



Consumer and Environmental Health Services

PUBLIC HEALTH SANITATION & SAFETY PROGRAM

CURRENT RECOGNIZED CERTIFICATIONS (revised April 2009) (CPR - FIRST AID - LIFEGUARDING - TRAINED POOL OPERATOR)

CARDIOPULMONARY RESUSCITATION (CPR) CERTIFICATION

American Red Cross

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| ➤ CPR/AED for the Professional Rescuer certification | 2 year |
| ➤ CPR/AED for Health Care Provider certification | 2 year |
| ➤ CPR/AED for Lifeguards certification | 1 year |

American Heart Association

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| ➤ BLS Healthcare Provider certification | 2 year |
| ➤ ACLS Healthcare Provider certification | 2 year |
| ➤ PALS certification | 2 year |

National Safety Council

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| ➤ First Responder CPR certification | 2 year |
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Emergency Care and Safety Institute

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| ➤ Advanced Cardiac Life Support certification | 2 year |
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American Safety and Health Institute

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| ➤ Professionals Rescuer CPR certification | 2 year |
| ➤ Advanced Cardiac Life Support certification | 2 year |

NOTE: The professional-level CPR is required for all health directors at both day and residential youth camps and by at least one individual at all public recreational bathing places.

FIRST AID CERTIFICATION

American Red Cross

- First Aid (good until expires) certification 3 year
- Standard First Aid with CPR/AED (New in 2007) certification 3 year
- Workplace Training: (good until expires) certification 3 year
- Community First Aid and Safety: (good until expires) certification 3 year
- Sport Safety Training: certification 3 year
- Wilderness First Aid: Standard Level (16Hrs) certification 3 year
- First Aid-Responding to Emergencies: Standard Level (24 Hrs) certification 3 year
- Emergency Response: First Aid: Advanced Level (45-50 hours) certification 3 year

National Safety Council

- Standard First Aid & CPR certification 3 year
- Standard First Aid & CPR and AED certification 3 year
- Pediatric First Aid & CPR certification 3 year
- First Aid: certification 3 year
- First Responder: certification 3 year
- First Aid Taking Action: certification 3 year

American Safety and Health Institute

- Basic First Aid certification 3 year
- Wilderness First Aid certification 3 year
- Wilderness First Responder (Advanced Level) certification 3 year
- Wilderness EMT Upgrade(Advanced Level) certification 3 year

American Heart Association

- Heart saver First Aid certification 2 year
- Heartsaver First Aid CPR/AED certification 2 year
- Heartsaver Pediatric First Aid certification 2 year

Emergency Care and Safety Institute

- First Aid, CPR, and AED, Standard certification 3 year
- Wilderness First Aid certification 3 year
- First Responder (Advanced Level) certification 3 year

Wilderness Medical Associates

- Wilderness First Aid* 3 year certification
- Wilderness Advanced First Aid* 3 year certification
- Wilderness First Responder** (Advanced Level) certification 3 year

** Requires an additional Professional level CPR to act as a Health Director.*

*** Meets the requirements to be a Health Director in both day and resident camps.*

Other recognized certifications for first aid at resident camps are found at N.J.A.C. 8:25-5.2(a).

- *A physician licensed to practice medicine or osteopathy in New Jersey.*
- *A registered nurse or a licensed practical nurse licensed by the State Board of Nursing.*
- *An individual who is certified in advanced first aid, as a paramedic or emergency medical technician or first responder/CIM accredited by the Department or by the American Red Cross in their First Responder training.*
- *An athletic trainer certified by the National Athletic Trainers' Association Board of Certification. (NATABOC), with the appropriate level of training provided by the National Safety Council, or an equivalent certification approved by the Department.*

Professional-level CPR is also required for all health directors at both day and residential youth camps:

LIFEGUARDING CERTIFICATION

(For Swimming Pools and Lake Bathing)

American Red Cross

- Lifeguard Training: * (For pool only) 3 year certification

The two modules for the Lifeguard Training are:

- Waterfront Lifeguarding *
- Waterpark Lifeguarding: *

** These certifications remain acceptable till they expire.*

American Red Cross (new in 2007)

- Lifeguarding (pool only) 3 year certification
- Waterfront Lifeguarding (pool and waterfront) 3 year certification
- Waterpark Lifeguarding (pool and waterpark) 3 year certification
- Shallow Water Attendant (pool, lake, & waterpark Max. 4') 3 year certification

Starfish Aquatics Institute

- Star Guard (pool, waterpark, & restricted waterfront) 1 year certification

American Safety & Health Institute CPR/AED Pro for the Professional Rescuer, Basic First Aid, Bloodborne Pathogens, and Emergency Oxygen are built into the course. The evidence-based training uses the American Heart Association 2005 Guidelines for CPR and Emergency Cardiac Care.

Boy Scouts of America

- BSA Lifeguard 3 year certification

Ellis & Associates

Inc... International Lifeguard Training Program

- Special Facilities Lifeguard 1 year certification
- Pool Lifeguard 1 year certification
- Shallow Water Lifeguard 1 year certification

NOTE: All levels of the International Lifeguard Training Program (ILTP) include certification in Professional-Level Infant, Child and Adult CPR skills, Automated External Defibrillation, and Oxygen Administration as well as First Aid. These certifications are through the AAOS/ACEP (Emergency Care & Safety Institute), and meet all nationally recognized standards for CPR/AED & First Aid instruction.

Young men's Christian Association

- YMCA Lifeguard 2 year certification

National Aquatics Safety Company

- Waterpark Deep water Lifeguard (≥5') 1 year certification
- Waterpark Shallow water Lifeguard (<5') 1 year certification
- Basic Lifeguard 1 year certification

Note: All NASCO Lifeguard courses include basic first aid and professional level CPR

International Life Saving Program

- Bronze Medallion*

**(current challenge test acceptable providing that a recognized lifeguard course was taken and passed in the past four years or must take full lifeguard course)*

(Ocean and Tidal Waters)

United States Lifesaving Association	Annual certification
South Jersey Lifeguard Chiefs Association	Annual certification
North Shore Lifesaving Association	Annual certification

TRAINED POOL OPERATORS CERTIFICATION

American Swimming Pool and Spa Assn. (ASPSA)	5-year certification
➤ Licensed Aquatic Facility Technician (LAFT)	
Association of Pool and Spa Professionals (APSP)	5-year certification
➤ Certified Service Professional (CSP)	
Aquatics Training Institute (ATI)	5-year certification
➤ Commercial Pool Technician (CPT)	
National Pool and Spa Institute (NSPI)	5-year certification
➤ Professional Pool and Spa Operator (PPSO)	
National Recreation and Park Association (NRPA)	3-year certification
➤ Aquatics Facilities Operator (AFO)	
National Swimming Pool Foundation (NSPF)	5-year certification
➤ Certified Pool Operator (CPO)	
North Shore Lifesaving Association (NSLA)	3-year certification
➤ North Shore Certified Pool Operator (NSCPO)	
Young Men's Christian Association (YMCA)	5-year certification
➤ Pool Operator on Location (POOL)	
Starfish Aquatics Institute	5-year certification
➤ AquaTech Pool Operator Certification Program	