



SUPPORT FOR YOUNG PEOPLE. ANYTIME. ANYWHERE.

To: Local Educational Agency Leads, Directors of Nonpublic Schools
Route to: Principals, School Nurses, Staff Involved with Community Outreach, Students, Guardians and Parents
From: Liz Graham, Chief Executive Officer
180 Turning Lives Around/2NDFLOOR
Date: August 13, 2025
RE: August – Back-to-School - 2NDFLOOR app

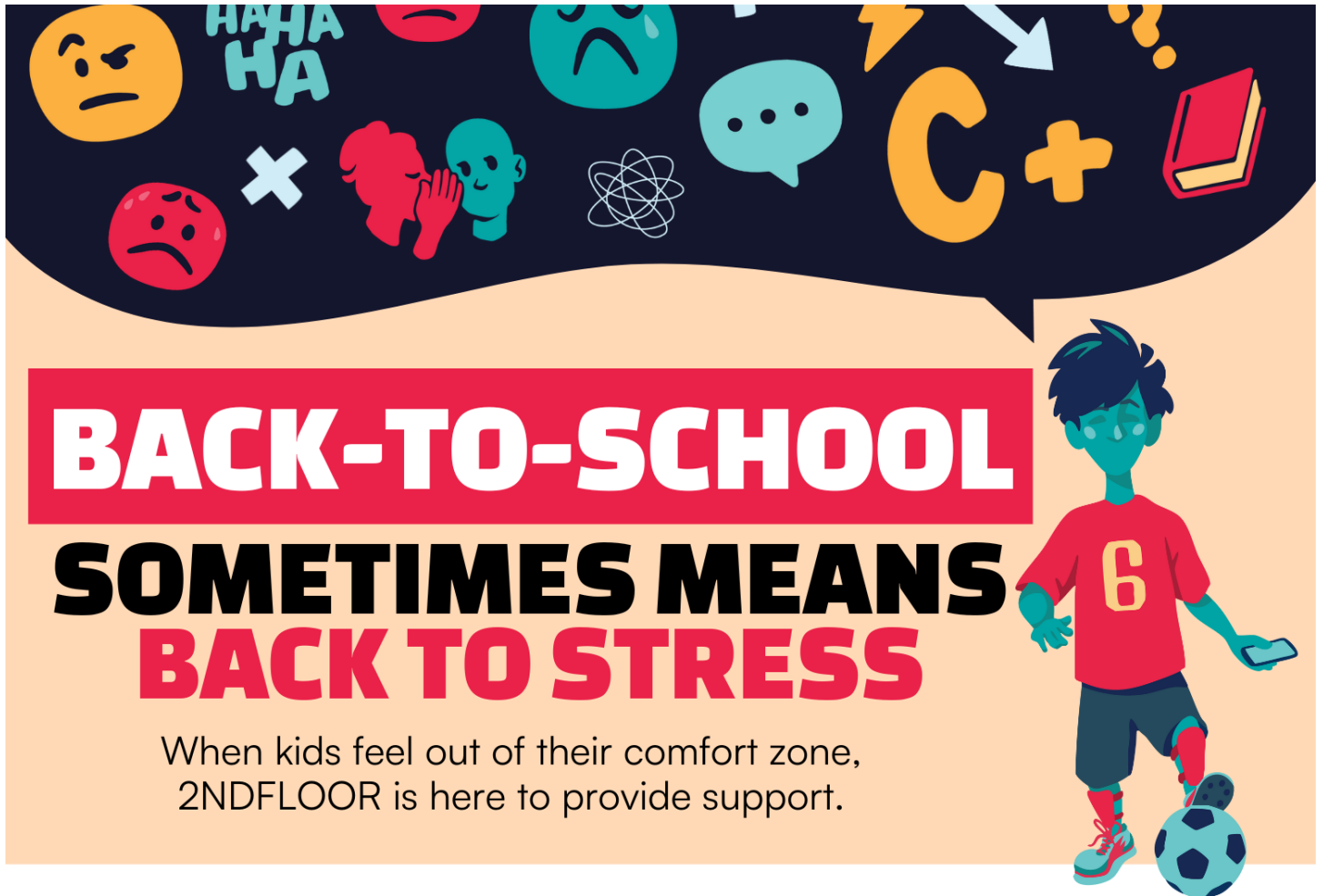
Dear colleague,

As summer comes to an end, we recognize that this time of year can bring excitement as well as stress for our youth. Whether it's starting at a new school, new classes, meeting new friends or adjusting to new routines, students may face a variety of challenges that can feel overwhelming. When our youth feel they are out of their comfort zone, 2NDFLOOR is here to provide the support they need and to remind them that they are not alone as they head back to school.

2NDFLOOR is here 24/7 to support New Jersey youth as they navigate these transitions and all of life's challenges.

Please help us spread the word that it only takes a second to get professional support with the 2NDFLOOR app! The Community Message Board is a safe place for young people to connect and offer each other support!

The app is anonymous, confidential, free and available 24/7/365. Youth can access the app at www.2NDFLOOR.org/download.



BACK-TO-SCHOOL SOMETIMES MEANS BACK TO STRESS

When kids feel out of their comfort zone,
2NDFLOOR is here to provide support.

Whether it's starting new classes, meeting new friends, or adjusting to new routines, we are here 24/7 to support NJ youth as they face all of life's challenges.

Please help spread the word that it only takes a second to get professional support with the 2NDFLOOR app. The app is anonymous, confidential, free, and available 24/7/365. Youth can access the app at

2NDFLOOR.org/download

2NDFLOOR

SUPPORT FOR YOUNG PEOPLE. ANYTIME. ANYWHERE.

**2ND
FLOOR**

DOWNLOAD



THE APP

FOLLOW US ON



Instagram

