

WIC FARMERS' MARKET CHECK

NEW JERSEY WIC FARMERS' MARKET NUTRITION PROGRAM ACCT # 806613

919

First date to spend: **June 1, 20XX**

Last date to spend: **Nov. 30, 20XX**

SOME MARKETS MAY CLOSE EARLIER

Pay to the order of authorized New Jersey Farmers

NOT VALID AT GROCERY STORES

May be used for locally grown unprocessed fresh fruits, vegetables and herbs only

FARMER MUST STAMP HERE

FARMER MUST DEPOSIT BY DEC. 15, 20XX

NOT TO EXCEED \$10.00

\$10 00

NO CHANGE ISSUED

X *Voided Check* ← **F**

IMPROPER USE OF THIS DRAFT SUBJECT TO FEDERAL—STATE PROSECUTION

PAIDABLE THROUGH MoneyGram SECURITY STATE BANK, HOWARD LAKE, MN 55449

AUTHORIZED REPRESENTATIVE OR PROXY SIGN HERE

- A: First Date to Spend**
- B: Last Date to Spend**
- C: Must be used for Locally Grown Unprocessed Fresh Fruits, Fresh Vegetables and Fresh Cut Herbs Only**
- D: Not Valid at Grocery Stores**
- E: Not to Exceed \$10.00**
- F: Authorized Representative or Proxy Sign Here**



NEW JERSEY WIC PROGRAM Farmers' Market Nutrition Program (FMNP) Fact Sheet

Use Your Farmers' Market Checks to Buy Locally grown fresh fruits, fresh vegetables and fresh cut herbs only.



This institution is an equal opportunity provider.

What Is The WIC Farmers' Market Nutrition (FMNP) Program?

The WIC FMNP is a nutrition program that provides fresh fruits, vegetables and herbs to low income WIC participants.

The WIC FMNP provides:

1. Checks to eligible WIC participants to buy locally grown fresh fruits, fresh vegetables, and fresh cut herbs only from certified farmers during the growing season; and
2. Nutrition information about the importance of eating fresh produce.

WIC FMNP checks are only accepted by certified farmers.

Checks are not accepted at grocery stores.

How to Use Your WIC Farmers' Market Nutrition Program Checks

Before you redeem the FMNP checks:

- ✓ Check your list of certified farmers for their addresses, days and times of operation.
- ✓ Call the location to verify the times and days because changes may occur due to weather and the availability of produce.
- ✓ Review the “**First Date to Spend**” and “**Last Date to Spend**” on the WIC FMNP check, and use the check before the “**Last Date to Spend.**”
- ✓ Always take your WIC ID Folder with you.

*No rain-checks, cash, change
or substitution will be given
for purchase.*

When you are at the market or roadside stand:

- Look for the Farmers' Market Poster at the community market or roadside stand. If the poster is not available, ask the farmer if he or she is participating in the WIC Farmers' Market Nutrition Program.
- Select \$10.00 worth of fresh eligible produce.
- If the produce costs more than \$10.00, you must pay the difference with cash or any other form of payment.
- Show the farmer your WIC ID Folder.
- Sign the check in front of the farmer. **DO NOT SIGN THE CHECK BEFORE YOU GO TO THE MARKET.**



Call your local WIC Office if you have any questions or concerns.