STATE OF NEW JERSEY
CIVIL SERVICE COMMISSION
EMPLOYEE ADVISORY SERVICE
Support • Empowerment • Growth

FAQ

IS EAS A VOLUNTARY PROGRAM?
Yes, the decision to participate is up to the employee. However, management can refer an employee to EAS in certain situations, i.e., poor work performance, absenteeism, inappropriate work behavior or other causes for concern.can request our services. Ask your Human Resources Department to schedule an information session for your team today.

ARE ALL SERVICES CONFIDENTIAL?
Your privacy is important to us. Your confidentiality is protected by state and federal law and regulations. All of the services offered are guided by professional and ethical standards. EAS staff may not release details of your need for services without your prior written consent. Information concerning the date and time of your appointments and referrals can be released to your Human Resource Office.

HOW ARE SERVICES SCHEDULED?
Employees who make a self-referral or who are referred to EAS will be scheduled for an intake/assessment with a counselor which should take approximately 45 minutes. When referred to EAS by an Appointing Authority, employees shall be given time off with pay for the intake and evaluation visits. For other situations and visits, arrangements shall be set by the employee and appointing authority, which may include use of available sick or other leave.

Contact us to schedule a confidential appointment or to speak to a Mental Health Specialist.

NUMBER: 866-327-9133

EMAIL: EAS_HELP@CSC.NJ.GOV

WEB:
www.nj.gov/csc/employees/advisory/

