MEDICAL ASSISTANCE ADVISORY COUNCIL MEETING
New Jersey State Police Headquarters Complex
Public Health, Environmental and Agricultural
Laboratory Building
3 Schwarzkopf Drive
Ewing Township, New Jersey 08628

October 19, 2016 10:15 A.M. FINAL MEETING SUMMARY

MEMBERS PRESENT:
Deborah Spitalnik, PhD, Chair
Mary Coogan
Beverly Roberts
Theresa Edelstein
Dorothea Libman

MEMBERS EXCUSED: Sidney Whitman, DDS

MEMBERS UNEXCUSED: Sherl Brand Wayne Vivian

STATE REPRESENTATIVES:
Meghan Davey, Director
Division of Medical Assistance and Health Services

Transcriber, Lisa C. Bradley THE SCRIBE 6 David Drive Ewing, New Jersey 08638 (609) 203-1871 the1scribe@gmail.com

Slide presentations conducted at Medical Assistance Advisory Council meetings are available for viewing at http://www.state.nj.us/humanservices/dmahs/boards/maac/

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## ATTENDEES:

Barbara Krivda Evelyn Liebman

Cheryl Reid Aetna Better Health New Jersey

AARP

Cathy Chin Alman Group, LLC Alison Dorsey Amerigroup

Brian Atkisson Association of New Jersey

Chiropractors

Matthew Minella Association of New Jersey

Chiropractors

Rita Steinberger Brian Injury Alliance of New

Jersey

Gwen Gordon

Kitty Lathrop Burlington County Board of Social

Services

Kimberly Salomon College of Health Care Professions
Mary-Catherine Bohan Community Care Behavioral Health

Organization

Kimberly Salomon Community Health Law Project

Community of Jewish Laws & Standards

August Pozgay Disability Rights of NJ
Elisa Cohen Family Resource Network
Bonnie Brien Family Support Coalition
Rebekah Novemsky Family Support Coalition
Dovlle Usaite Gateway Health Plan

Chrissy Buteos Home Care New Jersey

Len Kudgis Horizon Blue Cross/Blue Shield of NJ

Lillie Evans Horizon NJ Health Jeff Brown Hospital Alliance

Dhrupti Thakar Hudson County Board of Social

Services

Nikhil Thakers Hudson County Board of Social

Services

Carmelia Nales Hudson County Welfare Agencies

Mark Connelly Katz Government Affairs
Amanda Cortez Medical Transportation
Association of NJ

Leuranda Koleci Medical Transportation Association

of NJ

Cynthia Spadola Mental Health Association of New

Jersey

Amy Archer Medical Oncology Society of NJ Rachel Brazuitls Medical Oncology Society of NJ

Lori Price Abrams MWW Public Relations

Sarah Adelman NJ Association of Health Plans
Carolyn Bray NJ Association of Mental Health and

Addiction Agencies

Kevin Casey NJ Council for Developmental

Disabilities

## ATTENDEES:

Paul Blaustein NJ Council for Developmental

Disabilities

Dennie Todd NJ Council for Developmental

Disabilities

NJ Foundation for Aging Grace Egan

New Jersey Health Care Quality Tabiya Anmea

Institute

Kim Higgs NJ Park & Recreation Association

NJ Policy Perspective Ray Costra

David Drescher Office of Legislative Services Jennifer Ubesti Ocean County Board of Social

Services

Laurie Brewer Office of the Ombudsman for the

Institutionalized Elderly

Mary Kay Roberts Riker, Danzig, Scherer, Hyland &

> Perretti, LLP Rothkoff Law

Jennifer Farnham Rutgers Center for State Health

Policy

Barbara May Southern NJ Perinatal

Cooperative Mercedes Rosa

Susan Hazen

Alicia Kagan

Statewide Parent Advocacy Network

of New Jersey UnitedHealthcare Values Into Action NJ

Zinke McGeady Cort Adelman

WellCare

Tara Smith Porcher Centers for Medicare & Medicaid

Services

Alison Gibson NJ Department of Health

NJ Department of Human Services
NJ Department of Human Services Frieda Phillips Roxanne Kennedy NJ Division of Family Development Marie Snyder NJ Division of Medical Assistance Renee Burawski

and Health Services

NJ Division of Medical Assistance Carol Grant

and Health Services

Phyllis Melendez NJ Division of Medical Assistance

and Health Services

Steven Tunney NJ Division of Medical Assistance

and Health Services

Maribeth Robenolt NJ Division of Medical Assistance

and Health Services

NJ Division of Medical Assistance Heidi Smith

and Health Services

David Drescher NJ Office of Legislative Services

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4 DR. SPITALNIK: Good morning. I'm Deborah Spitalnik, Chair of the Medical Assistance Advisory Committee (MAAC), and I am pleased to call to order the October 19th meeting. Pursuant to New Jersey's Open Public Meetings Act, adequate notice of this scheduled quarterly meeting for calendar year 2016 of the Medical Assistance Advisory Council (MAAC) was published by the Department of Human Services (DHS).

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themselves.

11 holding this public event in the State Police 12 Headquarters, to read emergency evacuation procedures, 13 which I'm sure we'll not need, but in the case that we 14 hear a fire alarm or evacuation announcement, quickly 15 leave the building via the nearest exit. Go to Lamp 16 Post No. 9 in the large parking lot. And once there, 17 report to a member of the Medicaid staff who will make 18 sure that everyone safely left the building. 19 Having dispensed with that, let me 20 welcome people. And as our practice is that, I will 21 ask the members of the MAAC to introduce themselves. I

It's also my responsibility, as we are

We have been very fortunate that no matter what issues we're dealing with at the MAAC, we've been

will then ask the members of the public to introduce

1 able to engage in dialog rather than an isolated period of public comment. In order to preserve that, after 3 each topic, we'll call for questions or comments. The 4 members of the MAAC will make their questions and 5 comments first. I will then open that up to the 6 public. We reserve the right to limit the amount of 7 time that people comment, but I hope that we can always 8 maintain that ongoing dialog in the spirit of the 9 purpose of the Medicaid program in terms of stakeholder 10 input. 11 So with that, I will start.

12 (Members of the MAAC introduce themselves.) 13 (Members of the Public introduce themselves.) 14 DR. SPITALNIK: Excuse me. There is an 15 emergency. We are going to suspend the meeting. We 16 are instructed by the building management to evacuate 17 to the lobby.

18 (Pause in the proceeding.)

DR. SPITALNIK: We will resume the October 19th meeting of the MAAC. We were in the middle of introducing themselves. Let's proceed rapidly with that. And we will rearrange the agenda somewhat. (Members of the public introduce themselves.) DR. SPITALNIK: Thank you all.

We're going to re-arrange the agenda in the

1 interest of time. We're going to postpone the review 2 and approval of the June minutes until our next 3 meeting.

4 We are going to first hear from Nancy Day 5 about Managed Long Term Services and Supports (MLTSS). 6 And then we'll proceed through the agenda with Medicaid 7 and the Managed Care Rule, Behavioral Health updates, New Jersey FamilyCare, and Fair Hearings. And if we 8

have to further adjust time-wise, we will do that. Let me also just announce that the dates have been set for the 2017 meetings. The first meeting will be Monday, January 23rd; then, Thursday, April 13th; Thursday, July 20th; and Thursday, October 19th, a year from today.

So it's my pleasure to turn to Nancy Day, the Director of the Division of Aging Services to provide an update on Managed Long Term Services and Supports.

19 Nancy.

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20 MS. DAY: Thank you. I really appreciate 21 the adjustment so I can present today.

I would like to present just some highlights as to what we're seeing from a profile and from the data that we see in terms of the utilization, who we're serving and the types of services that are being used

1 through the MLTSS.

2 From an overall perspective, the very good 3 news is that 41 percent of our long-term services now 4 are in home and community based settings.

(Presentation by Ms. Day.)

(Slide presentations conducted at Medical Assistance Advisory Council meetings are available for viewing at http://www.state.nj.us /humanservices/dmahs/boards/maac/).

MS. DAY: Any questions?

MS. ROBERTS: The slide you just showed, 12 "Other" looks like 8.7 percent. Can you give an

13 example of what comprises that other category?

14 MS. DAY: We had things such as personal 15 emergency response systems that that would be another 16 option, home modification, respite is another service 17 that would be available to people in MLTSS.

So there are a variety of services that are offered, so we just grouped those in "Others."

MS. DAVEY: It's listed in the notes.

MS. ROBERTS: Are you able to determine to people who are receiving Traumatic Brain Injury (TBI)

services where that falls in the chart?

24 MS. DAY: We would be looking at them 25 through the coding, so we would know what kind of

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1	services. We know that the community residential	1	Medicare & Medicaid Services (CMS) weighed in yet?
2	services are those that most likely will have had TBI	2	MS. DAVEY: It is with CMS right now. We
3	impacted individuals accessing those services.	3	have not received any feedback yet.
4	MS. ROBERTS: Thank you.	4	MS. DAY: Oh, I'm sorry. I thought you were
5	DR. SPITALNIK: I have a similar question.	5	looking at
6	Not for today, but for a future presentation. I would	6	MS. DAVEY: The level of care. It was
7	be more interested also where people with the kinds of	7	submitted to CMS.
8	service utilization of people with TBI, Traumatic Brain	8	DR. SPITALNIK: Other questions?
9	Injury, and also the numbers of people with	9	MS. DAY: Thank you very much.
10	developmental disabilities (DD) who are in the nursing	10	DR. SPITALNIK: Thank you, Nancy.
11	home population.  MS. DAY: I will see what kind of data that	11 12	We will turn to Julie Cannariato, who is the
12 13		13	Policy Director of the Division of Medical Assistance
14	we can pull for you, and we will prepare that for you.  DR. SPITALNIK: And particularly the DD	14	and Health Services to give us a presentation on Managed Care Final Rule.
	folks in nursing homes, because there has been a trend	15	_
15 16	of increased utilization of nursing homes for people	16	I should note for the members of the public
17	with developmental disabilities, and it would be good	17	that after this meeting, the slide decks are posted on the Division's website.
18	to have data point.	18	Julie.
19	Other questions from the MAAC?	19	MS. CANNARIATO: Thank you.
20	MS. EDELSTEIN: Just building a little bit	20	So I know many of you are familiar with the
21	off of that request. We talked before about trying to	21	Managed Care Final Rule (MCFR) already, so I'm going to
22	get a sense of how many people who are in MLTSS are	22	just give you an overview and background, time
23	using behavioral health (BH) services. I think that	23	frame, and then we're going to walk through some of the
24	that would be an important thing for us to begin to	24	provisions that the Division is already reviewing in
25	look at, especially as we're looking at the rest of	25	detail, and then some other provisions that we've
	9		11
1	behavioral health, moving into more of a managed	1	identified that are effective in July of 2017 and July
2	environment. Maybe there are things we can learn.	2	of 2018 that we've earmarked that we know we will be
3	MS. DAY: Okay. We'll include that as well.	3	having further discussion at future MAAC meetings.
4	DR. SPITALNIK: If there are no questions	4	With that we'll start.
5	from the MAAC, I'll turn to the public.	5	(Presentation by Ms. Cannariato.)
6	Please stand up if you can, state your name	6	(Slide presentations conducted at Medical
7	for the purpose of recording.	7	Assistance Advisory Council meetings are
8	MS. LIEBMAN: Evelyn Liebman, AARP.	8	available for viewing at http://www.state.nj.us
9	Thank you, Nancy.	9	/humanservices/dmahs/boards/maac/).
10	Just building off of Bev's question, for	10	MS. CANNARIATO: That is it for my slides.
11	next time could we get a breakdown of that "Other"	11	DR. SPITALNIK: Thank you so much.
12	category, what the actual services are, dollars and	12	Questions from the MAAC?
13	numbers of beneficiaries using them?	13	Beverly.
14	MS. DAY: Sure. We'll look at that for you,	14	MS. ROBERTS: Thank you. That was a very
15	yes.	15	detailed presentation, and we really appreciate it. A
16	DR. SPITALNIK: Anyone else?	16	couple of very quick questions.
17	MS. ORLOWSKI: Gwen Orlowski, Central Jersey	17	Going back to the slide where there's
18	Legal Services.	18	additional review for January 1, 2017, that first
19	I have a question that isn't necessarily	19	bullet, could you just explain a little bit more what
	related to the clides. The mandarine if were the	20	that means, Managed Care Organizations (MCO's) ability
20	related to the slides. I'm wondering if you can give	24	to include in liquidomicas, medically accomplete and
21	us an update on the amendment to the current waiver for	21	to include, in lieu services, medically appropriate and
21 22	us an update on the amendment to the current waiver for the nursing facility level of care standard?	22	cost effective substitutes? Could you just talk a
21 22 23	us an update on the amendment to the current waiver for the nursing facility level of care standard?  MS. DAY: They are in the Governor's Office	22 23	cost effective substitutes? Could you just talk a little bit more about what that is?
21 22	us an update on the amendment to the current waiver for the nursing facility level of care standard?	22	cost effective substitutes? Could you just talk a

1 allow our MCOs to provide in lieu of services, services

2 that would be cost effective in terms of something

else. So I think our initial feedback was that we

would have to develop a list of what service would be. 4

I think some of the discussion we've had is we don't

6 really know all the alternatives to a lower cost

7 services or something that would be medically

8 appropriate. So I think one of the examples that was

9 tossed around was the inpatient hospital. Like, what

other services could be provided in lieu of that, that 10

11 would be more cost effective. So we're still

12 developing what that would look like.

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I think our position is that we don't want to put out a list. We would like to develop a list as time goes on. I could see MLTSS and community-based care being an in lieu of service of the nursing home. I mean, that, to me, it seems like a no-brainer. But I think once we put it in the contract, we need to get some feedback from our MCOs and from CMS if our thinking is what they're thinking, as well.

MS. ROBERTS: I'm just wondering, and obviously you don't have the specifics yet, but if that could be disseminated to the community where advocates and attorneys could look at that list before it's

25 finalized to see if there's any input or concerns about

the thinking that you and the MCOs have, that we have a chance to weigh in on that. That would be appreciated.

A quick question on the marketing activities. And you had said that now that would be able to include texts and e-mails. If the MCO's are using that as a marketing tool, will there be a way for the recipient to say, "I do not want to receive these, that they can respond back, "Take me off your e-mail list"?

MS. CANNARIATO: I would imagine that would be something that we would certainly put in there, just as we probably right now have in our contract if you don't want mailings or if you don't want phone calls. I would assume that we also require MCOs to say, you know, "Press one if you want to be removed from this mailing list."

17 MS. ROBERTS: Thank you. And this is my 18 question having to do with the appeals and grievances, 19 which I know there's going to be a lot more information 20 in the future. That's a real important issue, I think, 21 for a lot of us in this room. But did I hear you 22 correctly, because there was so much information, that 23 in the new rule you will have to choose to do an appeal 24 or a fair hearing, that you couldn't have both? 25 MS. CANNARIATO: Right now the rule states

1 that an enrollee can no longer simultaneously request

an appeal and a fair hearing at the same time. So, to

3 me, that sounds like you would have to choose one or

the other in the first instance. I think both options 4

would still be available to you but not at the same

6 time.

7 MS. ROBERTS: Okay. Thank you very much. 8 DR. SPITALNIK: Any other questions from the

9 MAAC?

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10 From the public?

MS. ORLOWSKI: Gwen Orlowski, Central Jersey

12 Legal Services.

> Thank you very much. That's a lot to digest, I agree. And I appreciated Bev's comments a lot.

It's come up several times at this meeting, those of us who are involved in the appeal and fair hearing system and with respect to Notices of Action, that these are really deeply concerning to us. And I at Central Jersey Legal Services have had conversations with Joe Manger at Horizon, and I think he shares some of the frustrations over the density of some of the notices in the past. And so I appreciate that you're

23 24 going to have an internal workgroup on that, but we

25 really think it would be a value to bringing in a

stakeholder workgroup, as well, so that we can give input into that process. And it just strikes me that

3 getting this notice right at the get-go, a template for

this notice can really make things work so much better

5 come next July.

And I know that in other states they've done 7 that, they've done a workgroup, a small workgroup, not one of our workgroups that has 800 people on it, but a smaller workgroup that could work through some of the that language and make sure that it's consistent.

And I just want to respond to what you said real quickly, too. I think you still have a right to appeal, you just have to exhaust the appeal before you can go to the fair hearing. You always have a right to a fair hearing because that's a protected due process right.

DR. SPITALNIK: Thank you, Gwen.

Julie, please respond to that.

18 19 MS. CANNARIATO: Gwen, thank you. And we'll 20 take that back about the stakeholder group. If you 21 know of other states that have structured workgroups around appeals and grievances and you can point us 22 23 toward language of the make-up of that group, of how

24 large it is, who has been on that, that will be helpful

25 to our thinking.

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1	MS. ORLOWSKI: I can do that. Sure.	1	either Renee or Roxanne.
2	MS. CANNARIATO: Thank you.	2	Seeing none, I'll invite questions from
3	DR. SPITALNIK: Kevin.	3	the public.
4	MR. CASEY: Kevin Casey, New Jersey Council	4	I think it was so comprehensive that you
5	on Developmental Disabilities.	5	answered all our questions. Thank you to you both.
6	I want to support those comments on appeal	6	And we'll now proceed to an update on NJ
7	and grievances. I really think it's a critical issue.	7	FamilyCare with Meghan Davey, the Director of the
8	DR. SPITALNIK: Thank you.	8	Division of Medical Assistance and Health Services
9	Others?	9	(DMAHS).
10	Julie, thank you so much for such a	10	MS. DAVEY: So I think is kind of a standing
11	comprehensive presentation. And I've noted a number of	11	agenda item that we're always updating on statistics
12	issues to bring up at the next meeting. And the agenda	12	each quarter.
13	was printed before Julie was promoted to Policy	13	(Presentation by Ms. Davey.)
14	Director at Medicaid, no long Acting Director, so we're	14	(Slide presentations conducted at Medical
15	delighted. And thank you so much for this.	15	Assistance Advisory Council meetings are
16	We now we move to a series of informational	16	available for viewing at http://www.state.nj.us
17	updates. And we'll start with the update on Behavioral	17	/humanservices/dmahs/boards/maac/).
18	Health Rates. And I'm delighted to introduce Renee	18	DR. SPITALNIK: Meghan, thank you.
19	Burawski who is Chief of Staff of the New Jersey	19	And I would ask that when the Comprehensive
20	Division of Mental Health and Addiction Services.	20	Medicaid Waiver Renewal)a application posted, an e-mail
21	Renee.	21	will go out to the members of the MAAC that it's there.
22	MS. BURAWSKI: Thank you.	22	MS. DAVEY: Yes.
23	Good morning. My name is Renee Burawski,	23	DR. SPITALNIK: Questions from members of
24	and I will be providing an update on Behavioral Health	24	the MAAC.
25	Rates. Although Roxanne Kennedy is not on the agenda,	25	MS. ROBERTS: Just a very quick comment. I
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1	she's also presenting with me. Roxanne is from the	1	wanted to thank you on behalf of the entire
2	Department of Human Services, I'm from the Division,	2	Developmental Disabilities community. I heard from
3	and we're working very closely on this transition to	3	many of them about the Fully Integrated Dual Eligible
4	Fee-for-Service (FFS).	4	Special Needs Plan (FIDE-SNP) issue, and we greatly
5	(Presentation by Ms. Burawski.)	5	appreciate the fact that it's not going to be mandatory
6	(Slide presentations conducted at Medical	6	enrollment.
7	Assistance Advisory Council meetings are	7	DR. SPITALNIK: Thank you.
8	available for viewing at http://www.state.nj.us	8	Anyone else on the MAAC?
9	/humanservices/dmahs/boards/maac/).	9	From the public?
10	MS. BURAWSKI: I will turn it over to	10	Ray Castro.
11	Roxanne Kennedy who will talk specifically about some	11	MR. CASTRO: Ray Castro, New Jersey Policy
12	of the rates that were adjusted.	12	Perspective.
13	MS. KENNEDY: Good morning, everyone. I'm	13	In one of the graphs you were showing, we
14	no stranger to the MAAC. Always good to be back.	14	made extraordinary progress in increasing the
15	We had a lot of stakeholder processing around the	15	enrollment in Medicaid, but in the last year or so,

rates, and I just wanted to talk about some of the rates we adjusted based on feedback from the stakeholders.

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(Presentation by Ms. Kennedy.) (Slide presentations conducted at Medical Assistance Advisory Council meetings are available for viewing at http://www.state.nj.us /humanservices/dmahs/boards/maac/). DR. SPITALNIK: Thank you so much.

I'll now take questions from the MAAC for

16 it's leveled off. And it would appear that most people 17 who are motivated have not done so. So we're going to 18 need an extraordinary effort to reach those folks who 19 have not voluntarily enrolled in the program. The 20 Family Foundation estimates that over a hundred 21 thousand individuals in New Jersey are eligible for **22** Medicaid and are not participating, a lot more than who 23 were eligible in the Marketplace. So we're seeing that 24 if we're going to make any significant further progress 25 reducing the uninsured rates, we're going to have to

25 7 of 12 sheets Page 16 to 19 of 38

1 reach those folks who have not enrolled so far. So I'm 2 wondering if you've thought about that and in terms of 3 increasing your efforts at enrollment and outreach. 4 MS. DAVEY: You can see in the Renewal that 5 we're looking at the jail-involved especially, getting 6 people who come out of the system access to care 7 immediately. You know, it's not actual outreach 8 dollars and outreach, it's really mostly in-reach 9 efforts that we're looking at. It's the schools, it's 10 the community-based organizations, it's the 11 jail-involved. I'm sorry. Heidi?

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13 MS. SMITH: I was going to mention the 14 psychiatric population, as well.

MS. DAVEY: We're doing presumptive eligibility (PE) for the psychiatric population as well. So, yes, it's a lot in-reach efforts that is happening in the State.

MR. CASEY: In some of the schools, the most recent census shows that 25 percent of all children in certain districts are uninsured. And I'm just wondering if we're targeting our efforts in those areas. I'm sure that you would agree that is totally unacceptable.

MS. DAVEY: So we have our Free and Reduced

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Lunch Program where we have the children that have access to free and reduced lunch get a streamlined eligibility application so we expedite enrollment for them. So we are targeting those lower income populations through the Free and Reduced Lunch Program in the schools.

I don't know, Heidi, if you want to expand on that.

MS. SMITH: Just to add to that information, we keep an eye on the English as a Second Language (ESL) classes and the five highest ESL classes that are going on in the State, we put messaging in their language on the back of the materials so that people can learn of our information.

MR. CASEY: We know from the census which school districts exactly have the highest uninsured rates for kids. And I'm wondering have we targeted efforts in those particular school districts?

MS. DAVEY: We're outreaching state-wide with the Free and Reduce Lunch program. Those same school districts would have a higher free or reduced lunch enrollment as well, so that information would go there.

DR. SPITALNIK: Thank you. 24 25 Other questions from public?

1 MR. BLAUSTEIN: Paul Blaustein. This is 2 just a request. That slide that you showed about the breakdown of spending by category, I'm not sure if it 4 was your second or third slide. Can I see that again? 5 Thank you.

6 MS. DAVEY: And these will be available for 7 the public.

8 DR. SPITALNIK: Thank you.

9 Gwen.

10 MS. ORLOWSKI: Gwen Orlowski, Central Jersey 11 Legal Services.

12 Thank you very much. It occurs to me that 13 perhaps my question earlier to Nancy was better saved 14 for you.

15 So this issue of making changes to the 16 nursing facility level of care standard is a really 17 significant issue. It is an eligibility determination 18 that allows people into the MLTSS Program. And I'm 19 wondering if you can talk -- honestly, I think I and 20 some other advocates were confused that this was being 21 done as an amendment to the current waiver rather than 22 through notice and comment and a rule change, or 23 through the Renewal waiver. And I'm just wondering if

1 really have better stakeholder engagement in changing such a significant standard.

you can address a little bit the thinking on doing it

that way and then talk a little bit about ways we can

3 MS. DAVEY: So I think -- and I'm not the expert in this, but I think that the issue was that the 4 level of care, what was in the old "C" Waiver did not 6 carry forward into the 1115. So it was basically just redefining how it was supposed to be. Because 7 8 everything got lumped together, kids and adults got

10 Waiver world. So basically it was just trying to right

11 side something that got missed when we consolidated.

12 And so we didn't want to wait until the Renewal because

lumped together, where it wasn't that way in the "C"

13 it's become an ongoing issue that keeps coming up. So

14 we said let's amend. Because we do amendments

15 periodically, depending on operational needs. So that

16 was the thinking. Amend it so we can fix the problem

17 that kind of got carried over from the old "C" waiver.

18 And the Renewal just happened to be coinciding with 19 that.

20 But I think we should probably meet offline 21 because there's a lot to it. It's pretty detailed.

22 MS. ORLOWSKI: Thank you. 23

DR. SPITALNIK: Thank you.

24 Other questions or comments for Meghan? 25

MS. HIGGS: Kim Higgs, New Jersey

Psychiatric Rehabilitation Association.

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Is there data available as to what the percentage of these costs are related to behavioral health services?

5 There's lots of talk basically of folks 6 presenting to emergency rooms and not having access to 7 care. For our provider community, particularly in 8 light of start-up of CSS and a lot of the information 9 that we still don't know and, frankly, a lot of our 10 providers were projecting a significant shortfalls with 11 the new rates, there is much concern that if there's a 12 squeeze and a lack of service to people on the 13 community end and there's a lack of availability on the 14 hospital side, what's going to happen these folks --15

MS. DAVEY: I think it can be misleading, though, because sometimes the primary diagnosis may be a psychiatric diagnosis but really they broke their leg. So it can be misleading, but we can break out based on diagnosis. We do have that data, but it would need to be a little delved into deeper.

21 DR. SPITALNIK: Thank you, Meghan.

22 Our final agenda item is on Fair Hearings.

23 Carol Grant has been appointed Deputy Director 24 for the Division of Medical Assistance and Health

25 Services, so Carol congratulations on that and welcome.

MS. GRANT: I don't have a slide. I'm going to do some talking. All of the information that Julie

3 presented on is sort of the evolving appeals and

4 grievances process which is really going to, I think,

5 make our reporting on grievances, appeals, and fair

6 hearings much more robust than we're able to do today.

7 We do a better job on the appeals and grievances side,

8 a lot more definitive process around fair hearings.

9 But, we don't particularly have ownership. It's shared

10 ownership with the Office of Administrative Law. And

11 we're building database to better reflect the kind of

12 reporting that you've asked for.

> Just as a reminder, any Managed Care Organization (MCO) member or any Medicare member who is really Plan A or Plan ABP may file an appeal around any adverse benefit determination resulting in a denial, a termination, or other limitation of a covered health care service in accordance with the MCO contract.

Medicaid actually receives and transmits to the Office of Administrative Law (OAL) fair hearing requests on a variety of issues. They could be service denials, they can be issues around durable medical equipment (DME), they could even be eligibility issues that people file their hearings for.

They're not just limited to members or clients. They

1 can be provider-related cases.

2 The client-related fair hearings are 3 different from the grievances and appeals handled 4 internally by the MCO. Fair hearings, again, are 5 transmitted to OAL by the Division of Medical

6 Assistance and Health Services (DMAHS) and are

conducted by an independent Administrative Law Judge

8 who issues an initial decision and files a final agency

9 decision that is then issued by the Director of the

10 Division of Medical Assistance and Health Services.

11 These Final Agency Decisions or FADs, as we 12 call them are then appealable to the Superior Court 13 Appellate Division. On average, just in a general 14 course of time, about 5 to 10 percent of transmitted cases result in a FAD. 15

Current statistics on fair hearings took sort of a six-month swath from January 1 of 2016 to July 31st of 2016. Approximately 3,069 cases were sent to OAL. Of those, about 592 were MCO-related matters. 340 of them were Horizon NJ Health cases, 220 UnitedHealthcare Community Plan cases, and 32 were Amerigroup cases. And there were a handful of cases really related to Aetna Better Health and WellCare who are not yet statewide. They're smaller plans.

Our current database build is using

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1 an identifier with the smaller plans so we are

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able to have numbers and statistics across all 3 five plans. 4 In general, the 592 transmitted to OAL,

5 about 5 percent, which is consistent with the average, 6 resulted in an Initial Decision or a Final Agency

7 Decision. 11 percent of the time, it was really a

8 failure to appear. And 60 percent were actually

9 withdrawn. And it has to be remembered, though, that

10 currently members can file for an internal MCO

11 appeal, a Department of Banking and Insurance (DOBI)

12 Internal Utilization R Hearing or a fair hearing

13 simultaneously. One can come first. Otherwise, it can 14

happen at the same time. It really muddies our ability

15 to collect very clear data about fair hearings.

Under the work that we're going to be doing to operationalize the new Managed Care Final Rule, I think it will be much clearer. Again, in general, we will have to exhaust an internal appeal at the plan level and then go to fair hearings. So it's not all this muddiness where one might have filed a fair

22 hearing or an internal appeal, or filed a fair hearing

23 and an internal appeal, or filed just a fair hearing

24 and one would wait to file an internal appeal. That

25 makes it very difficult for us to give you very crisp

28 1 data. But we are certainly working on it. 2 Even on the appeals and grievances side, as 3 we build our replacement fiscal agent system, we're 4 actually working with our vendor to develop databases 5 so that we, again, can provide more timely and accurate 6 and robust information to the MAAC and to other 7 stakeholders about just how we're doing and how our 8 MCOs are doing. 9 So that's sort of where we are today. 10 DR. SPITALNIK: Carol, thank you. 11 Questions from the MAAC? 12 MS. EDELSTEIN: Carol, I'm sorry, I missed 13 the percentage that were failure to appear. 14 MS. GRANT: 11. 15 MS. EDELSTEIN: 11 percent, thank you. 16 MS. ROBERTS: Thank you very much for this 17 information. 18 I was scribbling down as you were speaking. 19 Could you go over those percentages again? Because 20 what I was writing didn't come up to a hundred percent, 21 so obviously I missed something somewhere. 22 MS. GRANT: I think I started with numbers

and I ended up doing percentages, so it may not come

MS. ROBERTS: Okay. But if you can still

MS. GRANT: 5 percent resulted in an Initial

out exactly at 100 percent. These are approximates.

Decision, which is the OAL Decision, or a Final Agency

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repeat the numbers.

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4 Decision, which meant it came up to Division Director 5 at Medicaid and she signed off on it. 11 percent were 6 failure to appear. And 60 percent were withdrawn. 7 That can happen for any number of reasons. It could be 8 that an internal appeal actually resolved the issue. 9 It could be that there was actually another appeal 10 filed that provided information that addressed initial 11 issue. 12 You know, it's fairly consistent. It does

say people are using the process, but very often these things get resolved long before they actually go to a hearing. MS. ROBERTS: What I have heard anecdotally, and there maybe other people who can comment on that in

the room, is that if it looks like the decision would likely go in the favor of the consumer who filed the complaint that the MCO decides to withdraw it. That's just what I've heard anecdotally.

21 MS. GRANT: The one thing that -- our legal 22 23 folks really keep track of this. They tell me that the 24 data transmittal and the data withdrawal, we don't have

the database to connect it. It can happen for any

1 number of reasons. I don't know that we could address

2 that. I don't know if we have any kind of analytical

data that says that's something that's happening,

4 because there are many reasons why people withdraw, and

we do not have any clear delineation of those reasons

6 in our current database. So I don't know that I could

7 confirm or deny it.

> MS. ROBERTS: I'm just wondering if going forward the database could be expanded to do a follow-up where the person who filed the fair hearing request to begin with, that there could be outreached to find out from that person what happened.

MS. GRANT: I think it is our intent to 14 attempt to put reason information in there so that we can, in fact, track it. Some things, you will be happy to know get resolved long before it went to a fair hearing. In other cases, we're going to watch for patterns and trends and deal with them.

MS. ROBERTS: Do you have any data in terms of if there was no failure to appear and it wasn't withdrawn and the fair hearing took place, what those outcomes were?

MS. GRANT: We do not.

MS. ROBERTS: That would be good to know, as

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1 MS. GRANT: And I think that's really sort of our goal. First of all, we need to understand it; 3 and obviously, you have an interest in it.

4 MS. ROBERTS: Thank you very much.

DR. SPITALNIK: Anything else?

6 Kevin.

> MR. CASEY: I want to talk a little bit about the knowledge base in the general community that an appeal process even exists. And I fully concede that some of my information is anecdotal, but I'm hearing it in enough places that I'm concerned about it.

I would urge the Department to do some level of comprehensive education activity across the appeal structure in the waivers, in the MCOs, anywhere in Medicaid where an appeal system is required. Both informing folks that there is an appeal process; second, informing them how they access that appeal process; and third, giving them some assistance in some way in accessing the appeal process.

I think it's vital. I think if people don't know that an appeal process exists, then an appeal process doesn't, in fact, exist. So I would strongly urge the Department to take a very aggressive, very assertive process to make sure that the recipient

1 community across the appeal process structure knows

2 what's going on, knows what to do, knows how to do it.

And I will tell you, I would offer that the New Jersey

4 Council on Developmental Disabilities (NJCDD) is

available to help with that in whatever way you would ask us to help with it. Thank you.

7 MS. GRANT: I just want to comment a little 8 bit on that.

Obviously, we have all kinds of requirements for getting that information to people and assisting them and so on. But I think we can use assistance to go to the next level to make sure that's the case. So I think that is something we might just take you up on.

MR. CASEY: Thank you.

MR. BLAUSTEIN: Paul Blaustein, NJCDD.

Carol, the fair hearing is a third stage process. Are any data kept on appeals that are internal to the MCOs and how those are resolved?

19 MS. GRANT: We do.

20 MR. BLAUSTEIN: And also what happened on 21 those first two stages of appeals on the cases that

22 were settled in the consumer's favor in the fair

23 hearing --

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24 MS. GRANT: That information is submitted to 25 us. I think we have even presented it here. I mean,

if there's something in addition to that, constructing

or reconstructing as we go into our new fiscal agent,

3 to make this more electronic. We do have plans

4 reported to us. We have our own internal databases

5 within our Office of Quality Assurance and our Office

of Quality Monitoring on the MLTSS side. And we do

track, we track outcomes.

The IURO, which is an DOBI process, we do not get reports for those. It's not reported to the State Insurance Board, nor to the health plan. So we don't know. We generally might hear it only if there's an adverse determination and the problem still exists for someone. For example, if the IURO upholds the original decision, we don't get a feed from DOBI on those hearings. Fair hearings, we would know and we

The point is that, you know, even as we look at notices, and we've talked about doing a small work group there, maybe we could raise some issues about those things that are really of interest to

21 stakeholders and how do we get at them.

would know the ultimate outcome.

22 DR. SPITALNIK: Gwen.

MS. ORLOWSKI: Gwen Orlowski.

24 I want to echo what you just said. And I

25 would just add -- and I think this is forward thinking 1 as we move to the new regulations, but really key in

this is consumer education and transparency. So, for

example, it's very difficult to get ahold of some of

4 these documents that underline decision-making. That

should be standardized across the MCOs. People should

6 be able to get their Personal Care Assistant (PCA)

assessment tool, I think, at the time it's done.

That's my opinion. But certainly, it shouldn't be a

9 struggle to get it in preparation for a fair hearing.

10 People who are butting against the cost cap, the annual

11 cost threshold should be on the Division's website.

12 They're not part of the contract. And it's really

13 difficult to get that information.

14 So I guess what I'm saying is along with 15 thinking about the notice, thinking about ways to 16 contractually call the managed care companies responsible for transparency in the process and getting 17

18 consumers that information so that they can make

19 informed choices about what they're doing. And I think

20 we have an opportunity with these changes to the

21 Managed Care Final Rule to make some of those changes

22 in a way that makes the process work a lot better.

23 One other thing. I said it, I think,

24 before. Wisconsin has this great waiver benefit that

25 is consumer advocacy training, and I'm happy to send it

to you. I think you get a budget of \$1200 a year or

something like that. And you go and you get rights

based training so that you know how to exercise your

own right. I think that's a great benefit that could

be added to the waiver. 5

MS. GRANT: I think we'd love to see it.

7 MS. ORLOWSKI: I'm happy to get that to you.

DR. SPITALNIK: Thank you.

9 Anything else?

10 Carol, thank you so much.

11 We are now through our formal agenda despite 12 our sojourn in the lobby. The items that I took from 13 our presentations and questions, there are some 14 specific requests for data next time around the 15 population of people with traumatic brain injury and

16 the population of people with developmental

17 disabilities.

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18 There was a request for information about 19 behavioral health services for people receiving Managed 20 Long Term Services and Support.

21 We'll look to Julie for an update on the 22 appeals and grievances.

23 I also want to read Julie's e-mail address 24 which was not legible because of the color of the 25 slide. This is around the final rule.

36 julie.cannariato@dhs.state.nj.us. We're waiting for, when Dr. Lind is CERTIFICATION available, an update on credentialing and then working I, Lisa C. Bradley, the assigned transcriber, on stakeholder notices. do hereby certify the foregoing transcript of the We will have our standing agenda item of an proceedings is prepared in full compliance with the update on NJ FamilyCare. current Transcript Format for Judicial Proceedings and The issue was raised that Meghan was going is a true and accurate compressed transcript of the to follow-up on level of care. proceedings as recorded. There was a request from the psychiatric 1.0 rehabilitation community for a breakout on cost based 11 Lisa C. Bradley, CCR on diagnoses. 12 The Scribe And again, more information as the process 13 on appeals and grievances is refined, both requests for data, access to information, transparency, and consumer 15 16 education. 17 Is there anything else to add to the agenda 18 for our January 23rd meeting? 19 MS. EDELSTEIN: An update on transportation 2.0

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1 what services are being utilized.

broker was also requested.

"Other" cost category.

Anything else?

I would also request that where we have percentages, either in a separate slide, that there be numbers of people because I think that adds more power to our ability to evaluate the information.

6 MS. ROBERTS: Yes.

DR. SPITALNIK: Anything else to suggest for

DR. SPITALNIK: An update on transportation

UNIDENTIFIED SPEAKER: A breakdown on that

DR. SPITALNIK: In the MLTSS information,

the next meeting?

9 And again, I announced the dates that have10 been set. They will be posted in New Jersey Register.

11 Our next meeting is here on January 23rd.

**12** Do I have a motion to adjourn?

MS. ROBERTS: Motion to adjourn.

DR. SPITALNIK: Second?

15 MS. LIBMAN: Second.

**16** DR. SPITALNIK: We are adjourned. Good safe

holidays. Thank you, everyone, for what you do for

18 women's health in this breast cancer awareness month,

19 and we look forward to seeing you next year.

20 (Meeting adjourned at 12:21 p.m.)

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12 of 12 sheets