



State of New Jersey

OFFICE OF THE GOVERNOR

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Governor

Date: August 26, 2026
To: Local Educational Agency Leads
From: New Jersey Office of the Governor

Back-to-School New Jersey State Resource Packet

That attached resource packet includes New Jersey state resources and helpful tips to keep families safe and healthy as we enter the fall. The packet should be distributed to your students and their families for the beginning of the school year.

The packet includes the following resources:

- Youth Mental Health
 - Back to School Mental Health Resource Toolkit
 - 2NDFLOOR
- Food Security
 - School Meal Resources and Applications
- Communicable Disease Prevention
 - Stay Up to Date and Vaccinate
 - Importance of Regular Check-Ups for Your Child
 - Help Prevent the Spread of Respiratory Illnesses
 - Healthy Habits: Cover Your Coughs and Sneezes
 - Tips for a health School Year
 - HPV Vaccination is Cancer Prevention
 - STI – No Fear, Just Results
- Health Care Access
 - NJ! Need Health Insurance?
 - NJ Covers All Kids – NJ FamilyCare
 - Children's Oral Health Program
 - Federally Qualified Health Centers contact list
 - NJ Project BEST List of Free Eye Screenings
 - NJ Division of Developmental Disabilities Timeline for Students Exiting School and Turning 21
- Additional Public Health Concerns
 - Smoking & Vaping Prevention – Put Yourself First. Let Go.

Use this link to access the resource packet: <https://nj.gov/BacktoSchoolResourcePacket>

Contact Information For questions about any of these resources, please contact the Governor's Office of Constituent Relations at constituent.relations@nj.gov