

activities of daily living (ADLs) such as bathing, dressing, and feeding; and with household duties essential to the individual's health and comfort such light housekeeping and laundry. The decision regarding the appropriate number of hours is based on the tasks necessary to meet the specific needs of the individual and the hours necessary to complete those tasks. Once PCA services are authorized, a nursing reassessment is performed every six months, or more frequently if warranted, to reevaluate the individual's need for continued care. N.J.A.C. 10:60-3.5(a)3; J.R. v. Div. of Med. Assist. & Health Servs. and Div. of Disability Servs., No. A-0648-14 (App. Div. April 18, 2016). (Op. at 9).


To qualify for PCA services, beneficiaries "must be in need of moderate, or great, hands-on assistance in at least one ADL, or minimal assistance or greater in three different ADLs, one of which must require hands-on assistance." N.J.A.C. 10:60-3.1(c)1. Assistance with Instrumental Activities of Daily Living (IADLs), such as meal preparation, laundry, housekeeping/cleaning, shopping or other non-hands-on personal care tasks shall not be permitted as a stand-alone PCA service." N.J.A.C. 10:60-3.1(c)1. In other words, if a beneficiary does not require the minimum amount of ADLs, they do not qualify for PCA services, even if they may have assistance needs with IADLs.

On March 14, 2022, Horizon assessed Petitioner for PCA services. (R-6). The assessment shows that Petitioner did not require assistance with any ADLs. Rather, Petitioner sought assistance with IADLs such as housekeeping, shopping, meal preparation and laundry. Because Petitioner did not require the minimum amount of ADLs, she does not qualify for PCA services to assist with IADLs.

THEREFORE, it is on this 14th day of FEBRUARY 2023,

ORDERED:

That the Initial Decision is hereby ADOPTED.



Jennifer Langer Jacobs, Assistant Commissioner
Division of Medical Assistance and Health Services