

CHILD AND ADULT CARE FOOD PROGRAM CHILD DAY CARE PROGRAMS

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or all or part of an individual's income is derived from any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.)



If you wish to file a Civil Rights program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, found online at <http://www.ascr.usda.gov/complainfilingcust.html>. or at any USDA office, or call (866) 632-9992 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail at U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250, by fax (202) 690-7442 or email at program.imake@usda.gov.

The primary goal of the CACFP is to improve the diet of children 12 years of age or younger. Children 15 and under from families of migrant workers are also eligible, and certain disabled people regardless of age may receive CACFP meals if they are enrolled in a center that serves mostly persons 18 years of age or younger.

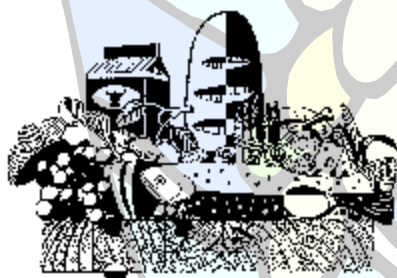
Nutrition is an important part of good health. Proper nutrition is also an important part of a good child care program. Children need well-balanced meals in order to meet their daily energy needs and to help them build strong bodies and minds. Through the CACFP, you can be assured that your child is getting balanced, nutritious meals. As participants in the CACFP, child care organizations may serve up to three meals a day to each child. If three meals are served, at least one of them must be a snack. All of the meals must follow patterns set by USDA.



There are two groups of meal patterns. The first group is for infants through 11 months. Foods in these patterns vary according to the infant's age. Infants from four through seven months old may receive some, but not all, of the foods in the meal pattern below. Solid foods are not required for infants seven months of age or younger. The second group of patterns is for children over one year of age.

Child Care Infant Meal Pattern Requirements (8 through 11 months)		
Breakfast	Lunch and Supper	Snack
Infant formula (iron fortified), whole fluid milk or breast milk Infant cereal (iron fortified) Fruit and/or vegetable	Infant formula (iron fortified), whole fluid milk or breast milk Infant cereal (iron fortified) and/or Meat, fish, poultry, or egg yolk or cheese or cottage cheese, cheese food, or cheese spread or cooked dry beans or peas Fruit and/or vegetable	Infant formula (iron fortified) or full-strength fruit juice Bread or crackers

Foods for Children		
Breakfast	Lunch and Supper	Snack
Milk Juice, fruit, or vegetable Bread or bread alternate	Milk Meat or meat alternate <u>2</u> Vegetables and/or Fruits Bread or bread alternate	(Serve two of the following four foods.) Milk Meat or meat alternate Fruit, vegetable or juice Bread or bread alternate



The CACFP gives financial assistance to public and private nonprofit organizations providing licensed or approved nonresidential day care service throughout the country. Organizations participating in the CACFP include, but are not limited to, day care centers and institutions providing day care services for disabled children. Also, private for-profit centers that receive compensation under Title XX of the Social Security Act

for at least 25 percent of the children who are receiving non-residential day care **OR** that care for enrolled children at least 25% of which are eligible for free or reduced price meals, may qualify as eligible child care institutions. Sponsoring organizations can operate the CACFP in child care centers and school-age child care centers.

Centers can operate in the program either independently or under the auspices of a sponsoring organization. The sponsoring organization must accept final administrative and financial responsibility for centers under its auspices. In each state, the CACFP is operated by a State administering agency.



For additional information regarding the CACFP in New Jersey, please contact:

NEW JERSEY DEPARTMENT OF AGRICULTURE
Division of Food and Nutrition
CHILD AND ADULT CARE FOOD PROGRAM
P.O. BOX 334
TRENTON NJ 08625-0334
Telephone: (609) 984-1250

If you have questions about any of USDA's nutrition assistance programs, check the information on the USDA web site, <http://www.fns.usda.gov/>.

Issued October 1981
Revised AUGUST 2013

TLtj/4A-Fact Sheet-Child Day Care 9-8-13

