

New Jersey Department of Health Ebola Active Monitoring Report

Weekly Data as of Noon on 12/17/ 2014

The New Jersey Department of Health (NJDOH) and local health departments (LHDs), in cooperation with health care partners, are working to actively monitor persons who have visited to or traveled from an Ebola-impacted country, currently including Liberia, Guinea and Sierra Leone. Under this active monitoring initiative, individuals are screened by federal officials at airports when they arrive in the U.S., where they are evaluated for fever, symptoms and risk factors for Ebola. Persons who are asymptomatic (i.e., no fever or symptoms) and report no exposure to Ebola, other than travel to an Ebola-impacted country, are considered low risk and are permitted to leave the airport. Contact information for these individuals is shared with public health officials, and LHDs perform active monitoring for 21 days, which is the maximum time when a person who may have been exposed to Ebola could develop the disease. During active monitoring, contact between the LHD and individual occurs daily, to record temperature checks done by the person twice a day, and to ensure no Ebola-like symptoms have developed. People under active monitoring have no restrictions on travel and are permitted to move about freely in the community, including going to work and school. These persons are instructed to immediately self-isolate if symptoms begin, and seek medical evaluation at a nearby hospital. As a reminder, Ebola can only be transmitted when a person with Ebola virus disease is symptomatic. In addition, Ebola is not airborne and can only be transmitted through direct, unprotected contact with blood and other body fluids. For more information on Ebola, please refer to the NJDOH website at (<http://www.state.nj.us/health/cd/vhf/index.shtml>) and the CDC website at (<http://www.cdc.gov/vhf/ebola/>).

Category	Frequency
Confirmed cases of Ebola virus disease (EVD)	0
Persons under quarantine in New Jersey for reported exposure to EVD	0
Persons under active monitoring for EVD in New Jersey (low risk)	48

Note: The weekly number of persons under active monitoring will fluctuate, due to factors such as newly identified persons beginning active monitoring; persons finishing the 21 day incubation and completing active monitoring; and persons traveling to other states or countries, where active monitoring may continue in a new jurisdiction.