

# New Jersey Viral Hepatitis Resource Guide

This guide is designed to assist New Jersey residents and healthcare providers identify hepatitis resources.

There are three sections to this guide: vaccination and screening sites, treatment resources and education & advocacy resources. Each section offers information by county. Please note that some of the vaccination and screening sites have limitations of who may use their services. You are encouraged to call a testing/screening site to confirm that this information is still current.

# Glossary of acronyms and terms used in this guide:

HAV: Hepatitis A virus

HBV: Hepatitis B virus

HCV: Hepatitis C virus

Combo: Hepatitis A and B combination vaccine (example: Twinrix).

Gastroenterology: The study and treatment of the digestive system and its disorders.

Hepatology: The study and treatment of diseases of the liver; usually considered a sub-specialty.

High risk individuals: Persons at higher risk for contracting viral hepatitis due to various risk factors, such as: sexual contact with a hepatitis infected person, multiple sexual partners, birth from a hepatitis infected mother, living with a sexually transmitted disease, current or past drug injection use, occupational exposure to blood and long-term hemodialysis, receipt of blood or organs prior to July 1992 and receipt of clotting factor concentrate before 1987.

Infectious disease (ID): The study and treatment of communicable diseases, such as hepatitis.

STD: sexually transmitted disease (also known as STI, sexually transmitted infection). An infection transmitted through sexual contact.

# Free or Low-cost Vaccination and Screening Sites

Hours may change without notice. Please call ahead to confirm hours before arrival. Some of the facilities listed offer services to existing clients only. Individuals may wish to contact the facility and ask if they are accepting new patients. The information for free/low-cost vaccination and screening has been provided to the department by a variety of sources, including self-report by the organization. This list is provided for informational purposes only.

# **ATLANTIC COUNTY**

# **Atlantic County Health Department**

201 S. Shore Road-Stillwater Building Northfield, NJ 08825 (609) 645-5933 www.aclink.org/publichealth/

Hours:

STD clinic: Mon 2:30-4pm

Adult clinic: 8:30am-4pm Mon-Fri by appointment only

Vaccine offered: HAV, HBV, Combo

Fee: For uninsured only

# **OASIS Drop-In Center**

32 S. Tennessee Avenue Atlantic City, NJ 08401 (609) 348-2437

Hours: Mon-Fri 9am-2pm (First come, first served; Call to confirm nurse is in)

Vaccine offered: Combo

Fee: None

\*Hepatitis B and C testing also available

### **BERGEN COUNTY**

### **North Hudson Community Action Corporation**

www.nhcac.org

25 East Salem Street Hackensack, NJ 07601 (201) 464-7844

Hours: Mon/Tues/Thur/Fri/Sat: 8:30am-5pm; Wed 8:30am-7pm

Vaccine offered: HAV and HBV

Fee: Sliding scale; Administrative fee charged

# **North Hudson Community Action Corporation (continued)**

www.nhcac.org

197 South Van Brunt Street Englewood, NJ 07631 (201) 537-4442

Hours: Mon through Fri: 8:30am-5pm; 4<sup>th</sup> Sat of month: 8:30am-5pm

Vaccine offered: HAV and HBV

Fee: Sliding scale; Administrative fee charged

535 Midland Avenue Garfield, NJ 07026 (973) 340-1182

Hours: Mon/Tues/Thur/Fri: 8:30am-5pm; Wed 8:30am-7pm; 4<sup>th</sup> Sat of month: 8:30am-5pm

Vaccine offered: HAV and HBV

Fee: Sliding scale; Administrative fee charged

124 Grand Street Hoboken, NJ 07030 (201) 795-9521

Hours: Mon/Tues/Thur/Fri: 8:30am-5pm; Wed 10:30am-7pm

Vaccine offered: HAV and HBV

Fee: Sliding scale; Administrative fee charged

# **BURLINGTON COUNTY**

South Jersey Family Medical Centers Burlington City Clinic 655 High Street Burlington, NJ 08016 (609) 386-0775 www.sjfmc.org

Hours: By appointment only Vaccine offered: HAV and HBV

Fee: Sliding scale

# **Burlington County Health Department**

15 Pioneer Blvd. Westampton, NJ 08060 (609) 265-5533 www.co.burlington.nj.us/health

Hours: 4<sup>th</sup> Monday of the month (Jan, Apr, Sept and Nov); by appointment only

Vaccine offered: HBV only

Fee: Free

NOTE: Adolescent vaccine only. Contact your child's school nurse to determine eligibility

**Adult Immunization Program** 

Hours: 2<sup>nd</sup> Thursday of the month; by appointment only

Vaccine offered; HAV, HBV, Combo

Fee: For uninsured and underinsured Burlington Co residents

### **CAMDEN COUNTY**

# **Camden County Health Department**

www.camdencounty.com

# **Bellmawr Clinic**

35 East Browning Road Bellmawr, NJ 08031 (856) 931-2700

Hours: Monday arrive by 8:30am. Limited number of clients seen per day.

Vaccine offered: HAV, HBV, Combo

Fee: Free

NOTE: For STD clinic patients only. Call ahead to ensure clinic is not canceled.

### **CAMcare Health Corporation**

www.camcare.net

CAMcare Gateway 817 Federal Street, Suite 300 Camden, NJ 08103 (856) 541-3270

CAMcare East 2610 Federal Street Camden, NJ 08105 (856) 635-0203 CAMcare South 8<sup>th</sup> & (Van Hook) Carl Miller Blvd. Camden, NJ 08103 (856) 541-4926

CAMcare Clementon 121 White Horse Pike Clementon, NJ 08021 (856) 627-7701

Hours: By appointment only

Vaccine offered: HAV, HBV, Combo

Fee: Sliding scale

#### **Osborn Family Health Center**

1601 Haddon Avenue Camden, NJ 08103 (856) 757-3700

Hours: By Appointment

Vaccine offered: HAV and HBV

Fee: Sliding Scale; Most insurance accepted

## **Tatem Brown Family Practice Center**

2225 Evesham Road, Suite 101 Voorhees, NJ 08043 (856) 795-4330

Hours: By Appointment

Vaccine offered: HAV and HBV

Fee: Varies; Some insurance accepted

### **Kennedy Family Health Services at Somerdale**

1 Somerdale Square Somerdale, NJ 08080 (856) 309-7700

Hours: By Appointment

Vaccine offered: HAV and HBV

Fee: Varies; Most insurance accepted

# **Kyle Will Virtua Family Health Center**

1000 Atlantic Avenue Camden, NJ 08104 (856) 246-3542

Hours: By Appointment Only Vaccines offered: HAV and HBV

Fee: Self Pay, Charity Care; Most insurance accepted

## Project H.O.P.E. Homeless Outreach Program Enrichment

439 Clinton Street Camden, NJ 08103 (856) 968-2320

Hours: Mon-Fri. 8:30am-4:40pm Vaccines offered: HAV and HBV

Fee: Sliding scale

#### **Camden Area Health Education Center (AHEC)**

Community Health Mobile Van 514 Cooper Street Camden, NJ 08102 (856) 963-2432 www.camden-ahec.org

Services offered on the Camden AHEC Community Health Van include FREE testing for hepatitis, STD, HIV and other chronic diseases. The mobile van services the Camden area with day, evening and night outreach. Visit the Camden AHEC website for the monthly van schedule.

#### **CAPE MAY COUNTY**

# Cape May County Health Department STD Clinic @ Crest Haven Complex

6 Moore Road Cape May Court House, NJ 08210 (609) 465-1202 www.capemaycountygov.net

Hours: Tues 4:30-5:30pm and by appointment

Vaccine offered: HAV, HBV and Combo

Fee: Free

**NOTE:** For STD clinic patients only

#### **ESSEX COUNTY**

# Newark Department of Health & Well Being Communicable Disease Prevention and Treatment Center

110 William Street Newark, NJ 07102 (973) 648-2474 www.ci.newark.nj.us

Hours: Walk-ins Mon-Fri 8:30am-4pm Vaccine offered: HAV, HBV and Combo

Fee: Free for at-risk patients; some insurance accepted.

# **Montclair Health Department**

205 Clairmont Avenue, 3<sup>rd</sup> Floor Montclair, NJ 07042 (973) 509-4970 www.montclairnjus.org

*Hours:* 1<sup>st</sup> and 3<sup>rd</sup> Monday 9am-12pm (call to confirm dates/times)

Vaccine offered: HAV, HBV, Combo

Fee: Free for high-risk individuals; fee varies for all others (\$35-55)

NOTE: Serving residents of Belleville, Cedar Grove, Glen Ridge, Montclair, Nutley and Verona only

## **Newark Community Health Centers, Inc.**

www.nchcfqhc.org

444 Williams Street East Orange, NJ 07017 (973) 675-1900

1150 Springfield Avenue Irvington, NJ 07111 (973) 399-6292 741 Broadway Newark, NJ 07104 (973) 483-1300

101 Ludlow Street Newark, NJ 07114 (973) 565-0355

982 Broad Street Newark, NJ 07102 (973) 353-0699 37 N. Day Street Orange, NJ 07050 (973) 483-1300

Hours: Mon-Fri 9am-7pm, Sat 9am-5pm; walk-ins accepted, but appointment preferred

Vaccine offered: HAV, HBV, Combo

Fee: Vaccine is free, but sliding fee charge for office visit; co-pay may be charged

# **GLOUCESTER COUNTY**

# **Gloucester County Health Department**

www.co.gloucester.nj.us

# **Washington Township Clinic**

204 East Holly Avenue Sewell, NJ 08080 (856) 218-4101

Hours:

STD and adult clinic: Mon: 10am-4pm,

Wed 2-7pm, Fri 9am-4pm

Vaccine offered: HAV, HBV, Combo Fee: Free for uninsured or underinsured

### **HUDSON COUNTY**

#### **Horizon Health Center**

www.horizonhealth.org

714 Bergen Avenue Jersey City, NJ 07306 (201) 451-6300

Hours: Mon 12-6:45pm; Tues 9am-3:45pm; Wed 12-3:45pm; Thur/Fri 9am-4:45pm

Vaccine offered: HAV, HBV and Combo

Fee: Sliding scale

115 Christopher Columbus Drive Jersey City, NJ 07302 (201) 710-2200

Hours: Wed 9am-5pm, Thur 9am-5pm Vaccine offered: HAV, HBV and Combo

Fee: Sliding scale

## **Metropolitan Health Network**

935 Garfield Avenue Jersey City, NJ 07304-2731 (201) 478-5800 www.metrofhn.com

Hours: Mon/Wed/Fri 8:30am-5pm; Tues/Thur 8:30am-7:30pm; Sat 8:30am-1:30pm

Vaccine offered: HBV only

Fee: \$103 per dose (if no insurance, add \$182 for visit); if insured, \$15 co-pay charge

### **North Hudson Community Action Corporation Health Center**

www.nhcac.org

#### **NCHAC Health Center at West New York**

5301 Broadway West New York, NJ 07903 (201) 866-9320

Hours: Mon/Wed/Thur: 8:30am-7pm; Tues/Fri/Sat: 8:30am-5pm

Vaccine offered: HAV and HBV

Fee: Sliding scale; Administrative fee charged

# North Hudson Community Action Corporation Health Center

714 31<sup>st</sup> Street Union City, NJ 07087 (201) 863-7077

Hours: Mon/Tues/Wed/Fri/Sat 8:30am-5pm; Thurs: 8:30am-7pm

Vaccine offered: HAV and HBV

Fee: Sliding scale; Administrative fee charged

### **NHCAC Health Center at Jersey City**

324 Palisade Avenue Jersey City, NJ 07307 (201) 459-8888

Hours: Mon/Tues/Wed/Fri/Sat 8:30am-5pm; Thurs: 8:30am-7pm

Vaccine offered: HAV and HBV

Fee: Sliding scale; Administrative fee charged

### **NHCAC Health Center at North Bergen**

1116 43<sup>rd</sup> Street North Bergen, NJ 07047 (201) 330-2632

Hours: Mon/Tues/Thurs/Fri 8:30am-5pm; Wed 8:30am-7pm

Vaccine offered: HAV and HBV

Fee: Sliding scale; Administrative fee charged

### **HUNTERDON COUNTY**

## **Phillips Barber Family Health Center**

72 Alexander Avenue Lambertville, NJ 08530 (609) 397-3535 www.hunterdonhealth.org/phillipsbarberfamily

Hours: Mon/Tues/Wed/Thur 8:30am-8:30pm; Fri 8:30am-5pm; Sat 8:30am-4pm; Sun 10:30am-

*3pm* 

Vaccine offered: HAV, HBV, Combo

Fee: Sliding scale

# **MERCER COUNTY**

## Henry J. Austin Health Center

321 N. Warren Street Trenton, NJ 08618 (609) 278-5900 www.henryjaustin.org

Hours: Mon-Fri 8am-5pm; Sat 9am-1pm (Saturday hours by appointment only)

Vaccine offered: HAV, HBV and Combo

Fee: Sliding scale

NOTE: Both Pediatric and Adult vaccination offered. Charge for office visit and for vaccine administration. Appointments preferred

# City of Trenton-Division of Health Adult Health Clinic

218 North Broad Street Trenton, NJ 08608 (609) 989-3242, #4 www.trentonnj.org

Hours: Mon/Wed/Fri 8:30-11am & 1:15-3pm (Walk-in hours)

Vaccine offered: HAV, HBV and Combo

Fee: Free

# **Hamilton Township Division of Health**

2100 Greenwood Avenue Hamilton, NJ 08609 (609) 890-3647

Hours: Tuesdays 9-11am (Walk-in hours) Vaccine offered: HAV, HBV and Combo

Fee: Free to uninsured; Sliding scale for others

NOTE: First come/first served. Must be a resident of Hamilton, Ewing, Lawrence, Princeton, Hopewell Twp., Hightstown, East Windsor, West Windsor, Robbinsville to access services.

Students from Rider University or the College of New Jersey eligible to receive services with college identification

# MIDDLESEX COUNTY

#### **Jewish Renaissance Medical Center**

272A Hobart Street Perth Amboy, NJ 08861 (732) 376-9333 www.jrmc.org

Hours: Mon/Tues/Wed/Thur 7:45am-8pm; Fri 8am-4pm; Sat 9am-1pm

Vaccine offered: HAV and HBV

Fee: Sliding scale

# **MONMOUTH COUNTY**

# Visiting Nurses Association of NJ

www.vnannj.org

#### **Community Health Center I**

1301 Main St Asbury Park, NJ 07712 (732) 224-6992

# **Community Health Center II**

572 Cookman Avenue Asbury Park, NJ 07712 (732) 224-6992

# **Keyport Primary Care Center**

35 Broad Street Keyport, NJ 07735 (732) 888-4149

## **Red Bank Community Care Center**

141 Bodman Place Red Bank, NJ 07701 (732) 219-6620

### **Keansburg Community Care Center**

100 Main Street Keansburg, NJ 07734

Hours: Vary by site; call to confirm Vaccine offered: HAV, HBV, Combo

Fee: Sliding scale

NOTE: Both Pediatric and Adult vaccination offered. Charge for office visit and for vaccine administration. Appointments preferred.

### **Monmouth County Health Department**

3435 Route 9 Freehold, NJ 07728 www.co.monmouth.nj.us/health (732) 431-7456

Hours: By appointment only Vaccine offered: HAV, HBV

Fee: Free to uninsured or underinsured Monmouth County residents

NOTE: Both Pediatric and Adult vaccination offered.

# **MORRIS COUNTY**

#### **Zufall Health Centers**

www.zufallhealth.org

17 S. Warren Street Dover, NJ 07801 (973) 328-3344

4 Atno Avenue Morristown, NJ 07960 (973) 267-0002

Hours: Mon/Wed/Thur 8am-6pm; Tues 8am-7pm; Fri 9am-5pm; Sat 8am-2pm

Vaccine offered: HAV and HBV

Fee: Sliding scale for adults; free for children

NOTE: Both Pediatric and Adult vaccination offered. Charge for office visit and for vaccine administration for those adults with insurance. Appointment not needed.

### **OCEAN COUNTY**

#### **Ocean Health Initiatives**

www.ohinj.org

101 Second St. Lakewood, NJ 08701 (732) 363-6655

301 Lakehurst Rd Toms River, NJ 08755 (732) 552-0377

333 Haywood Rd Manahawkin, NJ 08050 (609) 489-0110

Hours: By appointment only

Vaccine offered: HAV, HBV, Combo

Fee: Sliding scale for adults (\$25-\$45); free for children NOTE: Both Pediatric and Adult vaccination offered

# **PASSAIC COUNTY**

#### **Paterson Board of Health**

176 Broadway (Corner of Memorial Drive) Paterson, NJ 07505 (973) 321-1277 x2719 www.patersonnj.gov

Hours: Mon, Tues, Thur, Fri 11:30am-1pm

Vaccine offered: HAV and HBV

Fee: Free

# Paterson Community Health Center, Inc.

32 Clinton Street Paterson, NJ 07522-1799 (973) 790-6594 www.njpca.org/FQHC/fqhccounty

Hours: Mon, Wed, Thur 9am-5pm; Tues/Fri 9am-8pm

Vaccine offered: HAV and HBV

Fee: Sliding scale

# **North Hudson Community Action Corporation**

www.nhcac.org

#### **NHCAC Health Center at Passaic**

110 Main Avenue Passaic, NJ 07055 (973) 777-0256

Hours: Mon/Tues/Thur/Fri/Sat: 8:30am-5pm; Wed 8:30am-7pm

Vaccine offered: HAV and HBV

Fee: Sliding scale; Administrative fee charged

#### **SOMERSET COUNTY**

# Women's Health & Counseling Center

71 Fourth Street Somerville, NJ 08876 (908) 526-2335 www.womenandhealth.org

Hours: By appointment only Vaccine offered: HAV and HBV

Fee: Sliding scale

# **SUSSEX COUNTY**

## Sussex County Department of Environmental & Public Health Services

201 Wheatsworth Road Hamburg, NJ 07419 (973) 579-0570 www.sussex.nj.us/health

Hours: By appointment only. Call (973) 579-0570 x1211 to make an appointment

Vaccine offered: HAV, HBV and Combo

Fee: Free for uninsured or underinsured or \$35/dose. Cash/check accepted/no credit cards

### **Hepatitis Vaccination Clinic for Sussex County First Responders**

Contact the Sussex Co. Department Public Health Services for appointment **NOTE**: Services are available to emergency responders, firemen, policemen and other people

whose occupations place them at risk for contracting hepatitis.

### **UNION COUNTY**

# **Neighborhood Health Services Corporation**

www.phcmednet.org

1700-58 Myrtle Avenue Plainfield, NJ 07063 (908) 753-6401

950 Park Avenue Plainfield, NJ 07060 (908) 754-5840

427 Darrow Avenue Plainfield, NJ 07060 (908) 731-4288

184 First Street Elizabeth, NJ 07206 (908) 355-4459

Hours: Mon, Wed, Fri: 8am-5pm; Tues, Thur 8am-8pm; Sat 9am-1pm;

Vaccine offered: HAV and HBV Fee: Sliding scale; Charity care

### **Union County Immunization Center**

40 Parker Road Elizabeth, NJ 07207 (908) 965-3868

Hours: Monday – Friday 8:30am to 3pm; By appointment only

Vaccine offered: HAV and HBV

Cost: Free to eligible Union County residents

### Hillside Board of Health

Municipal Building Liberty & Hillside Avenue Hillside, NJ (973) 926-4535

Hours: Offered on a monthly basis by appointment only

Vaccine offered: HAV and HBV

Fee: Sliding scale; Free to income eligible Hillside residents only

# **Rahway Health Department**

1 City Hall Rahway, NJ (732) 827-2085

Hours: By appointment only Vaccines offered: HAV and HBV

Fee: Sliding scale; Free to income eligible residents of Berkeley Heights, Hillside, Scotch Plains

and Winfield only

# **Westfield Regional Health Department**

425 East Broad Street Westfield, NJ (908) 789-4070

Hours: By appointment only Vaccine offered: HAV and HBV

Fee: Sliding scale; Free to income eligible residents of Westfield, Cranford, Fanwood, Garwood,

Mountainside, Roselle Park, New Providence, and Summit only

# **Union Twp Board of Health**

Covering Kenilworth 1976 Morris Avenue Union, NJ (908) 851-8507

Hours: By appointment only Vaccine offered: HAV and HBV

Fee: Free to income eligible residents of Kenilworth

#### **Linden Board of Health**

301 N. Wood Avenue Linden, NJ (908) 474-8409

Hours: By appointment only Vaccine offered: HAV and HBV

Fee: Free to income eligible Linden residents only

# **Elizabeth Division of Health**

50 Winfield Scott Plaza Elizabeth, NJ (908) 820-4089

Hours: By appointment only Vaccine offered: HAV and HBV

Fee: Free to income eligible Elizabeth residents only

# **Springfield Health Department**

(Covered by Madison Health Department) 28 Walnut Street Madison, NJ 07940 (973) 593-3079

Hours: By appointment only Vaccine offered: HAV and HBV

Fee: Free to income eligible residents only

# **Commercial Pharmacies and Vaccination**

Commercial pharmacies, such as CVS, Rite-Aid and Walgreens offer hepatitis A and B vaccination at many of their locations. According to their websites, they offer both pediatric/child and adult doses. CVS and Walgreens list the prices on their websites (as of September 2013); Rite-Aid did not list prices. Call the pharmacy of the location you plan to visit to confirm prices and availability.

CVS: www.minuteclinic.com/services/vaccination

Walgreens: www.walgreens.com/topic/pharmacy/healthcare-clinic

Rite-Aid: www.riteaid.com/pharmacy

# **Clinical/Treatment Resources**

The websites below may assist in locating providers who treat persons with viral hepatitis infection. These websites offer "physician locator" and/or other patient resources that you may find helpful.

American College of Gastroenterology www.acg.gi.org
American Gastroenterology Association www.gastro.org
American Association for the Study of Liver Diseases www.aasld.org
Infectious Disease Society of NJ www.idsnj.org
New Jersey Medical Society www.msnj.org

A patient assistance program, Partnership for Prescription Assistance, is another resource for those who are uninsured or underinsured to receive financial assistance paying for medications. www.pparx.org. Some pharmaceutical companies also provide patient assistance with certain prescription drugs; the amount of assistance provided varies. Contact the company that makes the medication you are taking for more information.

\*Note: for those who are HIV positive, hepatitis A and B vaccinations and hepatitis C testing and treatment are covered under the AIDS Drug Distribution Program. For more information about this program contact the New Jersey AIDS/STD Hotline at 1-800-624-2377 or http://www.state.ne.us.health/aids/aidsprv.htm

# **Laboratory Definitions**

If you believe that you have hepatitis, you are encouraged to get tested. A blood test is the only way to know if you have the hepatitis virus. Testing will determine if you have the virus in your blood. Once tests are run, the healthcare provider will discuss the results with you. If you are "screened" for hepatitis and the results are positive, it is recommended that you have a "confirmatory" test.

Below are some common terms that your healthcare provider may use when discussing your test results. The ranges provided for the tests are for adults.

**WBC:** "White Blood Cell Count" - Normal Range (4.5-11 x  $10^9$  per  $\mu$ L)

White Blood Cells are cells that fight infection and can cause inflammation. This number can be elevated or decreased in a new infection. It may present low in infections harming the immune system such as HIV.

**ANC:** "Absolute Neutrophil Count" - Normal Range (>500 cells)

The ANC is a number representing the specific number of neutrophils within the white blood cell count (WBC). Neutrophils are the main infection fighting cell in a new infection. In situations where the total WBC is low, the ANC indicates the body's ability to fight an acute infection.

**Hg:** "Hemoglobin" - Normal Range (Male- 13.5-17.5g/dL / Female- 12-16 g/dL) Hemoglobin is a protein component of red blood cells that uses iron to carry oxygen. When hemoglobin is low, this is called "Anemia."

Hct: "Hematocrit" - Normal Range (Male- 39-49% / Female - 35-45%)

Hematocrit represents how much blood volume is made up of red blood cells (RBC). If elevated, this indicates an increased production of red blood cells or a decreased amount of fluid without a change in red blood cells such as in dehydration. If lower, this indicates a decrease in red blood cell production.

**PLT:** "Platelet" - Normal Range (150-450 x 10<sup>3</sup> per μL)

Platelets are necessary to form clots in the body. Low platelets can indicate a tendency for bleeding. A low platelet count is called "thrombocytopenia," this may be seen in HIV, Hepatitis C, or blood disorders.

**BUN:** "Blood Urea Nitrogen" - Normal Range (7-18 mg/dL)

Blood Urea Nitrogen is a break down product of normal human metabolism. It is excreted by the kidney. If elevated, it can indicate non-specific status changes including changes to blood volume or kidney function.

**Cr:** "Creatinine" - Normal Range (0.6 – 1.2 mg/dL)

Creatinine is a break down product of normal human metabolism. It is excreted by the kidney. If elevated, this number indicates damage to the kidney itself.

**Albumin** – Normal Range (3.5 - 5.5 g/dL)

Albumin is a protein made in the liver and found in the blood. It is an indicator of liver function.

**AST**: "Aspartate Aminotransferase" - Normal Range (7-40 U/L)

AST is a marker used to indicate damage to the liver cells. It is compared with ALT.

**ALT:** "Alanine Aminotransferase" - Normal Range (7-40 U/L)

ALT is a marker used to indicate damage to the Liver. It is compared with AST.

**Bilirubin:** Normal Range (.2-1.0 mg/dL)

Bilirubin is a breakdown product of red blood cells. It is also an indicator of liver function.

**HCV Viral Load:** "Hepatitis C Viral Load" - Normal Range (Not detected)

Hepatitis C Viral Load being elevated indicates an active infection because the viral load is a measurement of the presence of the virus in the bloodstream.

**HIV Viral Load:** "Human Immunodeficiency Virus Viral Load"- (Not detected)

HIV Viral load indicates the current state of the infection.

**TSH:** "Thyroid Stimulating Hormone"- Normal Range ( $<10 \mu U/L$ , >60yo Men 2-7.3 /

Women 2-16.8)

TSH is a marker of thyroid function.

**AFP:** "Alpha-Fetoprotein"

AFP is a non-specific marker that may indicate liver cancer.

**INR:** "International Normalized Ratio"

Is a measurement of bleeding time, which is an indication of liver function.

Reference: Tarek Aly, Ross University School of Medicine, Sourced the lab definitions from Dugdale, David C., and David Ziev, "Complete Blood Count: MedlinePlus Online Encyclopedia." U.S. National Library of Medicine. National Institutes of Health, 19 Mar. 2012. Adapted from http://www.hepatitiscmsg.org

# **Clinical Trials**

Individuals who are looking for free/low-cost treatment options may want to consider participating in clinical trials. New Jersey has multiple hepatitis clinical trials at various locations throughout the state. For more information, go to: www.clinicaltrials.gov. ClinicalTrials.gov is a registry and results database of publicly and privately supported clinical studies of human participants conducted around the world.

The Treatment Action Group (TAG) is an independent research and advocacy group for HIV and hepatitis. They have a resource guide "Guide to Clinical Trials for People with Hepatitis C" which is a comprehensive reference that individuals may wish to consult. It is available in English and Spanish on the TAG website:

http://www.treatmentactiongroup.org/hcv/publications/2011/hcv-clinical-trials-guide

# Federally Qualified Health Centers/Community Health Centers

New Jersey has 20 federally qualified health centers (FQHC) across the state. FQHCs provide comprehensive community-based primary health care to individuals who have health insurance, who are uninsured and underinsured. All FQHCs are staffed with Board-certified or Board-eligible physicians representing a broad array of medical specialties and are subject to stringent Federal regulations in all operational areas. Most FQHCs are located in high-density, urban areas and in rural areas with a large, diverse base of ethnic and minority residents. The comprehensive services of each center are tailored to the physical, psychosocial, nutritional, and health educational needs of their communities.

For a listing of FQHCs in New Jersey, visit the link: www.njpca.org/FQHC/directory.aspx

# **Addictions Resources**

The New Jersey Division of Addiction Services (DAS) exists to promote the prevention and treatment of substance abuse and support the recovery of individuals affected by the chronic disease of addiction. The DAS has a comprehensive directory of substance abuse treatment facilities by county in New Jersey. The directory includes information about the type of organization (non-profit, profit), specialized services/populations (men, women, post-partum women, DWI/DUI, etc.), type of care (out-patient, in-patient residential, hospital inpatient detox, etc.), language services and participating initiative networks.

Visit the NJ DAS website at https://www.state.nj.us/humanservices/das/home/index.html Click on "Treatment Services" and then click on the link for "Treatment Provider Directory".

The federal government's Substance Abuse and Mental Health Services Administration (SAMHSA) is another resource to consider. SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities. The Agency was established in 1992 and directed by Congress to target effectively substance abuse and mental health services to the people most in need and to translate research in these areas more effectively and more rapidly into the general health care system.

The SAMHSA website offers a treatment facility locator for the entire country. View the SAMHSA treatment locator at: http://findtreatment.samhsa.gov

SAMHSA also offered treatment improvement protocol (TIPs) resources for health professionals. TIP 53 addresses viral hepatitis in people with substance abuse disorders. This is a free resource and may be accessed at: http://store.samhsa.gov/shin/content//SMA11-4656/TIP53.pdf

# **HIV Testing**

There are various agencies across the state that offer rapid HIV testing. Rapid HIV testing is available throughout New Jersey at publicly funded HIV counseling and testing sites. Most sites offer rapid HIV counseling and testing free of charge. For more information about HIV testing in your county, go to the link below:

http://www.state.nj.us/health/aids/rapidtesting/location.shtml

# **Syringe Access Programs**

Injection drug users (IDUs) most often contract HIV, HBV and HCV by sharing contaminated needles and other drug injection paraphernalia with infected individuals. Stopping the spread of injection-related diseases through cost-effective prevention programs is therefore the goal. Syringe access programs (SAPs) which include drug treatment and behavioral interventions are one model proven to significantly prevent/reduce the transmission of these diseases.

As most people become infected with HCV and other bloodborne pathogens within their first year of using injection drugs, each of the five SAPs collaborates with a variety of health care facilities and programs through linkages to provide supportive services, such as substance abuse treatment.

### ATLANTIC COUNTY

SJ AIDS ALLIANCE/OASIS 32 S. Tennessee Ave. Atlantic City, NJ 08401 (609) 348-2437

### **CAMDEN COUNTY**

CAMDEN AREA HEALTH EDUCATION CENTER 514 Cooper St.
Camden, NJ 08102
(856) 963-2432

# **ESSEX COUNTY**

NORTH JERSEY AIDS ALLIANCE/ NJCRI 393 Central Ave. Newark, NJ 07103 (973) 483-3444

## **HUDSON COUNTY**

Hyacinth AIDS Foundation 492 Communipaw Ave, 1<sup>st</sup> floor Jersey City, NJ 07804 (973) 565-0300

### **PASSAIC COUNTY**

WELL OF HOPE DROP-IN CENTER 207 Broadway Paterson, NJ 07501 (973) 523-0700

Most of the SAPs have an **ARCH** (Access to Reproductive Care and HIV Services) Program. Contact the ARCH program at the SAP to verify the hours and services provided.

The ARCH programs offer the following services:

- Pregnancy Tests and Referrals for Prenatal Care
- Referrals for Urban Treatment-Methadone
- Screening and Treatment for STDs
- Screening for Hepatitis B and Hepatitis C
- Vaccines (HAV/HBV, HPV, Tetanus and Influenza)
- HIV Counseling and Testing
- Harm Reduction Education and Condom Distribution

## New Jersey AIDS / STD Hotline: 1 (800) 624-2377

The HIV/STD Hotline has information on each syringe access program and can facilitate an immediate linkage to HIV care for anyone testing HIV positive. The HIV/STD Hotline is available 24 hours a day, seven days per week. Individuals may also text/email 8006242377@njpies.org or chat with a health professional at www.njhivstdline.org

# Local, State and National Education & Advocacy Resources

# **AIDS Community Research Initiative of America (ACRIA)**

www.acria.org (212) 924-3934 ext. 129

# **AIDS Treatment Data Network**

www.atdn.org/hcv.html (212) 260-8868 ext. 12

#### **American Liver Foundation**

www.liverfoundation.org (800) GO-LIVER

## **Asian Liver Center at Stanford University**

http://livercancer.stanford.edu (650) 725-4837

#### **Bosco's Buddies**

www.boscosbuddies.org

#### **Centers for Disease Control and Prevention**

Division of Viral Hepatitis www.cdc.gov/hepatitis

### **Comprehensive Liver Care of New Jersey**

www.njlivercare.org (201) 915-2000

#### **Harm Reduction Coalition**

www.harmreduction.org (212) 213-6376

## **Hepatitis C Support and Mentor Support Group**

www.hepatitiscmsg.org (917) 612-2731

# Hepatitis Immunization Hotline www.cdc.gov/nip

(800) 232-2522 (English) (800) 232-0233 (Spanish)

# **Help4Hep Hotline**

877-435-7443 www.Help4hep.org info@help4hep Bilingual speakers available

# **Hepatitis B Foundation**

www.hepb.org (215) 489-4900

# **Hepatitis B Moms**

www.hepbmoms.org

# **Hepatitis C Association**

www.hepcassoc.org (908) 769-8479

# HepTrec (Hepatitis Treatment, Research and Education Center) at Univ of the Sciences in Philadelphia (USP)

www.heptrec.org (267) 295-3280

# **Hep C Caring Ambassadors Program**

www.hepcchallenge.org

# **Hep C Connection**

www.hepc-connection.org (800) 522-4372

# **Hepatitis C Support Project** (HCV Advocate)

www.hcvadvocate.org

### **Hepatitis Foundation International**

www.hepatitisfoundation.org (800) 891-0707

#### **HIVandHepatitis.com**

www.HIVandhepatitis.com

### **Hyacinth AIDS Foundation**

www.hyacinth.org (800) 433-0254

#### **Immunization Action Coalition**

www.immunize.org www.hepprograms.org www.vaccineinformation.org (651) 647-9009

### **Liver Health Today**

www.liverhealthtoday.org (800) 310-7047

# **National AIDS Treatment Advocacy Project (NATAP)**

www.natap.org (212) 219-0106

# National Center for Complementary and Alternative Medicine

www.nccam.nih.gov (888) 644-6226

## **National Hepatitis Corrections Network**

www.hcvinprison.org

# **National Training Center for Hepatitis**

www.knowhepatitis.org

# **New Jersey Department of Health (NJDOH)**

www.nj.gov/health

- Communicable Disease Service (609) 826-5964
- Vaccine Preventable Disease Program (609) 826-4860 (609) 826-4861

# **New Jersey Hepatitis B Coalition**

http://hepbunited.org/local-campaigns/new-jersey

• Coordinated by the NJDOH Office of Minority and Multicultural Health

### **Treatment Action Group**

www.treatmentactiongroup.org (212) 253-7922

### **Veterans Affairs National Hepatitis C Program**

www.va.gov/hepatitis

## **World Hepatitis Alliance**

www.worldhepatitisalliance.org

# **New Jersey Hepatitis Support Groups**

Information is subject to change; please contact the individual/facility listed to confirm meeting date and time and/or for more information.

#### **BERGEN/PASSAIC COUNTIES**

## **Buddies of New Jersey (HIV and HCV Support Group)**

149 Hudson Street Hackensack (201) 489-2900

Meets: Thursdays at 6pm

Call after 5pm for more information

### **ESSEX COUNTY**

**Hepatitis C and HIV Support Group Saint Michael's Medical College** 

111 Central Ave Newark, NJ 07102 (973) 877-5645—Nancy Scangarello

Meets: Last Wednesday each month at Noon

# **MERCER COUNTY**

Mercer County Hepatitis Support Group Robert Wood Johnson University Hospital at Hamilton

One Hamilton Health Place Hamilton Square, NJ 08690 (609) 448-0532—Peggy Goodale

Meets: 1st & 3rd Sunday each month, 7:00pm, OSB Conference Room

### **MONMOUTH COUNTY**

**American Liver Foundation at Monmouth Medical Center** 

 $300~2^{nd}~Ave$ 

Long Branch, NJ 07740

(732) 870-1845—Dorthea Hart

Meets: 4<sup>th</sup> Wednesday each month; 7:00-9:00pm

### **MORRIS COUNTY**

Hep C Support Group of New Jersey, Affiliates in Gastroenterology—Suite 110

195 Columbia Turnpike Florham Park, NJ 07932

(973) 410-9241—Christine

Meets: 2<sup>nd</sup> Wednesday each month 6:30pm

If there is not a support group in your area or you are unable to attend an in-person group, there are numerous on-line support groups that use technology to provide education and support. The American Liver Foundation's Support Community offers online support to individuals with hepatitis, their families, friends and caregivers <a href="http://www.inspire.com/groups/american-liver-foundation/">http://www.inspire.com/groups/american-liver-foundation/</a>

Additionally, if you are interested in forming a support group and would like information about how to start a group and/or become a leader of a support group, the Hepatitis C Support Project offers useful resources on their website:

www.hcvadvocate.org/community/Groups.asp as does the Hepatitis C Mentor and Support Group website: www.hepatitiscmsg.org

# **Hepatitis Helpline Call Center**

The Hepatitis Help Line Call Center at Hep C Connection, located in Denver, Colorado, operates Monday – Friday, 7:00 a.m. – 5:00 p.m. (MST) is run by a non-profit hepatitis organization, Hep C Connection (hepC-Connection.org). Operators are trained phone counselors and are hepatitis C-challenged individuals, themselves, or are caregivers for hepatitis C-challenged family members. They combine personal experience with on-going research and training to provide confidential, practical help and up-to-date information about living with the virus. Frequently, that includes educating callers about hepatitis A and B, and addressing co-infection (HCV/HIV) issues, as well. Bilingual operators are available. 1-800-522-HEPC

This publication is coordinated by the NJDOH Communicable Disease Service. Questions? Call the NJ Viral Hepatitis Prevention Coordinator at (609) 826-5964.

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