**Notice of Right to Examine [Policy].** Within 30 days after delivery of this [Policy] to You, You may return it to Us for a full refund of any Premium paid, less benefits paid. The [Policy] will be deemed void from the beginning.

# [CARRIER]

# INDIVIDUAL BASIC AND ESSENTIAL HEALTH CARE SERVICES PLAN

As required by P.L. 2001, c. 368

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# **EFFECTIVE DATE OF [POLICY]:** [January 1, 2009]

**Renewal Provision.** Subject to all [Policy] terms and provisions, including those describing Termination of the [Policy], You may renew and keep this Policy in force by paying the premiums as they become due. We agree to pay benefits under the terms and provisions of this Policy.

In consideration of the application for this [Policy] and of the payment of premiums as stated herein, We agree to pay benefits in accordance with and subject to the terms of this [Policy]. This [Policy] is delivered in New Jersey and is governed by the laws thereof.

This [Policy] takes effect on the Effective Date, if it is duly attested below. It continues as long as the required premiums are paid, unless it ends as described in the **General Provisions** section.

THIS POLICY IS A LIMITED BENEFITS PLAN AND DOES **NOT** PROVIDE COMPREHENSIVE MAJOR MEDICAL COVERAGE

[Include legal name, trade name, phone, fax and e-mail numbers by which consumers may contact the carrier, including at least one toll-free number for Covered Persons]]

# TABLE OF CONTENTS Section Page **DEFINITIONS ELIGIBILITY COVERAGE SCHEDULE** [CONTINUATION OF CARE] BENEFIT DEDUCTIBLES, COPAYMENTS AND COINSURANCE **COVERED CHARGES UTILIZATION REVIEW** SPECIALTY CASE MANAGEMENT **EXCLUSIONS** [CLAIMS PROCEDURES] APPEALS PROCEDURE **GRIEVANCE PROCEDURE** [MEMBER PROVISIONS]

COORDINATION OF BENEFITS WITH MEDICARE

SERVICES FOR AUTOMOBILE RELATED INJURIES

**GENERAL PROVISIONS** 

# **DEFINITIONS**

The words shown below have specific meanings when used in this [Policy]. Please read these definitions carefully. Throughout the [Policy], these defined terms appear with their initial letters capitalized. They will help You to understand Your benefits under this [Policy].

ACCREDITED SCHOOL. A school approved by a nationally recognized accrediting association, such as one of the following regional accrediting agencies: Middle States Association of Colleges and Schools, New England Association of Schools and Colleges, North Central Association of Colleges and Schools, Northwest Association of Schools and Colleges, Southern Association of Colleges and Schools, or Western Association of Schools and Colleges. An accredited school also includes a proprietary institution approved by an agency responsible for issuing certificates or licenses to graduates of such an institution.

**ALCOHOL ABUSE.** Abuse of or addiction to alcohol. Alcohol Abuse does **not** include abuse of or addiction to drugs. Please see the definition of Substance Abuse.

**ALLOWED CHARGE.** An amount that is not more than the [lesser of:

• the] allowance for the service or supply as determined by Us based on a standard approved by the Board[; or

[• the negotiated fee schedule.]

The Board will decide a standard for what is considered an Allowed Charge under this Policy. For charges that are not determined by a negotiated fee schedule, the Covered Person may be billed for the difference between the Allowed Charge and the charge billed by the Provider.

Please note: The Coordination of Benefits and Services provision includes a distinct definition of Allowed Charge.

[Note to carriers: Carriers that issue this plan as an HMO may omit this definition.]

**AMBULANCE.** A certified transportation vehicle for transporting Ill or Injured people that contains all life-saving equipment and staff as required by state and local law.

**ANNIVERSARY DATE.** The date which is one year from the Effective Date of this [Policy] and each succeeding yearly date thereafter.

**BIOLOGICALLY-BASED MENTAL ILLNESS**. A mental or nervous condition that is caused by a biological disorder of the brain and results in a clinically significant or psychological syndrome or pattern that substantially limits the functioning of the person with the illness, including but not limited to: schizophrenia; schizoaffective disorder; major depressive disorder; bipolar disorder; paranoia and other psychotic disorders; obsessive-compulsive disorder; panic disorder and pervasive developmental disorder or autism.

**BIRTHING CENTER.** A Facility which mainly provides care and treatment during uncomplicated pregnancy, routine full-term delivery, and the immediate post-partum period.

**CALENDAR YEAR.** Each successive twelve-month period starting on January 1 and ending on December 31.

**[CARE MANAGER.** An entity designated by Us to manage, assess, coordinate, direct and authorize the appropriate level of treatment.] [Note to carriers: Include if issued as a managed care plan that uses care managers.]

**CASH DEDUCTIBLE** (**OR DEDUCTIBLE**). The amount of Covered Charges that You must pay before this [Policy] pays any benefits for such charges. The Deductible is shown in the Coverage Schedule. The Cash Deductible does not include Coinsurance, Copayments and Non-Covered Charges. See the "Cash Deductible" provision of this [Policy] for details.

**CHURCH PLAN.** Has the same meaning given that term under Title I, section 3 of Pub.L.93-406, the "Employee Retirement Income Security Act of 1974"

**COINSURANCE.** The percentage of a Covered Charge that must be paid by You, as shown in the Coverage Schedule. Coinsurance does **not** include Cash Deductibles, Copayments or Non-Covered Charges.

**COPAYMENT.** A specified dollar amount which You must pay for certain Covered Charges. [You may be required to pay an amount in excess of the Copayment if the charge the Provider bills exceeds the Reasonable and Customary Charge, or if Coinsurance applies to the service.]

**COSMETIC SURGERY OR PROCEDURE.** Any surgery or procedure which involves physical appearance, but which does not correct or materially improve a physiological function and is not Medically Necessary and Appropriate.

**[COVERED CHARGE.** The Allowed Charge for the types of services and supplies described in this [Policy]. The services and supplies must be:

- a) furnished or ordered by a recognized health care Provider;
- b) Medically Necessary and Appropriate to diagnose or treat an Illness or Injury or provide wellness care;
- c) accepted by a professional medical society in the United States as beneficial for the control or cure of the Illness or Injury being treated; and
- d) furnished within the framework of generally accepted methods of medical management currently used in the United States.

A Covered Charge is incurred by You while You are insured by this [Policy]. Read the entire [Policy] to find out what We limit or exclude.] [Note to carriers: Include if issued as a non HMO-based plan. HMO based plans should use the Covered Services or Supplies text that follows.]

**COVERED PERSON.** An Eligible Person who is insured under this [Policy]. Throughout this [Policy], Covered Person is often referred to using "You" and "Your."

**[COVERED SERVICES OR SUPPLIES.** The types of services and supplies described in this Contract. The services and supplies must be:

- a) furnished or ordered by a recognized health care Provider;
- b) Medically Necessary and Appropriate to diagnose or treat an Illness or Injury or provide wellness care;
- c) accepted by a professional medical society in the United States as beneficial for the control or cure of the Illness or Injury being treated; and

Furnished within the framework of generally accepted methods of medical management currently used in the United States.] [Note to carriers: Include if issued as an HMO-based plan. Non-HMO based plans should use the Covered Services or Supplies text that appears above.]

Read the entire Contract to find out what We limit or exclude. [Note to carriers: Include if issued as an HMO-based plan.]

**CREDITABLE COVERAGE.** With respect to an individual, coverage of the individual under any of the following: a Group Health Plan; a group or individual Health Benefits Plan; Part A or Part B of Title XVIII of the federal Social Security Act (Medicare); Title XIX of the federal Social Security Act (Medicaid), other than coverage consisting solely of benefits under section 1928 of Title XIX of the federal Social Security Act (the program for distribution of pediatric vaccines); chapter 55 of Title 10, United States Code (medical and dental care for members and certain former members of the uniformed services and their dependents); a medical care program of the Indian Health Service or of a tribal organization; a state health benefits risk pool; a health plan offered under chapter 89 of Title 5, United States Code; a Public Health Plan as defined by federal regulation (Please refer to the definition of Public Health Plan in this Policy and note the different meaning of the term with respect to a Federally Defined Eligible Individual and a person who is not a Federally Defined Eligible Individual); ; a health benefits plan under section 5(e) of the "Peace Corps Act"; or coverage under any other type of plan as set forth by the Commissioner of Banking and Insurance by regulation.

Creditable Coverage does not include coverage which consists solely of the following: coverage only for accident or disability income insurance, or any combination thereof; coverage issued as a supplement to liability insurance; liability insurance, including general liability insurance and automobile liability insurance; workers' compensation or similar insurance; automobile medical payment insurance; credit only insurance; coverage for on-site medical clinics; coverage as specified in federal regulation, under which benefits for medical care are secondary or incidental to the insurance benefits; and other coverage expressly excluded from the definition of Health Benefits Plan.

**CURRENT PROCEDURAL TERMINOLOGY** (C.P.T.). The most recent edition of an annually revised listing published by the American Medical Association which assigns numerical codes to procedures and categories of medical care.

**CUSTODIAL CARE.** Any service or supply, including room and board, which:

- a) is furnished mainly to help You meet Your routine daily needs; or
- b) can be furnished by someone who has no professional health care training or skills.

Even if you are in a Hospital or other recognized facility, We do not pay for that part of the care which is mainly custodial.

# **DEPENDENT.** Your:

- a) Spouse;
- b) unmarried Dependent child who is under age 19; and
- c) unmarried Dependent child from age 19 until his or her 23rd birthday, who is enrolled as a full-time student at an Accredited School. Full-time student status will be as defined by the Accredited School. We can require periodic proof of a Dependent child's status as a full-time student.

Under certain circumstances, an incapacitated child is also a Dependent. See the **Eligibility** section of this Policy.

Your "unmarried Dependent child" includes:

- a) Your biological child,
- b) Your legally adopted child,
- c) Your step-child,
- d) The child of Your civil union partner,
- e) the child of Your Domestic Partner if the child depends on You for most of his or her support and maintenance, and
- f) children under a court appointed guardianship.

We treat a child as legally adopted from the time the child is placed in the home for purpose of adoption. We treat such a child this way whether or not a final adoption order is ever issued. Also, any other child over whom You have legal custody or legal guardianship or with whom You have a legal relationship or a blood relationship is considered a Dependent Child under this Policy provided the child depends on You for most of the Child's support and maintenance and resides in Your household. (We may require that You submit proof of legal custody, legal guardianship, support and maintenance, residency in Your household, blood relationship or legal relationship, in Our Discretion.)

A Dependent does not include a person who is on active duty in the armed forces of any country.

A Dependent does not include a person who resides in a foreign country. However, this does not apply to a person who is attending an Accredited School in a foreign country who is enrolled as a student for up to one year at a time.

At Our discretion, We can require proof that a person meets the definition of a Dependent.

**DIAGNOSTIC SERVICES.** Procedures ordered by a recognized Provider because of specific symptoms to diagnose a specific condition or disease. Some examples are:

- a) radiology, ultrasound, and nuclear medicine;
- b) laboratory and pathology; and
- c) EKG's, EEG's, and other electronic diagnostic tests.

Except as allowed under the Wellness benefit provision of this [Policy], Diagnostic Services are not covered under this [Policy] if the procedures are ordered as part of a routine or periodic physical examination or screening examination.

**DISCRETION / DETERMINATION / DETERMINE.** Our right to make a decision or determination. Our decision will be applied in a reasonable and non-discriminatory manner.

**DOMESTIC PARTNER.** As used in this [Policy] and pursuant to P.L. 2003, c. 246, means an individual who is age 18 or older who is the same sex as the [Policyholder], and has established a domestic partnership with the [Policyholder] by filing an affidavit of domestic partnership and obtaining a certificate of domestic partnership from their local registrar.

# **DURABLE MEDICAL EQUIPMENT.** Equipment We Determine to be:

- a) designed and able to withstand repeated use;
- b) used primarily for a medical purpose;
- c) mainly and customarily used to serve a medical purpose;
- d) suitable for use in the home.

Durable Medical Equipment includes, but is not limited to, apnea monitors, breathing equipment, Hospital-type beds, walkers, and wheelchairs.

Durable Medical Equipment does not include: adjustments made to vehicles, air conditioners, air purifiers, humidifiers, dehumidifiers, elevators, ramps, stair glides, Emergency Alert equipment, handrails, heat appliances, improvements made to Your home or place of business, waterbeds, whirlpool baths, exercise and massage equipment.

**EFFECTIVE DATE.** The date on which coverage begins under this [Policy] for the [Policyholder], or the date coverage begins under this [Policy] for Your or Your Dependent, as the context in which the term is used suggests.

**ELIGIBLE PERSON**. A person who is a Resident of New Jersey who is not eligible to be covered under a Group Health Benefits Plan, Group Health Plan, Governmental Plan, Church Plan, or Part A or Part B of Title XVIII of the federal Social Security Act (42 U.S.C. § 1395 et. seq.) (Medicare).

**EMERGENCY.** A medical condition manifesting itself by acute symptoms of sufficient severity including, but not limited to, severe pain, psychiatric disturbances and/or symptoms of Substance Abuse such that a prudent layperson, who possesses an average knowledge of health and medicine, could expect the absence of immediate medical attention to result in: placing the health of the individual (or with respect to a pregnant woman, the health of the woman or her unborn child) in serious jeopardy; serious impairment to bodily functions; or serious dysfunction of a bodily organ or part. With respect to a pregnant woman who is having contractions, an emergency exists where: there is inadequate time to effect a safe transfer to another Hospital before delivery; or the transfer may pose a threat to the health or safety of the woman or unborn child.

**ENROLLMENT DATE.** With respect to a Federally Defined Eligible Individual means the date the person submits a substantially complete application for coverage. With respect to all other persons, Enrollment Date means the Effective Date of coverage under this Contract for the person.

# EXPERIMENTAL or INVESTIGATIONAL.

Services or supplies, including treatments, procedures, Hospitalizations, drugs, biological products or medical devices, which We Determine are:

- a) not of proven benefit for the particular diagnosis or treatment of Your particular condition; or
- b) not generally recognized by the medical community as effective or appropriate for the particular diagnosis or treatment of Your particular condition; or
- c) provided or performed in special settings for research purposes or under a controlled environment or clinical protocol.

Unless otherwise required by law with respect to drugs which have been prescribed for treatment for which the drug has not been approved by the United States Food and Drug Administration (FDA), We will not cover any services or supplies, including treatment, procedures, drugs, biological products or medical devices or any Hospitalizations in connection with Experimental or Investigational services or supplies.

We will also not cover any technology or any Hospitalization in connection with such technology if such technology is obsolete or ineffective and is not used generally by the medical community for the particular diagnosis or treatment of Your particular condition.

Governmental approval of a technology is not necessarily sufficient to render it of proven benefit or appropriate or effective for a particular diagnosis or treatment of Your particular condition as explained below.

We will apply the following five criteria in Determining whether services or supplies are Experimental or Investigational:

- 1) any medical device, drug, or biological product must have received final approval to market by the United States Food and Drug Administration (FDA) for the particular diagnosis or condition. Any other approval granted as an interim step in the FDA regulatory process, e.g., an Investigational Device Exemption or an Investigational New Drug Exemption, is not sufficient. Once FDA approval has been granted for a particular diagnosis or condition, use of the medical device, drug or biological product for another diagnosis or condition will require that one or more of the following established reference compendia:
- -The American Hospital Formulary Service Drug Information; or
- -The United States Pharmacopeia Drug Information.

recognize the usage as appropriate medical treatment. As an alternative to such recognition in one or more of the compendia, the usage of the drug will be recognized as appropriate if it is recommended by a clinical study or recommended by a review article in a major peer-reviewed professional journal. A medical device, drug, or biological product that meets the above tests will not be considered Experimental or Investigational.

In any event, any drug which the Food and Drug Administration has determined to be contraindicated for the specific treatment for which the drug has been prescribed will be considered Experimental or Investigational.

- 2) conclusive evidence from the published peer-reviewed medical literature must exist that the technology has a definite positive effect on health outcomes; such evidence must include well-designed investigations that have been reproduced by nonaffiliated authoritative sources, with measurable results, backed up by the positive endorsements of national medical bodies or panels regarding scientific efficacy and rationale;
- 3) demonstrated evidence as reflected in the published peer-reviewed medical literature must exist that over time the technology leads to improvement in health outcomes, i.e., the beneficial effects outweigh any harmful effects;
- 4) proof as reflected in the published peer-reviewed medical literature must exist that the technology is at least as effective in improving health outcomes as established technology, or is usable in appropriate clinical contexts in which established technology is not employable; and
- 5) proof as reflected in the published peer-reviewed medical literature must exist that improvements in health outcomes, as defined in paragraph 3, is possible in standard conditions of medical practice, outside clinical investigatory settings.

# **FACILITY.** A place We are required by law to recognize which:

- a) is properly licensed, certified, or accredited to provide health care under the laws of the state in which it operates; and
- b) provides health care services which are within the scope of its license, certificate or accreditation.

# FEDERALLY DEFINED ELIGIBLE INDIVIDUAL. An Eligible Person, as defined:

- a) for whom, as of the date on which he or she seeks coverage under this [Policy], the aggregate of the periods of Creditable Coverage is 18 or more months;
- b) whose most recent prior Creditable Coverage was under a Group Health Plan, Governmental Plan, Church Plan, or health insurance coverage offered in connection with any such plan;
- c) who is not eligible for coverage under a Group Health Plan, Part A or Part B of Title XVIII of the federal Social Security Act (Medicare), or a State plan under Title XIX of the federal Social Security Act (Medicaid) or any successor program and who does not have another Health Benefits Plan, or Hospital or medical service plan;
- d) with respect to whom the most recent coverage within the period of aggregate Creditable Coverage was not terminated based on a factor relating to nonpayment of premiums or fraud;
- e) who, if offered the option of continuation coverage under a COBRA continuation provision or similar State continuation option, elected that continued coverage; and
- f) who has elected continuation coverage described in item "e" above, and has exhausted that continuation coverage.

**GOVERNMENTAL PLAN**. Has the meaning given that term under Title I, section 3 of Pub.L.93-406, the "Employee Retirement Income Security Act of 1974" and any governmental plan established or maintained for its employees by the Government of the United States or by any agency or instrumentality of that government.

**GOVERNMENT HOSPITAL.** A Hospital operated by a government or any of its subdivisions or agencies, including, but not limited to, a Federal, military, state, county or city Hospital.

**GROUP HEALTH BENEFITS PLAN.** A [Policy], program or plan that provides medical benefits to a group of two or more individuals.

**GROUP HEALTH PLAN.** An employee welfare benefit plan, as defined in Title I of section 3 of Pub.L.93-406, the "Employee Retirement Income Security Act of 1974" (29 U.S.C. § 1002(1)) to the extent that the plan provides medical care and includes items and services paid for as medical care to employees or their dependents directly or through insurance, reimbursement or otherwise.

**HEALTH BENEFITS PLAN.** Any hospital and medical expense insurance policy or certificate; health, hospital, or medical service corporation contract or certificate; or health maintenance organization subscriber contract or certificate or any other similar contract, policy, or plan delivered or issued for delivery in New Jersey, not explicitly excluded from the definition of a health benefits plan. Health Benefits Plan does not include one or more, or any combination of the following: coverage only for accident or disability income insurance, or any combination thereof; coverage issued as a supplement to liability insurance; liability insurance, including general liability insurance and automobile liability insurance; stop loss or excess risk insurance; workers' compensation or similar insurance; automobile medical payment insurance; credit-only insurance; coverage for on-site medical clinics; and other similar insurance coverage, as specified in federal regulations, under which benefits for medical care are secondary or incidental to other insurance benefits. Health Benefits Plans shall not include the following benefits if they are provided under a separate policy, certificate or contract of insurance or are otherwise not an integral part of the plan: limited scope dental or vision benefits; benefits for long term care, nursing home care, home health care, community based care, or any combination thereof; and such other similar, limited benefits as are specified in federal regulations. Health Benefits Plan shall not include hospital confinement indemnity coverage if the benefits are provided under a separate policy, certificate or contract of insurance, there is no coordination between the provision of the benefits and any exclusion of benefits under any group Health Benefits Plan maintained by the same Plan Sponsor, and those benefits are paid with respect to an event without regard to whether benefits are provided with respect to such an event under any Group Health Plan maintained by the same Plan Sponsor. Health Benefits Plan shall not include the following if it is offered as a separate policy, certificate or contract of insurance: Medicare supplemental health insurance as defined under section 1882(g)(1) of the federal Social Security Act; and coverage supplemental to the coverage provided under chapter 55 of Title 10, United States Code; and similar supplemental coverage provided to coverage under a Group Health Plan.

**HEALTH STATUS-RELATED FACTOR** Any of the following factors: health status; medical condition, including both physical and mental Illness; claims experience; receipt of health care; medical history; genetic information; evidence of insurability, including conditions arising out of domestic violence; and disability.

**HOSPICE.** A Provider which provides palliative and supportive care for Terminally III or Injured people who are terminally Injured.

**HOSPITAL.** A Facility which mainly provides Inpatient care for Ill or Injured people. We will recognize it if it carries out its stated purpose under all relevant state and local laws, and it is either:

- a) accredited as a Hospital by the Joint Commission; or
- b) approved as a Hospital by Medicare.

Among other things, a Hospital is not a convalescent, rest or nursing home or Facility, or a Facility, or part of it, which mainly provides Custodial Care, educational care or rehabilitative care. A Facility for the aged or for Substance Abusers is not a Hospital. A specialty Facility is also not a Hospital.

**ILLNESS (OR ILL).** A sickness or disease suffered by You or a description of You suffering from a sickness or disease.

**INJURY** (**OR INJURED.**) All damage to Your Body and all complications arising from that damage or a description of You suffering from such damage.

**INPATIENT.** A Covered Person who is physically confined as a registered bed patient in a Hospital or other recognized health care Facility; or services and supplies provided in such settings.

**JOINT COMMISSION.** The Joint Commission on the Accreditation of Health Care Organizations.

**MEDICALLY NECESSARY AND APPROPRIATE.** Services or supplies provided by a recognized health care Provider that We Determine to be:

- a) necessary for the symptoms and diagnosis or treatment of the condition, Illness, or Injury;
- b) provided for the diagnosis or the direct care and treatment of the condition, Illness, or Injury;
- c) in accordance with generally accepted medical practice;
- d) not for Your convenience;
- e) the most appropriate level of medical care that You need; and
- f) furnished within the framework of generally accepted methods of medical management currently used in the United States.

The fact that an attending Practitioner prescribes, orders, recommends or approves the care, the level of care, or the length of time care is to be received, does not make the services Medically Necessary and Appropriate.

**MEDICAID.** The health care program for the needy provided by Title XIX of the Social Security Act, as amended from time to time.

**MEDICARE.** Parts A and B of the health care program for the aged and disabled provided by Title XVIII of the United States Social Security Act, as amended from time to time.

[[NETWORK] [PARTICIPATING] PROVIDER. A Provider which has an agreement with Us [or Our Associated Medical Groups] to provide Covered Services or Supplies.] You will periodically be given up-to-date lists of [Network] Providers. The up-to date lists will be furnished automatically, without charge.] [Note to carriers: Include if issued as a plan with network or participating providers.]

**NON-BIOLOGICALLY-BASED MENTAL ILLNESS**. An Illness which manifests symptoms which are primarily mental or nervous for which the primary treatment is psychotherapy or psychotropic medication where the Illness is not biologically-based.

In Determining whether or not a particular condition is a Non-Biologically-based Mental Illness, We may refer to the current edition of the Diagnostic and Statistical Manual of Mental Conditions of the American Psychiatric Association.

**NON-COVERED CHARGES.** Charges which do not meet Our definition of Covered Charges, or which exceed any of the benefit limits shown in this [Policy], or which are specifically identified as Non-Covered Charges. Utilization Review Penalties are also Non-Covered Charges.

[NON- [NETWORK] [-PARTICIPATING] PROVIDER. A Provider which is not a [Network] [Participating] Provider.] [Note to carriers: Include if issued as a plan with network or participating providers.]

**NURSE.** A registered nurse or licensed practical nurse, including a nursing specialist such as a nurse mid-wife or nurse anesthetist, who:

- a) is properly licensed or certified to provide medical care under the laws of the state where the Nurse practices; and
- b) provides medical services which are within the scope of the Nurse's license or certificate.

**OUTPATIENT.** A person who is **not** confined as a registered bed patient in a Hospital or recognized health care Facility and is not an Inpatient; or services and supplies provided in such Outpatient settings.

**PERIOD OF CONFINEMENT.** Consecutive days of Inpatient services provided to an Inpatient or successive Inpatient confinements due to the same or related causes, when discharge and re-admission to a recognized Facility occurs within 90 days or less. We determine if the cause(s) of the confinements are the same or related.

**[POLICY].** This agreement, [the [Policy] Coverage Schedule,] [Your I.D. card,] any riders, amendments or endorsements, the application signed by You and the Premium schedule.

[POLICY]HOLDER. The person who purchased this [Policy].

**PRACTITIONER**. A person [Carrier] is required by law to recognize who:

- a) is properly licensed or certified to provide care under the laws of the state where he or she practices; and
- b) provides services which are within the scope of his or her license or certificate.

**PRE-EXISTING CONDITION.** An Illness or Injury which manifests itself in the six months before Your coverage under this [Policy] starts, and for which:

- a) You see a Practitioner, take prescribed drugs, receive other medical care or treatment or had medical care or treatment recommended by a Practitioner in the six months before Your Enrollment Date; or
- b) an ordinarily prudent person would have sought medical advice, care or treatment in the six months before his or her Enrollment Date.

A pregnancy which exists on Your Enrollment Date is also a Pre-Existing Condition. However, complications of pregnancy as defined by N.J.A.C. 11:1-4.3 are not considered to be Pre-Existing Conditions and are not subject to Pre-Existing Condition Limitations.

See the section of this [Policy] called "Pre-Existing Condition Limitations" for details on how this [Policy] limits the benefits for Pre-Existing Conditions.

**PRE-EXISTING CONDITION LIMITATION.** With respect to coverage, a limitation or exclusion of benefits relating to a condition based on the fact that the condition was present before the Enrollment Date, whether or not any medical advice, diagnosis, care, or treatment was recommended or received before that date. Genetic information will not be treated as a Pre-Existing Condition in the absence of a diagnosis of the condition related to that information.

**PREMIUM DUE DATE.** The date on which a Premium is due under this [Policy].

**PRESCRIPTION DRUGS.** Drugs, biologicals and compound prescriptions which are sold only by prescription and which are required to show on the manufacturer's label the words: "Caution - Federal Law Prohibits Dispensing Without a Prescription" or other drugs and devices as Determined by Us, such as insulin.

[PRIMARY CARE PHYSICIAN (PCP). A [Network] [Participating] Provider who is a Practitioner specializing in family practice, general practice, internal medicine, [obstetrics/gynecology (for OB/GYN services only),] or pediatrics who supervises, coordinates and provides initial care and basic medical services to a Member; initiates a Member's Referral for Specialist Services; and is responsible for maintaining continuity of patient care.] [Note to carriers: Include if issued as a managed care plan that uses a PCP.]

**PRIVATE DUTY NURSING.** Skilled Nursing Care for Covered Persons who require individualized continuous Skilled Nursing Care provided by a registered nurse or a licensed practical nurse.

**PROVIDER.** A recognized Facility or Practitioner of health care in accordance with the terms of this [Policy].

**PUBLIC HEALTH PLAN.** With respect to a person who is a Federally Defined Eligible Individual means any plan established or maintained by a State, the U.S. government, a foreign country, or any political subdivision of a State, the U.S. government, or a foreign country that provides health coverage to individuals who are enrolled in the plan.

With respect to all other persons, Public Health Plan means any plan established or maintained by a State, the U.S. government, or any political subdivision of a State, or the U.S. government that provides health coverage to individuals who are enrolled in the plan.

[**REFERRAL.** Specific direction or instructions from Your Primary Care Physician [or care manager] in conformance with Our policies and procedures that directs a Covered Person to a Facility or Practitioner for health care.]

[Note to carriers: Carriers that issue this plan as an HMO should include this definition.]

**REHABILITATION CENTER.** A Facility which mainly provides therapeutic and restorative services to Ill or Injured people.

## **RESIDENT**. A person:

- a) whose primary residence is in New Jersey and who is present in New Jersey for at least six months of the Calendar Year; or
- b) in the case of a person who has moved to New Jersey less than six months before applying for coverage, who intends to be present in New Jersey for at least six months of the Calendar Year, except as stated below.

Exception: For a Federally Defined Eligible Individual, We will not require a person to be present in New Jersey for at least six months of the Calendar Year, but We will require a person to provide proof that his or her primary residence is New Jersey.

**ROUTINE FOOT CARE.** The cutting, debridement, trimming, reduction, removal or other care of corns, calluses, flat feet, fallen arches, weak feet, chronic foot strain, dystrophic nails, excrescences, helomas, hyperkeratosis, hypertrophic nails, non-infected ingrown nails, dermatomas, keratosis, onychauxis, onychocryptosis or tylomas. Routine Foot Care also includes orthopedic shoes, foot orthotics and supportive devices for the foot.

**ROUTINE NURSING CARE.** The nursing care customarily furnished by a recognized Facility for the benefit of its Inpatients.

**SKILLED NURSING FACILITY.** A Facility which mainly provides full-time Skilled Nursing Care for Ill or Injured people who do not need to be in a Hospital.

**SPECIAL CARE UNIT.** A part of a Hospital set up for very Ill patients who must be observed constantly. The unit must have a specially trained staff. And it must have special equipment and supplies on hand at all times. Some types of special care units are:

- a) intensive care units;
- b) cardiac care units;
- c) neonatal care units; and
- d) burn units.

**[SPECIALIST PRACTITIONER.** A Practitioner who provides medical care in any generally accepted medical or surgical specialty or sub-specialty.

**SPECIALIST SERVICES.** Medical care in specialties other than family practice, general practice, internal medicine or pediatrics.] [Note to carriers: Include if issued as a managed care plan that uses these terms.]

**SPOUSE.** An individual: legally married to the [Policyholder] under the laws of the State of New Jersey; or the [Policyholder's] Domestic Partner pursuant to P.L. 2003, c. 246; or the [Policyholder's] civil union partner pursuant to P.L. 2006, c. 103, as well as a person legally joined with the [Policyholder] in a same sex relationship in another jurisdiction if such relationship provides substantially all of the rights and benefits of marriage.

**SUBSTANCE ABUSE.** Abuse of or addiction to drugs. Substance Abuse does **not** include abuse of or addiction to alcohol. Please see the definition of Alcoholism.

**SUBSTANCE ABUSE CENTER.** A Facility that mainly provides treatment for Substance Abuse. We will recognize such a place if it carries out its stated purpose under all relevant state and local laws, and it is either:

- a) accredited for its stated purpose by the Joint Commission; or
- b) approved for its stated purpose by Medicare.

### SURGERY.

- a) The performance of generally accepted operative and cutting procedures, including surgical diagnostic procedures, specialized instrumentations, endoscopic examinations, and other invasive procedures;
- b) The correction of fractures and dislocations;
- c) reasonable and customary pre-operative and post-operative care; or
- d) Any of the procedures designated by Current Procedural Terminology codes as Surgery.

**SURGICAL CENTER.** A Facility mainly engaged in performing Outpatient Surgery. It must:

- a) be staffed by Practitioners and Nurses, under the supervision of a Practitioner;
- b) have permanent operating and recovery rooms;
- c) be staffed and equipped to give emergency care; and
- d) have written, back-up arrangements with a local Hospital for Emergency care.

We will recognize it if it carries out its stated purpose under all relevant state and local laws, and it is either:

- a) accredited for its stated purpose by either the Joint Commission or the Accreditation Association for Ambulatory Care;
- b) approved for its stated purpose by Medicare.

A Facility is not a Surgical Center if the Facility is part of a Hospital.

**THERAPEUTIC MANIPULATION.** Treatment of the articulations of the spine and musculoskeletal structures for the purpose of relieving certain abnormal clinical conditions resulting from the impingement upon associated nerves causing discomfort. Some examples are manipulation or adjustment of the spine, hot or cold packs, electrical muscle stimulation, diathermy, skeletal adjustments, massage, adjunctive, ultra-sound, doppler, whirlpool or hydrotherapy or other treatment of similar nature.

**URGENT CARE.** Care for a non-life threatening condition that requires care by a Provider within 24 hours.

WE, US, OUR. [Carrier].

**YOU, YOUR, AND YOURS.** The [Policy]holder and / or any Covered Person, as the context in which the term is used suggests.

# **ELIGIBILITY**

### TYPES OF COVERAGE

A [Policy]holder who completes an application for coverage may elect one of the types of coverage listed below:

- a) **Single Coverage** coverage under this [Policy] for only one person.
- b) Family Coverage coverage under this [Policy] for You and Your Dependents.
- c) Adult and Child(ren) Coverage coverage under this [Policy] for You and all Your Child Dependents or coverage for multiple children residing within the same residence who share a common legal guardian, or for whom there exists a valid support order requiring health benefits coverage whether or not there is an adult who will be provided coverage.
- d) Single and Spouse Coverage coverage under this [Policy] for You and Your Spouse.

### WHO IS ELIGIBLE

- a) The [Policy]holder You, if You are an Eligible Person.
- b) **Spouse** Your Spouse, who is an Eligible Person **except:** a Spouse need not be a Resident;.
- c) **Child** Your Child, who is an Eligible Person and who qualifies as a Dependent, as defined in this [Policy] **except**: a Child need not be a Resident.

You may have an unmarried child with a mental or physical handicap, or developmental disability, who is incapable of earning a living. Subject to all of the terms of this section and the Policy, such a child may stay eligible for Dependent health benefits past this Policy's age limit for eligible Dependents.

The child will stay eligible as long as the child stays unmarried and incapable of earning a living, if: a) the child's condition started before he or she reached this Policy's age limit; b) the child became covered under this Policy or any other policy or contract before the child reached the age limit and stayed continuously covered or covered after reaching such limit; and c) the child depends on You for most of his or her support and maintenance.

But, for the child to stay eligible, You must send Us written proof that the child is incapacitated or developmentally disabled and depends on You for most of his or her support and maintenance. You have 31 days from the date the child reaches the age limit to do this. We can ask for periodic proof that the child's condition continues. But, after two years, We cannot ask for proof more than once a year.

The child's coverage ends when Your coverage ends.

In order to obtain and continue health care coverage with Us, the Covered Person, who is not covered as either a Dependent Spouse or as a Dependent Child, must be a Resident. We reserve the right to require proof that such Covered Person is a Resident.

In order to obtain and continue health care coverage with Us, the Covered Person, who is not covered as either a Dependent Spouse or as a Dependent Child, must be a Resident. We reserve the right to require proof that such Covered Person is a Resident.

# ELIGIBILITY IF YOU HAVE OR ARE ELIGIBLE FOR OTHER COVERAGE

- a) Eligibility If You Are Covered Under Another Individual [Policy] You and/or Your Dependents are eligible for coverage under this [Policy] if this [Policy] replaces another individual [Policy] under which You and/or Your Dependents are covered. You may request termination of the replaced individual [Policy] pursuant to the termination provisions of that plan. We may require proof that the other coverage has been terminated.
- b) Eligibility If You Are Eligible for Coverage Under a Group Health Benefits Plan You and/or Dependents may be eligible for coverage under this [Policy] only during the open enrollment period which occurs each year during the month of November, for an effective date of January 1 of the following year. Consult Us or Your agent for more information.

# ADDING DEPENDENTS TO THIS [POLICY]

a) **Spouse** - You may apply to add Your Spouse by notifying Us in writing at any time. You must submit an application to Us to change Your type of coverage. If Your application is made and submitted to Us within 31 days of Your marriage or documentation of domestic partnership or civil union, he or she will be covered from the date of his or her eligibility.

If We do not receive Your written notice within 31 days of Your Spouse becoming eligible, coverage for Your Spouse will not become effective immediately. Rather, such coverage will become effective on the first of the month following the date Your application is received.

b) **Newborn Children** - We will cover Your newborn child for 31 days from the date of birth without additional premium. Coverage may be continued beyond such 31-day period as stated below:

If You are already covered for Dependent child coverage on the date the child is born, coverage automatically continues beyond the initial 31 days, provided the premium required for Dependent child coverage continues to be paid. You must notify Us of the birth of the newborn child as soon as possible in order that We may properly provide coverage under this Policy.

If You are not covered for Dependent child coverage on the date the child is born, You must: a) give written notice to enroll the newborn child; and b) pay the premium required for Dependent child coverage within 31 days after the date of birth for coverage to continue beyond the initial 31 days.

If the notice is not given and the premium is not paid within such 31-day period, the newborn child's coverage will end at the end of such 31-day period. If the notice is given and the premium paid after that 31-day period, such coverage will become effective on the first day of the month after the date Your application is received.

c) **Child Dependent** - If You have Single or Two Adult Coverage and want to add a Child Dependent, other than a Newborn Child, You must change to Family Coverage or Adult and Child(ren) Coverage. To change coverage, You must submit an application. If Your application is made and submitted to Us within 31 days of the Child's becoming a Dependent, the Child will be covered from the date of his or her eligibility.

Even if You have Family Coverage or Adult and Child(ren) Coverage, however, You must give Us written notice that You wish to add a Child. If Your written notice to add a Child is made and submitted to Us within 31 days of the Child's becoming a Dependent, the Child will be covered from the date of eligibility.

If We do not receive Your written notice within 31 days of Your Dependent's becoming eligible, coverage for that Dependent will not become effective immediately. Rather, such coverage will become effective on the first day of the month after the date Your application is received.

**Please note:** A Child born to Your Child Dependent is not covered under this [Policy] unless the Child is eligible to be covered as Your Dependent, as defined.

# **COVERAGE SCHEDULE**

### **Copayments:**

• Hospital Confinement \$500 per Covered Person per Period

of Confinement

• Inpatient Care for Biologically Based Mental Illness \$500 per Covered person per Period

of Confinement

Outpatient and Ambulatory Surgery
 \$250 per Covered Person per

Surgery

Emergency Room Services
 Outpatient Physical Therapy
 \$100 per Covered Person per Visit
 \$20 per Covered Person per Visit

All other Covered Services and Supplies
 None

[NOTE: You may be required to pay an amount in excess of the above Copayments if the Provider's bill exceeds the Allowed Charge, or if Coinsurance applies to the service.] [Note to carriers: This text should be included when there is a possibility of balance billing.]

### **Deductible:**

• Wellness benefit \$50 per Covered Person per

Calendar Year

• All other Covered Services and Supplies None

# [Policy]holder Coinsurance:

Alcohol and Substance Abuse Inpatient and Outpatient 30%

For Inpatient Care, Coinsurance applies *after* the payment of the Copayment

Biologically Based Mental Illness Outpatient Care 30%

• Wellness Benefit 20%

Coinsurance applies after the payment of the

Deductible

All other Covered Services and Supplies
 NONE

# **Coverage Limits:**

Hospital Confinement
 90 days per Covered Person per

Calendar Year

• Biologically Based Mental Illness

Inpatient Care 90 days per Covered Person per

Calendar Year

Outpatient Care 30 visits per Covered Person per

Calendar Year

Alcohol and Substance Abuse

Inpatient Care 30 days per Covered Person per

Calendar Year

Outpatient Care 30 visits per Covered Person per

Calendar Year

Physical Therapy (Outpatient)
 30 visits per Covered Person per

Calendar Year Unlimited

• All Other Unli

# Daily Room and Board Limits During a Period of Hospital Confinement:

For semi-private room and board accommodations, We cover charges up to the Hospital's actual daily room and board charge.

For private room and board accommodations, We cover charges up to the Hospital's average daily semi-private room and board charge or, if the Hospital does not have semi-private accommodations, 80% of its lowest daily room and board charge.

For Special Care Units, We cover charges up to the Hospital's actual daily room and board charge for the Special Care Unit.

# **Maximum Benefits**

Out-of Hospital diagnostic tests
 \$500 per Covered Person per

Calendar Year

Wellness benefit \$600 per Covered Person per

Calendar Year

• Practitioner visits for injury or sickness \$700 per Covered person per

Calendar Year

• All other services and supplies: Unlimited

# PREMIUM RATES AND PROVISIONS

# **PREMIUM RATES**

[The [monthly] premium rates, in U.S. dollars, for the insurance provided under this [Policy] are [shown in the [Policy]'s Schedule of Premium Rates]:

For Single Coverage.	[\$	]
For Two Adult Coverage	[\$	]
For Family Coverage.	[\$	]
For Single and Spouse Coverage.	[\$	]

We have the right to prospectively change the Premium rate set forth in this [Policy].

# [CONTINUATION OF CARE

We shall provide written notice to each Covered Person at least 30 business days prior to the termination or withdrawal from Our Provider network of a Covered Person's [PCP] and any other Provider from which the Covered Person is currently receiving a course of treatment, as reported to Us. The 30-day prior notice may be waived in cases of immediate termination of a Practitioner based on a breach of contract by the Practitioner, a determination of fraud, or where Our medical director is of the opinion that the Practitioner is an imminent danger to the patient or the public health, safety or welfare.

We shall assure continued coverage of covered services at the contract rate by a terminated Practitioner for up to four months in cases where it is Medically Necessary and Appropriate for the Covered Person to continue treatment with the terminated Practitioner. With respect to pregnancy, Medical Necessity and Appropriateness shall be deemed to have been demonstrated.

For a Covered Person who is receiving post-operative follow-up care, We shall continue to cover the services rendered by the Practitioner for the duration of the treatment or for up to six months, whichever occurs first.

For a Covered Person who is receiving oncological treatment or psychiatric treatment, We shall continue to cover services rendered by the Practitioner for the duration of the treatment or for up to 12 months, whichever occurs first.

For a Covered Person receiving the above services in an acute care Facility, We will continue to provide coverage for services rendered by the Practitioner regardless of whether the acute care Facility is under contract or agreement with Us.

Services shall be provided to the same extent as provided while the Practitioner was employed by or under contact with Us. Reimbursement for services shall be pursuant to the same schedule used to reimburse the Practitioner while the Practitioner was employed by or under contract with Us.

If a Covered Person is admitted to a health care Facility on the date this [Policy] is terminated, We shall continue to provide benefits for the Covered Person until the date the Covered Person is discharged from the Facility or exhaustion of the Covered Person's benefits under this [Policy], whichever occurs first.

We shall not continue services in those instances in which the Practitioner has been terminated based upon the opinion of Our medical director that the Practitioner is an imminent danger to a patient or to the public health, safety and welfare, a determination of fraud or a breach of contract by a Practitioner. The determination of the Medical Necessity and Appropriateness of a Covered Person's continued treatment with a Practitioner shall be subject to the appeal procedures set forth in this [Policy]. We shall not be liable for any inappropriate treatment provided to a Covered Person by a Practitioner who is no longer employed by or under contract with Us.

If We refer a Covered Person to a Non-Network Provider, the service or supply shall be covered as a network service or supply. We are fully responsible for payment to the Practitioner and the Covered Person's liability shall be limited to any applicable Network Copayment, Coinsurance or Deductible for the service or supply.]

[Note: Include this text if the plan is issued as a managed care plan]

### [Service Area]

[Carrier must include a description of the Service Area, as required by N.J.A.C. 11:24-17.3(a)11]

[[Different] providers in Our Network have agreed to be paid [in different ways by Us. A Provider may be paid] [each time he or she treats a Covered Person ("fee for service"] [, or may be paid] [a set fee for each month for each Covered Person whether or not the Covered Person actually receives services ("capitation")] [, or may receive] [a salary]. [These payment methods may include financial incentive agreements to pay some providers more ("bonuses") or less ("withholds") based on many factors: Covered Person satisfaction, quality of care, and control of costs and use of services among them.] If a Covered Person desires additional information about how [Carrier's] primary care physicians or any other Provider in Our Network are compensated, please call Us at [telephone number] or write [address].

The laws of the state of New Jersey, at N.J.S.A. 45:9-22.4 et seq., mandate that a physician, chiropractor or podiatrist who is permitted to make Referrals to other health care Providers in which he or she has a significant financial interest inform his or her patients of any significant financial interest he or she may have in a health care Provider or Facility when making a Referral to that health care Provider or Facility. If a Covered Person wants more information about this, contact the Covered Person's physician, chiropractor or podiatrist. If a Covered Person believes he or she is not receiving the information to which he or she is entitled, contact the Division of Consumer Affairs in the New Jersey Department of Law and Public Safety at (973) 504-6200 OR (800) 242-5846.]

[Note: Used only if coverage is offered as Indemnity POS.]

### BENEFIT DEDUCTIBLES, COPAYMENTS AND COINSURANCE

**Cash Deductible**: Each Calendar Year, You must have Covered [Charges] [Services or Supplies] that exceed the Deductible applicable to wellness benefits before We [pay any benefits] [cover services or supplies] for those charges. The Deductible is shown in the Coverage Schedule of this [Policy]. The Deductible cannot be met with Non-Covered [Charges] [Services or Supplies]. Only Covered [Charges] [Services or Supplies] You [incur] [receive] for wellness services and supplies while insured can be used to meet the Deductible for those charges.

Once the Deductible is met, We [pay benefits] [provide coverage] for other wellness benefits above the Deductible amount incurred by You, subject to the Coinsurance requirement and maximum benefit. But all charges must be incurred while You are insured by this [Policy].

**Copayment**: You must pay the applicable Copayment for each of the services shown in the Coverage Schedule. After the payment of the Copayment, We will pay [the Reasonable and Customary Charges] [Note to carriers: Carriers may omit the reference to reasonable and customary if issued as an HMO plan.] for services and supplies, subject to the applicable Coinsurance, coverage limits and maximum benefits as shown in the Coverage Schedule. [You may be required to pay an amount in excess of the Copayment if the charge the Provider bills exceeds the Reasonable and Customary Charge, or if Coinsurance applies to the service.] [Note to carriers: Include this text if there is a possibility of balance billing.]

**Coinsurance**: Coinsurance is the percentage of a Covered Charge that a Covered Person must pay for services and supplies as shown in the Coverage Schedule.

# COVERED [CHARGES] [SERVICES OR SUPPLIES]

We will [pay benefits] [provide coverage] for Medically Necessary and Appropriate treatment of an Injury or Illness and for Wellness benefits subject to the terms and conditions of this [Policy].

[Any of the following services which are covered on an outpatient basis are covered only at the Primary Care Physician's office selected by You, or elsewhere upon prior written referral by Your [Primary Care Physician] or [Care Manager]. Services of a Specialist Practitioner which are covered under this [Policy] are covered when rendered by a [Network] [Participating] Specialist Practitioner at the Practitioner's office or at a [Network] [Participating] Hospital outpatient department during office or business hours upon prior written referral by Your Primary Care Physician [or Care Manager]. The Inpatient services are covered when hospitalized by a [Network] [Participating] Practitioner upon prior written referral from Your Primary Care Physician [Care Manager], only at [Network] [Participating] Hospitals and [Network] [Participating] Practitioners (or at [Non-Network] [Non-Participating] Facilities subject to Our preapproval.] [Note to carriers: Include if issued as a managed care plan.]

[OUR PAYMENT WILL BE REDUCED IF YOU DO NOT COMPLY WITH THE UTILIZATION REVIEW SECTION OF THIS [POLICY].] [Note to carriers: Include only if the Utilization Review text is included.]

This section lists the types of [charges] [services or supplies] We cover. But what We pay is subject to all the terms of this [Policy]. Read the entire [Policy] to find out what We limit or exclude.

Alcoholism and Substance Abuse: We [pay benefits] [provide coverage] for Inpatient and Outpatient treatment of Alcoholism and Substance Abuse. But We do not [pay] [cover] [for] Custodial Care, education, or training. [Benefits] [Coverage] for Inpatient care [are] [is] subject to the payment of the Copayment for Hospital Confinement and the Alcohol and Substance Abuse Coinsurance as shown on the Coverage Schedule. [Benefits] for Outpatient care [are] [is] subject to the payment of the Alcohol and Substance Abuse Coinsurance, as shown on the Coverage Schedule. [Benefits are] [Coverage is] limited, as shown on the Coverage Schedule. Note: The Coverage Limits for Alcohol and Substance Abuse are separate from the Coverage Limits for Hospital Confinement.

Treatment may be furnished by a Hospital or Substance Abuse Center.

Anesthetics and the administration of anesthesia: We cover anesthetics and their administration.

**Benefits for a Covered Newborn Dependent:** We cover the care and treatment of a covered newborn if the Child is Ill, Injured, premature, or born with a congenital birth defect.

And We cover charges for the Child's Routine Nursery Care while the Child is in the Hospital. This includes:

a) nursery charges;

- b) charges for routine Practitioner's examinations and tests; and
- c) charges for routine procedures, like circumcision.

**Biologically-based Mental Illness:** We [pay benefits] [provide coverage] for the treatment of a Biologically-based Mental Illness, if such treatment is prescribed by a Practitioner. But We do not [pay] [cover] [for] Custodial Care, education, or training. [Benefits] [Coverage] for Inpatient care [are] [is] subject to the payment of the Copayment for Inpatient care for Biologically Based Mental Illness as shown on the Coverage Schedule. Benefits for Outpatient care are subject to the payment of Coinsurance, as shown on the Coverage Schedule. [Benefits are] [Coverage is] limited, as shown on the Coverage Schedule. *Note*: The Coverage Limits for Biologically Based Mental Illness are separate from the Coverage Limits for Hospital Confinement.

**Blood and blood plasma:** We cover blood, blood products and blood transfusions.

**Complications of Pregnancy**: We cover treatment for the complications of pregnancy.

**Diagnostic Tests**: We cover Inpatient and Out-of Hospital diagnostic testing. Benefits for Out-of Hospital Diagnostic Tests are limited, as shown in the Coverage Schedule.

**Dialysis**: We cover charges for Inpatient and Outpatient dialysis. This includes hemodialysis and peritoneal dialysis.

Emergency Room Services: Coverage for Emergency includes coverage of trauma services at any designated level I or II trauma center as Medically Necessary and Appropriate, which shall be continued at least until, in the judgement of the attending Practitioner, the Covered Person is medically stable, no longer requires critical care, and can be safely transferred to another Facility. Benefits for Emergency Room Services are subject to the payment of the Copayment as shown on the Coverage Schedule. We also provide coverage for a medical screening examination provided upon a Covered Person's arrival in a Hospital, as required to be performed by the Hospital in accordance with Federal law, but only as necessary to determine whether an emergency medical condition exists. [Please note that the "911" emergency response system may be used whenever a Covered person has a potentially life-threatening condition. Information on the use of the "911" system is included in the identification card.] [Note to carriers: Include this text for managed care plans.]

**Hospital Charges:** We cover charges for Hospital semi-private room and board and Routine Nursing Care when it is provided to You by a Hospital on an Inpatient basis. We cover other Hospital services and supplies provided to You during the Inpatient confinement, including Practitioner's fees connected with Hospital care, general acute care, delivery of a child, Surgery, laboratory fees, prescription drugs, dressings and splints.

[Benefits] [Coverage] for Inpatient care [are ] [is] subject to the payment of the Copayment for Hospital Confinement as shown on the Coverage Schedule. *Note*: The Coverage Limits for Hospital Confinement are separate from the Coverage Limits for Alcohol and Substance Abuse and Biologically Based Mental Illness.

If You [incur charges] [receive services or supplies] as an Inpatient in a Special Care Unit, We cover the [charges] [services or supplies] the same way We cover other Hospital [charges] [services or supplies].

Any charges in excess of the Hospital semi-private daily room and board limit are Non-Covered [Charges] [Services or Supplies].

We cover charges for treatment rooms, operating rooms and delivery rooms.

# **Immunizations and Lead Screening**: We will cover charges for:

- a) screening by blood measurement for lead poisoning for children, including confirmatory blood lead testing and medical evaluation as specified by the New Jersey Department of Health and Senior Services and any necessary medical follow-up and treatment for lead poisoned children;
- b) all childhood immunizations as recommended by the Advisory Committee on Immunization Practices of the United States Public Health Services and New Jersey Department of Health and Senior Services; and
- c) adult immunizations.

**Intravenous Solutions**: We cover intravenous solutions administered while an Inpatient or in an Outpatient setting.

**Oxygen**: We cover charges for oxygen and the administration of oxygen.

**Practitioner Charges for Outpatient and Ambulatory Surgery:** We cover Practitioner charges for Outpatient and ambulatory Surgery. [Benefits] [Coverage] for Outpatient and ambulatory Surgery [are] [is] subject to the payment of the Copayment as shown on the Coverage Schedule. We do not cover Cosmetic Surgery unless it is required as a result of an Illness or Injury or to correct a functional defect resulting from a congenital abnormality or developmental anomaly. We also cover dressings and splints.

**Practitioner Charges for Visits:** We cover Practitioner charges for visits to treat a diagnosed Illness or Injury. Benefits are limited, as shown on the Coverage Schedule. We also cover dressings and splints.

**Pregnancy:** As stated in the Hospital Charges section, We cover Practitioner's fees for the delivery of a Child and charges for the use of the delivery room.

**Pre-Admission Testing:** We cover x-rays and laboratory tests in connection with pre-admission testing needed for a planned Hospital admission or Surgery. We cover these tests if:

- a) the tests are done within seven days of the planned admission or Surgery; and
- b) the tests are accepted by the Hospital in place of the same post-admission tests.

We do not cover tests that are repeated after admission or before Surgery, unless the admission or Surgery is deferred solely due to a change in Your health.

**Therapy Services:** Therapy Services mean services or supplies, ordered by a Practitioner and used to treat, or promote recovery from, an Injury or Illness:

We only cover the Therapy Services listed below.

Radiation Therapy - the treatment of disease by x-ray, radium, cobalt, or high-energy particle sources. Radiation therapy includes rental or cost of radioactive materials. Diagnostic Services requiring the use of radioactive materials are not radiation therapy.

*Physical Therapy* - the treatment by physical means to relieve pain, restore maximum function, and prevent disability following Illness, Injury or loss of limb; or treatment related to a Biologically-based Mental Illness to develop a physical function.

*Hydrotherapy* – the medical use of water in the treatment of certain diseases.

We cover Radiation Therapy and Physical Therapy when it is provided on an Inpatient basis and on an Outpatient basis. We only cover Hydrotherapy when it is provided on an Inpatient basis. Benefits for Outpatient Physical Therapy are subject to the payment of the Copayment shown on the Coverage Schedule. Benefits are limited as shown on the Coverage Schedule.

**Wellness Benefit:** We cover wellness services and supplies. Wellness services and supplies include but are not limited to: routine physical examinations, diagnostic services, vaccinations, inoculations, x-ray, mammography, pap smear, bone density testing, nicotine dependence treatment, screening tests related to wellness services. Benefits are subject to the payment of the Deductible and Coinsurance as shown on the Coverage Schedule. Benefits are limited as shown on the Coverage Schedule.

**X-Rays:** We cover x-rays to diagnose an Illness or Injury. X-Rays done on an Outpatient basis are subject to the limit for Outpatient diagnostic tests as shown on the Coverage Schedule. Except as covered under the Wellness benefit section of this [Policy], We do not pay for x-rays done as part of routine physical checkups.

**Pre-Existing Condition Limitations:** We do not cover services for Pre-Existing Conditions until You have been covered by this [Policy] for twelve months. See the "Definitions" section of this [Policy] for the definition of a Pre-Existing Condition.

**EXCEPTION**: The Pre-Existing Conditions Limitation does **not** apply to a Federally Defined Eligible Individual, as defined in this [Policy], provided he or she applies for coverage within 63 days of termination of the prior coverage. If coverage is not issued as a result of the application, the period from the Enrollment Date to the date the application is declined is excluded from the period without coverage.

In addition, this limitation does not affect benefits for other unrelated conditions, birth defects in a covered Dependent Child or complications of pregnancy as defined in N.J.A.C. 11:1-4.3. The Pre-Existing Conditions Limitations do not apply to a Dependent who is a newborn Child, an adopted Child or who is a Child placed in the household for adoption if You enroll the Dependent and agree to make any required payments within 31 days after birth, adoption, or placement for adoption. Additionally, this limitation does not apply to any new benefits

mandated by statute or regulation once You have satisfied one Pre-Existing Condition Limitation through elapsed time, waiver and/or credit.

## **Continuity of Coverage**

The Pre-Existing Condition limitation does **not** apply to a Covered Person who was covered under Creditable Coverage provided there has been no more than 31 days lapse in coverage, measured from the last date the Creditable Coverage was in force on a premium paying basis, for a condition covered by that Creditable Coverage, if the Covered Person: has been treated or diagnosed by a Practitioner for a condition under that Creditable Coverage; or satisfied a 12 month Pre-Existing Condition limitation.

Similarly, We will **credit** the time a Covered Person was previously covered under Creditable Coverage for a condition covered by that Creditable Coverage, if the Creditable Coverage was continuous to a date not more than 31 days prior to Covered Person's Enrollment Date under this [Policy], measured from the last date the Creditable Coverage was in force on a premium paying basis.

[Note to carriers: The following Utilization Review text should not be included if issued by an HMO]

### **[UTILIZATION REVIEW FEATURES**

Important Notice: If a Covered Person does not comply with this Policy's utilization review features, he or she will not be eligible for full benefits under this Policy.

Compliance with this Policy's utilization review features does not guarantee what We will pay for Covered Charges. What We pay is based on:

- a) the Covered Charges actually incurred;
- b) the Covered Person being eligible for coverage under this Policy at the time the Covered Charges are incurred; and
- c) the Cash Deductible, Copayment and Coinsurance provisions, and all of the other terms of this Policy.

### **Definitions**

"Hospital admission" means admission of a Covered Person to a Hospital as an Inpatient for Medically Necessary and Appropriate care and treatment of an Illness or Injury.

By "covered professional charges for Surgery" We mean Covered Charges that are made by a Practitioner for performing Surgery. Any surgical charge which is not a Covered Charge under the terms of this Policy is not payable under this Policy.

"Regular working day" means [Monday through Friday from 9 am. to 9 pm. Eastern Time,] not including legal holidays.

### **Grievance Procedure**

[Carriers must include the disclosure requirements set forth in N.J.A.C. 11:24A-3.2]

# [REQUIRED HOSPITAL STAY REVIEW

Important Notice: If a Covered Person does not comply with these Hospital stay review features, he or she will not be eligible for full benefits under this Policy.

# **Notice of Hospital Admission Required**

We require notice of all Hospital admissions. The times and manner in which the notice must be given is described below. When a Covered Person does not comply with the requirements of this section We reduce what We pay for covered Hospital charges as a penalty.

### **Pre-Hospital Review**

All non-Emergency Hospital admissions must be reviewed by [ABC] before they occur. The Covered Person or the Covered Person's Practitioner must notify [ABC] and request a pre-hospital review. [ABC] must receive the notice and request as soon as possible before the admission is scheduled to occur. For a maternity admission, a Covered Person or his or her

Practitioner must notify [ABC] and request a pre-hospital review at least [60 days] before the expected date of delivery, or as soon as reasonably possible.

When [ABC] receives the notice and request, [they] evaluate:

- a) the Medical Necessity and Appropriateness of the Hospital admission
- b) the anticipated length of stay and
- c) the appropriateness of health care alternatives, like home health care or other out-patient care.

[ABC] notifies the Covered Person's Practitioner [by phone, of the outcome of their review. And [they] confirm the outcome of [their] review in writing.]

If [ABC] authorizes a Hospital admission, the authorization is valid for:

- a) the specified Hospital;
- b) the named attending Practitioner; and
- c) the authorized length of stay.

The authorization becomes invalid and the Covered Person's admission must be reviewed by [ABC] again if:

- a) he or she enters a Facility other than the specified Facility
- b) he or she changes attending Practitioners; or
- c) more than [60 days] elapse between the time he or she obtains authorization and the time he or she enters the Hospital, except in the case of a maternity admission.

# **Emergency Admission**

[ABC] must be notified of all Emergency admissions by phone. This must be done by the Covered Person or the Covered Person's Practitioner no later than the end of the next regular working day or as soon as possible after the admission occurs.

When [ABC] is notified [by phone,] they require the following information:

- a) the Covered Person's name, social security number and date of birth;
- b) the Covered Person group plan number;
- c) the reason for the admission
- d) the name and location of the Hospital
- e) when the admission occurred; and
- f) the name of the Covered Person's Practitioner.

# **Continued Stay Review**

The Covered Person or his or her Practitioner, must request a continued stay review for any Emergency admission. This must be done at the time [ABC] is notified of such admission.

The Covered Person, or his or her Practitioner, must also initiate a continued stay review whenever it is Medically Necessary and Appropriate to change the authorized length of a Hospital stay. This must be done before the end of the previously authorized length of stay.

[ABC] also has the right to initiate a continued stay review of any Hospital admission. And [ABC] may contact the Covered Person's Practitioner or Hospital by phone or in writing.

In the case of an Emergency admission, the continued stay review evaluates:

- a) the Medical Necessity and Appropriateness of the Hospital admission;
- b) the anticipated length of stay; and
- c) the appropriateness of health care alternatives.

In all other cases, the continued stay review evaluates:

- a) the Medical Necessity and Appropriateness of extending the authorized length of stay; and
- b) the appropriateness of health care alternatives.

[ABC] notifies the Covered Person's Practitioner [by phone, of the outcome of the review. And [ABC] confirms the outcome of the review in writing.] The notice always includes any newly authorized length of stay.

# **Penalties for Non-Compliance**

In the case of a non-Emergency Hospital admission, as a penalty for non-compliance. We reduce what We pay for covered Hospital charges, by 50% if:

- a) the Covered Person does not request a pre-hospital review; or
- b) the Covered Person does not request a pre-hospital review as soon as reasonably possible before the Hospital admission is scheduled to occur; or
- c) [ABC's] authorization becomes invalid and the Covered Person does not obtain a new one; or
- d) [ABC] does not authorize the Hospital admission.

In the case of an Emergency admission, as a penalty for non-compliance, We reduce what We pay for covered Hospital charges by 50%], if:

- a) [ABC] is not notified of the admission at the times and in the manner described above;
- b) the Covered Person does not request a continued stay review; or
- c) the Covered Person does not receive authorization for such continued stay.

The penalty applies to covered Hospital charges incurred after the applicable time limit allowed for giving notice ends.

For any Hospital admission, if a Covered Person stays in the Hospital longer than [ABC] authorizes, We reduce what We pay for covered Hospital charges incurred after the authorized length of stay ends [by 50%] as a penalty for non-compliance.

Penalties cannot be used to meet this [Policy's] Cash Deductible or Coinsurance.

# [REQUIRED PRE-SURGICAL REVIEW

Important Notice: If a Covered Person does not comply with these pre-surgical review features, he or she will not be eligible for full benefits under this Policy.

We require a Covered Person to get a pre-surgical review for any non-Emergency procedure performed outside of a Practitioner's office. When a Covered Person does not comply with the requirements of this section We reduce what We pay for covered professional charges for Surgery, as a penalty.

The Covered Person or his or her Practitioner, must request a pre-surgical review from [ABC]. [ABC] must receive the request at least 24 hours before the Surgery is scheduled to occur. If the Surgery is being done in a Hospital, on an Inpatient basis, the pre-surgical review request should be made at the same time as the request for a pre-hospital review.

When [ABC] receives the request, they evaluate the Medical Necessity and Appropriateness of the Surgery and they either:

- a) approve the proposed Surgery, or
- b) require a second surgical opinion regarding the need for the Surgery.

[ABC] notifies the Covered Person's Practitioner, [by phone, of the outcome of the review. [ABC] also confirms the outcome of the review in writing.]

## **Second Surgical Opinion**

If [ABC's] review does not confirm the Medical Necessity and Appropriateness of the Surgery, the Covered Person may obtain a second surgical opinion. If the second opinion does not confirm the medical necessity of the Surgery, the Covered Person may obtain a third opinion, although he or she is not required to do so.

[ABC] will give the Covered Person a list of Practitioners in his or her area who will give a second opinion. The Covered Person may get the second opinion from [a Practitioner on the list, or from] a Practitioner of his or her own choosing, if the Practitioner:

- a) is board certified and qualified, by reason of his or her specialty, to give an opinion on the proposed Surgery;
- b) is not a business associate of the Covered Person's Practitioner; and
- c) does not perform the Surgery if it is needed.

[ABC] gives second opinion forms to the Covered Person. The Practitioner he or she chooses fills them out, and then returns them to [ABC].

We cover charges for additional surgical opinions, including charges for related x-ray and tests. But what We pay is based on all the terms of this Policy, except, these charges are not subject to the Cash Deductible or Coinsurance.

# **Pre-Hospital Review**

If the proposed Surgery is to be done on an Inpatient basis, the Required Pre-Hospital Review section must be complied with. See the **Required Pre-Hospital Review** section for details.

## **Penalties for Non-Compliance**

As a penalty for non-compliance, We reduce what We pay for covered professional charges for Surgery by 50%] if:

- a) the Covered Person does not request a pre-surgical review; or
- b) [ABC] is not given at least 24 hours to review and evaluate the proposed Surgery; or
- c) [ABC] requires additional surgical opinions and the Covered Person does not get those opinions before the Surgery is done;
- d) [ABC] does not confirm the need for Surgery.

Penalties cannot be used to meet this [Policy's] Cash Deductible or Coinsurance.

## **EXCLUSIONS**

The following are <u>not</u> Covered [Charges] [Services or Supplies] under this [Policy]. We will <u>not</u> pay for any charges incurred for, or in connection with:

Acupuncture, except for use as an anesthesia when the usual method of anesthesia is not Medically Necessary and Appropriate.

Ambulance

[Any charge to the extent it exceeds the Allowed Charge] [Note to carriers: Carriers may omit this exclusion if issued as an HMO plan.]

[Any service provided without prior written Referral by the Member's Primary Care Physician [or Care Manager] except as specified in this Contract.] [Note to carriers: Include if issued as a plan that requires referrals.]

Any service or supply not specifically included in the Covered [Charges][Services and supplies] section of this [Policy].

Birthing center charges

Blood or blood plasma which is replaced by You

Broken appointments

Casts, braces, trusses, prosthetic devices, orthopedic footwear and crutches

Chemotherapy

**Christian Science** 

Completion of claim forms

Conditions related to behavior problems or learning disabilities

Cosmetic Surgery, except as stated in this [Policy]; complications of Cosmetic Surgery; drugs prescribed for cosmetic purposes

Custodial Care or domiciliary care

Dental care or treatment, including appliances and dental implants

Drugs and surgical procedures designed to enhance fertility, including, but not limited to, in-vitro fertilization, in-vivo fertilization or gamete-intra-fallopian-transfer (GIFT), and surrogate motherhood

Durable medical equipment

Education or training while You are confined in an institution that is primarily an institution for learning or training

Experimental or Investigational treatments, procedures, Hospitalizations, drugs, biological products or medical devices, except as otherwise stated in this [Policy]

Eye examinations to determine the need for (or changes of) eyeglasses or lenses of any type; eyeglasses, contact lenses, and all fittings, except as otherwise specified in this [Policy]; surgical treatment for the correction of a refractive error including, but not limited to, radial keratotomy or lasik surgery

Facility charges (e.g., operating room, recovery room, use of equipment) when billed for by a Provider that is not an eligible Facility

Food and food products

Hearing aids and hearing exams to determine the need for hearing aids or the need to adjust them

Herbal medicine

Home health care

Hospice care

**Hypnotism** 

Except as stated below, Illness or Injury which is covered or could have been covered for benefits provided under workers' compensation, employer's liability, occupational disease or similar law

**Exception**: This exclusion does not apply to the following persons for whom coverage under workers' compensation is optional unless such persons are actually covered for workers' compensation: a self-employed person or a partner of a limited liability partnership, members of a limited liability company or partners of a partnership who actively perform services on behalf of the self-employed business, the limited liability partnership, limited liability company or the partnership.

Infusion therapy

Local anesthesia charges billed separately by a Practitioner for surgery he or she performed on an Outpatient basis

Membership costs for health clubs, weight loss clinics and similar programs

Marriage, career or financial counseling, sex therapy or family therapy

Nicotine Dependence Treatment, except as provided for under the wellness benefit

Non - Prescription Drugs or supplies

Nutritional counseling and related services

Outpatient Hospital services, except as specifically covered under this [Policy]

Outpatient laboratory tests, except as provided under the Wellness Benefit or the Pre-Admission Testing benefit.

Pregnancy, including charges for pre and post natal care, except Practitioner charges for delivery and charges for the delivery room are covered. Complications of pregnancy are also covered.

Prescription drugs obtained while not confined in a Hospital

Private duty nursing

Rehabilitation center charges

Rest or convalescent cures

Room and board charges for any period of time during which You were not physically present in the room

Routine examinations or wellness care, including related x-rays and laboratory tests, except as otherwise stated in this [Policy]; pre-marital or similar examinations or tests not required to diagnose or treat Illness or Injury.

**Routine Foot Care** 

Second opinion charges

Self-administered services such as: biofeedback, patient - controlled analgesia, related diagnostic testing, self - care and self - help training

Services or supplies:

- a) eligible for payment under either federal or state programs (except Medicaid and Medicare). This provision applies whether or not You assert Your rights to obtain this coverage or payment for these services;
- b) for which a charge is not usually made, such as a Practitioner treating a professional or business associate, or services at a public health fair;
- c) for which You would not have been charged if You did not have health care coverage;

- d) for Your personal convenience or comfort, including, but not limited to, such items as TVs, telephones, first aid kits, exercise equipment, air conditioners, humidifiers, saunas and hot tubs;
- e) for which the Provider has not received a certificate of need or such other approvals as are required by law;
- f) furnished by one of the following members of Your family: spouse, child, parent, in-law, brother or sister;
- g) in an amount greater than an Allowed Charge;
- h) needed because You engaged, or tried to engage, in an illegal occupation or committed, or tried to commit, a felony;
- i) provided by or in a government Hospital unless the services are for treatment: (a) of a non-service Emergency; or (b) by a Veterans' Administration Hospital of a non-service related Illness or Injury; or (c) the Hospital is located outside of the United States and Puerto Rico; or unless otherwise required by law.
- j) provided by or in any locale outside the United States other than in the case of an Emergency, unless received by a Dependent who is attending an accredited school in a foreign country, under the terms stated in the definition of Dependent;
- k) provided by a licensed pastoral counselor in the course of his or her normal duties as a pastor or minister;
- l) received as a result of: war, declared or undeclared; police actions; service in the armed forces or units auxiliary thereto;
- m) rendered prior to Your Effective Date of coverage or after Your termination date of coverage under this [Policy];
- n) which are specifically limited or excluded elsewhere in this [Policy];
- o) which are not Medically Necessary and Appropriate, except as otherwise stated in the [Policy].
- p) which You are not legally obligated to pay.

Skilled Nursing Facility charges

Skilled nursing care charges

Special medical reports not directly related to treatment of the Covered Person (e.g. employment physicals, reports prepared in connection with litigation.)

Stand-by services required by a Provider

Sterilization reversal

Surgery, sex hormones, and related medical and psychiatric services to change Your sex; services and supplies arising from complications of sex transformation and treatment for gender identity disorders

Telephone consultations, except as We may request

Temporomandibular Joint Disorder (TMJ) Treatment

Therapeutic Manipulation

Therapy services, except as specifically covered under this [Policy]

Transplants, except to the extent a service or supply associated with a transplant is specifically covered under this [Policy].

Transportation; travel

Treatment of a Non-Biologically-based Mental Illness

Vision therapy, vision or acuity training, orthoptics and pleoptics

Vitamins and dietary supplements

Weight reduction or control, unless there is a diagnosis of morbid obesity; special foods, food supplements, liquid diets, diet plans or any related products

Wigs, toupees, hair transplants, hair weaving or any drug used to eliminate baldness

[Note to carriers: Include the Claims Procedures text in plans that require claims submissions.]
[CLAIMS PROCEDURES

Your right to make a claim for any benefits provided by this [Policy] is governed as follows:

You or Your Provider must send Us written notice of a claim. This notice should include Your name and [Policy] number. If the claim is being made for one of Your covered Dependents, the Dependent's name should also be noted. A separate claim form is needed for each claim submitted.

**Proof of Loss:** We will furnish You with forms for filing a proof of loss within 15 days of receipt of notice of claim. But if We do not furnish the forms on time, We will accept a written description and adequate documentation of the Injury or Illness that is the basis of the claim as proof, including an itemized bill with patient identification, diagnosis, Provider name and license number, type of service and amount of charge for service. You or Your Provider must detail the nature and extent of the claim being made. You or Your Provider must send Us written proof of loss within 90 days of the Covered Charge being incurred.

**Late Notice and Proof:** We will not void or reduce a claim if You cannot send Us notice and proof of loss immediately. But You or Your Provider must send Us notice and proof as soon as reasonably possible, but in no event later than one year following the date the proof of loss was otherwise required.

**Payment of Benefits:** We will pay all benefits to which You and Your Dependents are entitled as soon as We receive due written proof of loss.

We pay all benefits to Your Provider or You, if You are living. If You are not living, We have the right to pay benefits to one or more of the following:

- a) Your beneficiary;
- b) Your estate;
- c) Your spouse;
- d) Your Parents;
- e) Your Children;
- f) Your brothers and sisters; and
- g) any unpaid Provider of health care services.

When You file a proof of loss, We may [, subject to Your written instructions to the contrary, - optional for health service corporations] pay health care benefits to the Provider who provided the service for which benefits became payable. But We cannot tell You which Provider You must use.

**Claims Appeal:** If We decline Your claim in whole or in part, We will send You an explanation of benefits in writing. Within 60 days after receiving Our written notice of declination, You may request that We reconsider any portion of the claim for which You believe benefits were wrongly declined. Your request for reconsideration must be in writing, and include:

a) name(s) and address(es) of patient and [Policy]holder;

- b) [Policy]holder's [identification] number;
- c) date of service;
- d) claim number;
- e) Provider's name; and
- f) why the claim should be reconsidered.

You may, within 45 days of Our receipt of Your request for reconsideration, review pertinent documents at Our office during regular business hours. We may require written releases if We Determine the information to be sensitive or confidential.

You may also, within 45 days of Our receipt of Your request for reconsideration, submit to Us issues and comments and any additional pertinent medical information.

We will give You a written decision within 60 days after We receive Your request for review. That written decision will indicate the reasons for the decision and refer to the [Policy] provision(s) on which it was based.

In special circumstances, We may Determine that additional time is necessary to make a decision. We will give You written notice if this happens but it will never be more than 120 days from the date after We receive Your request for review.

[Include the Claims Procedures provision in plans that require the submission of claims.]

## [APPEALS PROCEDURE

The Appeal Procedure text must satisfy the requirements of N.J.A.C. 11:24-8.5 et seq. or N.J.A.C. 11:24A-3.4 et seq., as appropriate. The text must include specific information regarding the Stage 1, Stage 2 and External Appeals process.

## **GRIEVANCE PROCEDURE**

[Carriers must include the disclosure requirements set forth in N.J.A.C. 11:24A-3.2]

[Note to carriers: Include the following member provisions if coverage is issued as an HMO plan.]

#### MEMBER PROVISIONS

#### CONFIDENTIALITY

Information contained in the medical records of Members and information received from physicians, surgeons, hospitals or other health professionals incident to the physician-patient relationship or hospital-patient relationship shall be kept confidential by us; and except for use incident to bona fide medical research and education as may be permitted by law, or reasonably necessary in connection with the administration of this [Policy] or in the compiling of aggregate statistical data, or with respect to arbitration proceedings or litigation initiated by Member against Us, or as may otherwise by provided by law, may not be disclosed without the Member's written consent.

#### **IDENTIFICATION CARD**

The Identification Card issued by Us to Members pursuant to this [Policy] is for identification purposes only. Possession of an Identification Card confers no right to services or benefits under this [Policy], and misuse of such identification card constitutes grounds for termination of Member's coverage. If the Member who misuses the card is the [Policy]holder, coverage may be terminated for the [Policy]holder as well as any of the [Policy]holder's Dependents who are Members. To be eligible for services or benefits under this [Policy], the holder of the card must be a Member on whose behalf all applicable premium charges under this [Policy] have been paid. Any person receiving services or benefits which he or she is not entitled to receive pursuant to the provisions of this [Policy] shall be charged for such services or benefits at prevailing rates.

If any Member permits the use of his or her Identification Card by any other person, such card may be retained by Us, and all rights of such Member and his or her Dependents, if any, pursuant to this [Policy] shall be terminated immediately, subject to the Appeal Procedures.

#### INABILITY TO PROVIDE SERVICE

In the event that due to circumstances not within our reasonable control, including but not limited to major disaster, epidemic, complete or partial destruction of facilities, riot, civil insurrection, disability of a significant part of our [Network] [Participating] Providers or entities with whom We have arranged for services under this [Policy], or similar causes, the rendition of medical or hospital benefits or other services provided under this [Policy] is delayed or rendered impractical, We shall not have any liability or obligation on account of such delay or failure to provide services, except to refund the amount of the unearned prepaid Premiums held by Us on the date such event occurs. We are required only to make a good faith effort to provide or arrange for the provision of services, taking into account the impact of the event. In the event We cannot provide or arrange for any services for three or more days We will refund premium for that period for which no services are available.

#### LIMITATION ON SERVICES

Except in cases of Emergency, services are available only from [Network] [Participating] Providers. We shall have no liability or obligation whatsoever on account of any service or benefit sought or received by a Member from any Provider or other person, entity, institution or organization unless prior arrangements are made by Us.

## PROVIDER PAYMENT

[[Different] providers in Our Network have agreed to be paid [in different ways by Us. A Member's Provider may be paid] [each time he or she treats the Member ("fee for service"] [, or may be paid] [a set fee for each month for each Member whether or not the Member actually receives services ("capitation")] [, or may receive] [a salary]. [These payment methods may include financial incentive agreements to pay some providers more ("bonuses") or less ("withholds") based on many factors: Member satisfaction, quality of care, and control of costs and use of services among them.] If a Member desires additional information about how Our Primary Care Physicians or any other Provider in Our Network are compensated, please call Us at [telephone number] or write [address].

The laws of the state of New Jersey, at N.J.S.A. 45:9-22.4 et seq., mandate that a physician, chiropractor or podiatrist who is permitted to make Referrals to other health care Providers in which he or she has a significant financial interest inform his or her patients of any significant financial interest he or she may have in a health care Provider or Facility when making a Referral to that health care Provider or Facility. If a Member wants more information about this the [Member] should contact his or her physician, chiropractor or podiatrist. If a Member believes he or she is not receiving the information to which the Member is entitled, contact the Division of Consumer Affairs in the New Jersey Department of Law and Public Safety at (973) 504-6200 OR (800) 242-5846.]

## APPEAL PROCEDURE

NOTE TO CARRIERS: Insert Appeals Procedure text here. The Appeal Procedure text must satisfy the requirements of N.J.A.C. 11:24-8.5 et seq. The text must include specific information regarding the Stage 1, Stage 2 and External Appeals process.

## MEDICAL NECESSITY

Members will receive designated benefits under the [Policy] only when Medically Necessary and Appropriate. We may Determine whether any benefit provided under the [Policy] was Medically Necessary and Appropriate, and We have the option to select the appropriate [Network] [Participating] Facility to render services if hospitalization is necessary. Decisions as to Medical Necessity and Appropriateness are subject to review by the Quality Assessment Committee of HMO or its physician designee. We will not, however, seek reimbursement from an eligible Member for the cost of any covered benefit provided under the [Policy] that is later Determined to have been medically unnecessary and inappropriate, when such service is rendered by a Primary Care Physician or a Practitioner referred in writing by the Primary Care Physician [or Care Manager] without notifying the Member that such benefit would not be covered under this [Policy].

## **REFERRAL FORMS**

You can be referred for Specialist Services by Your Primary Care Physician [or Care Manager].

You will be responsible for the cost of all services provided by anyone other than Your Primary Care Physician (including but not limited to Specialist Services) if You have not been referred by Your Primary Care Physician [or Care Manager].

# NON-COMPLIANCE WITH MEDICALLY NECESSARY AND APPROPRIATE TREATMENT

A Member has the right under New Jersey law to refuse procedures, medicines, or courses of treatment. A Member has the right to participate in decision-making regarding the Member's care. Further, a Member may, for personal, religious or cultural reasons disagree or not comply with procedures, medicines, or courses of treatment deemed Medically Necessary and Appropriate by a Participating Physician. A Member who refuses procedures, medicines or courses of treatment has the right to seek a second opinion from another Participating Physician. If such Participating Physician(s) believe(s) that the recommended procedures, medicines, or courses of treatment are Medically Necessary and Appropriate, the Participating Physician shall inform the Member of the consequences of not complying with the recommended procedures, medicines, or courses of treatment and seek to resolve the disagreement with the Member and or the Member's family or other person acting on the Member's behalf. If the Member refuses to comply with recommended procedures, medicines, or courses of treatment, We will notify the Member in writing that We will not provide further benefits or services for the particular condition or its consequences. The Member's decision to reject Medically Necessary and Appropriate procedures, medicines, or courses of treatment is subject to the Appeal Procedure and We will continue to provide all benefits covered by the [Policy] during the pendency of the Appeal Procedure. We reserve the right to expedite the Appeal Procedure. If the Appeal Procedure results in a decision upholding the position of the Participating Physician(s) and the dispute is unresolved, We will have no further responsibility to provide any of the benefits available under this [Policy] for treatment of such condition or its consequences unless the Member asks, in writing and within 7 days of being informed of the result of the Appeal Procedure, to terminate his or her coverage under this [Policy]. In such event, We will continue to provide all benefits covered by this [Policy] for 30 days or until the date of termination, whichever comes first, and We and the Participating Physician will cooperate with the Member in facilitating a transfer of care.

#### REFUSAL OF LIFE-SUSTAINING TREATMENT

A Member has the right under New Jersey law to refuse life-sustaining treatment. A Member who refuses life-sustaining treatment remains eligible for all benefits in accordance with this [Policy]. We will follow a Member's properly executed advance directive or other valid indication of refusal of life sustaining treatment.

#### REPORTS AND RECORDS

HMO is entitled to receive from any provider of services to a Member such information HMO deems is necessary to administer this [Policy] subject to all applicable confidentiality requirements as defined in this [Policy]. By accepting coverage under this [Policy], [Policy]holder, for the [Policy]holder, and for all Dependents covered hereunder, authorizes each and every Practitioner who renders services to Member hereunder to disclose to Us all facts and

information pertaining to the care, treatment and medical condition of Member and render reports pertaining to same to Us upon request and to permit copying of Member's records by Us.

## SELECTING OR CHANGING A PRIMARY CARE PHYSICIAN

When You first obtain this coverage, You and each of Your Dependents must select a Primary Care Physician.

You select a Primary Care Physician from Our Practitioners Directory; this choice is solely Yours. However, We cannot guarantee the availability of a particular Practitioner. If the Primary Care Physician initially selected cannot accept additional patients, You will be notified and given an opportunity to make another Primary Care Physician selection.

## THE ROLE OF YOUR PRIMARY CARE PHYSICIAN

Your Primary Care Physician provides basic health maintenance services and coordinates Your overall health care. Anytime You need medical care, contact Your Primary Care Physician and identify Yourself as a Member of this program.

In an Emergency, You may go directly to the emergency room. If You do, then call Your Primary Care Physician and Member Services within 48 hours. If You do not call within 48 hours, We will cover services only if We Determine that notice was given as soon as was reasonably possible.

## THE ROLE OF THE CARE MANAGER.

The Care Manager will manage authorize Your treatment for a [Biologically Based, Substance Abuse, or Alcoholism.] You must contact the Care Manager or Your Primary Care Physician when You need treatment for one of these conditions.]

## COORDINATION OF BENEFITS AND SERVICES

## **Purpose Of This Provision**

A Member may be covered under this Policy and subsequently become covered by or eligible for coverage under Medicare or coverage under a group Health Benefits Plan, Group Health Plan, Governmental Plan, or Church Plan. This provision allows Us to coordinate the services and supplies We provide with what Medicare pays or what Medicare would pay. This provision also allows us to coordinate benefits with what a group Health Benefits Plan, Group Health Plan, Governmental Plan, or Church Plan pays. Coordination of benefits is intended to avoid duplication of benefits while at the same time preserving certain rights to coverage under all Plans under which the Covered Person is covered.

Please note: The ONLY circumstances in which a person may be covered under both this Policy and under Medicare or coverage under a group Health Benefits Plan, Group Health Plan, Governmental Plan, or Church Plan occur when a Covered Person is already covered under this Policy and subsequently becomes eligible for Medicare or coverage under a group Health Benefits Plan, Group Health Plan, Governmental Plan, or Church Plan.

## **DEFINITIONS**

The words shown below have special meanings when used in this provision. Please read these definitions carefully. [Throughout this provision, these defined terms appear with their initial letter capitalized.]

**Allowable Expense**: The charge for any health care service, supply or other item of expense for which the Covered Person is liable when the health care service, supply or other item of expense is covered at least in part under any of the Plans involved, except where a statute requires another definition, or as otherwise stated below.

We will not consider the difference between the cost of a private hospital room and that of a semi-private hospital room as an Allowable Expense unless the stay in a private room is Medically Necessary and Appropriate.

**Allowed Charge:** An amount that is not more than allowance for the service or supply as determined by Us, based on a standard which is most often charged for a given service by a Provider within the same geographic area.

**Claim Determination Period**: A Calendar Year, or portion of a Calendar Year, during which a Covered Person is covered by this Policy and covered by or eligible to be covered by Medicare and incurs one or more Allowable Expense(s) under such plans.

**Plan**: Coverage with which coordination of benefits is allowed. Plan includes:

- a) Group insurance and group subscriber contracts, including insurance continued pursuant to a Federal or State continuation law;
- b) Self-funded arrangements of group or group-type coverage, including insurance continued pursuant to a Federal or State continuation law;

- c) Group or group-type coverage through a health maintenance organization (HMO) or other prepayment, group practice and individual practice plans, including insurance continued pursuant to a Federal or State continuation law;
- d) Group hospital indemnity benefit amounts that exceed \$150 per day;
- e) Medicare or other governmental benefits, except when, pursuant to law, the benefits must be treated as in excess of those of any private insurance plan or non-governmental plan.

For purposes of determining plans with which this plan can coordinate, Plan does not include:

- a) Individual or family insurance contracts or subscriber contracts;
- b) Individual or family coverage through a health maintenance organization or under any other prepayment, group practice and individual practice plans;
- c) Group or group-type coverage where the cost of coverage is paid solely by the [Covered Person], except that coverage being continued pursuant to a Federal or State continuation law shall be considered a Plan;
- d) Group hospital indemnity benefit amounts of \$150 per day or less;
- e) School accident -type coverage;
- f) A State plan under Medicaid.

## PRIMARY AND SECONDARY PLAN

We consider each plan separately when coordinating payments.

For the purpose of coordinating benefits with this individual policy, Medicare or coverage under a group Health Benefits Plan, Group Health Plan, Governmental Plan, or Church Plan is always the Primary Plan and this Policy is always the Secondary Plan. Medicare or coverage under a group Health Benefits Plan, Group Health Plan, Governmental Plan, or Church Plan pays or provides services or supplies first, without taking into consideration the existence of this Policy.

This Policy takes into consideration the benefits provided by Medicare or coverage under a group Health Benefits Plan, Group Health Plan, Governmental Plan, or Church Plan. During each Claim Determination Period, this Policy will pay up to the remaining unpaid allowable expenses, but this Policy will not pay more than it would have paid if it had been the Primary Plan. The method this Policy uses to determine the amount to pay is set forth below in the "Procedures to be Followed by the Secondary Plan to Calculate Benefits" section of this provision.

This Policy shall not reduce Allowable Expenses for medically necessary and appropriate services or supplies on the basis that precertification, preapproval, notification or second surgical opinion procedures were not followed.

## Procedures to be Followed by the Secondary Plan to Calculate Benefits

In order to determine which procedure to follow it is necessary to consider:

- a) the basis on which the Primary Plan and the Secondary Plan pay benefits; and
- b) whether the provider who provides or arranges the services and supplies is in the network of either the Primary Plan or the Secondary Plan.

Benefits may be based on the Allowed Charge (AC), or some similar term. This means that the provider bills a charge and the Covered Person may be held liable for the full amount of the billed charge. In this section, a Plan that bases benefits on an allowed charge is called an "AC Plan."

Benefits may be based on a contractual fee schedule, sometimes called a negotiated fee schedule, or some similar term. This means that although a provider, called a network provider, bills a charge, the Covered Person may be held liable only for an amount up to the negotiated fee. In this section, a Plan that bases benefits on a negotiated fee schedule is called a "Fee Schedule Plan." If the Covered Person uses the services of a non-network provider, the plan will be treated as an AC Plan even though the plan under which he or she is covered allows for a fee schedule.

Payment to the provider may be based on a "capitation". This means that then HMO or other plans pays the provider a fixed amount per Covered Person. The Covered Person is liable only for the applicable deductible, coinsurance or copayment. If the Covered Person uses the services of a non-network provider, the HMO or other plans will only pay benefits in the event of emergency care or urgent care. In this section, a Plan that pays providers based upon capitation is called a "Capitation Plan."

In the rules below, "provider" refers to the provider who provides or arranges the services or supplies and "HMO" refers to a health maintenance organization plan.

## Primary Plan is AC Plan and Secondary Plan is AC Plan

The Secondary Plan shall pay the lesser of:

- a) the difference between the amount of the billed charges and the amount paid by the Primary Plan; or
- b) the amount the Secondary Plan would have paid if it had been the Primary Plan.

When the benefits of the Secondary Plan are reduced as a result of this calculation, each benefit shall be reduced in proportion, and the amount paid shall be charged against any applicable benefit limit of the plan.

## Primary Plan is Fee Schedule Plan and Secondary Plan is Fee Schedule Plan

If the provider is a network provider in both the Primary Plan and the Secondary Plan, the Allowable Expense shall be the fee schedule of the Primary Plan. The Secondary Plan shall pay the lesser of:

- a) The amount of any deductible, coinsurance or copayment required by the Primary Plan; or
- b) the amount the Secondary Plan would have paid if it had been the Primary Plan.

The total amount the provider receives from the Primary plan, the Secondary plan and the Covered Person shall not exceed the fee schedule of the Primary Plan. In no event shall the Covered Person be responsible for any payment in excess of the copayment, coinsurance or deductible of the Secondary Plan.

Primary Plan is AC Plan and Secondary Plan is Fee Schedule Plan

If the provider is a network provider in the Secondary Plan, the Secondary Plan shall pay the lesser of:

- a) the difference between the amount of the billed charges for the Allowable Expenses and the amount paid by the Primary Plan; or
- b) the amount the Secondary Plan would have paid if it had been the Primary Plan.

The Covered Person shall only be liable for the copayment, deductible or coinsurance under the Secondary Plan if the Covered Person has no liability for copayment, deductible or coinsurance under the Primary Plan and the total payments by both the primary and Secondary Plans are less than the provider's billed charges. In no event shall the Covered Person be responsible for any payment in excess of the copayment, coinsurance or deductible of the Secondary Plan.

## Primary Plan is Fee Schedule Plan and Secondary Plan is AC Plan

If the provider is a network provider in the Primary Plan, the Allowable Expense considered by the Secondary Plan shall be the fee schedule of the Primary Plan. The Secondary Plan shall pay the lesser of:

- a) The amount of any deductible, coinsurance or copayment required by the Primary Plan; or
- b) the amount the Secondary Plan would have paid if it had been the Primary Plan.

Primary Plan is Fee Schedule Plan and Secondary Plan is AC Plan or Fee Schedule Plan If the Primary Plan is an HMO plan that does not allow for the use of non-network providers except in the event of urgent care or emergency care and the service or supply the Covered Person receives from a non-network provider is not considered as urgent care or emergency care, the Secondary Plan shall pay benefits as if it were the Primary Plan.

# Primary Plan is Capitation Plan and Secondary Plan is Fee Schedule Plan or AC Plan

If the Covered Person receives services or supplies from a provider who is in the network of both the Primary Plan and the Secondary Plan, the Secondary Plan shall pay the lesser of:

- a) The amount of any deductible, coinsurance or copayment required by the Primary Plan; or
- b) the amount the Secondary Plan would have paid if it had been the Primary Plan.

Primary Plan is Capitation Plan or Fee Schedule Plan or AC Plan and Secondary Plan is Capitation Plan

If the Covered Person receives services or supplies from a provider who is in the network of the Secondary Plan, the Secondary Plan shall be liable to pay the capitation to the provider and shall not be liable to pay the deductible, coinsurance or copayment imposed by the Primary Plan. The Covered Person shall not be liable to pay any deductible, coinsurance or copayments of either the Primary Plan or the Secondary Plan.

## [Primary Plan is an HMO and Secondary Plan is an HMO

If the Primary Plan is an HMO plan that does not allow for the use of non-network providers except in the event of urgent care or emergency care and the service or supply the Covered Person receives from a non-network provider is not considered as urgent care or emergency care, but the provider is in the network of the Secondary Plan, the Secondary Plan shall pay benefits as if it were the Primary Plan. Except that the Primary Plan shall pay out-of-Network services, if any, authorized by the Primary Plan.]

[Note to carriers:	This paragraph should only be included in plans issued as HMO coverage.]

## SERVICES FOR AUTOMOBILE RELATED INJURIES

When You are the named insured under a motor vehicle insurance [Policy], You have two options under the terms of Your motor vehicle insurance [Policy]. The option You select will also determine coverage of any resident relative in the named insured's household who is not a separate named insured under another motor vehicle [Policy].

a) You may choose to have primary coverage for such services covered under Your motor vehicle insurance [Policy] (the Personal Injury Protection or compulsory Medical Payment provisions of a New Jersey motor vehicle insurance [Policy] or under similar provisions of a motor vehicle [Policy] required by any other federal or state no-fault motor vehicle insurance law).

If You choose this option, We will provide secondary coverage in accordance with regulations issued by the New Jersey Department of Banking and Insurance.

b) You may choose to have primary coverage for such services provided by this [Policy].

If You choose this option, We will provide benefits for any Covered Charges incurred for the diagnosis or treatment of an Injury or Illness resulting from a motor vehicle accident. However, these benefits are subject to the terms, conditions, and limits set forth in this [Policy].

In addition, the motor vehicle insurance [Policy] may provide for secondary benefits in accordance with regulations issued by the New Jersey Department of Banking and Insurance.

If there is a dispute as to primacy between the motor vehicle insurance [Policy] and this [Policy], this [Policy] will be primary.

This order of benefit determination does not apply if You are enrolled in a government health benefit program which provides that it is always secondary, or otherwise will not be a primary provider of benefits for motor vehicle injuries.

## **GENERAL PROVISIONS**

## **AMENDMENT**

We may make amendments to the Policy upon 30 days' notice to the Policyholder, and as provided in (b) and (c) below. An amendment will not affect benefits for a service or supply furnished before the date of change; and no change to the benefits under this Policy will be made without the approval of the Board.

Only Our officers have authority: to waive any conditions or restrictions of the Policy, to extend the time in which a Premium may be paid, to make or change a Policy, or to bind Us by a promise or representation or by information given or received.

No change in the Policy is valid unless the change is shown in one of the following ways:

- a) it is shown in an endorsement on it signed by one of Our officers.
- b) if a change has been automatically made to satisfy the requirements of any state or federal law that applies to the Policy, as provided in the section of this Policy called **Conformity With Law**, it is shown in an amendment to it that is signed by one of Our officers.
- c) if a change is required by Us, it is accepted by the Policyholder, as evidenced by payment of a Premium on or after the effective date of such change.
- d) if a written request for a change is made by the Policyholder, it is shown in an amendment to it signed by the Policyholder and by one of Our officers.

## **ASSIGNMENT**

No assignment or transfer by the Policyholder of any of the Policyholder's interest under this Policy or by a Covered Person of any of his or her interest under this Policy is valid unless We consent thereto.

## **CLERICAL ERROR - MISSTATEMENTS**

No clerical error nor programming or systems error by the Policyholder or by Us in keeping any records pertaining to coverage under this Policy will reduce a Covered Person's Coverage. Neither will delays in making entries on those records reduce it. However, if We discover such an error or delay, a fair adjustment of Premiums will be made.

Except as described in the **Premium Amounts** section, premium adjustments involving return of unearned premium to the Policyholder will be limited to the period of 12 months preceding the date of Our receipt of satisfactory evidence that such adjustments should be made.

If any relevant facts, are found to have been misstated, and the premiums are thereby affected, an equitable adjustment of premiums will be made. If such misstatement involves whether or not the person's coverage would have been accepted by Us, subject to this Policy's **Incontestability** section, the true facts will be used in determining whether coverage is in force under the terms of this Policy.

## **CONFORMITY WITH LAW**

Any provision of this Policy which, is in conflict with the laws of the State of New Jersey, or with Federal law, shall be construed and applied as if it were in full compliance with the minimum requirements of such State law or Federal law.

## **CONTINUING RIGHTS**

Our failure to apply terms or conditions does not mean that We waive or give up any future rights under this Policy.

## **GOVERNING LAW**

This entire Policy is governed by the laws of the State of New Jersey.

## INCONTESTABILITY OF THE POLICY

There will be no contest of the validity of the Policy, except for not paying premiums, after it has been in force for two years.

No statement in any application, except a fraudulent statement, made by the Policyholder or by a Covered Person covered under this Policy shall be used in contesting the validity of his or her coverage or in denying benefits after such coverage has been in force for two years during the person's lifetime. Note: There is no time limit with respect to a contest in connection with fraudulent statements.

#### LIMITATION ON ACTIONS

No action at law or in equity shall be brought to recover on the Policy until 60 days after a Covered Person files written proof of loss. No such action shall be brought more than three years after the end of the time within which proof of loss is required.

## NOTICES AND OTHER INFORMATION

Any notices, documents, or other information under the Policy may be sent by United States Mail, postage prepaid, addressed as follows:

If to Us: To Our last address on record with the Policyholder.

If to the Policyholder: To the last address provided by the Policyholder on an enrollment or change of address form actually delivered to Us.

If to a Covered Person: To the last address provided by the Covered Person on an enrollment or change of address form actually delivered to Us.

## PAYMENT OF PREMIUMS - GRACE PERIOD

Premiums are to be paid by You to Us. They are due on each premium due date. You may pay each Premium other than the first within 31 days of the premium due date. Those days are known as the grace period. You are liable to pay Premiums to Us from the first day the Policy is in force in order for this Policy to be considered in force on a premium paying basis. If any premium is not paid by the end of the grace period, [this Policy will continue in force without premium payment during the grace period and this Policy will end when the grace period ends.][coverage will end as of the end of the period for which premium has been paid. You may

be responsible for the payment of charges incurred for services or supplies received during the grace period.]

#### **OFFSET**

We reserve the right, before paying benefits to You, to use the amount of payment due to offset any unpaid premiums or claims payment previously made to You in error.

#### REINSTATEMENT

If We, or one of Our duly authorized agents accept the payment of premium after the end of the grace period without requiring an application for reinstatement, such acceptance of premium shall reinstate the Policy. However, if We or one of Our duly authorized agents require an application for reinstatement and issue a conditional receipt for the premium paid, the Policy will be reinstated upon Our approval of the application, or lacking Our approval, it will be reinstated on the forty-fifth day following the date for the conditional receipt unless We have previously notified You of Our disapproval of the reinstatement application. [Premiums accepted by Us after the end of the grace period are subject to a late payment interest charge determined as a percentage of the amount unpaid. That percentage will be Determined by Us from time to time, but will not be more than the maximum allowed by law.] The reinstated Policy shall cover only loss resulting from Injury or Illness that begins more than 10 days after the date of reinstatement. In all other respects, We and the Member shall have the same rights under the Policy as before the end of the grace period.

## PREMIUM RATE CHANGES

The Premium rates in effect on the Effective Date are shown in the [Premium Rates and Provisions section of the Policy] [Policy's Schedule of Premium Rates]. We have the right to prospectively change Premium rates as of any of these dates:

- a) any premium due date;
- b) any date that the extent or nature of the risk under the Policy is changed:
- by amendment of the Policy; or
- by reason of any provision of law or any government program or regulation;
- c) at the discovery of a clerical error or misstatement as described in the General Provisions section of this Policy.

We will give You 30 days written notice when a change in the Premium rates is made.

#### **STATEMENTS**

No statement will void the coverage, or be used in defense of a claim under this Policy, unless it is contained in a writing signed by a Covered Person, and We furnish a copy to the Covered Person.

All statements will be deemed representations and not warranties.

## TERM OF THE POLICY - RENEWAL PRIVILEGE - TERMINATION

This Policy is issued for a term of one (1) year from the Effective Date shown on the first page of this Policy. All Policy Years and Policy Months will be calculated from the Effective Date. Plan

Years will be measured as stated in the definition of Plan Year. All periods of insurance hereunder will begin and end at 12:01 am. Eastern Standard Time.

The Policyholder may renew this Policy for a further term of one (1) year, on the first and each subsequent Policy Anniversary. All renewals are subject to the payment of premiums then due, computed as provided in this Policy's **Premium Amounts** section and to the provisions stated below.

We have the right to non-renew this Policy on the Policy Anniversary date following 180 days advance written notice to the Policyholder for the following reasons:

- a) subject to the statutory notification requirements, We cease to do business in the individual health benefits market;
- b) subject to the statutory notification requirements, We cease offering and non-renew a particular type of Health Benefits Plan in the individual market provided We act uniformly without regard to any Health Status-Related Factor of Members or persons who may become eligible for coverage; or
- c) the Board terminates a standard plan or a standard plan option.

<u>During or at End of Grace Period - Failure to Pay Premiums</u>: If any Premium is not paid by the end of its grace period, the Policy will end [when that period ends.][as of the end of the period for which premium has been paid.]

<u>Termination by Request</u> - If You want to replace this Policy with another Individual Health Benefits Plan, You must give us notice of the replacement within 30 days after the effective date of the new Plan. This Policy will end as of 12:01 a.m. on the effective date of the new Plan and any unearned premium will be refunded. If You want to end this Policy and do not want to replace it with another Plan, You may write to Us, in advance, to ask that the Policy be terminated at the end of any period for which Premiums have been paid. Then the Policy will end on the date requested.

This Policy will be renewed automatically each year on the Anniversary Date, unless coverage is terminated on or before the Anniversary Date due to one of the following circumstances:

- a) You have failed to pay premiums in accordance with the terms of the Policy, or We have not received timely premium payments; ([Coverage will end as of the end of the grace period.][Coverage will end as of the end of the period for which premium has been paid.]
- b) You have performed an act or practice that constitutes fraud or made an intentional misrepresentation of material fact under the terms of the Policy; (Coverage will end [as of the effective date][immediately].)
- c) termination of eligibility if You become eligible for coverage under a group Health Benefits Plan, Group Health Plan, Governmental Plan, or Church Plan; (Coverage will end immediately.)
- d) with respect to a Covered Person other than a Dependent, termination of eligibility if You are no longer a Resident, (We will give You at least 30 days written notice that coverage will end.)

e) You become covered under another individual Health Benefits Plan; (Coverage will end at 12:01 a.m. on the date the individual Health Benefits Plan takes effect, provided You notify Us of the replacement within 30 days after the effective date of the new plan.)

## TERMINATION OF DEPENDENT COVERAGE

If You fail to pay the cost of Dependent coverage, Your Dependent coverage will end. It will end on the last day of the period for which You made the required payments, unless coverage ends earlier for other reasons.

A Dependent's coverage ends when the Dependent becomes eligible for coverage under a group Health Benefits Plan, Group Health Plan, Governmental Plan, or Church Plan, or the Dependent is no longer a Dependent, as defined in the Policy. Coverage ends at 12:01 a.m. on the date the first of these events occurs.

Also, Dependent coverage ends when the Policyholder's coverage ends.

## THE CONTRACT

The entire Contract consists of:

[a the forms shown in the Table of Contents as of the Effective Date;

- b)] the Policyholder's application, a copy of which is attached to the Policy;
- [c)] any riders, [endorsements] or amendments to the Policy.

## **WORKERS' COMPENSATION**

The health benefits provided under this Policy are not in place of, and do not affect requirements for coverage by Workers' Compensation.

## [CONVERSION RIGHTS FOR DIVORCED SPOUSES

## IF YOUR MARRIAGE OR DOMESTIC PARTNERSHIP OR CIVIL UNION ENDS

If Your marriage ends by legal divorce or annulment, or Your domestic partnership or civil union dissolves, the individual coverage for Your former Spouse ends. The former Spouse may convert to an individual contract during the conversion period. The former Spouse may cover under his or her individual contract any of his or her Dependent children who were covered under this Policy on the date this coverage ends. See **Exceptions** below.

## **Exceptions**

No former Spouse may use this conversion right:

- a) if he or she is eligible for Medicare;
- b) if it would cause him or her to be excessively covered; This may happen if the Spouse is covered or eligible for coverage providing similar benefits provided by any other plan, insured or not insured. We will Determine if excessive coverage exists using Our standards for excessive coverage.

#### HOW AND WHEN TO CONVERT

The conversion period means the 31 days after the date this coverage ends. The former Spouse must apply for the individual contract in writing and pay the first premium for such contract during the conversion period. Evidence of good health will not be required.

## THE CONVERTED CONTRACT

The individual contract will provide the medical benefits that We are required to offer. The individual contract will take effect on the day after coverage under this Policy ends.