TRAIL SENSE AND SAFETY

**Trail Markings:** Official trails are marked with colored blazes on plastic posts, or with painted disks or markers on trees. Please keep the trails safe for everyone; do not alter the trail markings in any way. Entrances to the trails are well-defined and numbered. Pet owners are responsible for cleaning up after their pets. Bring water, snacks, and sunscreen with you, and carry a fully charged cell phone.

**Be Prepared:** Consider bringing water, snacks, sun and bug screen, and a hat. Check the weather before you go, dress appropriately, and tell someone where you intend to hike and when you expect to return.

**Pets:** Pets must always be on a leash no longer than six feet in length and under the control of the owner at all times. Please clean up after your pets and take the waste with you.

**Keep It Clean and Green:** Bring a bag or two and carry your trash out with you. Trash cans are not provided. Don’t forget to recycle!

**Tick Protection:** Bring insect repellent, wear light-colored clothing, tuck pants into socks, stay on trails, check yourself thoroughly, shower and launder your clothes immediately.

**Report trail issues to park office:** 732-566-2611

**Emergency numbers:** 1-877-WARN-DEP (1-877-927-6337), or 911