



Enduring and Iraqi Freedom, aircrew and maintenance personnel from the 108th Wing's Bravo Alert Mission flew their last air refueling mission July 28 in support of the North East Tanker Task Force.

Ethyl 55, the call sign for one of the alert aircraft, provided more than 60,000 pounds of fuel to a deploying RC-135 on that final refueling mission.

The Bravo Alert Mission crew had been flying alert missions as part of the NETTF since July 2004, said Lt. Col. Timothy Burke, operations officer, The 108th Wing was one of four Air Guard units from four states that made up NETTF. The other units were the 101st Air Refueling Wing, Maine; 157th Air Refueling Wing, New Hampshire; and 171st Air Refueling Wing, Pennsylvania.

The alert mission involved having an aircrew and maintenance personnel in an "on call" status, ready to show and fly 24 hours a day. Furthermore, the crews rotated every two to three days and took turns sitting alert over the holidays.

"It was very challenging to juggle schedules and cover the mission as peo-

ple came on and off orders," said Burke.
"Being a part of the mission meant having to plan everything around when I wouldn't be on alert. This applied to everyone. We all fulfilled our responsibility to the unit by participating in unit deployments and TDY's, so often a break from the alert mission meant you were on the road away from your family."

Although the mission required stringent commitments from the crew, such as completing unit missions qualifications and training requirements during their days off, the alert mission had its rewarding moments. "One special mission required a short-notice refueling that was evacuating a burnt patient from Germany to Brooks in San Antonio," said Burke. "The 108th had the only tanker available so we launched, got them their fuel and they were able to continue on without stopping for fuel."

The 108th Wing's Bravo alert supported primarily OEF and OIF but also was utilized for Operations Noble Eagle, New Dawn and Unified Protector. The Alert team refueled almost every ARcapable aircraft in the U.S. Air Forces'

inventory, from AC-130's at 10,000 feet over the middle of the Atlantic, to the USAF Thunderbirds.

Over the 10 years of supporting NETTF, the 108th Wing's Bravo Alert team's accomplishments were: 3,681 days of alert, flying 3,538 hours and offloading more than 63 million pounds of fuel. They were assigned with 1,818 missions and flew on 1,040 of them, compiling 580 days of temporary duty assignments.

Unfortunately, a combination of decreased funding and operations tempo forced the 108th Wing's Bravo alert to stand down after more than 3,600 days of continuous support.

"I have been privileged, and I think I can say that for all involved, to have been part of this mission," said Burke. "This mission was the perfect model for the Air National Guard to demonstrate to Air Mobility Command that separate units working in close cooperation, can give AMC the equivalent of an active duty KC-135 wing for just a fraction of the active duty cost."

KEEP FIGHTING

By Tech. Sgt. Matt Hecht, 177th Fighter Wing Public Affairs

Lt. Col. John Fogarty felt unwell for nearly a year.

"I told my wife, 'There's something wrong, but I don't know what it is,'" the senior New Jersey Air National Guard officer said recently.

A bout of the flu and pressure from his wife finally got Fogarty to the doctor in February of 2012.

The first tests revealed no problems, but the doctor recommended Fogarty get a colonoscopy as a precaution, since he was nearing 50. The technicians told him that test had gone well too, but then added, almost as an afterthought, that they'd found a "tiny little bump," which they biopsied.

That was on a Wednesday. Two days later, Fogarty was on the phone in his office at the 177th Fighter Wing when he heard the words that changed his life.

""Well sir ... you have cancer," a nurse told Fogarty.

"That's not exactly the way you would want to hear that, the middle of the day, with a stranger on the phone," Fogarty said. "It's probably the worst thing you ever want to hear. It has so much negative connotation to it. What does it mean? Is it the end of life? What's going to happen?"

Fogarty, currently the 177th Logistics Readiness Squadron commander, cancelled a meeting he was preparing for when he got the news.

"At that point I couldn't even remember my name," Fogarty recalled.

He went straight to the doctor's office, where he was told that while the tumor had been small, it was cancerous, but treatable.

It was already Stage 3, meaning the cancer had spread into adjoining tissues and possibly the lymph nodes.

"The doctor asked if I knew a colorectal surgeon," Fogarty recalled. "Out of dumb luck I happen to know one of the best surgeons in Philadelphia."

Fogarty was scheduled for surgery on June 23, 2012 at Drexel University's Hahnemann University Hospital.

He had hoped the tumor could simply be removed and he could move on with his life.

It wouldn't be that simple.

The doctors needed to remove six inches of intestines

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AIR GUARD OFFICER BEATS CANCER

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along with the tumor. The surgery also confirmed the spread of cancer into nearby lymph nodes.

The spread of cancer to the lymph nodes meant seven months of chemotherapy and radiation – and required Fogarty to have a port surgically implanted in his chest to enable those treatments. He also needed a colostomy for the duration of his treatments.

Fogarty went back to work. But battling cancer had become his second job.

"My protocol required a five to six hours of an infusion at the doctor's office, and a 48 hour drip at home. I got chemo on Mondays, took Tuesday off, and came into work Wednesday," he said.

With each treatment, he felt himself growing weaker.

He drove on, reasoning: "I have to endure this because I have a lack of options."

Sleep was elusive because of the side effects of the treatments, including nausea and restless leg syndrome.

He chose to shield his children from learning about the extent of his illness and developed empathy toward older people who battle cancer.

"I can't imagine how hard it is for older folks, I had enough trouble as a younger person," Fogarty said.

He was grateful that he didn't lose his hair.

But surviving chemotherapy was only half of Fogarty's battle. Radiation was an even tougher opponent.

"Every day I had to leave work for 15 or 20 minutes to get blasted," Fogarty said. "They gave me small tattoos for alignment purposes. They fire this machine up, and it rotates around hitting you with radiation. I was there for 45 treatments."

The combination of chemo and radia-



Photo by Master Sgt. Andrew Moseley, photo illustration by Tech. Sgt. Matt Hecht

tion were brutal. Even the simplest parts of the daily routine, like a two block walk, became unbearable.

There are some nights, you have to be honest, you cry. It hurts. It's painful. But you get through it, because there's always a better day. And you always figure tomorrow is going to be a better day. It was good when tomorrow was a better day.

LT. COL. JOHN FOGARTY

"I was at the staff meeting, feeling several shades of gray, and had to get back to my office. Two blocks seemed like so far away, every step was like stepping on shards of glass. I had become toxic." Fogarty said. "The pain was so unbearable, and I was rushed to the doctor's to have the chemo stopped, and had to rest for a week."

The desire to tackle things head on and to be strong had served Fogarty well

throughout his military career. But the cancer and the treatments made this approach a challenge.

"I did the best I could, but I wasn't focused. I was angry, I was short tempered and irritable," Fogarty said. "Family motivates you. All they knew was daddy is sick."

As the treatments went on, Fogarty dug in.

"There are some nights, you have to be honest, you cry. It hurts. It's painful. But you get through it, because there's always a better day," he said. "And you always figure tomorrow is going to be a better day. It was good when tomorrow was a better day."

In March 2013, the cancer treatments ended. Two months later, the colostomy was reversed.

Fogarty said keeping a sense of humor was his best weapon in his fight against cancer.

"All you have to do is laugh," said Fogarty. "There's a time and place to be serious, but having humor in your life will get you through it. If you didn't, it would eat you up. Everyone needs a release and mine was humor."

Two years and five months later, Fogarty is feeling good, with a great outlook on the future.

"I find myself paying more attention to the little things, little moments. Colors are a little brighter, days are a little better," said Fogarty.

"We like to feel like we have control of our destiny, and plan it out. I wasn't going to let this illness derail me," said Fogarty. "Everybody who has had cancer has their own battle, and you need to know up front that the battle can be successful."



DEPARTMENT NOTES

DMAVA HIGHLIGHTS is published weekly by the Public Affairs Office of the New Jersey Department of Military and Veterans Affairs. The views and opinions expressed herein are not necessarily those of the Department of Defense, the Army, The Air Force, the National Guard, Veterans Affairs or the State of New Jersey. Letters may be sent to: NJDMAVA, DMAVA Highlights, Public Affairs Office, PO Box 340, Trenton, NJ 08625-0340. E-mail at: pao@dmava.nj.gov

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ENERGY CONSERVATION TIP OF THE WEEK These lights won't haunt your electric bill! **Did You Know?**

As soon as Halloween ends, it seems like decorations for the Holidays start popping up in every store! If you're thinking about putting lights on your house this holiday season, think about buy-



ing light-emitting diodes. They can last 133 times as long as incandescent bulbs, use 80 percent less electricity and come in all shapes and colors. You can also recycle your old string lights and save them from a landfill.

If you would like more information about energy and water conservation efforts, contact Christopher Moore, Energy Manager at christopher.moore@dmava.nj.gov

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1-888-8NJ-VETS(8387) or www.state.nj.us/military

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Veterans Services (DVS)

Vietnam Veterans Memorial 1 Memorial Lane, PO Box 648, Holmdel, NJ 07033

732-335-0033 Fax: 732-335-1107 Korean Memorial Boardwalk/Brighton Park, Atlantic City, NJ 08401

War World II Memorial W State Street, Trenton, NJ 08608

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Tuesday, November 4th 11:00am-2:00pm Cannon Gate Catering Center Free Admission!



Over 20 local vendors!

Health Professionals. Fitness Programs. Retiree Services. Information: Forge Fitness Center 973-724-6215







E-mail your Highlights submissions to: mark.olsen@dmava.nj.gov



Students from St. Joseph's Regional High School in Montvale, N.J., donated 400 bags of candy to the residents of the

New Jersey Veterans Memorial Home at Paramus Oct. 29, 2014. (Courtesy photo)



SCHEDULE OF EVENTS

When: 14-16 November 2014

Where: Stockton Seaview Hotel and Golf Club

About: Strong Bonds for Couples strengthens the marital bond, giving couples the tools and information they need for better communication and relationship building.

Workshop Details: Friday, 14 Nov Hotel check-in Begins at 1600

Dinner: 1800-1900

Session 1: Breaking the ICE/ Expectations (1900-2000)

<u>Saturday, 15 Nov</u> Breakfast Buffet provided (0630-0800)

<u>Session 1</u>: 3 Keys to Success- Anger & Stress Management (0800-1200)

Lunch Buffet provided (1200-1300)

<u>Session 2</u>: Poisonous Communication - Fun (1300-1600)

Sunday, 16 Nov Breakfast Buffet provided (0630-0800)

Session 3: Conclusion & Certificates (0800-1100)

STRONG BONDS RELATIONSHIP ENHANCEMENT WORKSHOP FOR MARRIED COUPLES 14-16 November 2014

WHAT IS THE HYPE ON FEARLESS MARRIAGE FOR MARRIED COUPLES?

FEARLESS MARRIAGE is an educational program that teaches you skills and principles that can help you build upon strong and healthy marriages, it is not designed to address serious relationship and individual problems.

Come join us in a casual fun environment to learn new tools in building marital confidence and improving communications.

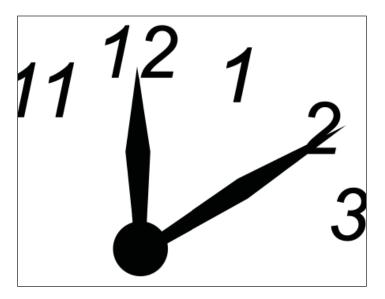
 $When fully\ embraced,\ your\ marriage\ can \ experience\ rejuve nation,\ hope,\ and\ peace.$

Led by: Chaplain (CPT) Shawn Found Chaplain Candidate (1LT) Rachel Zarnke

TO REGISTER: Go to www.StrongBonds.org or contact SGT John Schwartz John.w.schwartz22.mil@mail.mil

For Active Soldiers & Their Families

AND FINALLY...



Daylight Savings Time ends at 2 a.m., Nov. 2 - this Sunday.

So remember, set your clocks back one hour before you go to bed Saturday night.

You'll thank us for it.



UPCOMING INFORMATION SESSIONS

Mount Laurel Library
100 Walt Whitman Avenue
Mount Laurel, N.J. 08054
Nov. 7, 14 and Dec. 12: 10 a.m. - 2 p.m. (hourly)
Contact: Josephine Grey, (347) 501-2308

400 Langley Road
Bldg 229
Egg Harbor Twp, N.J. 08234
Nov. 20 and Dec. 9: 12 - 4 p.m. (hourly)
Contact: Josephine Grey, (347) 501-2308

177th Fighter Wing

DMAVA BLDG
1st Floor/IASD Section
101 Eggerts Crossing Road
Lawrenceville, N.J. 08648
Nov. 19 and Dec. 3: 11 a.m. - 4 p.m. (hourly)
Contact: Josephine Grey, (347) 501-2308

Housing Community Center
Bldg 1134 Hemlock Street
Ft. Dix, N.J.
Nov. 3 and Dec. 1: 10 a.m. - 2 p.m. (hourly)
Contact: Josephine Grey, (347) 501-2308

Monmouth County Library
Eastern Branch
1001 Route 35
Shrewsbury, N.J. 07702
Dec. 3: 11 a.m. - 2 p.m.
Contact: Pam Kwiat, (646) 341-2545

Military & Family Support Center Highway 547 Building 488 Walsh Road Lakehurst, N.J. 08733 Nov. 13: 11 a.m. - 4 p.m. Contact: Pam Kwiat, (646) 341-2545

Naval Weapons Station Earle 201 Highway 34 South Building C29 Colts Neck, N.J. 07722 Nov. 5: 10 a.m. - 2 p.m. Contact: Pam Kwiat Contact: Pam Kwiat, (646) 341-2545 McGuire Library 2603 Tuskegee Airmen Ave McGuire AFB, N.J. 08641 Nov. 10: 10 a.m. - 2 p.m. Contact: Pam Kwiat, (646) 341-2545

McGuire Housing
Jim Saxton Community Center
3811 South Boiling Street
McGuire AFB, N.J. 08641
Dec. 2: 10 a.m. - 2 p.m.
Contact: Pam Kwiat, (646) 341-2545

108th Wing Airmen & Family Readiness Office 3327 Charles Blvd McGuire AFB, N.J. 08641 Nov. 12: 11 a.m. - 3 p.m. Contact: Pam Kwiat, (646) 341-2545

> Pemberton Community Library 16 Broadway Street Browns Mills, N.J. 08015 Nov 7: 10 a.m. - 2 p.m. Contact: Pam Kwiat, (646) 341-2545

> Toms River Armory 1200 Whitesville Road Toms River, N.J. 08753 Nov. 4: 11 a.m. - 4 p.m. (hourly) Contact: Pam Kwiat, (646) 341-2545

Jersey City Armory 678 Montgomery St. Jersey City, N.J. 07306 Nov. 6, and 13: 11 a.m. - 3 p.m. Nov. 20: 3 p.m. - 6 p.m.; Dec. 4 and 11, 11 a.m. - 3 p.m. Dec. 18: 3 p.m. - 6 p.m. Contact: Darrel Hutchinson, (646) 354-0126

Army Community Service
Bldg 119
Dover, N.J. 07806
Nov. 14 and Dec. 12: 1 - 3 p.m.
Contact: Darrel Hutchinson, (646) 354-0126

Camden County Veterans Affairs
3 Collier Dr.-Lakeland Complex
Blackwood, N.J. 08012
Nov. 3, 17 and Dec. 1, 8, 15: 11 a.m. - 2 p.m. (hourly)
Contact: Wil Acosta, (646) 300-1312



DMAVA VETERANS OUTREACH CAMPAIGN

Nov. 6: Veterans' Outreach Forum
Davidow Hall Gymnasium
Salem Community College (9:30 a.m. – 1 p.m.)
460 Hollywood Avenue, Carney's Point, NJ 08069

Nov. 12: Medal Ceremony & Outreach Event Conference Center, Johnson & Johnson World Headquarters (11 a.m.)

1 Johnson and Johnson Plaza, New Brunswick, NJ 08901

Nov. 14: Veteran Job Fair at Stockton College Campus Center Event Room (9 a.m. – 12:30 p.m.) 101 Vera King Farris Drive, Galloway, NJ 08205

DMAVA WILL HAVE A VSO PRESENT AT EACH EVENT TO HELP AND ASSIST ANY VETERAN