

New Jersey Behavioral Health Planning Council (BHPC)

Meeting Minutes

July 9, 2014 10:00 A.M.

Attendees:

Winifred Chain
Irina Stuchinsky
Donna Best
Phil Lubitz
John Pellicane
Mary Abrams

Joe Delaney
Marilyn Goldstein (p)
Barb Johnston(p)
Chris Lucca
Ellen Taner

Lisa Negron
Joe Gutstein (p)
Mike Jones (p)
Rob Paige
Robin Weiss

DMHAS, CSOC & DDD Staff:

Suzanne Borys
Jeff Martin
Dona Sinton

Geri Dietrich
Joe Redmond

Mark Kruszczyński
Patrick Roff

Guests

Rebecca Alfaro
Evan Goberman

Harry Coe (p)
Louann Lukens

Celina Gray
Rachel Morgan

- I. Review of June minutes
 - A. Minutes approved with correction of II. A. 2 change to 79.7% DVRS funding is federal and 21.3% State

- II. GCADA Presentation – Celina Gray and Rebecca Alfaro
 - A. Presented a powerpoint to attendees
 - B. Task Force Report burn out of multiple hearings across state
 1. Themes emerged
 - a. Stigma is still huge; it's a headline
 - b. In 1990's the pain management movement was legitimate
 - c. Prescription drugs and heroin overdose deaths are number one cause of accidental death, surpassing car accidents
 - d. People think addiction is a choice
 2. Recommendations
 - a. helping people in need to find and access treatment
 - b. staying abreast of research on MAT
 - c. reviewing insurance practices that impose access to treatment
 - d. addressing NIMBY impediment to expanding treatment capacity.
 - e. studying the need for treatment in county jails
 - f. developing and monitoring a strategic public awareness campaign
 - i. Attorney General's Office, Department of Education, DMHAS, law enforcement all worked together for this campaign
 - ii. Shrink-wrapped tax, vans with the message
 - iii. Website knowaddictionnj.org
 - iv. Car magnets too

- v. Let's stop calling them addicts. Addiction is a disease. Let's change the language
 - g. updating school curricula
 - h. School based peer-to-peer programs
 - i. prescription abuse recognition and reporting protocols for educators
 - j. recovery high schools
 - k. programs for college students
 - l. take full advantage of NJPDMP
 - m. Expand PMP Access to Mental Health and Addiction Service Providers
 - n. Linking NJDDMP Data with other states
 - o. Electronic Prescription orders
 - p. establishing standards and best practices for managing and prescribing painkillers
 - q. Continuing education for health care professionals
3. Comments/Questions
- a. John Pellicane – The parents of the kids who have died are driving the conversation now
 - b. Celina – Any door that helps us create a good community should be opened
 - c. Celina – Mental Health First Aid is a good resource too
 - d. Lisa Negron – Yes, it does talk about alcohol and drugs
 - e. Phil – Would love to have a GCADA member sit on the Planning Council

III. Subcommittee Updates

- A. Bylaws subcommittee – Phil Lubitz
 - 1. Lisa Ciaston will be reviewing them. We hope to have them for review at the next meeting.
- B. Advocacy Subcommittee – Louann Lukens
 - 1. We had reports that came from regional coordinators regarding what's going on with reaching out to boarding home operators and RHCF's
 - 2. Letter to Lynn on tobacco did get sent. DCF/CSOC are also reaching out to Jill Williams regarding tobacco services. Dona to resend letter to members.
 - 3. Story about Dover Woods was in paper and on TV and radio

IV. Announcements

- A. When Governor's Christie vetoed the ammunition reduction bill, he mentioned Mental Health Standards for outpatient vs. inpatient commitment that would also allow for easier movement between inpatient and outpatient.
- B. Margaret Molnar will be doing focus groups for consumers regarding IOC
- C. Suzanne Borys – We are applying for a suicide prevention grant which is due next week. It's for \$470,000 from SAMHSA. The Planning Council will write a letter of support.
- D. First episode psychosis (age 15 – 40) Mental Health Block Grant set-aside funding; we've provided our narrative and it's been accepted by SAMHSA.
 - 1. Phil requested that Planning Council, at a minimum, be copied prior to submission to feds
- E. 2013 Substance Abuse Overviews are on website, and heroin admissions are now

separated out from other opiates.

- F. IOC evaluation is starting with Rutgers School of Social Work
- G. The next external DMHAS newsletter will be coming out in fall
- H. Readoption of regulations on Psychiatric Advance Directives and comment period is active.
- I. August Planning Council meeting cancelled

General Meeting on 9/10/2014 - 10:00-12:00, Room 3000

The Bylaws Subcommittee will meet at 9:00 am on 9/10/14 in room 3097
The Advocacy Subcommittee will meet at noon on 9/10/2014 in room 3097