



OFFICE OF RESILIENCE (OOR)

THE OFFICE OF RESILIENCE (OOR) is an incubator and advocate for community-informed solutions, grounded in positive and adverse childhood experiences science, that helps to create a healing-centered ecosystem where all NJ residents can thrive. OOR is located within the NJ Department of Children and Families, with partnerships in the government, non-profit, philanthropic and private sectors.

OUR KEY INITIATIVES



FOUNDATIONS TRAINING



CONSULTATION



TRUST SURVEYS



COACHING



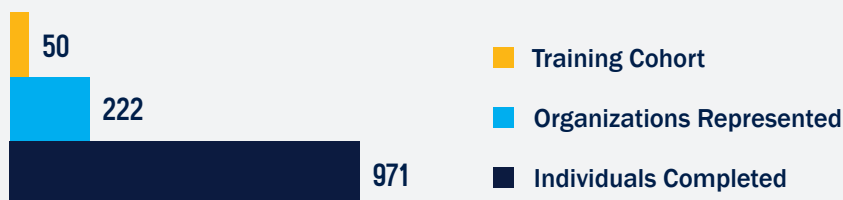
HEALING & RESILIENT NJ

This report outlines OOR key initiatives and deliverables through 6.15.26.



FOUNDATIONS OF TRAUMA, RESILIENCE, AND HEALING-CENTERED STRATEGIES is an 8-hour, free training on trauma-informed principles, concepts of resilience, and healing-centered cultures. OOR provides this training at no cost, as well as a train-the-trainer model for qualified candidates to expand community reach and impact.

FOUNDATIONS TRAINING



400 HOURS OF TRAINING

29 TRAINERS TRAINED



CONSULTATION SESSIONS. OOR serves as a thought partner with organizations, divisions or agencies interested in gaining insights into their current work structure through a trauma-informed lens. To date, we have consulted with over **120 UNIQUE ORGANIZATIONS**.



Agency Consultation
Community Outreach



THE TRAUMA RESPONSIVE UNDERSTANDING SELF-ASSESSMENT TOOL (TRUST).

OOR facilitates free access to a self-administered survey tool that provides a snapshot of the prevalence of trauma informed principles within an organization. Registered organizations receive results directly and can request individualized consultation sessions to review their results.

TRUST SURVEY ENGAGEMENT



40

ORGANIZATIONS



646

PARTICIPANTS



COACHING. Grounded in trauma-informed approaches and Continuous Quality Improvement (CQI) principles, OOR walks alongside organizations in implementing change management principles as well as creating and implementing improvement plans. Based on survey results, organizations select areas to enhance their practices.



13

ORGANIZATIONS



7

**UNIQUE
IMPROVEMENT
PLANS**

COACHING SESSIONS



DOMAINS SELECTED FOR COACHING





HEALING & RESILIENT NJ was developed by the Department of Children & Families, Office of Resilience to serve as an online hub that provides helpful, easy-to-use tools, resources, data, education, tips, and guidance that create safe and caring spaces for all to grow stronger and achieve positive outcomes. HRNJ envisions all New Jersey residents being empowered with the skills and resources they need to be resilient, enabling adaptation in the face of adversity and healing from trauma. Recognizing the impact of Adverse Childhood Experiences (ACEs) on health and well-being across the lifespan, Healing & Resilient NJ seeks to promote Positive Childhood Experiences (PCEs) to foster safe and stable nurturing relationships for all New Jersey children, thereby mitigating the long-term effects of ACEs.



SINCE ITS LAUNCH IN DECEMBER 2025, HRNJ HAS OVER...



13,000
WEBSITE VISITS

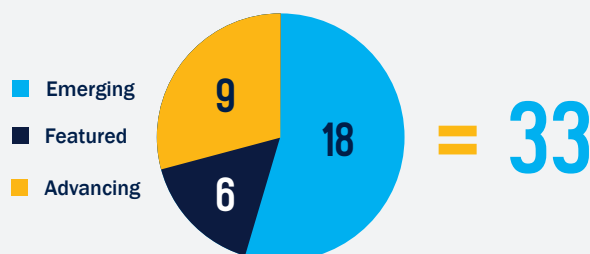


520
REGISTERED USERS

THE RESILIENCE ROOM is a virtual space of tools and practices curated to support journeys toward wellbeing. It is our most visited page with over...

1,500 VISITORS

SERVICE DIRECTORY ENTRIES



The service directory lists organizations that are integrating trauma informed practices in their work, each listed by their stage in the journey—emerging, featured, or advancing. Learn more at [HRNJ Service Directory](#).