JERSEY FRESH FARM TO SCHOOL SPIRIT WEEK
SEPT. 26TH - 30TH, 2022

Inside this issue:
- Spirit Week
- Top Tomato
- Volunteer Ambassador
- Upcoming Workshops
- Jersey Tastes! Activity Center
- Follow Us

Muddy Monday
- Plant seeds and watch them grow!

Tasting Tuesday
- Feature Jersey Fresh produce in a tasting or on the menu

Traveling Thursday
- Map out how far your lunch food has traveled or plan a Farm to Table lunch using a NJ map

Wellness Wednesday
- Become a "Farm to School" chef - use MyPlate and NJ Seasonality Chart & show us the menu you created

Farmer Friday
- Dress up as a farmer or tell us about your favorite NJ Farm or Farm Market
"Back where I come from, there are men who do nothing all day but good deeds, they are called phila...er, phila...er, yes, er, Good Deed Doers." (The Wizard of Oz)

Debbie Fisher, Lead of Sussex County Child Health Crisis Workgroup, is not only a “Good Deed Doer” herself, but she has found a way to bring together several different “Good Deed Doers” in Sussex County. The Sussex County Workgroup is comprised of representatives from 17 agencies/organizations and school districts all working toward the common goal of supporting the health and the well-being of children. Their mission is to provide resources, professional development, and practical solutions to school districts and families.

How does their mission translate to practical solutions? One example is the partnership the Workgroup has created with the Food Shed Alliance, to glean fruits and vegetables from Sussex County farms and have “Pop-Up Markets” throughout the county. The “Pop-Up Markets” provide fresh produce, recipes, and nutritional information directly to the community.

To find out more about the “Good Deed Doers” of Sussex County visit: NJ Health Matters

NJ FARM TO SCHOOL VOLUNTEER AMBASSADORS:

"I LOVE sauerkraut, I'm gonna eat it on my hotdog every time now," said Sara, age 5. The excitement the preschoolers had for cabbage could bring a smile to even the most skeptical veggie eater. This summer, NJ Farm to School Volunteer Ambassadors test piloted a new Farm to School high school volunteer program and sauerkraut wasn't the only item on the menu. The preschoolers got their hands dirty with cabbage science experiments, gardening, and sunflower seed dissection.
FARM TO SCHOOL
Beginner Farm to School Professional Development workshop registration is now open!
October 12, 2022 Click Here to register in North Jersey
October 18, 2022 Click Here to register in South Jersey

FARM TO ADULT CARE:
Are you looking for new activities for your program?
Farm to Adult Care will be hosting a "Beginner’s Farm to Adult Care" webinar on
November 15, 2022 at 10am.
Click Here to find out more and register for the event.

Jersey Tastes! Monthly Activity Center

September

October

November

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#F2SWEEK #JERSEYTASTES
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