Basted in a lemon butter melt over a grill, the strips of meat between the bones is surprisingly close to lobster tail in texture and taste. The main meat is like seafood veal: a bit chewy but bursting with a rich flavor that lends itself to myriad methods of preparation, including grilling, pan frying, broiling and baking. (A personal favorite is Drum Parmesan.) Try smoked drum; it will make your tongue want to slap your brains out! The "yuck" side of a potential

The "yuck" side of a potential drum feast? The appearance of cysts in the meat, especially in the bigger fish. Merely cut, remove and you're good to go.



Mary Inman of Manahawkin decked her first black drum, a 76 pounder, aboard Captain Bob Cope's Full Ahead Sportfishing on Delaware Bay last May.

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It was almost dusk on the Friday before

Father's Day near the Mia Mull Light on

Delaware Bay when Joe Kennedy of

Flemington nailed this 48-pound black

drum aboard Captain Bob Cope's Full

Ahead Sportfishing.

between 6 and 8:30 p.m. There can be an intense dark-to-daylight bite (5 - 7:30 a.m.) on a tide running into the early morning for those who like to get started in the dark.

The boat must be perfectly still, with a rare double anchoring sometimes required. This can be tricky in the pulsing, rolling springtime currents.

The initial take is a reverberating "bump, bump" as the drum goes headfirst into a smash-the-shell exercise. To strike now means a miss. The solid "whump" of the take and a tightening of the line indicates the fish has made the commitment.

Black drum do not suffer sissy tackle easily. Forget the "sporting" light tackle outfits, as these fish mean business and are perfectly capable of incapacitating the inadequate rod and/or reel, not to mention snapping the line.

Drum hunters should spool with 30-50 lb. test monofilament or 50-65 lb. test braid for a main line. While many prefer clear line, the "hi-vis" lines in char-

treuse, gold or orange are easier to see as afternoon fades to dusk and then into twilight. Go with a 36-inch, 50-pound hard mono leader via a fish-finder rig (fluorocarbon is not necessary in Delaware Bay's mocha precincts) gripped to either a star drag or lever drag reel and a

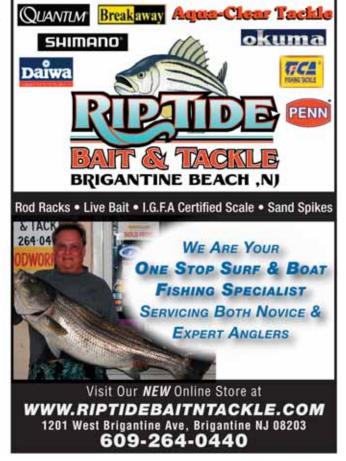
corresponding medium-heavy or heavy action 7-foot rod. Do not skimp on the bank sinker ballast, as the bait must be totally stationary. Always attach more weight than you think you'll need. You're in the mix with 4-8 ounces attached. On the fish-finder rig, the drum will not feel any resistance when sucking the bait and moving off.

Spinning does have its place on the drum scene. A heavy action  $5^{1/2}$  - 7-foot boat rod armed with a high capacity reel equipped with a smooth, wide range front drag, strong gears and power handle to control the drum's plowing bursts, blasts and bottom 'n broadside maneuvers will beat most any drum.

Landing is done either by net or gaff. The former is all about fish to 30 pounds, the latter an underneath lip grip with the hook for bigger, badder blackies. With either method, keep the deck clear, as the muscular drum, even worn from the fight, can thrash 'n crash enough to wreak havoc on ankles, shins and untended tackle.

Fresh surf clam is the one and only bait. Not frozen clam; *Fresh* clam! Figure on a bushel per trip. Unfortunately, fresh surf clams are sometimes not so easy to procure during the height of the drum run, so ordering in advance is highly advised. Two of the most reliable shops when it comes to the bivalve bait bounty are Captain Tate's Bait & Tackle in Dennisville, and Jim's Bait & Tackle in Cape May.

Great Bay has been experiencing a wild renaissance in its black drum fishery. During the past three years, drum up to 65 pounds have been landed in the Grassy Channel stretch, with more than a few dragged onto the sedge from the bank at Gravelling Point and Ohio Avenue. "The drum bite is a bonus...a double shot a week or two after the first recorded striper," says Scott Albertson of Scott's Bait & Tackle on Mystic Island. Again, fresh surf clams are the key to drum attentions. The fish vacate between the second and third week in May, about the same time the bluefish roar in, although they have been taken in Great Bay as late as the first week in June.



(Continued on page 10)

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## A Cast of Thousands

By Lynette Lurig, Research Scientist, Division of Science, Research and Technology

kay, so Carteret or Elizabeth may not come to mind when you think about places to go fishing. However, those two towns – among several others – are where New Jersey Department of Environmental Protection is taking kids fishing during the spring and summer. The Urban Watershed Education and Fishing Program (Urban Fishing Program) brings children to their local waterways to fish. Not only have most of these children never before fished, but many have never been to their local waterfront.

The goal of the Urban Fishing Program is to build awareness of the complexity and interrelated nature of an urban estuary. The Urban Fishing Program is an extension of a wider, community-based public information effort to inform citizens about the dangers of consuming recreationally caught fish and crabs from the Newark Bay Complex. (For information about New Jersey's fish consumption advisories, see page 22 or go to www.FishSmartEatSmartNJ.org.) The four-day program, offered in urban areas around the state, culminates with a fun day of fishing.

The fishing day begins with learning what it means to be an ethical angler, as well as promoting the concept of catch-and-release fishing. Young people learn about equipment, proper baiting techniques and the type of fish they are likely to catch. Not long after we start fishing, most of the youngsters are baiting their own hooks and asking about other places to fish. The day concludes with a fascinating fish dissection and anatomy lesson.

"One thing I will always cherish," says Joyce Pinkava, a long-time volunteer with the Division of Fish and Wildlife, "is the wide-eyed looks of excitement when the children, who have never before held a fishing rod, catch their first fish. It may be a bluefish off the bulkhead in Bayonne, a huge bass in Linden or a teeny bluegill in Branch Brook Park."

Research proves that teaching youth about fishing can be a great way to teach about the environment. Participation in fishing leads to more positive attitude toward the outdoors. Environmental education programs that provide a hands-on experience help create a greater awareness of one's place



in the environment. Studies also show that a child's knowledge of – and attitude toward – nature is typically gained through direct contact, not by reading a book in a classroom.

The Urban Fishing Program is important to New Jersey. A child's exposure to fishing is crucial to their participation as adults and anglers can be thoughtful environmental stewards. A recent national study shows that of the youth who had experienced fishing, a majority reported that it was a person or a group which had a positive influence on their participation. Yet only a fraction of those youths responded that they had ever heard a teacher or guest speaker at school talk about fishing. Those youngsters who had been positively influenced were significantly more likely to fish more often and to have a greater interest in fishing.

Fishing, which knows no cultural or ethnic boundaries, brings participants one step closer to personally accepting responsibility for conserving our natural world. It is essential that young people are aware of – and feel they are an integral part of – the natural world. Clearly, the best way to achieve this is by creating opportunities which bring them in contact with nature. The Urban Fishing Program provides children with a greater sense of connection to the environment, helping to establish an aware, responsible citizenry who recognize we are all stewards of the land. Each of us leaves our footprints.

The Urban Fishing Program provides the foundation on which to develop a positive interaction and a sense of stewardship with natural resources in the state. In order to sustain this learning outcome, we encourage schools and communities to integrate into their programs water resource management and fishing clubs.

Now entering its 11th year, the Urban Fishing Program is funded by the Division of Watershed Management, the City of Bayonne and the Bayonne Municipal Utilities Authority. The program originally focused only in the northeastern part of the state, but has expanded to include such places as Newark, Camden, Trenton, Bayonne, Jersey City, Elizabeth, Linden and Carteret.

For more information about the Urban Fishing Program, visit us at http://www.nj.gov/dep/dsr/urbanfishing/index.htm. If you are interested in working with the Urban Fishing Program and sharing your angling skills with children, please contact: Lynette Lurig at Lynette.Lurig@dep.state.nj.us call (609) 633-1314.

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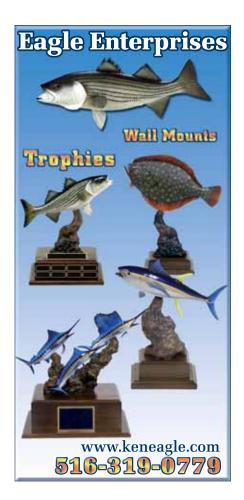
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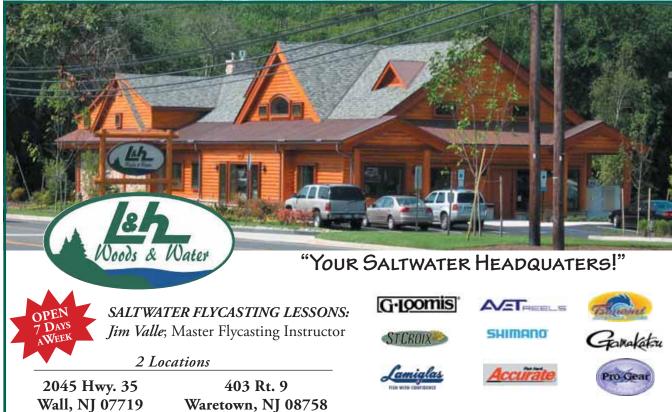


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It's a good idea to crack a few clams overboard as an attractant, but only if the tide is not running too hard, to allow the "chum" to get to the bottom as close to the boat as possible. Should the tide be smoking, the clam will be swept away too quickly and may serve to attract drum to a boat anchored below, or above, your position. Bury the business end of the meat in to a 6/0-8/0 full circle hook, or, for those who prefer the actual eye crossing hook-set, a 10/0 J-hook. The advantage of the former is that it allows you to fish with the rod in a holder (a "Rodney" in D-Bay parlance) and results in about a 95-out-of-100 grab securely in the corner of the jaw as the fish pretty much hooks itself.

All that is required is to remove the rod, point it in the direction

of the departing drum and crank the reel handle when the line pulls tight. A J-hooked wad of quahog requires the standard upward set to bury the barb. Unfortunately, unless perfectly timed, there will be a fairly high percentage of swallowed metal. When releasing a guthooked fish, cut the line as close to the mouth as possible. The hook will eventually rust or get passed through its system. For these reasons, always utilize bronze instead of stainless steel hooks.

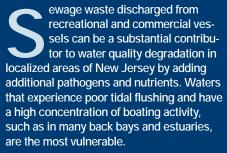
The best spots to beat the drum include, on the New Jersey side, the Pin Top, Tussey's Slough, the Punk Ground and the area around the Mia Mull Light. On the Delaware side, it's Slaughter Beach and, for some unique shallow water (10-12 foot) drumming, the Coral Beds on the west side of the Broad Kill Slough is the locus.



#### Clean Vessel Act Helps Improve Water Quality in New Jersey's

#### **Coastal Bays and Estuaries**

**By Michael J. Danko** – Marine Fisheries Agent, New Jersey Sea Grant Extension Program Chair, New Jersey Clean Vessel Act Steering Committee **Al Ivany** – Principal Biologist, New Jersey Division of Fish and Wildlife



Raw or poorly treated sewage can spread disease, result in bathing beach closures, contaminate shellfish beds and lower water oxygen levels. Many of New Jersey's back bays and estuaries already suffer from harmful algal blooms and lower-than-normal oxygen levels caused by an overload of nutrients from various nonpoint sources of pollution.

Prior to implementing the Clean Vessel Act (CVA) Program in New Jersey, only 50 pumpout facilities were available to service boats with installed toilets, an inadequate supply to meet the needs of boaters. The negative impacts from improper disposal of vessel-generated sewage had to be curtailed.

In 1996, the first CVA-funded pumpout facility was installed at Green Cove Marina in Brick, New Jersey. Since then, 178 land-side pumpout stations and four pumpout boats have been established statewide.

Capable and convenient pumpout facilities operate throughout the coastal zone, enabling boaters to properly dispose of vessel-generated sewage. During the 2006 boating season alone, approximately 600,000 gallons of sewage was collected at marina and pumpout boat facilities.

Its easy to see how the Clean Vessel Act

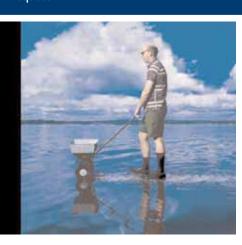


Program, in conjunction with other programs to reduce non-point source pollution, is helping to improve water quality in New Jersey's fragile coastal area waters. However, the program will only be effective if boaters remember to *Keep Our Waters Clean - Use Pumpouts!* 

Boaters can learn more about the New Jersey Clean Vessel Act Program by visiting www.NJFishandWildlife.com/cvahome.htm or by calling (609) 748-2056. Pumpout station directories are available free upon request.

When you use too much fertilizer on your lawn, you might as well fertilize the ocean.

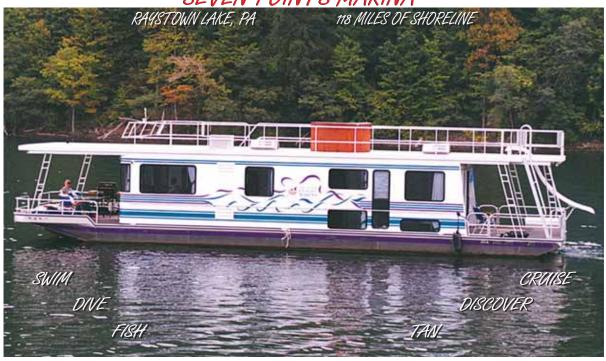




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