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February 3, 2011

# State Family Programs Office Newsletter

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Discounted tickets  
at Hershey Park  
Military  
Appreciation Day!



Sunday,  
April 10th 2011  
10:00 am to 6:00 PM

You must show Military ID at the gate to purchase tickets.  
Parking is FREE! Ticket prices are \$25.00 for all ages.

## Staying Over???

*Hershey® Lodge* and *The Hotel Hershey®*, the official resorts of *Hersheypark®*, are offering special Military rates during the weekend of April 9, starting at \$139\*. For more information and to make your reservations, please call **1-800-HERSHEY (437-7439)**.

Something for everyone  
FREE Parking  
Kiddie Rides • Family Rides  
Thrilling Coasters • LIVE Entertainment

**Only In Hershey!**



The Gateway provides Soldiers and their families access to vital, Guard-specific information including financial, educational and medical benefit information and deployment support resources. Each page provides a comprehensive overview of resources as well as access to documents, forms, regulations and Guard-specific sites. With links, quick guides, contact information and answers to frequently asked questions, each page is a one-stop shop for Guard-related information.

Visit the Gateway at  
<https://g1arng.army.pentagon.mil>



**ARNG G1 GATEWAY**

The Gateway provides vital information that Soldiers and families need to know about ARNG HR programs & processes. Visit the Gateway to find comprehensive pages and learn how to take advantage of ARNG programs including medical, educational & financial benefits as well as deployment support & family programs.

<https://g1arng.army.pentagon.mil>

**FEATURING INFORMATION ON SOLDIER & FAMILY SUPPORT & BENEFIT PROGRAMS**

Families

HR Community Soldiers Veterans & Families

**A ONE-STOP SHOP FOR ARNG HR RESOURCES**

## FRG Training

I would like to thank all FRG Leaders for all you do for our soldiers and family members. We will be having an FRG Leadership training in the near future. I will put out the date, time and info as soon as possible. In the meantime, Dawn Jimenez, who is our Brigade Family Readiness Support Assistant in Lawrenceville will be doing FRG Orientations as outlined below

To all Soldiers and Volunteers a basic Family Readiness Group Orientation is being offered on February 13, 2011 at the Burlington Armory. The orientation will begin at 3PM. We will discuss who the key Family Readiness points of contact are, what an FRG is, the key positions in a FRG, resources available to military families, volunteer documentation, ideas for a BOSS program and offer an open forum for questions/ answers. Registration is not required but a sign in sheet will be available the day of the event.

If you are interested in attending, please call Dawn at 609-671-6688 to sign up.



# Year of the Vet Career Fair

Access to Jobs, Colleges, and Support Services for all Veterans,  
Active Duty Personnel and their Families.

Tuesday, March 15  
10 am to 2 pm

Rutgers-Newark Paul Robeson Campus Center - Essex Rm.  
350 Dr. Martin Luther King Blvd. Newark, NJ 07102

***Bring Plenty  
of Resumes***

Hosted by The G.I. Go Fund and the  
Rutgers-Newark Student Veterans Organization



**RUTGERS**  
NEWARK

**The G.I.  Go Fund**

For More Information Contact:  
p) 973-802-1479 e) manisa@ci.newark.nj.us

Space generously donated by Rutgers-Newark





march of dimes<sup>®</sup>  
march for babies<sup>SM</sup>

My \_\_\_\_\_ name

is Jennifer Freeman; I am the mother of a premature baby and the wife of a Sergeant Dan Freeman, 150th Engineer Company, New Jersey National Guard and that is why I am contacting you today. I would like to inform you about Mission: Healthy Baby®, a March of Dimes program specifically designed for military families and why March of Dimes is so important to us.

Mission: Healthy Baby®, is a program designed specifically for military families to provide free pregnancy and newborn health information and support services. The program was developed with the Veterans of Foreign Wars and the Ladies Auxiliary VFW. Very high levels of stress, such as the stress caused by a deployment, may contribute to premature birth or low birth weight in full-term babies. Military moms and dads can request Mission: Healthy Baby materials by logging onto [www.marchofdimes.com/vfw](http://www.marchofdimes.com/vfw) or by sending their name and address to [missionhealthybaby@marchofdimes.com](mailto:missionhealthybaby@marchofdimes.com). Special brochures are also available by calling 914-997-4257 or call your local March of Dimes office at 856-874-9050.

The March of Dimes has become important to our family because our daughter, Oona, was born at 30 weeks, weighing just 3 lbs. It was a very scary time for my husband and me. Would our baby have lung, heart, vision, physical or learning issues? Our family was very lucky because the information my doctors gave me during my pregnancy and the knowledge of my perinatologist, Oona was born healthy. We suffered minor setbacks in the NICU but nothing she, the doctors, and nurses couldn't overcome. Oona is a happy, healthy 5 year old thanks to research the March of Dimes carry out and the medical community. Our family is striving to make more premature babies as lucky as Oona and will be walking on April 17th to help raise money and awareness for the March of Dimes. If you would like to walk with us please visit [www.marchforbabies.org/team/t1509226](http://www.marchforbabies.org/team/t1509226).

Save the Date for March for Babies 2011!

Join more than a million people walking in their communities and raising money.

Help moms have healthy pregnancies and give hope to the families of babies born too soon or sick.

South Jersey Shore March for Babies 2011 will be held:

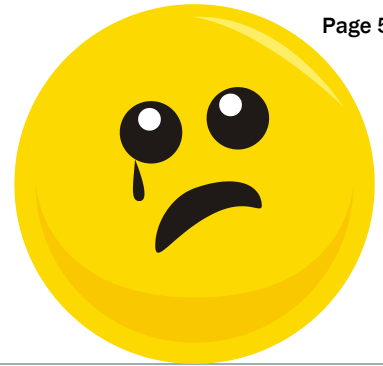
Sunday, April 17, 2011 on the Boardwalk in Ocean City, NJ

Register at [www.marchforbabies.org](http://www.marchforbabies.org) or call 856-874-9050 for more information



## FRG NEWS—SADLY NO NEWS THIS WEEK

FRG Leaders—If you have events or want me to list your meeting dates, times and locations, please send me the info. I will post them in my newsletter [marie.durling@us.army.mil](mailto:marie.durling@us.army.mil)



No one sent me any items for our “Garage Sale” section. If you have anything you want to give away or sell, please send info to me. Items must be in good condition. I cannot sell husband’s , wive’s, parent’s or children

## Caregiver Support Information

Caregivers are the family members and loved ones who provide care for Veterans who are living with the effects of war, disability, chronic illness, or aging. They deserve VA’s highest level of support. On February 1, 2011, the Department of Veterans Affairs (VA) is opening a toll-free National Caregiver Support Line housed at the Canandaigua VA Medical Center campus in Canandaigua, New York. The support line will serve as a primary resource/ referral center to assist caregivers, Veterans and others seeking caregiver information to help in the care of our Nation’s Veterans. Calls to The National Caregiver Support Line will be answered by VA employees who are licensed clinical social workers.

The Support Line will provide information on VA/ community caregiver support resources and “warm” referral to dedicated Caregiver Support Coordinators located in every VA Medical Center; emotional support for the caregiver will be an integral component of this service. The National Caregiver Support Line is also available to respond to inquiries about the caregiver benefits associated with Public Law 111-163, Caregivers and Veterans Omnibus Health Services Act of 2010.

The National Caregiver Support Line will be open Monday through Friday 8:00 a.m. to 11:00 p.m. and Saturday 10:30 a.m. to 6:00 p.m. Eastern Time. The National Caregiver Support Line Toll-Free number is 1-855-260-3274.

Please also see VA’s updated caregiver website: [www.caregiver.va.gov](http://www.caregiver.va.gov)

