

CASH-VALUE VOUCHER

NEW JERSEY WIC SERVICES		Payable Through Solitran Security State Bank Howard Lake, MN 55349	75-1248 919	AUTHORIZED REPRESENTATIVE OR PROXY SIGN HERE IF AMOUNT ALTERED		36365174
MISUSE OF DRAFTS SUBJECT TO STATE OR FEDERAL PROSECUTION, VOID IF ALTERED						
WIC I.D. NO.	NAME OF PARTICIPANT	FI TYPE	PROG/SITE	FIRST DAY TO USE	LAST DAY TO USE	
123456789	Momma Leone	WIC	17/26/01	November 10, 2010	December 10, 2010	
FOR PURCHASE OF APPROVED ITEMS ONLY. SEE LIST. NO SUBSTITUTIONS ALLOWED.				Pay to the order of:	Corrected \$ Amount:	
01	Fruits and Vegetables Excluding White Potatoes, Herbs			VENDOR: FILL IN DOLLAR AMOUNT BELOW		
NOT TO EXCEED \$10.00				Payment denied without stamp		
XXX END OF ORDER XXXX				Must Deposit By: January 10, 2011 ← 5		
				PARTICIPANT: DO NOT SIGN UNTIL TIME OF PURCHASE		
				Momma Leone ← 6		

Voided Check

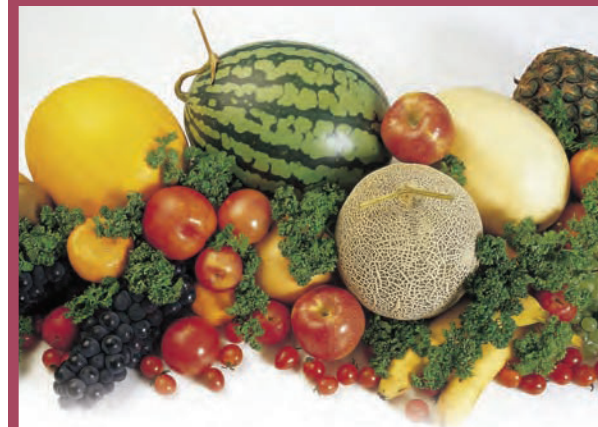
- 1: Approved Food Items for this voucher
- 2: Not to Exceed Amount for this voucher
- 3: First Day to Use
- 4: Last Day to Use
- 5: "Vendor" Must Deposit By Date
- 6: Sign Here at time of purchase

If you buy more than the value of the voucher, you may pay the difference with any other form of payment.

Use this Cash-Value Voucher (CVV) Brochure, your WIC ID Folder and your CVV to help you correctly select authorized foods on the CVV.

Do not forget to use your CVV between the first and last day to use and do not forget to sign your WIC checks after the cashier fills in the correct total dollar amount.

NEW JERSEY WIC PROGRAM CASH-VALUE VOUCHER



Can only be used to buy
fresh, canned and frozen
fruits and vegetables at WIC
approved grocery stores
OR

Can only be used to buy
fresh fruits and fresh
vegetables from certified
farmers

EFFECTIVE DATE: JANUARY 17, 2011





ACCEPTABLE CASH-VALUE VOUCHER FOOD LIST

FRESH FRUITS AND VEGETABLES

ALLOWED:

- Any variety of fresh, whole, or cut fruits and vegetables
- Plain salad mixes, coleslaw, and greens in a bag
- Plain fruit or plain vegetables in any container
- Fruits and vegetables do not have to be locally grown

NOT ALLOWED:

- **White potatoes** (i.e. Idaho, Russet, Golden, Red, etc.)
- Items from the salad bar, party platters or trays, fruit baskets, decorative vegetables and fruits, dried fruit, dried vegetables, herbs, and spices
- Nuts, including peanuts, fruit-nut mixtures
- Bagged fruits and vegetables with dips, dressings or other ingredients

CANNED TOMATO PRODUCTS

ALLOWED:

- Any brand
- Metal cans only
- Any size
- Pastes, purees, whole, crushed tomatoes



NOT ALLOWED:

- Soups, sauces (pizza, spaghetti, or tomato), stewed tomatoes, diced tomatoes, salsa
- Products with added sugars, seasonings, fats, oils

Call your local WIC Office
if you have any questions or concerns.

CANNED VEGETABLES

ALLOWED:

- Any brand
- Any plain vegetables or plain mixed vegetables (without white potatoes)
- Metal cans only
- Any size
- Regular or low sodium

NOT ALLOWED:

- White potatoes, sweet potatoes, yams, sauerkraut
- Pickles or creamed vegetables (including corn)
- Baked beans, pork and beans, black beans, black-eyed peas, garbanzo beans, kidney beans, lima beans, pinto beans, navy beans, soybeans, split peas, lentils, other mature legumes
- Soups, ketchup, relish, olives
- Products with added sugar, fats, oils, condiments

FROZEN VEGETABLES

ALLOWED:

- Any brand
- Any plain vegetables or plain mixed vegetables (without white potatoes)
- Any package type (bag, box)
- Any size (except single-serving packages)
- With or without salt

NOT ALLOWED:

- White potatoes, French fries, hash browns, tater tots, other shaped white potatoes
- Vegetables with sauces, like cheese sauce or any other type of sauce
- Seasoned, flavored or breaded
- Products with added sugar, fats, oils, condiments
- Vegetables mixed with pasta, rice, or any other ingredient

CANNED FRUIT

ALLOWED:

- Any brand packed in water or juice
- Any plain fruit or plain mixed fruit (except fruit cocktail)
- Metal cans only
- Any size (except single-serving packages)
- Products with artificial sweeteners



CHOOSE CANS THAT SAY:

- “In its own juice,” “in pear juice from concentrate,” “in unsweetened pineapple juice”
- “Naturally sweet”
- “100% pure fruit and juice,” “100% natural”
- “No sugar added,” “unsweetened”

NOT ALLOWED:

- Fruit cocktails, cranberry sauce, pie fillings
- Products packed in syrup (heavy, light, naturally light, extra light, etc.)
- Products with added sugar, salt, fat, oils
- Single-serving packages

FROZEN FRUIT

ALLOWED:

- Any brand with no added sugar
- Any plain fruit or plain fruit mixture
- Any package type (bag, box)
- Any size

NOT ALLOWED:

- Ingredients other than fruit (including sugar)
- Products packed in tubs