

# MATERNAL HEALTH AWARENESS DAY

## EVENTS RUN FROM JANUARY 17 - JANUARY 28, 2022

### JANUARY 17

#### **“Getting to the Root - Part 2” - Segment #1 - Getting to the Root of Black Reproductive Health Inequities & Strategies for Sustainable Change**

January 17 – 20, 2022

<https://youtu.be/GSscNPjihZg>

AtlantiCare Health System - Women & Children's Service Line

An annual mini-series sponsored by The Black Infant and Maternal Mortality Task Force of Atlantic City (BIMM). The BIMM Task Force was formed a few years ago to take action, create tools and strategies, as well as educate about the national and local crisis of maternal and infant mortality rates among women and babies of color. This year, we sponsored this 4-part mini-series that is perfect to share in celebration of Maternal Health Awareness.

#### **Winter Wellness Wonderland**

Daily, January 17 – 21, 2022, 12:00 PM – 1:30 PM

Register now at <https://forms.office.com/r/aQ4ujzARV1>

**Prematurity Prevention Initiative- Family Health Initiatives**

PPI'S Wellness Week will include sessions presented by I'm So Yoga, Community Food Bank of NJ, Postpartum Wellness Initiative, and more. Pregnant and birthing people who attend Wellness Week will have the chance to participate in activities and lessons that provide education on how to prevent and manage chronic disease, how to manage your stress, and things you can do to stay active. The activities and lessons will increase participant awareness on how to decrease the risk of preterm birth.

#### **Mommy Friends**

January 17, 2022, 7:00 PM

Register now at <https://www.eventbrite.com/e/156394531253>

**MommyEvolve**

Women gather to discuss motherhood, gain friendships and have a support system to keep them healthy.

### JANUARY 18

#### **Find Your Roar Training**

January 18-19, 2022, 9:00 AM – 11:00 AM

Register now at [fyrtraining2022.eventbrite.com](https://fyrtraining2022.eventbrite.com)

**March of Dimes**

Come join us as we help you to develop your space in advocacy with our training. Special bonus: If you reside in New York or New Jersey you can attend this training for FREE!! Just use the promo code **MoDNY2022** or **MoDNJ2022** when you register! Any questions, please feel free to contact us at [fyrmmuniversity@gmail.com](mailto:fyrmmuniversity@gmail.com)

## **FREE Pregnancy Testing**

January 18, 2022, 9:30 AM – 12:30 PM

WIC of Mercer County 1440 Parkside Ave., Ewing Township, NJ 08638

**The Children's Home Society of New Jersey**

FREE Pregnancy Testing. To schedule an appointment, call 609-306-2675.

## **CUNA Prenatal Education and Support Group Enrollment**

January 18, 2022, 10:00 AM – 2:00 PM

Virtual Event Call to Register, 609-433-2609 (English), 609-356-6609 (Español)

**The Children's Home Society of New Jersey**

FREE Prenatal Health Education Support Group (Spanish group). Call to register – 609-433-2609.

GRATIS Grupo de Apoyo y Educación Prenatal en Español. Para registrarse llame al 609-356-6609.

## **24/7 Dad Parenting Class**

January 18, 2022, 6:00 PM

Register with Dorita White, [dwhite@thefathercenter.org](mailto:dwhite@thefathercenter.org) to receive link to class

**The Father Center of New Jersey**

Led by Dorita White, 24/7 Dad is a comprehensive fathering program designed to help men improve their parenting skills and knowledge. The program focuses on building self-awareness, self-caring, parenting, and relationship skills through 6-12 weekly sessions.

## **JANUARY 19**

### **FREE Pregnancy Testing**

January 19, 2022, 9:30 AM – 12:30 PM

Heritage North Family Success Center 1554 Princeton Ave, Trenton NJ 08638

**The Children's Home Society of New Jersey**

FREE Pregnancy Testing. To schedule an appointment, call 609-306-2675.

### **Honoring Maternal Health Week in Northern New Jersey**

January 19, 2022, 1:00 PM

<https://www.facebook.com/PartnershipMCH>

**Partnership for Maternal and Child Health of Northern New Jersey**

Mariekarl Vilceus-Talty, MA, BSN, President and CEO of the Partnership for Maternal and Child Health of Northern New Jersey, will host a live Facebook discussion with northern New Jersey hospital partners to discuss the significance of Maternal Health Week and events and initiatives that work to improve outcomes.

### **Find Your Roar Training**

January 19-20, 2022, 6:00 PM – 8:00 PM

Register now at [fyrtraining2022.eventbrite.com](https://fyrtraining2022.eventbrite.com)

**March of Dimes**

Come join us as we help you to develop your space in advocacy with our training. Special bonus: If you reside in New York or New Jersey you can attend this training for FREE!! Just use the promo code **MoDNY2022** or **MoDNJ2022** when you register! Any questions, please feel free to contact us at [fyr:mmuniversity@gmail.com](mailto:fyr:mmuniversity@gmail.com)

## **MommyWellness Circle**

January 19, 2022, 7:00 PM

Register now at <https://www.eventbrite.com/e/187838759787>

### **MommyEvolve**

During this circle mothers learn techniques in mindfulness to reduce stress and promote overall wellness.

## **Maternal Wellness: A Conversation with Former First Lady Mary Jo Codey**

January 19, 2022, 7:00 PM

[www.rca.edu/maternalwellness](http://www.rca.edu/maternalwellness)

### **Chabad of New Jersey Mental Health Initiative**

Helping others in their time of need through one's own challenges.

## **JANUARY 20**

### **“Getting to the Root - Part 2” - Segment #2 - Postpartum and the 4th Trimester: What Parents Need to Know**

January 20 – 23, 2022

<https://youtu.be/vUbxkhhXqxQ>

#### **AtlantiCare Health System - Women & Children's Service Line**

An annual mini-series sponsored by The Black Infant and Maternal Mortality Task Force of Atlantic City (BIMM). The BIMM Task Force was formed a few years ago to take action, create tools and strategies, as well as educate about the national and local crisis of maternal and infant mortality rates among women and babies of color. This year, we sponsored this 4-part mini-series that is perfect to share in celebration of Maternal Health Awareness.

### **Body and Soul Prenatal Education and Support Group Enrollment**

January 20, 2022, 10:00 AM – 1:00 PM

Virtual event. Call to register, 609-306-2675

#### **The Children's Home Society of New Jersey**

FREE Prenatal Education and Support Group. To register, call 609-306-2675.

### **Maternal Health Awareness Day 2022 – “Birth is a Family Affair”**

January 20, 2022, 11:00 AM-12:30 PM

[https://echo.zoom.us/meeting/register/tjcuceyqrTMtHdbmN4jipEftz-lv3n2\\_B4kj](https://echo.zoom.us/meeting/register/tjcuceyqrTMtHdbmN4jipEftz-lv3n2_B4kj)

#### **University Hospital – ACS OB/GYN**

Informative conversation including warning signs and risks, perinatal support, post-partum stress and how to manage, and community services and resources available. The panels include: “Learn about the importance of Maternal Health Awareness Day;” “Know about your rights as a birthing person and find virtual support;” “Let your voice be heard, Share your birth story! – Learn about the Maternal Experience Survey;” Learn about the post-birth warning signs and risks;” “Happy, Sad & Everything in Between! – Learn about maternal feelings during pregnancy and postpartum;” and “Learn about community services and resources to support and empower women and their families.” The session will be facilitated in English and Spanish.

## **Breastfeeding among Individuals Living with HIV: A Reasonable or Unreasonable Option?**

January 20, 2022, 1:00 – 2:00 PM

<https://www.partnershipmch.org/professional-education-programs/virtualprograms-2-2/>

Partnership for Maternal and Child Health of Northern New Jersey

This professional education program featuring Judy Levison, MD, MPH, a professor in the Department of Obstetrics and Gynecology at Baylor College of Medicine, will provide participants with current breastfeeding recommendations and guidelines for an HIV+ parent.

## **Vaccines and Pregnancy**

January 20, 2022, 3:30 PM

<https://us06web.zoom.us/j/855803436861?pwd=S2dZNRJZDdpdXdsYnNGWkjudWlBQT09>

Meeting ID: 858 0343 6861

Passcode: 759035

Alliance Community Healthcare Inc.

Alliance Community Healthcare Chief Medical Officer, Dr. Norma Roberts, OB/GYN will review the importance of keeping your vaccines updated during pregnancy with an emphasis on COVID 19 safety.

## **Resources for Parents**

January 20, 2022, 5:30 PM

135 Monticello Avenue, Jersey City, NJ

Community Treasures

Community Treasures is hosting a community baby shower to honor the memory of babies and mothers who have passed away. There will also be a virtual candle visual and an interview with a new mom. The program will end with a Wellness Day.

## **Maternal Health Awareness Day 2022**

January 20, 2022, 6:30 PM

<https://www.facebook.com/UniversityHospitalNewark>

University Hospital

University Hospital will be hosting a Facebook LIVE on January 20 at 6:30 pm with Dr. Chris Pernell, Chief Health Equity and Strategic Integration Officer and Dr. Lois Greene, Executive Director, Human Experience.

## **JANUARY 21**

### **Body and Soul Prenatal Education and Support Group Enrollment**

January 21, 2022, 10:00 AM – 1:00 PM

Virtual event. Call to register; 609-306-2675

The Children's Home Society of New Jersey

FREE Prenatal Education and Support Group. To register, call 609-306-2675.

### **The Institute of CGE's Relationship-Based Model for Trauma Informed Care**

January 21, 2022, 12:00 PM – 12:30 PM

[https://cge.zoom.us/webinar/register/WN\\_niLMUiu6SuelmkCCBapoDg](https://cge.zoom.us/webinar/register/WN_niLMUiu6SuelmkCCBapoDg)

The Institute of CGE (The Center for Great Expectations)

Carolyn Flynn, MA, LAC, CD Program Director of CGE's Community-Based Home Visitation Program, START, presents CGE's relationship-based approach to trauma-informed care for pregnant and parenting persons with substance use disorders.

## **Introducing “Community of Caring: The Paterson Doula Cooperative”**

January 21, 2022, 12:00 PM – 1:30 PM

[https://us02web.zoom.us/webinar/register/WN\\_2FCII4lpSuSFC8SFZRTI2w](https://us02web.zoom.us/webinar/register/WN_2FCII4lpSuSFC8SFZRTI2w)

Partnership for Maternal and Child Health of Northern New Jersey, New Destiny Family Success Center, and St. Joseph's Health

Doulas are a vital support through pregnancy and early parenthood, caring for mother and baby. Their presence in the delivery room has been proven to help birth outcomes. This exciting new program will help improve access to doulas for Paterson residents and provide training to doula candidates. This kickoff event is for healthcare professionals, Paterson residents, parents-to-be, career coaches, and anyone interested in learning more about this unique initiative.

## **Prenatal Nutrition 101**

January 21, 2022, 1:00 PM – 2:00 PM

Virtual link -- email [molly.fallon@rwjbh.org](mailto:molly.fallon@rwjbh.org) to register

**RWJBarnabas Health**

Led by Molly Fallon Dixon, MS, RSN, a registered dietitian nutritionist with RWJBarnabas Health, this virtual session will discuss all the nutrition moms-to-be need to know for a healthy pregnancy. For the class link or call-in information, please call **973-926-7371** or email [molly.fallon@rwjbh.org](mailto:molly.fallon@rwjbh.org).

## **JANUARY 22**

### **KinderSmile Perinatal Health & Wellness Program**

January 22, 2022, 10:00 AM – 1:00 PM

KinderSmile Community Oral Health Center Trenton, 101 North Broad Street, (Entrance on East Hanover) Trenton, NJ 08608

**KinderSmile Foundation**

KinderSmile Perinatal Health & Wellness program coordinator Gabriela Cevallos will provide invaluable information to perinatal mothers on how oral disease during pregnancy can affect their unborn child, proper oral hygiene and nutritional habits during pregnancy, oral diseases and its direct correlation to other systemic illnesses in the body, etc. The capacity of the work is 20 perinatal mothers. First come, first serve due to Covid-19. Mothers will leave empowered by the information provided and will be ready to deliver healthy babies. Oral Health is the gateway to total health.

### **Push Out Maternal Mortality**

January 22, 2022, 11:00 AM – 4:00 PM

16 W Front Street, Trenton, NJ

**Children's Futures**

A walkthrough of the City of Trenton to show the community where services can be received and ending at CF's Wellness Clinic for a meet and greet highlighting the nurses and doulas who support our pregnant and newly parenting families.

### **Find Your Roar Training**

January 22, 2022, 12:00 PM – 4:00 PM

Register now at [fyrtraining2022.eventbrite.com](https://fyrtraining2022.eventbrite.com)

**March of Dimes**

Come join us as we help you to develop your space in advocacy with our training. Special bonus: If you reside in New York or New Jersey you can attend this training for FREE!! This session is 4 hours, full day. Just use the promo code

**MoDNY2022** or **MoDNJ2022** when you register! Any questions, please feel free to contact us at

[fyr:mmuniversity@gmail.com](mailto:fyr:mmuniversity@gmail.com)

## JANUARY 23

### **“Getting to the Root - Part 2” - Segment #3 - “The Real” : Centering Pregnancy and Motherhood Experiences**

January 23 – 26, 2022

<https://youtu.be/EZJehUbpQol>

AtlantiCare Health System - Women & Children's Service Line

An annual mini-series sponsored by The Black Infant and Maternal Mortality Task Force of Atlantic City (BIMM). The BIMM Task Force was formed a few years ago to take action, create tools and strategies, as well as educate about the national and local crisis of maternal and infant mortality rates among women and babies of color. This year, we sponsored this 4-part mini-series that is perfect to share in celebration of Maternal Health Awareness.

### **Maternal Health Day Education Testing and Vaccination Clinic**

January 23, 2022, 12:00 PM – 4:00 PM

New Hope Church of God, 400 Hamilton Avenue, Trenton, NJ

New Jersey Black Women Physicians Association, Rutgers University Women's Health Institute, NJ Department of Health and Horizon Blue Cross Blue Shield

Education, testing and vaccination Clinic with an emphasis on pregnant and recent postpartum persons and their families.

### **Postpartum Support International NJ Chapter's Meet and Greet**

January 23, 2022, 1:00 PM

<https://www.eventbrite.com/o/postpartum-support-international-new-jersey-34089281205>

Postpartum Support International NJ Chapter

Brief explanation of the organization and meet and greet current co-presidents and other board members. Find out how to get involved!

### **Mommy Mindfulness Meetup**

January 23, 2022, 7:00 PM

<https://us05web.zoom.us/j/85651230425?pwd=bnVyMjBHeGluOU00ME9KUEJiMjUyQT09>

Nutshell Birthing

This event will consist of an introduction to herbs helpful in pregnancy and the 4th trimester by Herbalist Stephanie Cedeño of CedCareCo., along with a Tea Ceremony held by herself. Doula and Lactation Consultant statistics will be offered by myself for insight of planning of conception, pregnancy, and postpartum closing with Sound Bowl Therapy for the attendees' mindfulness pleasure.

## JANUARY 24

### **Maternal Health Awareness Day 2022: Amplifying the Voices of Our Mothers**

January 24, 2022, 11:00 AM

[https://www.zoomgov.com/webinar/register/WN\\_xLdwPX2R-qywxXWreTbA](https://www.zoomgov.com/webinar/register/WN_xLdwPX2R-qywxXWreTbA)

Office of First Lady Tammy Murphy

“Not about us, without us.” This Maternal Health Awareness Day, we are centering the voices of those most affected by our maternal health crisis—our moms. It is our responsibility to listen to their voices, lift them up, and it is our duty to act. Join First Lady Tammy Murphy for a panel discussion with mothers who will share their stories and experiences about navigating pregnancy and motherhood, and the importance of Maternal Health Awareness Day.

## Having a Healthy Pregnancy During a Pandemic

January 24, 2022, 11:30 AM – 12:00 PM

[https://us02web.zoom.us/webinar/register/WN\\_InM3hY2YTLsJqJxV0ZG3sQ](https://us02web.zoom.us/webinar/register/WN_InM3hY2YTLsJqJxV0ZG3sQ)

### RWJBarnabas Health

For many families, expecting a new baby is usually a time of great joy and excitement. However, with the COVID-19 pandemic, many pregnant women are instead feeling anxious and concerned about how the outbreak will affect their pregnancy, delivery and the overall health of their baby and themselves. Sarah Rieber, DNP, APN-C, IBCLC, PMH-C talks about this important topic

## Maternal Health Awareness Blood & Platelet Drive

January 24, 2022, 12:00 PM – 6:00 PM

Arline & Henry Schwartzmann Courtyard at RJWUH, One Robert Wood Johnson Place, New Brunswick, NJ  
Visit [www.heroesformoms.com](http://www.heroesformoms.com) and [www.rwjuhdonorclub.org](http://www.rwjuhdonorclub.org) or call **732-235-8100 ext. 221** to make an appointment  
**Robert Wood Johnson University Hospital, Hero's For Moms and Rutgers, Robert Wood Johnson Medical School - Department of Obstetrics, Gynecology and Reproductive Services**

A community blood drive organized and sponsored by survivors of maternal health traumas in New Jersey. Educating and advocating for the recognition is that without a robust and dependable volunteer blood supply their personal outcomes could have been very different!

## Maternal Health In The Times of COVID

January 24, 2022 at 2:00 PM – 3:00 PM

<https://us02web.zoom.us/j/81594635356?pwd=WTIoTzcxZnNBRURlUWU3QUEvUFAxZz09>

### UnitedHealthcare Community Plan and Homefront

Learn about Maternal and Infant Health Tips, Techniques, and Tools to Improve your Health during COVID. Speakers include members from the UnitedHealthcare Community Plan such as Dr. Marilyn Gordon, Chief Medical Officer at UnitedHealthcare Community Plan, and members from Homefront.

## JANUARY 25

## Postpartum Like a Pro: What Every Parent Should Know

January 25, 2022, 1:00 PM – 2:00 PM

<https://us02web.zoom.us/j/87533428163?pwd=VEliekhsais2TFVlSERISng2QnRaQT09>

### Partnership for Maternal and Child Health of Northern NJ

Join the Partnership for a presentation that explores how to care for yourself after birth. Ines P. Serna – a certified childbirth educator and birth doula, will discuss topics such as physical and emotional changes post birth, managing postpartum discomforts, and how to take care of your body in this phase. The event is open to expectant birthing individuals, those who have recently given birth, and health care professionals.

## 24/7 Dad Parenting Class

January 25, 2022, 6:00 PM

Register with Dorita White, [dwhite@thefathercenter.org](mailto:dwhite@thefathercenter.org) to receive link to class

### The Father Center of New Jersey

Led by Dorita White, 24/7 Dad is a comprehensive fathering program designed to help men improve their parenting skills and knowledge. The program focuses on building self-awareness, self-caring, parenting, and relationship skills through 6-12 weekly sessions.

### **“Getting to the Root - Part 2” -, Segment #4 - Father to Father: Discussions on Black Fatherhood**

January 26 –28, 2022

<https://youtu.be/Vsc81LJ2Aoo>

AtlantiCare Health System - Women & Children's Service Line

An annual mini-series sponsored by The Black Infant and Maternal Mortality Task Force of Atlantic City (BIMM). The BIMM Task Force was formed a few years ago to take action, create tools and strategies, as well as educate about the national and local crisis of maternal and infant mortality rates among women and babies of color. This year, we sponsored this 4-part mini-series that is perfect to share in celebration of Maternal Health Awareness.

### **Cuidado del embarazo y posparto durante el COVID-19**

January 26, 2022, 10:00 AM

<https://us02web.zoom.us/meeting/register/tZcoc-qhrDMsHNG7Kvd9UqxDZQK5HI4P-q3b>

Healthy Women, Healthy Families - New Destiny FSC & Partnership of Maternal and Child Health

Los trabajadores de salud comunitarios de New Destiny FSC y el Partnership of Maternal and Child Health se unen para hablar sobre la atención del embarazo y el posparto. Además podemos ayudarte a navegar en el system durante COVID-19.

### **Covid, Vaccination and Pregnancy**

January 26, 2022, 10:00 AM

<https://us06web.zoom.us/j/88544086793?pwd=dDQxQ05HY0lJaERwVFA0UzITUE80Zz09>

New Jersey Black Women Physicians Association, Newark Community Health Center, Rutgers University Women's Health Institute, and Horizon Blue Cross Blue Shield

Virtual educational session regarding Covid, Vaccination and Pregnancy in English and Spanish. Followed by Q&A.

### **Understanding Perinatal Mood and Anxiety Disorders**

January 26, 2022, 10:30 AM – 11:00 AM

[https://us02web.zoom.us/webinar/register/WN\\_FTd9lrRGQVqb\\_byI-T8kcv](https://us02web.zoom.us/webinar/register/WN_FTd9lrRGQVqb_byI-T8kcv)

RWJBarnabas Health

Perinatal mood and anxiety disorders are one of the most common complications of pregnancy and childbirth, yet many of us don't know what signs and symptoms to look for. Join us for a conversation with maternal mental health expert Lisa Tremayne, RN, PMH-C, CBC.

### **Postpartum Care During COVID-19**

January 26, 2022, 12:00 PM

<https://us02web.zoom.us/meeting/register/tZ0kf-msrjltHdM-ztj9qydSfkoqB13KHnhU>

Healthy Women, Healthy Families - New Destiny FSC & Partnership of Maternal and Child Health

The Community Health Workers are coming together to discuss postpartum care and how to navigate it during COVID-19.

### **Human Lactation & the Legislative Body: A Journey to Equity in NJ**

January 26, 2022, 12:00 PM

[https://us06web.zoom.us/webinar/register/WN\\_WltHDdhHR5-x9FQax-olaQ?t=1641211367006](https://us06web.zoom.us/webinar/register/WN_WltHDdhHR5-x9FQax-olaQ?t=1641211367006)

Perinatal Health Equity Initiative and Montclair State University

Dr. Nastassia Davis & Zakiya Stewart; Jill Wodnick; Ellen Maughn; and Rose St. Fleur.

In honor of #123for moms Perinatal Health Equity Initiative, Montclair State University, and The New Jersey Breastfeeding



Coalition will be presenting a webinar to the NJ legislative body. The goal is to assist policy makers in gaining an understanding about current laws, programs and policies about breastfeeding in NJ. With the expansion of NJ maternal infant health proposed bills, clarity about the status of breastfeeding is needed now more than ever. From breastfeeding initiation, retention, pumps, insurance coverage, Covid 19 to questions about coverage, workforce and coordination of care, come to a presentation designed with NJ in mind!

### **Postpartum Maternal Morbidity and Its Impact on Quality of Life**

January 26, 2022, 2:00 PM – 3:00 PM

<https://cjfhc.org/event/postpartum-maternal-morbidity-and-its-impact-on-quality-of-life/>

#### **Central Jersey Family Health Consortium**

A discussion about the leading causes of maternal morbidity in New Jersey and tools that can be used to help decrease the number of families affected by these conditions followed by personal stories shared by the women who experienced severe pregnancy-related complications.

Moderator: Patricia D. Suplee, PhD, RNC-OB, FAAN, Director of Professional Education & Research

Speakers: Jessica Montalto, Perinatal Mood and Anxiety Disorders Survivor

Vu-An Foster, MPH, Founder of Life After 2 Losses

### **Fifth Annual Maternal Health Awareness Day Virtual Meeting**

January 26, 2022, 3:00 PM – 5:00 PM

<https://rutgers.zoom.us/j/99022361594?pwd=MIBTRUIiVWk2emV0VlJUYytZRGx4Zz09>

Meeting ID: 990 2236 1594

Password: MFM2022

#### **Rutgers New Jersey Medical School**

Prevention of Maternal Morbidity and Mortality

Featuring: Judith Persichilli, Commissioner of Health, Senator Cory Booker, Kavita Shah Arora MD, MBE, MS, Chair ACOG Ethics Committee, Joseph J Apuzzio MD, and Lisa Gittens Williams MD

### **Breastfeeding – Learning and Supporting Each Other**

January 26, 2022, 6:30 PM

<https://zoom.us/j/96702524565?pwd=R2xzWUc3ZWx2UFpYVE5wdlh4UXNUQT09>

#### **Acenda**

In a supportive peer setting, learn about breastfeeding and get your breastfeeding questions answered by Certified Breastfeeding Counselors.

## **JANUARY 27**

### **Community Engagement with POST-BIRTH Warning Signs Education: Collaborating with Federally Qualified Health Centers, Prenatal Clinics and Family Success Centers**

January 27, 2022, 1:00 PM – 2:00 PM

<https://cjfhc.org/event/community-engagement-with-post-birth-warning-signs-education-collaborating-with-healthcare-providers-from-federally-qualified-health-centers-prenatal-clinics-and-family-success-centers/>

#### **Central Jersey Family Health Consortium**

A discussion with Central Jersey Family Health Consortium (CJFHC)'s Patricia D. Suplee, PhD, RNC-OB, FAAN, Director of Professional Education & Research, and Jamie Agunzday, MA, BSN RNC-OB, Nurse Abstractor on the importance of raising awareness of maternal health issues, particularly those that contribute to the most common causes of maternal morbidity, severe life-threatening illness, with partners in the community who provide care and interact with childbearing families.

## **Creating a Strong Foundation: Practical Suggestions for Improving Nurse Resilience and the Work Environment in a Maternity Setting**

January 27, 2022, 2:00 PM – 3:00 PM

<https://www.partnershipmch.org/professional-education-programs/virtualprograms>

Partnership for Maternal and Child Health of Northern NJ

This professional education program featuring Rebecca R. S. Clark, PhD, MSN, RN, CNM, WNHP-BC, a nurse, midwife, and scientist, will help administrators identify current challenges facing inpatient maternity nursing units, discuss what research tells us regarding maternity unit nursing resources (e.g., the work environment and staffing), maternity nurse burnout and job satisfaction, and how these are associated, and consider possible solutions for improving maternity nurse resilience

### **JANUARY 28**

#### **Count the Kicks Webinar**

January 28, 2022, 12:00 PM – 1:00 PM

[bit.ly/SaveBabiesNJ](https://bit.ly/SaveBabiesNJ)

Count the Kicks

Healthy Birth Day, Inc. is excited to offer all New Jersey Healthcare and Community-Based Providers a FREE 60-minute webinar on Count the Kicks. Count the Kicks is a stillbirth prevention education campaign that educates and empowers expectant parents to track fetal movement in the third trimester. Speakers: Stephaney Moody (Health Equity Coordinator) and Vu-An Foster (NJ Ambassador)

### **JANUARY 31**

#### **Learning Event: Models of Community-Centered Maternal Mental Health and Substance Misuse Disorder Programs**

January 31, 2022, 11:00 AM-1:00 PM

Virtual – Email [maddie@chap.health](mailto:maddie@chap.health) to register

The Community Health Acceleration Partnership

CHAP will showcase effective models of Community-Centered Maternal Mental Health and Substance Misuse programs. The purpose of the meeting is to invite discussion with experts and identify community-centered interventions that train community health workers, peers, and doulas on evidence-informed trauma attuned interventions that can be employed throughout the reproductive life course and improve maternal health outcomes while eliminating racial disparities.



@FIRSTLADYNJ ON TWITTER & FACEBOOK @FIRSTLADYNEWJERSEY ON INSTAGRAM