WHY YOU NEED A FLU VACCINE

Getting a flu vaccine can...

...prevent millions of illnesses and flu-related doctor’s visits each year.

...help save medical resources for those who are suffering from COVID-19.

...help to protect you and those around you.

Everyone 6 months of age and older should get an annual flu vaccination, especially those who are at high-risk for severe complications from the flu, including:

- young children
- pregnant women
- people with certain chronic health conditions (e.g., asthma, diabetes, or heart disease)
- people 65 years and older

YOU have the POWER to PROTECT against flu. #FightTheFluNJ

For more information, please visit: www.nj.gov/health/cd/topics/flu.shtml
Source: CDC Flu Vaccine Benefits

NJ Health
New Jersey Department of Health
OCDS New Jersey Communicable Disease Service