

From Trauma to Healing: Healing-Centered Approaches to Trauma in Families and Communities

This 10-week fully online and interactive course offers a comprehensive exploration of healing-centered approaches to addressing trauma, in families and communities, within a context of social justice. Moving beyond traditional trauma-informed care, the curriculum emphasizes a practice-shift towards recognizing and nurturing the inherent strength and resilience of individuals, families, and communities affected by trauma.

Course Term & Fee

June 16 – August 24, 2025 (10 Weeks)
\$550

Course Highlights:

- Gain a deep understanding of Positive and Adverse Childhood Experiences (PACES) science; examine how early experiences shape brain development, and explore long-term outcomes of trauma across generations
- Learn about pioneering research on neurobiological responses to trauma with practical applications tailored for family and community contexts
- Be guided by a trauma-certified, licensed mental health professional and faculty in the department of Family Science & Human Development
- Special attention is given to cultural humility, intersectionality, and the impact of structural racism on trauma experiences
- Develop culturally responsive skills to support healing within family systems and community structures
- Earn CEUs and a micro-credential certificate from the Department of Children and Families' Office of Resilience and Montclair State University



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Limited spots available!



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