

New Jersey Behavioral Health Planning Council (BHPC)

Meeting Minutes

October 8, 2014 10:00 A.M.

Attendees:

Winifred Chain
Karen Kubert
John Calabria
Bianca Ramos
Gail Levinson
Robin Weiss

Harry Coe (P)
Phil Lubitz
Irina Stuchinsky
Joseph Gutstein (P)
Chris Lucca
Randy Thompson (P)

Michael Ippoliti
Lisa Negron (P)
Angel Gambone
Barbara Johnston
John Pellicane

DMHAS, CSOC & DDD Staff:

Suzanne Borys
Mark Kruszczyński
Dona Sinton

Robert Culleton (P)
Yunqing Li

Geri Dietrich
Domenica Nicosia

Guests

Rodney Belle
Louan Lukens
Peggy Reiff

Jason Berenberg
Rachel Morgan
Alric Warren

Greg Karlin
Peter Plywaczesski

- I. Administrative Issues
 - A. Congratulations to the new appointments/reappointments to the Community Mental Health Citizens Advisory Board.
 - B. Review of September Minutes approved as submitted
 - C. Vote on amended bylaws – motion by Angel and second by Winifred.
 - i. Almost a year long process by the bylaws committee and we appreciate their work.
 - ii. Bylaws approved as written.

- II. Compulsive Gambling - Donald Weinbaum
 - A. Provided a power point to the group
 - B. Gambling is officially recognized as an addiction in the DSM
 - CCGNJ is neutral on legalized gambling
 - CCGNJ is the second oldest state council in US
 - Gambling in New Jersey includes race tracks, bingo, lottery, casino, exchange wagering, on-line account wagering, charitable wagering, stock market, amusement, charitable fundraisers, etc.
 - Grey areas are sports betting, fantasy sports, office pools, social games and wagers
 - Internet gambling is new area
 - Higher prevalence of problem gambling
 - Ease of access

- Non social access
 - Speed of play
 - Potential for immersion
 - Voluntary self-exclusion options
 - No federal money dedicated to problem gambling
 - Brief discussion of the DSM 5 criteria
 - Five to ten people are affected by each compulsive or problem gambler so around two million people are affected in NJ
 - Adolescents and young adults have a two to four times higher rate
 - Discussed what people can do to help, including employers, community members, etc.
 - Developing new programs
 - Expanding Prevention Programs
 - Workforce Development
 - Public awareness and helpline promotion (text for help, online chat)
- C. Questions/Answers
- Q. Joe Gutstein – The New Jersey Lottery takes in a lot of revenue. How much does it spend on treatment? A. – About \$13K from lottery directed toward CCGNJ prevention efforts. Form other State funds, \$228K dedicated to treatment historically but now addiction is also getting \$880,000 as part of expansion of treatment services from internet gambling fees
- Q. How many get treatment each year? A. About 400 people through our CCGNJ network.
- C. Suzanne Borys – DMHAS is working on a MOU with Rutgers to expand the workforce dedicated to gambling and to expand Hopeline to include gambling
- Q. Rachel Morgan – Can you email the power point? A. – Yes, Dona will email it.
- Q. John Pellicane - Is there a tie in with consumers credit agencies? A. - Not as much as there should be, but we'd be happy to work with them.
- Q. John Pellicane - Is there a way to get data on socioeconomic issues? A. – Lottery is more attractive to lower income individuals but it's on both sides of the spectrum. It's an equal opportunity illness.
- Q. Phil – Is a credit card debt for an under 21 individual permissible? A. –I've heard if minors are playing there's threatened enforcement to the parents.

III. Block Grant Reports

- A. Mental Health Children's Portion – Geri Dietrich
- i. On children's side we are reporting the following:
 - ii. 45,067 (20% increase over previous FY)
 - iii. 33,738 SED (13% increase over previous FY)
 - iv. 4,265 (21% decrease) serviced in intense level, but an increase in moderate levels of care
 - v. Therapeutic Foster Care 853 children (3% decrease)
 - vi. Functional Family Therapy 377 (2% decrease)
 - vii. Multisystemic Therapy 177 (4% increase)
 - viii. Outpatient referral 7,760 (24% increase)
 - ix. DD served is 17,342 (4% increase). However children with Mental Health/DD

are getting care management organization services and saw a 78% increase by 997

- x. 2069 admissions to CCIS
 - xi. DD/ID, 2,100 (41% increase)
Block Grant children's priority areas
 - xii. DD/ID with Behavioral Health baseline to be developed
 - xiii. Decrease treatment for specialized needs out of state (2 student still out of state)
 - xiv. Tracking school personnel trained in suicide awareness
- B. Questions/Answers
- i. Greg Karlin – Where do the number's come from? A. – Yes from Perform Care, the number of children we place.
 - ii. Q. Joe Gutstein – How many age out every year? A. – I don't have that on me but I can bring it back.
 - iii. Q. – John Pellicane – Training on educators; does it include youth with substance abuse? Is there something comparable? A. – Not from Traumatic Loss Coalition
- C. Substance Abuse Prevention and Treatment Report –Suzanne Borys
- i. 34 tables do be submitted into BGAS
 - ii. October 29th is the internal due date for tables to be complete
 - iii. will have a fiscal person present on November 12, 2014 to discuss fiscal tables (12 tables to be submitted)
 - iv. Priority areas include Women's Services (pregnant women/women with children), Intravenous Drug Users, individuals at risk for HIV/AIDS, underage drinking
- D. Mental Health Adult Report – Mark Kruszczyński
- i. Reviewed some of the tables that are submitted to National Research Institute then. While not submitted to BGAS they are still required and submitted through alternate route

Phil would like in the November Meeting to only focus on tables that have more of a difference. Please members review BGAS before the November 12, 2014 Meeting.

IV. Advocacy Committee- Louan Lukens

- A. Been working on Boarding Home issues since the committees inception
- i. About 1,000 Boarding Homes and RHCF's in the state but only six DCA Inspectors
 - ii. Around 17,000 live in these facilities and conditions vary among facilities
 - iii. The committee has some additional recommendations beyond what the New Jersey Mental Health Coalition submitted to the Division, the legislature and the DCA
 - iv. We'll focus more on these at next month's meeting and vote to submit them to the Assistant Commissioner
- B. Questions/Comments
- i. C- Gail Levinson – These are important recommendations to be of assistance. It's a starting point to begin to give consumers more voice.
 - ii. Q. – Joe Gutstein – Is the suggestion only to change regulation and not to increase money? A. – One of the recommendations does create a loan situation. Incentives are needed but it's a bit beyond our scope. There were

fiscal discussions too but these are our recommendations.

- iii. Q. –Rodney Belle– Is it true that a lot of Boarding Homes aren't registered with the state? A.- For our division the beds have to be licensed by DCA to send consumers to.

V. Public Comment

- Prevention RFP Bidders Conference is this Friday
- NAMI having conference on December 6, 2014
- DMHAS hosting two family forums on October 18 at Greystone and second is November 15 at Burlington County Library

Membership Meeting on November 12 - 10:00-12:00, Room 3000

The Block Grant Committee will meet at 9:00 am on November 12 in 3097
The Advocacy Committee will meet at noon on November 12 in room 3097