

## Healthcare Heroes at Home

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### Find Healthcare Heroes in History

Download “Healthcare Heroes in History” from Highlights from our Historians. Meet healthcare heroes who made history in State Parks, Forests & Historic Sites throughout New Jersey.

Find or download a map of New Jersey. Can you find the State Parks and Historic Sites where healthcare heroes worked and lived? Which one is closest to your home? Not sure – try using the trail tracker app to locate them: <https://www.njparksandforests.org/map.html>.



- Liberty State Park, **Jersey City, Hudson County**
- Princeton Battlefield State Park, **Princeton, Mercer County**
- Monmouth Battlefield State Park, **Manalapan, Monmouth County**
- Delaware & Raritan Canal State Park, **Burlington, Hunderton, Mercer, Middlesex, & Somerset Counties**
- Dr. James Still Historic Office & Education Center, **Medford, Burlington County**
- Hancock House State Historic Site, **Hancock’s Bridge, Salem County**
- Walt Whitman House State Historic Site, **Camden, Camden County**

### Find Healthcare Heroes at Home

Healthcare heroes are making history in New Jersey today. Think about the healthcare heroes in your life. Who provides healthcare to others? Who provides essential care to you? They are nurses, doctors, and medical staff at hospitals and doctor’s offices but they are also essential workers at grocery stores, restaurants, schools, libraries, and parks and family and friends caring for you at home.

Choose a healthcare hero you know and ask for an interview. If you cannot meet in person, you may wish to talk over the phone or online. Ask questions about the work your healthcare hero provides and how the health emergency has affected that work.

- What is your job?
- How has the health emergency affected your job?
- What makes you nervous or anxious about your work?
- What makes you hopeful or determined to carry on your work?

Draw a picture or take a photograph of your healthcare hero. Write a short paragraph about your healthcare hero like the “Healthcare Heroes in History” from Highlights from our Historians.

If your healthcare hero agrees, ask an adult for permission to share a picture and paragraph about your healthcare hero online. Use #NJThanksYou to thank your hero for helping New Jersey.

