



TRUST CONSULTATION

The TRUST consultation is a comprehensive, 60-minute, virtual meeting designed to provide organizations with valuable insights into their current work structure through a trauma informed lens. During this session, participants will have the opportunity to review their TRUST survey results, gain a clearer understanding of their organization's strengths, and identify next steps.

The consultation begins with a detailed review of the survey results, highlighting key findings and patterns. Based on the Substance Abuse and Mental Health Service Administration's (SAMHSA) 10 Domains of Trauma Informed Approaches, this analysis allows for an open discussion about what the organization is currently doing well and where there are opportunities for growth, as the organization incorporates trauma-informed principles to create a more supportive and effective environment.

Following the review, the session shifts focus to pinpointing specific areas for improvement. By leveraging the data from the TRUST survey as well as your organizational insights, the consultation facilitates a targeted approach to identifying domains that would be best suited for integrating trauma informed principles.

The consultation concludes by establishing potential next steps. With the insights gained, participants discuss a plan to address the identified gaps and reinforce strengths. These next steps serve as a roadmap for the organization's journey toward enhanced resilience and effectiveness.

Throughout the consultation, the facilitator provides expert guidance, ensuring that the discussion remains focused and productive. This process is collaborative, and all team members are encouraged to contribute to shaping the direction of improvement and sustainable success.



TRUST COACHING

The Office of Resilience (OOR) offers professional coaching services designed to support organizations that have completed the TRUST survey and identifies areas for growth within their practice. The coaching program extends up to one year and consists of quarterly, 90-minute virtual sessions dedicated to helping organizations create and implement an improvement plan grounded in trauma-informed approaches and Continuous Quality Improvement (CQI) principles.

The OOR coach will help:

- Craft a tailored improvement plan that addresses the organization's unique needs, goals, and areas for growth.
- Implement trauma-informed strategies that are aligned with organizational culture.
- Monitor progress and outcomes to identify strengths, barriers, and opportunities, ensuring continuous improvement.
- Adjust plans as necessary to maintain momentum and ensure alignment with the organization's intended outcomes.
- Develop a strategy to ensure long-term sustainability of the improvements and successes achieved, embedding practices into the organization's ongoing operations.

The quarterly coaching sessions foster collaboration, shared learning, and accountability, helping organizations achieve their defined goals and nurture a supportive, healing-centered environment for staff and the people they serve.