



New Jersey Department of Environmental Protection

Barnegat Bay Blitz 2013

Tips for **Participating** in a Local Blitz Cleanup

Your interest in participating in a local Blitz cleanup is greatly appreciated! Please review the tips below in advance so that the cleanup is a safe and positive experience for you.

- **Contact the DEP Blitz Captain** for your municipality that you live in or want to volunteer in, make them aware of your interests, and provide them with your name and contact info. You will be assigned to a local cleanup coordinator or to report to a specific cleanup site.
- **Wear gloves** when picking up litter -- bring work gloves or obtain gloves from coordinator.
- **Wear closed-toe, flat-heeled shoes or boots** -- not sandals, flip-flops or clogs.
- **Dress appropriately** and be prepared for the weather.
- **Long-sleeved shirts and pants are preferred**, to prevent scratches, insect bites, etc.
- **Bring water and food** if you plan to be outdoors for awhile.
- **Bring a digital camera** to help document the cleanup (site, what is collected, people in action, etc.)
- **Bring appropriate medicine** if you are allergic to bee stings, spider bites, etc.
- **Do not risk injury** -- avoid slippery, unstable, rocky and steep areas.
- **Be alert** for poison ivy, brambles, snakes, spiders and insects.
- **Back away from animals**, hives and holes and avoid poking or aggravating them.
- **Avoid picking up large, bulky or heavy items**, such as tires, appliances or furniture.
- **Avoid stepping on**, or picking up nails or broken glass.
- **Avoid picking up hazardous materials**, such as syringes and unmarked containers.
- **Separate recyclable items from trash** by carrying at least two trash bags with you.
- **Avoid wearing headsets**, work in pairs or groups, and look up often to see where others are.
- **Tell the cleanup coordinator** if heavy items or potentially hazardous materials are found.
- **Tie filled trash bags securely** and do not overfill them, to avoid rips.
- **Park your vehicle off-road** and at least 6 feet from traffic areas.
- **Use crosswalks and traffic signals** where available.
- **Face oncoming traffic** and clean one side of a road at a time.
- **Respect private property** -- do not go onto property that is marked, fenced in or gated.