TRAILS OF JENNY JUMP STATE FOREST

There are 7 official trails within Jenny Jump State Forest. Most of the trails are located near the camping area at the northern end of the forest. One trail is located in the southern portion of the forest and travels the hillsides around Mountain Lake. Jenny Jump Trail, the longest trail, traverses Jenny Jump Mountain.

Ghost Lake Trail
Blue • 1.8 miles • Hiking
Easy • Trail across hillsides above Ghost Lake
Headquarters Parking pull-off on west side of Twenty-Seven Road. Ghost Lake Trailhead begins south from Ghost Lake on a gravel road and turns west into the forest. The trail curves along the south side of the lake, crosses an earthen dam, then proceeds uphill on a rocky two-track. Ghost Lake Trailhead continues west climbing a broad hillside among hardwood trees and large boulder piles. The trail flattens and turns north for 0.25 miles until it turns back to the south. Near the top of a ridge, the trail passes a clearing and the remains of an old building with scenic views of the east. After passing the scenic overlook, the trail turns west again and makes another steep climb up a hillside to reach a ridge. The trail continues to wind through a rocky forest and intersects with Summit Trail.

Jenny Jump Trail
Light blue • 5.6 miles • Hiking
Moderate • Cross country trail through forest
Headquarters Trailhead State Park southwest of the park office. Jenny Jump Trail is the longest trail in the forest. Starting from State Park Road south of the park offices, the trail travels south along a series of ridgelines of the Jenny Jump Mountains. At Lake Just-Is, the trail turns west and intersects with Mountain Lake Trail. Turning south again, the trail ends as it leads onto Mountain Lake Road.

Mountain Lake Trail
Yellow • 0.5 miles • Hiking
Moderate • Trail leads uphill from Mountain Lake Trailhead Parking pull-off on Lakeside Drive
North. Mountain Lake Trail begins next to a spring house and travels north from the road on single-track. As it continues uphill, the trail stays within a shallow creek ravine until joining with Jenny Jump Trail.

Orchard Trail
White • 0.75 miles • Hiking
Easy • Trail along meadow edge
Trailhead East Road near camping area. Orchard Trail leaves East Road and heads downhill on a single-track trail. As the trail begins to flatten out, it follows a forested edge next to a large open meadow. Continuing southwest along the forest edge, the trail first joins with a wide gravel road, then joins with State Park Road near the forest office.

Spring Trail
Dark blue • 0.85 miles • Hiking
Moderate • Forested trail along hillside
Headquarters Notch parking lot. Spring Trail begins on a gravel road next to a spring house. After 200 feet, the trail narrows to single-track. Spring Trail travels parallel to and downhill from Summit Trail for most of its length. As it continues along the hillside, the trail passes among large boulder piles. Turning northwest, it begins a short, steep ascent to the ridge and intersects with Summit Trail. Spring Trail descends and ends where it joins with Swamp Trail.

Summit Trail
Yellow • 1.2 miles • Hiking
Moderate • Trail along ridge
Headquarters Notch parking lot next to camping area bedroom. Summit Trail begins on a gravel woods road and travels up a short hill sharing the path with Swamp Trail for 500 feet. Summit Trail turns to a dirt woods road and turns right at the trail junction to begin a gradual climb on a rocky two-track. The trail begins to flatten as it reaches the ridgegline with scenic views to the east and west. At the north end of the ridge, Summit Trail crosses Spring Trail and continues north along the forest boundary. At its northernmost point, Summit Trail intersects with Ghost Lake Trail near East Road.