

**New Jersey Department of Human Services**  
**Division of Mental Health & Addiction Services**  
**Appendix 3: Sudden and Unexpected Death Questionnaire**

***(To be used in all cases when a consumer had a sudden and unexpected death)***

- 1) Was the autopsy report requested from the Medical Examiner's Office?
  - a. Describe attempts made to obtain the autopsy.
- 2) Describe the consumer's significant medical conditions/history, if applicable.
  - a. Describe the seriousness (mild, life threatening, etc.) of the medical co-morbidities.
  - b. Describe if any of these medical conditions were newly diagnosed.
  - c. Describe what treatment the consumer received for these conditions.
- 3) If the consumer had metabolic syndrome, how were their psychiatric medications adjusted to reduce risk?
  - a. What specific treatment did the consumer receive for the metabolic syndrome?
- 4) How was the agency ensuring follow-up on medical conditions, including efforts made to engage the consumer?
- 5) Did the consumer have any recent medical hospitalizations?
  - a. If yes, describe.
  - b. What communication took place between the agency and the hospital?
- 6) If applicable, pursuant to the questions above, describe the agency's collaboration with the consumer's primary care physician and/or specialist.
- 7) Did the consumer have a Medical Advance Directive?
  - a. If yes, was it implemented?
  - b. If not, please explain.
- 8) Was the consumer demonstrating any signs of increased medical symptoms or illness in the recent weeks? If yes, please describe.
  - a. What interventions were implemented and what was the outcome(s)?
- 9) What was the consumer's medication (psychiatric and medical meds) adherence?
- 10) How were medications requiring blood levels monitored? What were the results?
- 11) If the consumer was taking multiple psychotropic medications, confirm that the medication list is accurate and describe the rationale and justification for the medication regimen.