

# DDD Today

Vol. IV, Issue IV May 2010

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Chris Christie, Governor  
Kim Guadagno, Lt. GovernorJennifer Velez, Commissioner  
Kenneth W. Ritchey, Assistant Commissioner

**Today's Quote:** *"Absolute identity with one's cause is the first and great condition of successful leadership."*  
Woodrow Wilson, American President: 1913 – 1921 (Two terms)

## NJ Legislators Tour New Lisbon Developmental Center

On April 7, members of the NJ Assembly's Human Services Committee made a tour visit to the New Lisbon Developmental Center. The goal was to help gain better understanding of the center and its employees, as well as its residents and the services residents receive.

It was one of several visits committee members made to all state developmental centers during the spring, and the tour offered a good exam-

ple of a typical visit. The visiting committee member's included Assemblyperson Valerie Vainieri Huttel, Committee Chairperson, Assemblyperson Cleopatra Tucker and Assemblyperson Mary Pat Angelini.

During their visit, the assembly members were able to tour the entire facility and observe numerous residents and staff members participating in a variety of activities. The tour began with an intro-

duction and overview presentation of New Lisbon made by Jeff Schroeder, Chief Executive Officer, and other administrative staff.

Lunch was then observed and the assembly members heard from speech therapist Karen Shore discuss various specialized diets, feeding techniques, staff training, safety issues and other factors that ensure protection of the residents' health and well-being. *continued on page 2*

## 21st Annual Conference on Medical Care, June 4, 2010

*Submitted by Beverly Roberts from the Arc of NJ*

The Arc of New Jersey's 21st Annual Conference on Medical Care for Persons with Developmental Disabilities will be held on Friday, June 4, 2010 at the Westin Princeton Hotel in Forrestal Village. This year's event will focus on promoting quality health care for persons with developmental disabilities.

The conference will feature two outstanding keynote speakers. The morning keynote address will be given by Barbara L. Kornblau, JD, OTR/L, Dean and Professor

of Nursing, and Director of the Urban Health and Wellness Center, School of Health Professions and Studies, University of Michigan – Flint. Dean Kornblau's presentation is titled: "Reaching for the Brass Ring: Health

Care Reform Policies for Individuals with Intellectual and Developmental Disabilities." In the afternoon, the keynote speaker will be Mark Hugo Nasjleti, a professional speaker who has Down

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### ***How many people have recently moved to the community from developmental centers?***

**Year One:** July 2006 – June 2007 = 86

**Year Two:** July 2007 - June 2008 = 121

**Year Three:** July 2008 - June 2009 = 112

**Year Four:** June 2009 – May 12, 2010 = 51

## Developmental Center continued from page 1

The day's activities continued with assembly members visiting other programs throughout New Lisbon, including:

- **The Sensory Stimulation Program at Knoll Manor** cottage, where the legislators observed the physical and nutritional management staff assisting residents with integrating motor and communication skills with music and repositioning;
- **The Health Services Building and Dental Clinic**, where the legislators met with Dr. Keith Keefer, the center's Medical Director, and Ralph Barton, the center's Nursing Director;

- **Esteem Industries**, where committee members learned about the workshop program and its many contacts with community vendors;
- **Varied Programming at Holly Cottage**, including residents from Azalea cottage who were participating in arts and crafts activities;
- **The End Zone**, where committee members learned how residents are able to relax and watch televised sporting events, play games and purchase typical sports club food such as nachos with cheese;

- **The Pride and Joy Gift Shop** was included on the legislators' tour; and
- **Some Cottages, including Dogwood Cottage**, where committee members were able to tour some residents' bedrooms.

The Human Services Committee Members ended the day by meeting informally with some Family and Friends Association members, who openly relayed to the visiting legislators that New Lisbon staff and programs have helped address the complex needs of their family members.

## DDD Presents County-Based Forums

DDD invites individuals who are in Real Life Choices, Self-Determination, or at the top of the Priority and Priority-Deferred categories of the Waiting List for Waiver Services (formerly known as Community Services Waiting List [CSWL] or Residential Waiting List) to attend a county-based family forum.

These forums are geared toward the family's need to plan and prepare for the well-being of their adult child/children with developmental disabilities. Forums are being held in each state county.

For information, contact Janice Delorenzo at 609-689-1794 or [janice.delorenzo@dhs.state.nj.us](mailto:janice.delorenzo@dhs.state.nj.us).

### **Ocean County FAST meeting:**

June 10, 2010

6:30-8:30PM

The Ocean County Library, Mancini Hall,  
101 Washington St., Toms River, NJ 08753



## 21st Annual Conference continued from page 1

Syndrome. His mission is to inspire people with intellectual and developmental disabilities to create healthier and happier lives. Mr. Nasjleti's keynote is titled, "Beating the Odds: At Stake, Your Life."

The conference plenary session will open with remarks from Jennifer Velez, Commissioner of the New Jersey Department of Human Services (DHS). Kenneth Ritchey, Assistant Commissioner, DHS Division of Developmental Disabilities, will also be a featured morning speaker and John Guhl, Director of the DHS Division of Medical Assistance and Health Services, will provide a New Jersey Medicaid update.

Conference attendees will select a morning and an afternoon workshop from a broad range of timely titles:

- Transitioning from Developmental Center to the Community
- Movement Disorders Associated with Developmental Disabilities
- Update on the Medical Home for People with Developmental Disabilities
- Sexuality Issues for Individuals with Developmental Disabilities
- The Oral Health Connection to Serious Medical Problems
- Health Care Advocacy across the Lifespan
- The Skin You're In: Prevention of Skin Breakdown and Wound Management
- Preventing Overweight and Obesity in Children and Youth with Developmental Disabilities
- Children's Placement Enhancement Project (CPEP) – Using Positive Behavior Supports to Support Children with Severe Behavior Challenges in the Local Community
- Guidelines for Family Response to Crisis
- Torn between Lettuce and Pizza

The conference has received approval for continuing education credits from the American Academy of Family Physicians (AAFP), the Developmental Disabilities Nurses Association (DDNA), and the Commission for Case Manager Certification (CCMC). An application for CE units has also been filed with the American Academy of Nurse Practitioners (AAFP) which is pending.

**The conference registration deadline is Friday, May 21st.** A registration fee of \$60 includes continental breakfast and all materials; a registration fee of \$90 also includes lunch at the conference.

The conference brochure is available on The Arc of New Jersey's website, [www.arcnj.org](http://www.arcnj.org), by clicking on "Programs," then "Mainstreaming Medical Care." The link to the brochure is at the top of that page.

For additional information or a brochure mailed or e-mailed to you, call Helen Rivera at 732-246-2525, Ext. 35, or email [hrivera@arcnj.org](mailto:hrivera@arcnj.org).



# DDD: Celebrating 50 years of Service

# ANNOUNCEMENTS

ABCD is pleased to announce that it has developed a training workshop and curriculum on Aging and Developmental Disabilities, which addresses multiple areas of how to provide supports and services to aging individuals with developmental disabilities. The first workshop, scheduled for June 24th, is geared towards trainers. However, the direct support staff are also welcome to attend. Several other trainings will be scheduled in September and October, if you are unable to attend this workshop.

Below, you will find additional information about the workshop, including the workshop description and instructions for registration. Please note that there is **no cost** for attendance. The curriculum and training were developed with generous grants from the New Jersey Council on Developmental Disabilities and the Spectrum for Living Endowment Fund.

## **WORKSHOP DATE & TIME:**

Thursday, June 24th, from 10am -3pm.

## **COST:** FREE

**LOCATION:** The Boggs Center, UMDNJ Liberty Plaza , 335 George Street, 3rd Floor, New Brunswick, NJ 08903-2688

**TITLE:** Aging Well: A Training-the-Trainer workshop and introductory curriculum for the aging of people with developmental disabilities.

**DESCRIPTION:** The purpose of this workshop is to train individuals to ensure knowledge of aging issues in the provider community, and to develop a curriculum that can be continuously used by providers to train their staffs on working with older adults with developmental disabilities. This workshop will pilot a new curriculum developed by ABCD, in collaboration with a number of other agencies in New Jersey and the DD Council for use by provider agencies in New Jersey.

The day workshop will include the module, tips on using the curriculum for training, other resources available in the community, and input from participants about the resource or training needs of agencies who are dealing with an increasingly elderly population.

**REGISTRATION:** Go to the Boggs Center website at <http://rwjms.umdj.edu/boggscenter>. Click on **Training Opportunities** and then click on **Aging and End of Life**

“The Family Support Center of New Jersey ([www.fscnj.org](http://www.fscnj.org))” has re-established “The Training Calendar,” an online resource for information about training opportunities, lectures, and other activities for caregivers and receiving support and care. Please visit [www.thetrainingcalendar.org](http://www.thetrainingcalendar.org), for more information.

Per [www.fscnj.org](http://www.fscnj.org), you also will find the new spring 2010 Training Schedule and registration information for Life Line for the Journey, Pathways to Adult Life or Preparation for Life after 21.