

**STATE OF NEW JERSEY**  
**DEPARTMENT OF HUMAN SERVICES**  
**ANCORA PSYCHIATRIC HOSPITAL**

**POSTDOCTORAL RESIDENCY TRAINING PROGRAM**

**Ancora Psychiatric Hospital**  
**301 Spring Garden Road**  
**Ancora, New Jersey 08037-9699**

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**Chief Executive Officer**  
**Ancora Psychiatric Hospital**

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**Acting Commissioner**

**Jeffrey Uhl, PsyD**  
**Administrator of Psychology**

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**Director of Postdoctoral Residency Training**

**Revised 1/17**

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# CLINICAL PSYCHOLOGY RESIDENCY PROGRAM ANCORA PSYCHIATRIC HOSPITAL

## INTRODUCTION

Ancora Psychiatric Hospital (Ancora Hospital) is the largest of three JCAHO accredited state psychiatric facilities operated by the Division of Mental Health and Hospitals of the New Jersey Department of Human Services (NJ DHS). Ancora Psychiatric Hospital is dedicated to the care and support of each person's journey toward wellness and recovery within a culture of safety. The Ancora Hospital Residency Program has been in existence since 2012. In addition to the psychology residency, clinical training programs are in place for APA-accredited pre-doctoral internship, psychiatric nursing, music therapy, clinical pharmacy, social work, chaplaincy, and the physicians' assistant program. Thus training and professional development are highly valued, and viewed as integral to the overall mission of the institution.

With over 1320 full-time staff serving 500 patients, Ancora is a major hospital with an exciting array of resources. Opened in 1955 on 650 acres in the famous Pinelands of Southern New Jersey, Ancora is close to both Philadelphia and Atlantic City. The hospital provides a variety of psychological, psychiatric and supportive services for adult residents of New Jersey. Patients are referred for admission from community and county hospitals, from community mental health screening centers, and from a variety of forensic settings. Ancora Hospital provides services to a diverse population managing individuals with a variety of psychiatric diagnoses, ethnic backgrounds, and socioeconomic statuses. Diagnoses vary throughout the spectrum of psychopathology and include cognitive and memory disorders, the schizophrenic spectrum, bipolar and mood disorders. In addition, disorders based in trauma history, various Axis II disorders, and unusual organic and post-injury presentations are represented. In 2010, the hospital had 689 admissions and 719 discharges. A racial/ethnic profile of patients indicated that 61% were Caucasian, 30% were African-American, and 8% were of Asian or Hispanic descent. Ancora provides inpatient psychiatric hospitalization for an adult population. Children or individuals under the age of 18 are not seen for treatment.

## HOSPITAL ORGANIZATION

Ancora Hospital's mental health care is organized into four primary service divisions. These include the Admissions/Acute Care Units, the Geriatric-Psychiatric Services, the Extended Care Residential Treatment Units, and the Forensic Unit. Clinical services are delivered in five different patient care buildings. These buildings include Birch Hall, Cedar Hall, Holly Hall, Larch Hall, and the Main Building. Each building houses between 3 and 4 wards, for a total of 17 operational wards across the hospital. Services are provided based on a variety of patient factors, to include the person's legal status, level of functioning and/or level of care needs, and anticipated hospital stay.

**Admissions/Acute Care Services:** There are three admission units located in the Main Building. Two wards are co-ed and one is an all male ward. With the exception of forensic and geriatric patients, all other patients are processed directly through the Admissions Intake Unit and then

transferred to one of the admission wards. The combined bed capacity of the three admission wards is approximately 80 patients. The average length of stay is 60 days. At that time patients are either discharged or transferred to one of the other buildings. While in admissions, patients are stabilized and provided with appropriate medical care. Basic self-care needs are addressed, and efforts are made to help patients adjust to their hospitalization. Brief discipline-specific assessments are completed to assist in a determination of the patient's needs and to provide a guide to appropriate placement within the other hospital units should further hospitalization be necessary. Psychologists on the admissions units provide a full range of psychological services including individual and group psychotherapy and psychological testing and assessment. Patients who are expected to achieve discharge within a 6 month time period are transferred to Larch Hall, a 90-bed co-ed, acute care unit.

**Geriatric-Psychiatric Services:** This service is located in the Main Building and consists of two co-ed geriatric-psychiatric wards. The geriatric-psychiatric wards have a combined bed capacity of 57 with the majority population being in the 60+ age range. Most patients present with histories of psychiatric hospitalizations related to chronic mental illness. Although other geriatric admissions are a result of behavioral manifestations related to dementia or associated with organic brain syndromes, such as Huntington's disease.

**Extended Care Treatment Services:** Cedar Hall and Birch Hall provide a total of 170 beds for men and women on involuntary commitment status with varied treatment and rehabilitative needs including patients with developmental disabilities and longer-term care for patients with chronic conditions that require more comprehensive services. The two units, configured in a similar manner, are designated to treat chronic, regressed male and female patients.

**Forensic Services:** The Secure Care Unit (Holly Hall) is a 140-bed unit serving patients who have involvement with the legal system. These include Detainer patients, Incompetent to Stand Trial (IST) patients, Megan's Law patients, and Not Guilty By Reason of Insanity (NGRI) patients. State statutory provisions shape the forensic mission of this unit. Three of the wards are predominately for NGRI patients, but also care for patients with outstanding charges in the community and/or patients who are admitted from the county jails (Detainer patients). One Holly Hall ward is dedicated to the treatment of sex offenders and provides specialized treatment for this population. Finally, patients committed as Incompetent to Stand Trial (IST) have active criminal charges and are evaluated and provided treatment geared towards the restoration of their competence.

## ANCORA PSYCHIATRIC HOSPITAL PSYCHOLOGY DEPARTMENT



The Ancora Psychiatric Hospital Psychology Department is an independent department hierarchically organized under the supervision of the hospital's Chief Executive Officer and Medical Director. Currently, the Psychology Department consists of 20 doctoral level psychologists, one masters' level clinician, and nine Behavioral Support Technicians (BSTs). Although licensure is not required for employment at APH, 12 psychologists are licensed in the state of New Jersey and five are licensed in Pennsylvania. There is one psychologist assigned to each hospital unit, and one of these psychologists is designated as Psychology Service Coordinator for each service division. One psychologist serves as the Administrator of Psychological Services, and one psychologist is the Coordinator of Behavioral Services / Co-Director of Internship Training. BSTs work on the extended care units. These specialized technicians work under the supervision of the Coordinator of Behavioral Services. BSTs are responsible for developing and implementing a variety of patient programs including behavioral support programs.

### PSYCHOLOGY POSTDOCTORAL RESIDENCY TRAINING PROGRAM

The Ancora Hospital Psychology Department offers a one-year, full-time (1750 hours) accredited postdoctoral residency in clinical psychology. The time frame and number of hours designated for the residency are consistent with the licensing requirements of the State of New Jersey. Under special circumstances we are able to exercise some flexibility to allow a resident to accumulate up to 2000 hours of postdoctoral residency experience during the year if such a requirement is necessary. There is currently one full-time postdoctoral residency position with the official designation of Postdoctoral Resident. As a department, we are supportive of clinicians from varied backgrounds and theoretical orientations, and our resident will come into contact with varying points of view and methodologies.

Clinical services are delivered through a multidisciplinary treatment approach to patient care; consistent with this approach, each psychology postdoctoral resident is assigned to a specific treatment team consisting of his or her supervising psychologist, a psychiatrist, social worker,

nurse, and administrative program coordinator (team leader). Each treatment team provides multidisciplinary services to a single ward housing approximately 25-30 patients. In this setting, the resident has the opportunity to observe and work with a professional psychologist and to interact with staff from other disciplines.

## **TRAINING MODEL AND PHILOSOPHY**

Our philosophy maintains that effective postdoctoral residency training requires a balance of clinical experience, supervision, and didactic training in an environment that provides encouragement and challenge. This philosophy is formalized in an Integrative-Developmental-Practitioner Model, a training model that combines experiential and didactic learning as well as learning through mentorship and supervision. It is an integrative model in that, although we do not require direct research as a component of the residency, we emphasize the integration of scientific findings into clinical practice. It is a developmental model in that each new skill and competence is built upon skills and competencies already mastered. The practitioner focus of the model emphasizes the importance of applying existing knowledge and skills through clinical practice during the residency year. The overarching goal of the clinical postdoctoral residency at Ancora Hospital is to recruit, select, and train a qualified psychology resident whose career goals include the provision of clinical services to a diverse adult population. We also seek to promote professional competence, foster high standards of ethical practice, develop individual and cultural sensitivity, and promote an environment of collaboration and cooperation with other disciplines. We look to foster a strong professional identity for the young psychologist, and we hope to encourage continuing professional growth.

## **ANCORA HOSPITAL POSTDOCTORAL RESIDENCY TRAINING ADMINISTRATIVE STRUCTURE**

Director of Training: The Director of Training is responsible for the administration and coordination of the various components of the Ancora Hospital Psychology Postdoctoral Residency Program. Dr. Louis C. Becker currently serves as Director of Residency Training. Dr. Becker is a licensed New Jersey psychologist. The Director of Training has an important role in the resident selection process as well as in the maintenance of supervisory and training standards.

Ancora Hospital Postdoctoral Residency Committee: The Postdoctoral Residency Committee is composed of all postdoctoral residency supervisors and the Administrator of Psychology. It is headed by the Director of Training. Members of this committee participate in the routine administration of the Ancora Hospital Postdoctoral Residency Program and have input into resident selection and evaluation, supervisor selection, program development, affiliated site development, and quality improvement.

## **ANCORA HOSPITAL SITE STRUCTURE**

The resident maintains a five-day per week, 35-hour schedule. Training is scheduled three days per week at the hospital. An outpatient day is spent at the affiliated placement, and on alternate Wednesdays didactic training is offered both at the hospital and at our Central Office location. To assure that the resident is available during the week for Ancora Hospital seminar presentations, we attempt to schedule all affiliated site training on the same day.

Affiliated Site Placement (Optional): The Postdoctoral Resident participates at one affiliated site for the residency year. These sites offer the resident an opportunity to work with clients who would not normally be part of our hospital population. Our affiliated placements can change from year to year according to personnel changes and administrative needs. Please see the addendum for descriptions of our most recent affiliated placement opportunities.

## **TRAINING GOALS AND OBJECTIVES**

The Ancora Hospital Postdoctoral Residency Training Program provides a guided clinical experience in which the resident is given the opportunity to function in various roles associated with professional psychology. The two major roles emphasized are those of psychotherapist and psychodiagnostician. The development and/or refinement of specific skills and competencies associated with these clinical roles form the basis for our program's training goals. These goals involve the acquisition of knowledge, the development of competencies, and the demonstration of selected personal characteristics that are considered basic to the practice of professional psychology. Our training goals reflect current practice standards and are consistent with goals promulgated by similar postdoctoral residencies nationwide:

### **1. Psychological Assessment:**

The resident is competent in psychological assessment, including effective clinical interviewing and diagnostic skills, as well as DSM-V multi-axial classification. The resident is expected to select relevant tests and administer, score, and interpret them with proficiency. The resident is also expected to write a well-organized integrative report that addresses the referral question with specific recommendations, and provide the patient and treating team with feedback that is free of jargon.

### **2. Psychotherapeutic Intervention:**

The resident is aware of and prepared to manage safety issues related to working in a psychiatric setting, and can accurately manage and document patient risk according to hospital policy while collaborating with the treatment team. The resident can formulate a useful case conceptualization that integrates theoretical and research knowledge. Interventions are appropriate and effective, and countertransference is understood and used productively. Group therapy is understood, and group interventions are skillfully delivered. Within six months of the start of the training year, the resident is encouraged to develop and facilitate their own psychotherapy group.

**3. Consultation and Interdisciplinary Health Care:**

The resident is knowledgeable regarding contributions of other disciplines, appreciates their inherent value to patient care, and gives the appropriate level of guidance when consulting with various team members.

**4. Application of Literature and Supervision to Clinical Work:**

The resident demonstrates knowledge of psychological literature pertinent to social, behavioral, and organizational dynamics and seeks out knowledge as needed to enhance practice which may lead to the development of a research project. The resident seeks and effectively utilizes supervisory guidance and input, is receptive to new ideas, and can apply supervision to clinical practice.

**5. Professional Conduct, Ethics, and Legal Matters:**

The resident has professional and appropriate interactions with the team, peers, and supervisors and maintains a professional appearance. Within six months of the start of the training year, the resident is encouraged to develop and facilitate their own psychotherapy group. The resident demonstrates positive coping strategies when faced with personal and professional challenges. Time is managed effectively, and there is a demonstration of appropriate knowledge of ethical principles and applicable laws. Consultation and supervision is actively sought as needed.

**6. Individual and Cultural Diversity:**

The resident consistently achieves good rapport and working relationships with a variety of patients and staff, demonstrates knowledge of individual differences including ethnic, racial, sexual, and cultural identities.

## **TRAINING STRUCTURE**

Psychotherapy Training: The primary supervisor provides supervision on a flexible basis to assure that there is at least one hour of supervision for each five direct patient contact hours. The primary supervisor assigns therapy and assessment case, and the resident is expected to carry a caseload of approximately four to seven individual patients. Additionally, the resident is also assigned to co-lead group therapy once or twice per week with their supervisor. Within six months of the start of the training year, the resident is encouraged to develop and facilitate their own psychotherapy group. At affiliated sites, the resident may perform individual, group, couple, or family therapy, depending upon the needs of the clients and the facility and the interests and skills of the resident.

Psychodiagnostic Training: During their diagnostic training, the resident will improve their clinical interviewing skills and gain or enhance their competence in the administration, scoring, and interpretation of traditional projective and objective assessment instrument. It is the responsibility of the supervisor to provide testing referrals and to observe the administration of a “core battery” of psychological tests. As the resident progresses, increasing emphasis is placed on improving the resident’s skills at organizing and integrating the interview and test data into a meaningful psychological report. Finally, the resident is expected to complete one psychological



evaluation per month for a total of 12 by the end of the year. Primary supervisors also instruct the resident on how to complete required initial and annual psychology assessment forms.

Training in Individual Differences and Cultural Diversity: The Department of Psychology at Ancora concurs with the central premise of the *APA Guidelines on Multicultural Education, Training, Research, Practice, and Organizational Change for Psychologists* (APA, August 2002), that the population of the United States is racially/ethnically diverse, and that students, research participants, clients, and the workforce will be increasingly likely to come from racially/ethnically diverse cultures. Training for multicultural competency is integrated into resident training in a planned and systematic fashion. The New Jersey Department of Human Services Psychology Internship Program (NJDHS-PIP) Central Office Colloquium Series provides training in the areas of individual differences and cultural diversity as they relate to clinical practice. This training is integrated with practice by selecting diagnostic and therapy cases for resident with consideration of the patient's individual and cultural differences thus ensuring that the resident is exposed to a representative sample of the hospital's diverse population. These cases are also discussed in individual supervision in terms of race, ethnicity, culture, and individual differences. Work samples are also assessed to insure that all aspects of evaluation and treatment reflect an awareness of diversity and cultural issues.

Licensed Supervision: As noted, the resident is provided with at least four hours of New Jersey supervision weekly. The four hours of supervision is composed of three hours individual and one hour at their affiliated site.

Seminar Training: An important goal of this residency program is the integration of applied clinical experience with a sound base of theoretical knowledge. To accomplish this, the resident participates in two seminar tracks. The first is called the Seminar Series, and is sponsored by the Ancora Hospital Psychology Department. These in-house seminars are an adjunct to regular clinical and professional issues discussed at the weekly psychology department meetings. The second set of seminars is offered through the NJDHS-PIP and is referred to as the Colloquium Seminar Series. The Pre-doctoral interns and the residents participate in bi-weekly didactic seminars covering a broad range of topics relevant to the profession of psychology. The presenters are typically accomplished clinicians in their particular areas of expertise.

## **THE TRAINING PROCESS**

The Process of Supervision: The process of supervision is consistent with our training model. Supervisors seek to help the resident integrate academic learning with their patient experiences and assess the effectiveness of this integration through question and observation. Supervisors also structure the resident's training in such a way that learning is graduated and varied. That is, clinical supervisors encourage the resident to do therapy with patients of different cultural backgrounds, at different levels of functioning, and representing various diagnostic categories. The process is developmental as it recognizes that the nature of supervision changes over time, moving from providing the resident with specific assistance, techniques and skills to meeting the resident in a more global, consultative approach. Our supervisory process is also a practitioner-oriented process that encourages "learning by doing." In this manner the resident adopts the role

of clinician by observing and modeling the behaviors of the supervisor while also receiving feedback on actual therapy/assessment cases. With supervision, the resident learns to formulate cases based on a sound theoretical foundation and to translate this formulation into appropriate diagnostic skills and therapeutic techniques.

### **TRAINING MATERIALS AND LIBRARY SERVICES**

The Ancora Hospital Psychology Department provides sufficient training materials and equipment to insure an outstanding learning opportunity. Each resident is given access to extensive testing materials which are used to form a core testing battery. Other test materials are available to the resident through the office of the Service Mall Coordinator.

Ancora Hospital currently maintains a formal relationship with the Thomas Edison University and the NJ State Library. As part of the relationship with Thomas Edison University, Ancora Hospital is allowed access to the document retrieval system permitting staff and resident to order documents through the National Library of Medicine's PubMed search system. This allows access to thousands of journals and articles in almost every area of behavioral medicine, psychology, and related health science areas.

### **ADMINISTRATIVE/TECHNICAL SUPPORT AND ANCILLARY SERVICES**

Psychology resident have access to the Ancora Hospital Transcription Service provided by the Medical Records Department, and clerical and technical supports are available to the resident both within the Psychology Department and from other hospital-wide resources. The Management Information System Department offers technical support for the resident and the residency program by providing services and programming expertise for the computers that are specifically designated for the Psychology Department. Ancora Hospital also maintains its own Security Police and Fire Department, as well as a medical staff that can provide emergency medical treatment in the hospital clinic.

### **PHYSICAL FACILITIES**

The resident is provided a private office space in Sycamore Hall which is fully furnished and includes phone service (with voice-mail) and a computer. Each treatment team room is equipped with a computer and a printer that is part of the Local Area Network (LAN), enabling the resident to send and receive E-mail, and use computerized testing. Individual therapy and psychological testing may be conducted in this area or in designated psychology offices, while group therapy sessions may be held in available conference rooms.

## **RESIDENT-STAFF RELATIONS AND CONFLICT RESOLUTION**

Recognition of the Rights of Resident and Staff: The right of resident and staff to be treated with mutual courtesy and respect is built into the Ancora Hospital Postdoctoral Residency Training Program in several ways. While a hierarchical structure is inherent in the residency training model, resident is provided many opportunities to make decisions about their training.

The resident will have opportunity to work on various units throughout the hospital. Each resident will take an active role in the development of their training plans. We consider ethical and appropriate behavior by supervisors to be of the greatest importance and critical to the success of our residency program. Every supervisory appointment must be approved by the Ancora Hospital Postdoctoral Residency Training Committee.

Conflict Resolution and Grievance Procedures: The resident is a state employee and is protected by the general due process and grievance procedures that cover all state employees. Residents, like all employees, are informed of these rights, policies and procedures during New Employee Orientation. The Psychology Postdoctoral Residency Training Program has a separate set of written procedures for the resolution of conflicts, a process formalized as a five step procedural framework, with established procedures and timelines.

Exclusion from the Residency Program: Good standing and satisfactory progress are required for retention in the Ancora Residency Program. Standing in the program is determined thru a series of satisfactory ratings of the resident's progress provided at regular intervals throughout the residency period. The developmental nature of our training model assumes each new skill or competency is built upon the skills and competencies previously mastered, and our goals and competencies are oriented towards independent and ethical practice. Therefore, failure to achieve skills and/or competencies or failure to value those processes which lead to independent and ethical practice are unacceptable. If a problem is apparent, the supervisor develops a remediation plan and documents progress in resolving the problem. If a supervisor believes that a resident is not making acceptable progress despite their mutual efforts at remediation, the remediation effort is reviewed by increasingly higher levels of administration until remediation is successful or until some other decision is made with regard to the resident's ability to successfully complete the training program.

## **REQUIREMENTS FOR THE SUCCESSFUL COMPLETION OF THE POSTDOCTORAL RESIDENCY TRAINING PROGRAM IN CLINICAL PSYCHOLOGY**

Upon successful completion of the residency program, each resident will receive a certificate signed by the Commissioner of the Department of Human Services, the NJDHS-PIP Chief of Psychological Services, and the Ancora Hospital Director of Training. Satisfactory completion requires the following:

1. Completion of 1750 hours (full time for 12 months) during the training year

2. Successful ongoing clinical performance in therapeutic and diagnostic work as evaluated by supervisors using the Resident Evaluation Form during the course of the residency.
3. Satisfactory completion of all written requirements, to include monthly experience reports, seminar presentations.
4. Attendance at all required Ancora Hospital seminar presentations (The Director of Training must excuse absences from required training)
5. Attendance at scheduled bimonthly seminars at Central Office (The Director of Training must approve absences from required training)

The Ancora Hospital Postdoctoral Residency Committee has the final approval in the granting of certificates. The decision is based upon evaluations from Ancora Hospital supervisors, evaluations from the affiliated site supervisor(s), and consultation with the Director of Training.

The resident receives 67 hours of vacation time, 84 hours of sick leave, and 16.8 hours of paid administrative leave. Resident also have 12 State Holidays. No medical insurance coverage is provided. In the event of an injury, residents will receive Workman's Compensation. Residents will also be enrolled in the DCRP pension plan. If the resident does not become employed by the state after internship, the money withheld for the pension will be reimbursed upon request. Residents must maintain their own malpractice insurance and must provide proof of same prior to the beginning of the residency.

## **POSTDOCTORAL RESIDENCY ADMISSION REQUIREMENTS**

### Postdoctoral Applicants

Applicants must have graduated from an accredited college or university with a Bachelor's Degree, supplemented by a Doctoral Degree (or equivalent as certified by the applicant's university training director) from an accredited college or university. Successful applicants should have completed graduate course training in each of the following areas:

1. Psychotherapeutic techniques and counseling with practicum experience.
2. Objective and Projective testing with practicum experience. We require that resident document completion of one graduate assessment course dedicated to projective techniques (to include the Rorschach Technique) or at least one graduate course in assessment which includes the use of these projective techniques. We require a minimum level of experience with the Rorschach Technique which we define as the administration, scoring, and interpretation of at least three Rorschach protocols with the Exner scoring system. We also require experience with standardized intelligence testing which we define minimally as at least three administrations of the most current version of the WAIS.
3. Personality development and psychopathology.
4. Theories of learning and motivation
5. Research design and statistical analysis

In addition, applicants should have completed at least 1750 hours of internship experience.

## **RESIDENT ELIGIBILITY AND SELECTION**

Eligibility and Selection: The Ancora Hospital Postdoctoral Residency Training Program encourages applications from all qualified applicants, regardless of sex, race, religion or physical disability. A candidate who is considered eligible is invited for an interview. At this time, no telephone interviews are available. Interviews are generally no longer than an hour and a half and include the opportunity to meet supervisors and current and previous residents. Because we believe that the cultural diversity of our staff and resident should reflect the same diversity found among the patients, minorities are highly encouraged to apply. We recognize the value of an effective and fair means of processing applications and implementing a standardized acceptance date. Please email the Director of PostDoctoral Residency Training if you have any specific questions or concerns.

To facilitate the integration of the resident into the residency program, they are invited to attend our annual "Psychology Appreciation Day" held in June/July prior to the start of the residency year. This annual luncheon/picnic is a traditional part of the internship and postdoctoral residency orientation process. The new resident will then have the opportunity to meet the supervisors, tour the facility and formalize their training schedules for the summer.

## **APPLICATION PROCEDURES**

Submit Application requests and materials to:

Dr. Louis C. Becker  
Director of Postdoctoral Residency Training  
Ancora Psychiatric Hospital  
301 Spring Garden Road  
Ancora, New Jersey 08037-9699  
Telephone: (609) 561-1700 extension 7935 (Secretary, Cory Faralli)  
Email: [Louis.Becker@dhs.state.nj.us](mailto:Louis.Becker@dhs.state.nj.us) or [Jeffrey.Uhl@dhs.state.nj.us](mailto:Jeffrey.Uhl@dhs.state.nj.us)

Please go the New Jersey State Department of Human Services website (<http://www.state.nj.us/humanservices/dmhas/resources/services/treatment/aph.html> ) for further information about the NJDHS Psychology Residency Program, and to download the Ancora Psychiatric Hospital Residency brochure.

### Supporting Materials

- 1) Unofficial Graduate and, if possible, undergraduate transcripts
- 2) Three letters of recommendation (preferably from clinical supervisors)
- 3) Copy of your curriculum vita or resume

- 4) A recent (within the past twenty-four months) written work sample. This should be a copy of an integrated Psychological Evaluation with the applicant's name and the name and title of the supervising psychologist clearly apparent. An integrated Psychological Evaluation, for this purpose, is defined as an evaluation that organizes and integrates testing results, historical information, and clinical interview materials into one cohesive report which addresses a referral question and concludes with diagnoses and treatment recommendations.

#### Deadline for Application

The DEADLINE for sending the application and all supporting materials follows the APPIC deadlines. We will make every effort to evaluate materials in order to notify applicants of their interview status by **March 1, 2017**.

#### **PLEASE NOTE!**

**APPLICATION INFORMATION IS SUBJECT TO CHANGE. PLEASE CONTACT THE DIRECTOR OF TRAINING FOR CURRENT UPDATES PRIOR TO SUBMITTING YOUR APPLICATION**

## ADDENDUM

### **Affiliated Placement Opportunities since 2015** **(Please note that all affiliate placement sites are subject to change.)**

**Ann Klein Forensic Center**  
**Stuyvesant Avenue**  
**P.O. Box 7717**  
**West Trenton, NJ 08628**  
**Phone: 609-633-0900**  
**Fax: 609-633-0971**

Director of Psychological Services: D. Michael Scott, Ph.D.

Site Description: The Ann Klein Forensic Center is a 200-bed psychiatric hospital serving a unique population that requires a secured environment. The facility provides care and treatment to individuals with mental illness, who may be involved with the legal system. The psychology intern typically has three separate rotations throughout the year, working with a different supervisor and on a different unit. One of the rotations involves going into the county jails with a supervisor to conduct IST30 competency to proceed evaluations. One of the other rotations involves intensive forensic psychological evaluations on Units 7 and 8, units that primarily address personality disorders and serious legal considerations. During another rotation, the intern will have more contact with the clinical teams and meet with patients. This offsite placement opportunity is primarily focused on forensic assessment, although some interns are also able to participate in Competency Restoration Groups according to the defined protocols.

The Department of Psychology in Ann Klein receives applications from Ancora Psychiatric Hospital, depending upon whether an intern requests an out-placement in Forensic Psychology. Intern supervisors at Ann Klein look for a demonstrated interest in Forensic Psychology in past course work and practicums, subsequently interviewing and selecting an intern. In all cases, Ann Klein attempts to obtain a ‘good fit’ between the intern’s specific training expectations, and the ability to match them – along with good working relationships.

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**Thomas Jefferson University**  
**The Jefferson Outreach Program**  
**Department of Psychiatry and Human Behavior**  
**833 Chestnut East**  
**2<sup>nd</sup> floor, Suite 210E**  
**Philadelphia, PA 19146**

Clinical Supervisor: Emily Loscalzo, Psy.D.

Site Description: “The Jefferson Outreach Program (Outreach) is an outpatient substance abuse recovery program designed specifically for people who are struggling to find recovery from

substances while also trying to deal with mental health issues. The program serves individuals who have either initiated or maintained some level of abstinence from substances or demonstrate a level of substance use that does not require more intensive treatment. Program staff focus on empowering people to make a recovery into a process in which they better themselves holistically: psychologically, physically, socially, and spiritually.” Interns are responsible for providing individual psychotherapy with a caseload of approximately 5 patients.

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**Cooper University Hospital**  
**3 Cooper Plaza, Ste. 102A**  
**Camden, NJ 08103**  
**1935 East Rt. 70**  
**Cherry Hill, NJ 08034**  
**Phone: 856-667-3330**

Clinical Supervisors: Andrea Casher, Psy.D., ABPP  
Mark Rader, Ph.D.  
Merin Campbell, Psy.D.

Site Description: Cooper University Hospital’s Neuropsychology Lab provides inpatient and outpatient neuropsychological services. The position will involve intensive training in adult and geriatric neuropsychological assessments (inpatient and outpatient), conducting diagnostic interviews, and writing comprehensive neuropsychological evaluations. Responsibilities include test administration, behavioral observations, case conceptualization, and report writing (as time permits). Intern will be exposed to a diverse adult patient population (e.g. head injury, dementia, movement disorders, brain tumors, multiple sclerosis, epilepsy, stroke and vascular disease, and psychiatric disturbances) and will learn basic neuropathology. Intern will work in both the Cherry Hill and Camden locations.

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**Trinitas Regional Medical Center/S-COPE (Statewide Clinical Outreach Program for the Elderly)**  
**750 Walnut Ave.**  
**Suite 116-118**  
**Cranford, NJ 07016**

Clinical Supervisors: Lucille Esralew, Ph.D. & Leslie Unger, Psy.D.

Site Description: The Statewide Clinical Outreach Program for the Elderly (S-COPE) is a DMHAS funded crisis response and clinical follow along team dedicated to the population of adults 55+ who reside in nursing facilities. The grant is administered by Trinitas Regional Medical Center and operates in all 21 counties. Trinitas partners with the New Jersey Institute of Successful Aging (NJISA) at Rowan Medical School. The team consists of an Advanced Nurse Practitioner, two licensed psychologists, licensed social workers, professional counselors, and two geropsychiatrists who consult through NJISA. Psychology interns work with S-COPE



clinicians to provide assessment, therapy, and consultation for residents and staff at nursing and assisted living facilities. Additional training focuses include Interpersonal Psychotherapy for treatment of depression in older adults; Cognitive Remediation protocols to enhance memory, attention, and executive functioning; and an Intern Project which includes regular journaling and the development of a curriculum for intervention and staff training. Interns will also have the opportunity to participate in weekly telephonic grand rounds. Interns are based in the Wall, NJ, office and travel with their supervisor to various referring sites. S-COPE was acknowledged in 2015 by Harvard University's Ash Center as a Bright Idea program.

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**Rutgers University Health Services**  
**Rutgers-The State University of New Jersey**  
**Student Health Center**  
**326 Penn Street**  
**Camden, New Jersey 08102**  
**Phone: (856) 225-6005**  
**FAX: (856) 225-6186**

Associate Director of Psychological Services: Neuza Maria Serra, Psy.D.  
Clinical Supervisors: Daniel Gordon, Ph.D., Patricia Rice, Psy.D.

Site Description: This counseling center is part of the Rutgers University Health Services Center located in Camden, New Jersey. It is an outpatient facility that offers counseling on an appointment basis from 8:30 AM until 4:30 PM Monday through Friday. All full-time undergraduate and graduate Rutgers-Camden students are eligible to receive services, as well as part-time students who have paid for BASIC student health insurance. Psychological counseling services are available to help students successfully handle stresses and challenges in their academic, professional, and personal lives. Students can receive individual and/or group psychotherapy. Psychiatric consultations for the use of supportive medications are available as are psychological evaluations and crisis intervention. Individual or group alcohol, drug and nicotine counseling is available for students who are concerned about their use of these substances. Full time psychology staff includes Dr. Maria Serra, Dr. Daniel Gordon, and Dr. Patricia Rice. Psychiatric services provide by a consulting psychiatrist. For further information, a web site is available at [www.healthservices.camden.rutgers.edu/](http://www.healthservices.camden.rutgers.edu/)

**Phone: (856) 225-6005**  
**FAX: (856) 225-6186**

Administrator/Director: Paul Brown  
Clinical Supervisors: Daniel Gordon, Ph.D., Patricia Rice, Psy.D.

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part-time students if they have paid for BASIC student health insurance. Psychological counseling services are available to help students successfully handle the stresses and challenges in their academic, professional, and personal lives. Students can receive individual and group psychotherapy, psychological evaluations, psychiatric evaluations for use of supportive medications, crisis intervention, and consultation regarding student concerns about family members and/or friends. Individual/Group Alcohol/Drug/nicotine counseling is available for students who are concerned about their use of these substances. Full time psychology staff includes Dr. Neuza Serra and Dr. Daniel Gordon, with psychiatric services provide by a consulting psychiatrist. For further information, a web site is available at:  
**[www.healthservices.camden.rutgers.edu/](http://www.healthservices.camden.rutgers.edu/)**

## PSYCHOLOGY INTERNSHIP PROGRAM TRAINING STAFF



**Dr. Louis C. Becker** is the Director of Residency. He received his Psy.D. in Clinical Psychology from the Philadelphia College of Osteopathic Medicine in 2006. Previously, he earned an MSW from the University of Pennsylvania School of Social Policy and Practice in 1994. His primary orientation is cognitive-behavioral, and he has experience working in community mental health, outpatient therapy (families, groups and individual), applied behavioral analysis, and forensic psychology. Dr. Becker participated in training facilitated by the Aaron T. Beck Psychopathology Research Center and received Certification in Recovery Oriented Cognitive Behavioral Therapy in June, 2013. His interests include the treatment and assessment of sex offenders, and he is currently assigned to Holly Hall B, the male forensic ward with individuals who fall under Megan's law. Dr. Becker is licensed in New Jersey and has been an adjunct professor at several local colleges

**Dr. John Bishop** joined the staff of APH in December 2008. He received his Ph.D. in Clinical Psychology from Nova Southeastern University in 2003 and is licensed in New Jersey and Pennsylvania. He interned at San Antonio State Hospital in Texas. He previously earned an M.S.W. from the University Of Hawaii School Of Social Work in 1993. His primary orientation is psychodynamic, but has experience in using cognitive-behavioral methods, family therapy, group therapy, and relapse prevention. He has clinical experience in outpatient settings, treating children and adolescents with behavioral problems such as aggression, noncompliance, and sexual acting out, as well as utilizing family behavior management. He has also worked with forensic populations, including male batterers and adolescent sex offenders, with a specialty in forensic assessment of child sexual abuse.

**Dr. Kristin Conlon** received her Psy.D. in clinical psychology from George Fox University in 2012. She completed her pre-doctoral internship at Trenton State Psychiatric Hospital. Dr. Conlon's primary theoretical orientation is psychodynamic, though she also has training in CBT after completing part of her postdoctoral residency at the Aaron T. Beck Psychopathology Research Center in Philadelphia. Her professional interests include trauma and dissociation, women's issues, and forensic psychology. Dr. Conlon is currently a psychologist in Holly Hall, on an all-male secure care unit. Patients present with varying legal histories and issues, as well as personality, mood, and thought disorders. She has experience working in a number of settings including inpatient psychiatric hospitals, juvenile corrections, medical centers, college counseling, and community mental health centers. Dr. Conlon is licensed in New Jersey and Pennsylvania.

**Dr. Michael DeAngelo** received his Psy.D. in clinical psychology from La Salle University in 2015. He completed his pre-doctoral internship at Drexel University's Counseling Center. Dr. DeAngelo's primary theoretical orientation is cognitive-behavioral and he employs various third wave cognitive therapies in his work (ACT, MBSR, DBT). His research interests include postpartum depression and the barriers to treatment. His professional interests include mood and anxiety concerns, behavioral medicine, and serious mental illness. Dr. DeAngelo is currently the psychologist on Cedar Hall D, which consists of women who suffer from chronic mental illnesses, developmental disorders, and/or intellectual disabilities. Cedar Hall D is the current setting for the Positive Behavioral Support Unit (PBSU) wherein behavioral principles are applied to the development/mastery of coping skills and patient recovery and resilience. He has experience working in a number of settings including forensic settings, veteran and civilian medical centers, college counseling, and community mental health centers.

**Dr. Ivy Grace Durant** is the Coordinator of Behavioral Services and the Co-Director of Training for the Pre-doctoral Internship Program. She received her Psy.D. in Clinical Psychology from Nova Southeastern University in 2014 after completing the pre-doctoral internship at APH. Her professional interests include schizophrenia, borderline personality disorder, personality assessment, trauma-informed care, and diversity issues in treatment and assessment. Her theoretical orientation draws from behavioral, dialectical-behavioral, and objects relations theories. Dr. Durant currently works in Cedar Hall in Extended Care Services, and she is responsible for the development and implementation of behavioral interventions, including a token economy system of positive reinforcement. She supervises nine Behavior Support Technicians who work on the hospital's female and male Positive Behavior Support Units.

**Dr. Donna Gilles** received her Psy.D. in Clinical Psychology from La Salle University in 2005, with a specialization in child-clinical and family studies. She has been working at Ancora Psychiatric Hospital since June 2008. Her primary theoretical orientation is cognitive-behavioral. She has worked in community mental health, outpatient, inpatient, residential, and school-based settings with a variety of client populations. She has experience working with eating disordered clients, children and adolescents, geriatric and medical populations. She is currently assigned to M-2 unit in the Main Building, a coed geriatric unit.

**Dr. Troy Heckert** received his Psy.D. in Clinical Psychology from the Philadelphia College of Osteopathic Medicine in 2006. His primary orientation is cognitive-behavioral, and he has experience working in a variety of settings including: correctional facilities, community mental health, partial hospital, residential treatment facilities, outpatient (family, couples, group, and individual therapy), family-based (in-home) services, and a university setting. His clinical interests include personality disorders, health psychology, forensic psychology, and CBT. He is the Co-Director of Training for the Pre-doctoral Internship Program and an Admissions Unit Psychologist. Dr. Heckert is licensed in New Jersey.

**Dr. Karen Kohaut** received her Psy.D. in Clinical Psychology from the Institute for Graduate Clinical Psychology at Widener University in 2009. Dr. Kohaut's primary orientation is cognitive-behavioral and she has worked in inpatient, residential and school settings with a variety of patient populations. Dr. Kohaut has expertise in working with dually-diagnosed, mentally ill, substance abusing patients and is also a Pennsylvania certified school psychologist. Dr. Kohaut has professional interests in the treatment of mentally ill substance abusers, the use of motivational interviewing, evidence-based practice, biofeedback, and psychological assessment. Dr. Kohaut currently serves as a unit psychologist on Larch Hall B, an all-female unit.

**Dr. Monica Malone** joined the Ancora staff in 2000, after completing her internship here. Her previous experience includes extensive work with people with developmental disabilities, including developing Animal Facilitated Therapy programs, such as therapeutic riding, and other innovative therapies, such as rowing. She also works with substance abuse problems and holds the APA Certificate of Proficiency in Alcohol and other Substance Related Disorders. Other areas of interest include sleep disorders, law and ethics, horticultural therapy and facilitating change. Her current work with people who have schizophrenia includes cognitive remediation and Metacognitive Training. She earned an M.S. and Psy.D. in Clinical Psychology from Philadelphia College of Osteopathic Medicine and an M.A. from United States International University in California. She is a Certified Rehabilitation Counselor and is licensed as a Psychologist in New Jersey and Pennsylvania. Her theoretical orientation is humanistic and she works with an active, male population, having the full spectrum of diagnoses, on Birch Hall D.

**Dr. Swati Marner** joined the Ancora Psychiatric Hospital psychology department in 2005 after completing her pre-doctoral internship at another NJ State internship site (Greystone Park Psychiatric Hospital). She received her Ed. D. in Counseling Psychology from Rutgers University. She is a New Jersey licensed psychologist. She has clinical experiences providing therapy and court-ordered psychological evaluations in an inpatient forensic setting, community mental health setting, a learning disabilities clinic, and a college counseling center. She is currently assigned to M-1, a co-ed admissions unit. Dr. Marner's orientation is cognitive behavioral and psychodynamic. She has served as an intern representative, a therapy supervisor, and a diagnostic supervisor. Her clinical interests include group therapy, personality disorders, psycho-diagnostics, cognitive remediation therapy, Dialectical Behavior Therapy, and motivational interviewing techniques. Her research interests include adult attachment styles, cognitive remediation therapy, and stress reactions (burnout, secondary traumatic stress, and vicarious traumatization) in care providers.

**Jared Moore Psy.D.** attended The Chicago School of Professional Psychology and completed his pre-doctoral internship at Ancora Psychiatric Hospital in 2012. Most of his professional experience is focused on both inpatient mental health, and the treatment of substance-related and addictive disorders. Dr. Moore is licensed in the state of Pennsylvania, and he has an integrative approach to therapy with emphasis on psychodynamic and cognitive behavioral principles. He serves on the Trauma Informed Care Committee, the Special Status Patient Review Committee (SSPRC) and he was the Intern Representative for the Pre-doctoral Intern class of 2013-2014. Dr. Moore is currently the Coordinator of Psychological Assessment Services and Supervisor of Diagnostic Training. He is particularly interested in assessment of suicide and violence risk, intellectual functioning, and the use of objective personality measures for forensic assessment. Dr. Moore oversees the diagnostic training for the pre-doctoral internship, the “Under 22” evaluations, and the assessment of patients suspected of malingering. He completes the majority of his clinical work on the Admissions units.

**Dr. Natasha Moore** joined the Ancora Psychiatric Hospital Psychology Department immediately after completing her pre-doctoral internship at Greystone Park Psychiatric Hospital in December of 2002. She received her Ed.D. in Counseling Psychology from Rutgers University. She is a New Jersey licensed psychologist who is currently the Coordinating Psychologist for Geriatrics where she serves as a psychotherapy supervisor, diagnostic supervisor, and Multicultural Lab supervisor. Dr. Moore’s primary orientation is psychodynamic and she has specific interests and experience in geriatrics, women’s trauma, program development and program evaluation, and multicultural competence training/supervision. Dr. Moore and Dr. Camerlengo have worked jointly in a hospital and statewide initiative to develop the S.T.A.T. (Staff Trauma Aftercare Team) to support staff that have been injured as a result of a patient related emergency. The pre-doctoral interns have contributed to developing the S.T.A.T. manual, collecting data from the hospital wide annual training fair and ongoing program development and evaluation.

**Dr. Leland Mosby** received his Ed.D. in Developmental Psychology from Argosy University Sarasota Campus and completed post-doctoral studies in Clinical Psychology at the Forrest Institute of Psychology. He also holds a D. Min degree from Midwestern Seminary at Kansas City, MO, with a specialty in counseling. Dr. Mosby completed a two-year certification Program in Family Therapy at the Menninger Foundation. He has over 1000 hours of training and experience in Forensic Psychology. He is a former Director of Psychology for the New Jersey Department of Corrections and he also was Chief Forensic Psychologist for the Division of Mental Health Services. Dr. Mosby provided scheduled programs on forensic issues and acted as a liaison from Central Office. He also currently teaches forensic psychology classes at West Chester University in Pennsylvania. Dr. Mosby is a New Jersey licensed psychologist.

**Dr. Regina O’Connell** received her Ph.D. in Clinical Psychology, with a specialization in Clinical Neuropsychology, from Michigan State University. Dr. O’Connell has extensive clinical experience in neuropsychological assessment with geropsychiatric, traumatic brain injured, learning disabled and developmentally disabled populations in inpatient, residential, and outpatient settings. She is interested in neuropsychological assessment of executive and self-regulatory functioning. Clinical interests include assessing character structure, adjusting therapeutic technique for psychotic and personality disordered patients, and making

diagnostic/therapeutic use of countertransference. Dr. O'Connell is currently a psychologist on Holly Hall C. She serves as diagnostic/therapy supervisor and conducts didactics on neuropsychological assessment and behavioral support planning.

**Dr. Aaron S. Pollock** successfully completed his doctorate in Clinical Psychology from the Philadelphia College of Osteopathic Medicine in 2010. He is also a former Ancora Psychiatric Hospital pre-doctoral intern. Dr. Pollock's clinical interests include family therapy, mood disorders, anxiety disorders, grief, ADHD, academic challenges, anger difficulties, self-injury, medical treatment adherence, and coping with medical problems. He assisted in compiling the Encyclopedia of Cognitive Therapy and co-authored a chapter for the Encyclopedia on childhood and adolescent depression. Dr. Pollock has experience in multiple clinical settings including community mental health centers, in-community treatment programs, schools, private practice, and in-patient psychiatric facilities. Dr. Pollock's primary theoretical orientation is Cognitive-Behavioral but he also utilizes Bowen Family Systems Theory and Existential Psychotherapy. He is the family therapy services provider for Ancora Psychiatric Hospital. In this role, Dr. Pollock works with patients and their families to reduce the negative impact of family dynamics on discharge and community reintegration.

**Dr. Dana Susino** received her Psy.D. in Clinical Psychology from LaSalle University and is licensed in New Jersey. She completed her pre-doctoral internship at Friends Hospital in Philadelphia, PA, and postdoctoral residency at Ancora Psychiatric Hospital. Her primary orientation is cognitive-behavioral, and she has experience working in psychiatric hospitals, community mental health, outpatient substance abuse programs, and college counseling. Her professional interests include SPMI, trauma, trauma-informed care, and psychological assessment. Dr. Susino is currently the psychologist on Cedar Hall B, an all-male unit for individuals with mental illness and developmental disabilities and/or intellectual disabilities, and is one of the positive behavior support units in the hospital.

**Dr. Jeffrey Uhl** received his Psy.D. in Clinical Psychology from the Philadelphia College of Osteopathic Medicine in 2006. Prior to receiving his Psy.D., he worked as a healthcare administrator in urban and community hospitals for fifteen years. He has an MBA from Temple University and has outside interest in consulting with businesses to improve human and organizational performance. His clinical interests include mood and anxiety disorders, health psychology, eastern philosophies related to mindfulness meditation, CBT and marriage and family counseling. Dr. Uhl currently serves as the Administrator of Psychology and is currently licensed in New Jersey and Pennsylvania.

**Dr. Dena Young** received her Psy.D. in Clinical Psychology from the Philadelphia College of Osteopathic Medicine in 2006. Prior to that, she served as a middle school counselor for 7 years in Burlington County, and she was a public school educator in Camden City for 6 years. She also has experience as a psychiatric crisis screener in Burlington County, as well as a mental health counselor in the Camden County Correctional Facility. She has taught as an adjunct professor in the psychology department at Rowan University and also at the Philadelphia College of Osteopathic Medicine. At APH, Dr. Young previously worked on an all-female extended care unit with women who have chronic mental illness. She has also worked with APH's NGRI, IST, and female detainee patients. Currently, she serves as the psychologist on an all-male admissions

unit. Her theoretical orientation is cognitive behavioral, and her clinical interests include mood and anxiety disorders, health psychology, acceptance through mindfulness, multicultural issues in psychiatric populations, forensic psychology, and organizational dynamics/leadership development. Dr. Young is currently licensed in New Jersey and has a private practice.