

# How to Avoid Contact with Bird Flu

Bird flu mostly affects wild birds.  
It has also infected poultry and a variety of animals.

## In nature



Stay away from wild birds and wildlife and don't touch, hand feed, or handle them.

## Preparing food



Cook all foods made with poultry, meat, and eggs thoroughly.

Drink milk and eat milk products that are pasteurized.

## Outside with your pet



Contact your veterinarian if you think your pet is sick.

Keep your pets away from sick or dead birds and other wildlife.

## At animal exhibits



Wash hands with soap and water after touching animals or being around them.

Scan to report a sick or dead bird:



Scan for more information:



[nj.gov/h5n1](http://nj.gov/h5n1)