

PEOSH



TRAINING CATALOG

PUBLIC EMPLOYEES OCCUPATIONAL SAFETY & HEALTH

INTRODUCTION

This catalog contains a listing of the occupational health training programs available from the New Jersey Department of Health and Senior Services (NJDHSS), Public Employees Occupational Safety and Health (PEOSH) Program.

These training programs were, in most cases, developed using the requirements of PEOSH standards and are intended to teach both employees and employers how to maintain a work environment that is free of recognized health hazards, and how to comply with the PEOSH standards.

During the preparation phase of customized programs, our representatives will gather information on your work place operation and procedures. Trainers will use this information to customize each program so that employees can better understand the relationship with their job duties.

This training is free and is available to public employers and public employee groups in New Jersey.

For more information on these programs, call the

New Jersey Department of Health and Senior Services
Public Health Services Branch
Division of Epidemiology, Environmental, and Occupational Health
Occupational Health Service
Public Employees Occupational Safety and Health Program (PEOSH)
Education and Training Project

at (609) 984-1863 or www.nj.gov/health/eoh/peoshweb

INFORMATIONAL BULLETINS, ALERTS, MODEL PROGRAMS, AND GUIDELINES

Copies of the informational bulletins, alerts, model programs, and guidelines are available free of charge from the NJDHSS-PEOSH Program's website (address above) and can be downloaded or requested by using the online form that is available on the website. These publications may also be ordered by using the form in the back of this catalog.

SPECIAL REQUESTS

As new occupational health standards are adopted, seminars are developed and presented to public employers and employees to help them understand and implement the requirements of these standards. Our staff can develop additional education seminars in response to your request. You can arrange to have these presentations provided at your workplace free of charge.

TRAINING PRESENTATIONS – COURSE OUTLINES

ASBESTOS (1 HOUR)

The Federal OSHA General Industry Asbestos Standard (29 CFR 1910.1001) and Construction Industry Asbestos Standard (29 CFR 1926.1101) have been adopted under the New Jersey Public Employees Occupational Safety and Health Act. This presentation helps employers and employees understand the requirements of the Asbestos Standards.

Informational Bulletins:

- PEOSH General Asbestos Standard, 10/1996
- PEOSH Asbestos Standard for Construction, 10/1996

BLOODBORNE PATHOGENS (1 HOUR)

The Bloodborne Pathogens Standard, 29 CFR 1910.1030, protects workers in the public sector who come in contact with blood or other potentially infectious materials. This course is designed to help you in complying with the Bloodborne Pathogens Standard. Emphasis is placed on employer responsibilities and employee protection.

Informational Bulletins:

- PEOSH Revised Bloodborne Pathogens Standard, 10/2002

Alerts:

- OSHA Revises the Bloodborne Pathogens Standard, 04/2002
- Bloodborne Pathogens Standard-Frequently Asked Questions, 04/2002
- The Bloodborne Pathogens Standard and Smallpox Vaccination Programs, 08/2003

Model Programs:

- Model Exposure Control Plan and Employer Guide, 01/2003

COMMON HAZARDS FOUND IN PUBLIC SCHOOLS (1 HOUR)

This course is designed to help you recognize and prevent activities that may lead to occupational health hazards such as, roof renovation, painting and construction work, carpeting, woodworking shops, science laboratories, darkroom-photo developing, sculpturing and silk screen printing, art rooms, and kilns. Other topics include carcinogens and indoor air quality.

Informational Bulletins:

- Common Hazards Found in Public Schools, 04/1997
- Policy on Building Renovation, 03/1997
- Renovation & Construction in Schools Controlling Health and Safety Hazards, 03/2004

CUSTODIAL HAZARDS CONTROL (1.5 HOURS)

This presentation provides an overview of personal protective equipment, chemical safety and the requirements of the personal protective equipment standards. Public employees can be exposed to potential hazards commonly encountered in custodial work. Several PEOSH Standards address employer and employee responsibilities and employee protection.

Informational Bulletins:

- Personal Protective Equipment, 05/2003

ERGONOMICS (2 HOURS)

This presentation will include an explanation of musculoskeletal disorders, and possible corrective measures.

Informational Bulletins:

- Cumulative Trauma Disorders in Office Workers, 02/2003

Guidelines:

- Computer Workstation Guidelines, 01/2004

HAZARD COMMUNICATION (2 HOURS)

This program covers the requirements of 29 CFR 1910.1200. Specific substances used on site will be used as examples. Students will be instructed in the use of Material Safety Data Sheets (MSDS) using actual agency MSDS's. Rounding out the program will be the proper handling of chemicals, emergency procedures and personal protective equipment.

Informational Bulletins:

- PEOSH Adopts the Hazard Communication Standard (NJAC 12:100-7), 04/2005
- Public Employers' and Employees'-Frequently Asked Questions, 05/2005

Model Programs:

- Model Written Chemical Hygiene Plan, 07/1994
- Public Employer's Guide and Model Written Program for the Hazard Communication Standard, 07/2004

HEARING CONSERVATION (1 HOUR)

The PEOSH Occupational Noise Exposure Standard, 29 CFR 1910.95, was adopted to protect public employees from the potential hazards of excessive noise in the workplace. Emphasis is placed on hearing conservation and personal protective equipment.

Informational Bulletins:

- Occupational Noise Exposure and Hearing Conservation, 01/2005

INDOOR AIR QUALITY (1 HOUR)

This course helps employers and employees understand the PEOSH Indoor Air Quality (IAQ) Standard (NJAC 12:100-13). This standard applies to matters relating to indoor air quality in existing buildings occupied by public employees during regular working hours. An overview of indoor air quality, the symptoms associated with poor IAQ, causes of poor IAQ, how to correct poor IAQ, how to control chemical and microbial contamination, and a list of resources are discussed.

Informational Bulletins:

- Indoor Air Quality, 01/2005
- Indoor Bioaerosols, 05/2003
- Mold in the Workplace, Prevention and Control, 05/2006

Model Programs:

- Public Employer's Guide and Model Written Program for the IAQ Standard, 08/2007

INDOOR AIR QUALITY DESIGNATED PERSONS (2 HOUR)

This course helps employers and employees understand the PEOSH Indoor Air Quality (IAQ) Standard (NJAC 12:100-13), and meets the Designated Persons Training requirement of the standard. This standard applies to matters relating to indoor air quality in buildings occupied by public employees during regular working hours. An overview of indoor air quality, the symptoms associated with poor IAQ, causes of poor IAQ, how to correct poor IAQ, how to control chemical and microbial contamination, and a list of resources are discussed.

Informational Bulletins:

- Indoor Air Quality, 01/2005
- Indoor Bioaerosols, 05/2003
- Mold in the Workplace, Prevention and Control, 05/2006

Model Programs:

- Public Employer's Guide and Model Written Program for the IAQ Standard, 08/2007

JOINT LABOR/MANAGEMENT SAFETY AND HEALTH COMMITTEES (1 HOUR)

This course provides guidelines for the structural and operational methods for effective Joint Labor/Management Safety and Health Committees.

Guidelines:

- Guide to Effective Joint Labor/Management Safety & Health Committees, 01/2008

OUTDOOR WORK HEALTH HAZARDS (1 HOUR)

This course describes potential biological, physical and chemical health hazards employees may encounter while working outdoors. Basic first aid and prevention are discussed.

Informational Bulletins:

- Outdoor Work health Hazards, 08/2002

PEOSH UPDATE/REGULATORY OVERVIEW (1-2 HOURS)

This course describes the major provisions of the PEOSH Act, the inspection process and the goals of the program are also discussed. It includes a discussion of how PEOSH can help you through free consultations and educational presentations. This course also describes recent changes in several PEOSH Standards.

Informational Bulletins:

- PEOSH Program

PERSONAL PROTECTIVE EQUIPMENT (PPE) (2-3 HOURS)

This customized training program is conducted in accordance with the provisions of 29 CFR 1910 Subpart I. The training includes preparing a hazard assessment, recognition of hazards requiring the use of PPE, selection techniques, proper use and fitting, consequences of not using the correct PPE, and management responsibilities.

Informational Bulletins:

- Personal Protective Equipment, 05/2003

PUBLIC WORK HAZARDS (1 HOUR)

This course presents an overview of the potential health hazards associated with public works departments. Emphasis is on employee protection as public employees in departments of public works are exposed to several potential health hazards.

Informational Bulletins:

- Personal Protective Equipment, 05/2003

RESPIRATORY PROTECTION AND FIT TEST TRAIN-THE-TRAINER (1-2 HOURS)

This customized training provides an overview of the requirements of the standard and general information on various types of respiratory protection, uses and limitations. Topics also include the selection, use and care of appropriate respirators and establishment of a respiratory protection program. Emphasis is on employee safety.

Informational Bulletins:

- Facts About Respiratory Protection for Public Employees, 03/2007

Model Programs:

- Model Fire Department Written Respiratory Protection Program, 02/1999
- Protecting Emergency Medical Services Workers from Airborne Infectious Diseases (A Step-by-Step Guide and Model Respiratory Protection Program for using N-95, and N-100 Disposable Particulate Respirators), 03/2007-Available on-line only

SEWERAGE TREATMENT PLANT HEALTH HAZARDS (1 HOUR)

Prevention of potential health hazards associated with sewerage treatment plant work and applicable standards are discussed. Public Employees at sewerage treatment plants are potentially exposed to various health hazards during the course of their duties. Several PEOSH standards include provisions that protect public employees at sewerage treatment plants.

Informational Bulletins:

- Sewerage Treatment Plant Health Hazards, 07/1995

New Jersey Department of Health and Senior Services
Public Employees Occupational Safety and Health Program
Education and Training Project

Public Agency Request for Health Training

Agency Name: _____

Address: _____

Telephone: _____ Fax: _____

Contact Person: _____

(Please Print)

Title: _____ Date: ____/____/____

(Please Print)

TRAINING REQUESTED: (Check all that apply)

- Asbestos Ergonomics Bloodborne Pathogens Custodial Hazards Control
- Personal Protective Equipment Indoor Air Quality Designated Persons Public Work Hazards
- Hazard Communication Hearing Conservation Sewerage Treatment Plant Health Hazards
- Indoor Air Quality Outdoor Work Health Hazards Common Hazards Found in Public Schools
- Developing Occupational Safety & Health Committees PEOSH Update/Regulatory Overview
- Joint Labor/Management Safety & Health Committees
- Respiratory Protection & Fit Test Train-the-Trainer
- Other _____

Return Completed form to:

New Jersey Department of Health and Senior Services
Public Employees Occupational Safety and Health Program (PEOSH)
Education and Training Project
PO Box 360
Trenton NJ 08625-0360
FAX: (609) 984-2779