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# **Self-Awareness Handout 6: Academic Integration Lesson Planning Tool**

## **Directions**

Use this template or another lesson planning tool to integrate self-awareness within an academic lesson.

Refer to Handout 5b to review the learning objectives related to self-awareness sub-competencies. Refer as needed to the New Jersey academic standards and SEL competencies to ensure alignment in your lesson planning.

Discuss your ideas with your grade-level or department team to identify ways to create consistent structures to integrate self-awareness into your lessons.

## **Instructional Design**

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| **Content** | **Lesson Duration** |

### **Description of Lesson Activities**

(Include notes/considerations for differentiating instruction, behavior management, and assessment.)

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### S**EL Competency, Sub-Competency, and Indicator**

Which SEL indicator do you plan to focus on as the **learning objective** for this lesson?

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| **Teacher-Led Elements**  (What specific parts of the lesson will focus on and support the development or application of the SEL indicator?) | **Student-Led Elements**  (How will students actively learn or apply the SEL indicator in a culturally responsive manner?) | **SEL-Academic Connection**  (How will the SEL indicator you selected ultimately support engagement in academic activities?) | **Assessment**  (How will you formatively assess the SEL indicator? What are the specific components of the formative assessment?) |
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