

NEWS RELEASE

NEW JERSEY DEPARTMENT OF HEALTH AND SENIOR SERVICES EVENT COVERS PERINATAL MOOD DISORDERS FROM A NEW PERSPECTIVE

***Event Targets Professionals Who Provide Service and Support to Families in Homes
and Across Communities***

(Trenton, NJ) In an effort to assist healthcare and social service providers to better recognize mothers at risk for perinatal mood disorders and identify appropriate types of treatment, the New Jersey Department of Health and Senior Services in partnership with Hudson Perinatal Consortium Inc. is sponsoring an educational conference on **Wednesday, May 27, 2009 from 8 am – 4 pm at the Pines Manor in Edison, NJ.**

The event, entitled *On the Front Line of Perinatal Mood Disorders: Practical Strategies for Healthcare and Social Service Providers*, is open to all New Jersey social workers, nurses and nursing students, home health aides, Division of Youth and Family Services (DYFS) workers, psychologists, health educators and home visitors.

Presenters include New Jersey Department of Health and Senior Services Commissioner Heather Howard and experts from renowned universities and medical schools, such as UMDNJ-Robert Wood Johnson Medical School, University of Connecticut School of Nursing, New York University School of Medicine, Columbia University and the Silver School of Social Work of New York University.

Topics will include an overview of perinatal mood disorder resources available in New Jersey, diagnostic categories, psychopharmacology, cognitive behavioral therapy, communication within the treatment team and more. A panel presentation by survivors of postpartum depression moderated by former New Jersey first lady and postpartum depression survivor and advocate Mary Jo Codey will conclude the program.

6.0 contact hours will be provided by the Hudson Perinatal Consortium, Inc. The Consortium is an approved provider of continuing nursing education by the New Jersey State Nurse's Association, which is an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Application has also been made to the New Jersey Board of Social Work Examiners for 6.0 continuing education hours.

The registration fee is \$35 and includes continental breakfast, lunch, all conference materials and credit hours. Deadline for registration is **May 13, 2009**. For more information, contact the Hudson Perinatal Consortium at 201-876-8900 ext. 221; or visit www.speakupevent.com.

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