## **Supportive Housing Options**

The Source for Housing Solutions

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## Supportive Housing ...

Is affordable

Integrated in Community

Provides tenants with leases

Engages tenants in voluntary services Often (but not always) harm reduction approach

Not time limited



## Supportive Housing Populations

Residents of Institutions who Prefer to Live in the Community

Chronically Homeless

Includes individuals, families and youth

People Exiting Jail or
Prison with Chronic
Health Conditions (esp.
mental health)

Mental health, substance use and/or physical health disabling conditions coupled with housing need



## Role of Supportive

- Vulnerable people (homeless, re-entry) often have substance use as primary health need
  - May not need time before choosing sobriety
- People need affordable housing with supports
  - Cognitive impairments
  - Co-occurring conditions
- Need community integration
- Scattered site options
- Hard to maintain sobriety on the street



## CSH's Approach

- Supportive Housing is part of a variety of housing options
- Need community planning to ensure consumer choice
- Programs with a recovery focus can be supportive housing
- NARR standards
  - Great tool for recovery housing
  - Harm reduction models not part of NARR's mission
  - CSH's Dimensions of Quality for Supportive Housing is complementary



# NARR Recovery Residence Domains, Core Principles & Standards

#### **Administrative** Architecture Neighbor Support **Domain** Domain Domain Domain Operate **Promote Promote** Are good with health neighbors recovery integrity Uphold **Promote** Provide a resident health & home rights safety Are Inspire recoverypurpose oriented 37 Standards Are peer across the domains Cultivate staffed & community

governed

## CSH's Future

### Hosted a convening with National Council for Behavioral Health

- Cross Systems Integration
  - Common Language
  - Improving Funding
  - Aligning Goals/Outcomes
  - Data Integration
  - Policy
- Promoting Housing as a Platform for Recovery
- Understanding and Establishing Evidence
  - Availability of Evidence
  - Defining, Measuring and Operationalizing Outcomes
  - More Research



## Examples

- Central City Concerns Portland, Oregon
- Downtown Emergency Shelter Center Seattle, WA
- Pathways to Housing NY, VT, PA and DC
- Amethyst, Inc. Columbus, OH
- CSH's Keeping Families Together Initiative



## QUESTIONS/DISCUSSION

