

# *Did you know...*

## **Check-ups are not just for babies. Pre-teens need them too.**



**Doctors recommend that all 11 and 12 year olds  
get a pre-teen check-up to monitor their growth,  
screen for diabetes, and get updated on their vaccines.**

**Protect the circle of life—  
Schedule a check-up for your  
pre-teen today.**



For more information, ask your  
child's healthcare provider  
or call **800-CDC-INFO** (800-232-4636)  
Website: **[www.cdc.gov/vaccines/  
preteen/aian](http://www.cdc.gov/vaccines/preteen/aian)**

