

**Subject: New WIC-Approved Foods (State Option) - Yogurt, Whole Wheat Macaroni (Pasta) and Jack Mackerel.**

If you manufacture any of the above, please follow the instructions below and submit your food submissions to New Jersey State WIC Office by Wednesday, May 7, 2014.

**Yogurt**

1 quart (32 ounces) of yogurt allowed as a milk substitute for children and women. The State agency will allow smaller container sizes that evenly divides into 32 ounces.

Minimum requirements for yogurt:

- must be pasteurized
- conform to FDA standard of identity
- plain or flavored
- ≤ 40 g of total sugars per 1 cup of yogurt

Low-fat or non-fat yogurts are the only types of yogurt authorized

Yogurts fortified with vitamin A and D and other nutrients allowed at the State agency's option.

**Whole Wheat Macaroni (Pasta)**

16.0oz -100% whole wheat macaroni products (pasta) added as a whole grain option, also 100% whole wheat rotini, and 100% whole wheat penne.

Minimum requirements:

- must conform to FDA standard of identity 21 CFR Part 139.138
- no added sugars, fats, oils, or salt (i.e., sodium)

**Jack Mackerel**

Canned Jack Mackerel

**Mail submissions to:**

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