



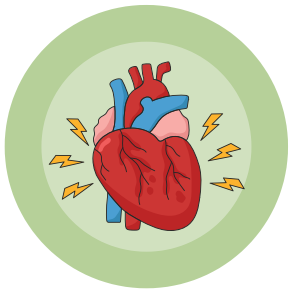
American Indian/Alaska Native Adults: Chronic Health Conditions and the Importance of Vaccination

**Stay healthy and protect yourself, family members, and your elders
by getting vaccinated!**

- Vaccines are recommended for all adults but are especially important for those with chronic health conditions (like heart disease, diabetes, lung disease, etc.).
- These conditions can increase your risk of serious complications from certain vaccine-preventable diseases, such as COVID-19.



All adults are recommended to receive COVID-19, flu, and Tdap (tetanus, diphtheria, pertussis)/Td (tetanus, diphtheria) vaccines. You may need other vaccines depending on your health condition and other factors.*



Flu can increase the risk of another heart attack or stroke.



Some vaccine-preventable diseases can raise blood sugar to dangerously high levels.



Pertussis (whooping cough) can cause difficulty breathing.

Vaccine Affordability

Most insurance plans cover recommended vaccines. Also check the following:

- Federally Qualified Health Centers: njpca.org/locate-center/
- Local health departments: nj.gov/health/lh/community/index.shtml#1

* Talk to your health care provider to see what other vaccines you may need.



Scan the code or visit:
www2.cdc.gov/nip/adultimmsched/