

First Edition

GUIDE to INFORMATION and EDUCATION TRAINING SESSIONS

JUNE – DECEMBER, 2007

Key:

TBD – To Be Determined

PCT – Person Centered Thinking

ELP – Essential Lifestyle Planning

Housing Panels

Family Forums

The Guide to Information and Education Training Sessions is a collaboration between Neighbours, Inc., the Division of Developmental Disabilities (DDD), The Elizabeth M. Boggs Center on Developmental Disabilities (UMDNJ), Family Developmental Disabilities Education Project, School of Public Health, (UMDNJ), the Family Support Network of New Jersey, with input from Caregivers on New Jersey and Values Into Action.

INFORMATION and TRAINING GUIDE

DESCRIPTIONS

Person Centered Thinking

Person Centered Thinking is an approach to planning intended to change the way we plan, design, and deliver supports. This workshop provides an introduction to the philosophy and values of person centered thinking that is essential in developing the skills needed for effective plan writing and implementation.

Who should attend?

Open to all individuals with disabilities and their families. Highly recommended for families with school age children, families planning for Transition to Adult-life, and individuals living in Developmental Centers. Also open to Division of Developmental Disabilities (DDD) staff, Agency representatives, and personnel working at Developmental Centers.

Length of training: 2 days, 9:30 AM – 3:30 PM each day.

Essential Lifestyle Planning: Prerequisite: Completion of Person Centered Thinking

Essential Lifestyle Planning is an approach to person-centered planning intended to change the way we plan, design, and deliver supports. This workshop is designed for those interested in learning to write Essential Lifestyle Plans. Participants will learn how to gather information to produce powerful and easy to use plans.

Who should attend?

Open to all individuals with disabilities and their families. Highly recommended for families with school age children, families planning for Transition to Adult-life, and individuals living in Developmental Centers. Also, open to The Division of Developmental Disabilities (DDD) staff, Agency representatives, including personnel working at Developmental Center.

Length of training: 3 days, 9:30 AM – 3:30 PM each day

Housing Panel

Adults who are living in or are in the process of moving into their own homes, their parents, staff from Real Life Choices, Housing Specialists who assist individuals locate their own homes, and Attorneys skilled in the nuts and bolts of Special Needs Trusts and other legal issues all provide information on the practical and technical aspects of moving into Supportive Housing. Persons with disabilities and their family members also have the opportunity to share information with each other and continue to learn about independent community based housing that people with developmental disabilities are choosing and using with success.

Who should attend?

Recommended for families of people living in Developmental Centers or those who are part of the Real Life Choices Systems change. Also, open to The Division of Developmental Disabilities (DDD) staff, Support Coordination, Agency representatives, including personnel working at Developmental Center.

Length of panel discussion: 10:30 a.m. to 12:30 p.m.

Family Forum

The Developmental Disabilities Family Education project helps families to: envision possibilities for a family member in community living; learn about and participate in the transition process; and, provide support to a family member throughout the transition to community living. Family Forums are held four times per year by the Developmental Disabilities Education Project to provide families with a picture of how community living is working for people who have transitioned from developmental centers. At meetings like the Family Forum, families, provider agencies, and individuals share stories of successes and lessons learned in making the transition.

Who should attend? Anyone person or family member who is considering transitioning from a developmental center into the community or is curious about community living is invited to attend.

Length of forum: 9:30 a.m. to 1:00 p.m.

| DATE | TRAINING TITLE | TIME | COUNTY | LOCATION | PROVIDER | CONTACT INFORMATION REGISTRAR |
|-----------------|-----------------------|-------------------------|---------------|---|------------------|--|
| June 5,6, 15 | ELP | 9:30 a.m. – 3:30 p.m. | Mercer | 3490 US Rte. 1 North, Unit 16 Princeton, NJ 08540 | Neighbours, Inc. | 609-275-0606 Anne Romano anneromano@neighbours-inc.com |
| June 12, 13 | PCT | 9:30 a.m. – 3:30 p.m. | Burlington | Mt. Laurel Library 100 Walt Whitman Avenue Mt. Laurel, NJ 08054 | Neighbours ,Inc. | 609-275-0606 Anne Romano anneromano@neighbours-inc.com |
| June 18 | Housing Panel | 10:00 a.m. – 12:00 p.m. | Camden | Mt. Laurel Library 100 Walt Whitman Avenue Mt. Laurel, NJ 08054 | Neighbours, Inc. | 609-275-0606 Anne Romano anneromano@neighbours-inc.com |
| June 21, 22 | PCT | 9:30 a.m. – 3:30 p.m. | Camden | Jewish Family & Children Service 1551 Springdale Road Cherry Hill, New Jersey | The Boggs Center | 732-235-9327 Beth Ong elizabeth.ong@umdnj.edu |
| July 5, 6 | PCT | 9:30 a.m. – 3:30 p.m. | Mercer | 3490 US Rte 1 Suite 16 Princeton, NJ 08540 | Neighbours-Inc | 609-275-0606 Anne Romano anneromano@neighbours-inc.c |
| July 12, 13, 20 | ELP | 9:30 a.m. – 3:30 p.m.. | Ocean | TBD | Neighbours, Inc. | 609-275-0606 Anne Romano anneromano@neighbours-inc.com |
| July 9, 10 | PCT | 9:30 a.m. – 3:30 p.m. | Union | Millburn Free Public Library 200 Glenn Avenue Millburn, NJ 07041 | The Boggs Center | 732-235-9327 Beth Ong elizabeth.ong@umdnj.edu |
| July 19, 20 | PCT | 9:30 a.m. – 3:30 p.m. | Bergen | TBD | Neighbours, Inc. | 609-275-0606 Anne Romano anneromano@neighbours-inc.com |
| July 30, 31 | PCT | 9:30 a.m. – 3:30 p.m. | Atlantic | Arc of Atlantic County 6550 Delilah Road Egg Harbor Twp., NJ 08234 | The Boggs Center | 732-235-9327 Beth Ong elizabeth.ong@umdnj.edu |

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| August 2,3 | PCT | 9:30 a.m.– 3:30 p.m. | Hunterdon | Arc of Hunterdon 1322 Route 31 Annandale, NJ 08801 | Neighbours, Inc. | 609-275-0606 Anne Romano anneromano@neighbours-inc.com |
| August 9, 10 | PCT | 9:30 a.m. – 3:30 p.m. | Mercer | 3490 US 1 North, Unit 16 Princeton, NJ 08540 | Neighbours, Inc. | 609-275-0606 Anne Romano anneromano@neighbours-inc.com |
| August 16, 17 | PCT | 9:30 a.m. – 3:30 p.m. | Ocean | Toms River Library 101 Washington Street Toms River, NJ 08752 | The Boggs Center | 732-235-9327 Beth Ong elizabeth.ong@umdnj.edu |
| August 23, 24 | PCT | 9:30 a.m.- 3:30 p.m. | Middlesex | Learning Resource Center 2351 Route 130 S., Suite 3 Dayton, NJ 08810 | Neighbours, Inc. | 609-275-0606 Anne Romano anneromano@neighbours-inc.com |
| September 6,7, & 14 | ELP | 9:30 a.m. – 3:30 p.m. | Atlantic | TBD | Neighbours, Inc. | 609-275-0606 Anne Romano anneromano@neighbours-inc.com |
| September 18 | Housing Panel | 10:00 a.m. – 12:00 p.m. | Middlesex | South Brunswick Library 110 Kingston Lane Monmouth Junction, NJ 08852 | Neighbours, Inc. | 609-275-0606 Anne Romano anneromano@neighbours-inc.com |
| September 20, 21 | PCT | 9:30 a.m.– 3:30 p.m. | Union | Arc of Union 52 Fadem Road Springfield, NJ | The Boggs Center | 732-235-9327 Beth Ong elizabeth.ong@umdnj.edu |
| September 29 | Family Forum | 9:30 a.m. – 1:00 p.m. | Middlesex | Sheraton Woodbridge Route One South Iselin, NJ 08840 | UMDNJ Family Education Project | DDFEP Office Toll free (800) 500 0448 or (732) 235 3277 |
| October 22, 23 | PCT | 9:30 a.m. – 3:30 p.m. | Gloucester | County Office of Education 1492 Tanyard Road Sewell, NJ 08080 | The Boggs Center | 732-235-9327 Beth Ong elizabeth.ong@umdnj.edu |

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| November 30 | Family Forum | 9:30 a.m. – 1:00 p.m. | Camden | Doubletree Guest Suites Hotel 515 Fellowship Road Mt. Laurel, NJ 08054 | UMDNJ Family Education Project | DDFEP Office Toll free (800) 500 0448 or (732) 235 3277 |
| December 13, 14 | PCT | 9:30 a.m. – 3:30 p.m. | Mercer | TBD | The Boggs Center | 732-235-9327 Beth Ong elizabeth.ong@umdnj.edu |